

**habits**  
hæbɪts

**Zen**  
zɛn

**Leo**  
liɔ̃

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**introduction**  
ɪntrodʌkʃn

**Master**  
mæstə

**readjustment**  
ri'adʒʊstmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**constant**  
kanstənt

**lies**  
laɪz

**procrastination**  
prəkruəstnæʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**relationships**  
rɪleɪʃnʃips

**disciplined**  
dɪsiplɪnd

**creativity**  
k्रieitiviti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**instantly**  
ɪnstəntli

**pursue**  
pəsuː

**mindful**  
maɪndfʊl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>leo, justau</b>	<b>zen</b>	<b>habitudes, habitude</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réajustement</b>	<b>maître, patron, maîtriser, maitre, maîtrisent</b>	<b>introduction, présentation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la procrastination, procrastination</b>	<b>mensonges, mensonge</b>	<b>constant, constante</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la créativité, créativité</b>	<b>discipliné, discipline, pénalité</b>	<b>relations, rapport, relation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>être attentif à qqch</b>	<b>, rechercher</b>	<b>instantanément, instamment</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**magic**  
mædʒɪk

**debt**  
det

**wand**  
wand

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fit**  
fɪt

**fairly**  
fərli

**Likely**  
laɪkli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**steps**  
stɛps

**recesses**  
rɪsɛsəz

**unknown**  
ʌnəʊn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**against**  
əgenst

**brains**  
breɪnz

**unseen**  
ʌnsin

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**minds**  
maɪndz

**deep**  
dip

**discovered**  
dɪskʌvəd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**baguette****de la dette, dette****la magie, magie, magique,  
sorcelerie, checkensorcelé**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**probable****équitable, justement, assez****s'adapter, adapter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**inconnu, inconnue****les récréations, reces, vacances-p,  
récréation, récré, pause****étapes, pas**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**invisible****cerveau, qualifie  
rejorative or when  
used as food****contre, face a, pour**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**découvert, découvrir****profond, épais, grave, foncé,  
foncée, profondeurs****les esprits, esprit, t+raison,  
t+intelligence, mémoire**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**discipline**  
dɪsəplɪn

**smoke**  
smoʊk

**figure**  
fɪgjʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**habit**  
hæbt

**quit**  
kwɪt

**none**  
nʌn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**completely**  
kʌmplitli

**discovery**  
dɪskʌvəri

**thoughts**  
θɔts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**totally**  
tətəli

**nowhere**  
nəʊwɛr

**inside**  
ɪnsaɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**appear**  
əpɪr

**insane**  
ɪnseɪn

**arose**  
əruz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>figure, forme, personnage, personnalité, chiffre</b>	<b>fumant</b>	<b>discipline, pénalité, branche</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>aucun, ne nulle</b>	<b>démissionner, quittes, quittez, démissioner, quittent</b>	<b>habitude, configuration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réflexions, idée, pensée</b>	<b>découverte</b>	<b>complètement, completement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à l'intérieur, intérieur, dedans, au- dedans, la-dedans</b>	<b>nulle part</b>	<b>totalelement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'est élevé, se lever, relever</b>	<b>dérangé, délivrant, fou, dément, dérangeant</b>	<b>apparaître, sembler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**smoke**  
smoʊk

**solve**  
salv

**urge**  
ɜːdʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mind**  
maɪnd

**then another**

**this once**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**suffer**  
sʌfə

**worth**  
wɜːθ

**hurt**  
hɜːt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**give in**

**immediately**  
ɪm'diætlɪ

**rationalize**  
ræʃnəlائز

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**discomfort**  
dɪskʌmfət

**negotiate**  
nəgəʊʃieɪt

**whatever**  
wʌtəvər

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>envie, pulsion, pousser, inciter, provoquer, insister</b>	<b>résoudre, régler, solutionner</b>	<b>la fumée, fumons, griller, fumer, fument, fumée, fumez</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>cette fois-ci</b>	<b>puis un autre</b>	<b>l'esprit, esprit, raison, intelligence, mémoire</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>faire mal, blesser, blessé</b>	<b>valeur</b>	<b>souffrir, souffrir de, pâtir de, endurer, supporter, subir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rationaliser</b>	<b>immédiatement, tout de suite, aussitôt</b>	<b>céder</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>quoi qu'il en soit, quel que soit, n'importe quel</b>	<b>négocier</b>	<b>malaise, inconfort</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

bargain  
bəgən

a quelqu'un  
ə kɛlkyu̯n

almost  
ɔlmou̯st

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

debate  
dəbeit

mercy  
məsi

plead  
plid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

cry  
kraɪ

overcome  
oʊvəkʌm

root  
rʊt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

film projector

expectations  
ɛkspekteɪʃnz

constantly  
kanstʌntli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

reality  
riæliti

fantasy  
fæntasi

images  
ɪmædʒɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**presque, quasiment**

, évasion

**marché, accord, affaire, bonne affaire, marchander**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**plaider**

**la pitié, miséricorde, pitié**

**débat, discussion, débattre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**racine, enracer, enraciez,  
enracinons, enracinent, rave**

**vaincre, surmonter, envahir**

**pleurer, crier, hurler, gueuler,  
pleur, cri**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**constamment, en boucle**

**attentes, attente**

**projecteur de films**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**images, image**

**fantaisie, imaginaire, fantasme,  
fantasy**

**la réalité, réalité, vérité**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ideals**  
aɪdɪlz

**based**  
beɪst

**uncertainty**  
ʌnseɪtənti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**intentioned**  
ɪntɛnʃənd

**pleasure**  
plɛʒə

**talented**  
tæləntəd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**control**  
kəntrɔːl

**comfort**  
kʌmfət

**clever**  
klɛvə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fears**  
fɜːz

**image**  
ɪmædʒ

**seeks**  
sɪks

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**procrastinate**  
prəkrəstɪneɪt

**productive**  
prədʌktɪv

**avoids**  
əvɔɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'incertitude, incertitude</b>	<b>sur la base, base</b>	<b>idéaux, idéal, parfait</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>talentueux</b>	<b>plaisir, volupté, désir</b>	<b>intentionnel</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>habile, agile, adroit, adroite, talentueux, malin, intelligent</b>	<b>le confort, confort, consoler</b>	<b>contrôler, maîtrise, contrôle, commandes</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>cherche, chercher</b>	<b>image</b>	<b>des craintes, peur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>éviter, fuir</b>	<b>productif</b>	<b>procrastiner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**fail**  
**fɛɪl**

**unfortunately**  
**ʌnfɔrtʃnətlɪ**

**unexpectedly**  
**ʌnɪkspəktɪdlɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**differently**  
**df̩rəntli**

**matches**  
**mætʃz**

**behave**  
**bɪheɪv**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**1**

**causes**  
**kəzəz**

**single**  
**sɪŋgl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**recognize**  
**rəkognɪz**

**handle**  
**hændl**

**method**  
**məθd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ting**  
**tɪŋ**

**leads**  
**lidz**

**comforts**  
**kmfəts**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>de manière inattendue, surprenamment</b>	<b>malheureusement, malencontreusement</b>	<b>échouer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>checkcomporter</b>	<b>des correspondances, allumette</b>	<b>diféremment</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>seul, célibataire f, célibataire, simple</b>	<b>causes, cause, raison, causer</b>	
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>méthode, modalité</b>	<b>poignée, crosse, manions, traiter, manient, maniez</b>	<b>reconnaitre, reconnaissons, homologuer, reconnaître, retrouve</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le confort, confort, consoler</b>	<b>des pistes, conduire, mener</b>	<b>ting</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**seek**  
**sik**

**unhealthy**  
**ʌnheɪlθi**

**weight**  
**weɪt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**gain**  
**geɪn**

**overwhelmed**  
**oʊvə'wɛlmd**

**stressed**  
**st्रɛst**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**anxiety**  
**æŋzaiəti**

**fulfilling**  
**fʊlfɪlɪŋ**

**dreams**  
**d्रimz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**foundation**  
**faʊndeɪʃn**

**financial**  
**fɪnænsɪəl**

**debts**  
**dɛts**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pursuits**  
**pɜ:suts**

**creative**  
**kri:tɪv**

**fail**  
**feɪl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>poids, lest, graisse, alourdir, lester, appesantir</b>	<b>malsain, mauvais pour la santé</b>	<b>chercher</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>stressé, tension, contrainte, stress, emphase, stresser</b>	<b>débordé, abreuver, accabler, envahir</b>	<b>gain, gagner, produit</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rêves, reve, t+songe, t+voeu, t+souhait, t+vou</b>	<b>épanouissant, profondément satisfaisant</b>	<b>l'anxiété, anxiété, inquiétude, angoisse</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des dettes, dette</b>	<b>financière, financier</b>	<b>fondation, fondement, fond de teint</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>échouer, faillent, faillons, taper à côté</b>	<b>créatif, créative, checkcréative</b>	<b>des activités, poursuite</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**drink to**

**addicted**  
*ədiktɪd*

**excess**  
*ɛksɛs*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**though**  
*ðoʊ*

**drugs**  
*d्रग्स*

**ourselves**  
*əʊर्सेल्वz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**doubt**  
*daʊt*

**frustrated**  
*f्रस्ट्रेट्ड*

**judgmental**  
*dʒʌdʒməntl*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**obstacles**  
*əbstəkəlz*

**removing**  
*रिमूविंग*

**smooth**  
*smuð*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**paths**  
*pæðz*

**take action**

**attention**  
*əttenʃən*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'excès, exces, franchise, en excès,  
en trop, excessif**

**dépendants, dépendant,  
dépendante, intoxiqué, intoxiquée  
g**

**boire à**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**nous-mêmes, nous-meme**

**des drogues, médicament**

**mais, néanmoins, cependant,  
malgré, bien que**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**jugeant**

**frustré, frustrer**

**des doutes, douter, doute**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**, lisse, doux, facile, sophistique**

**l'enlèvement, enlever**

**obstacles, obstacle**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**attention, attentions, garde a vous**

**prendre des mesures**

**chemins, sentier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**aware**  
**əwɛr**

**Ideal**  
**aɪdɪl**

**associate**  
**əsəʊsɪeɪt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**wonders**  
**wʌndəz**

**growth**  
**grʊθ**

**wasn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**appreciate**  
**əprɪʃeɪt**

**fear**  
**fiːr**

**resentment**  
**rɪzɛntmənt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Happiness**  
**hæpɪnəs**

**anxious**  
**æŋkʃəs**

**remove**  
**ri'mv**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**peace**  
**pis**

**anger**  
**æŋgər**

**fully**  
**fʊli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>associé, fréquenter, associer</b>	<b>idéal, parfait</b>	<b>conscient, attentif, vigilant, en éveil, en alerte</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>n'était</b>	<b>croissance</b>	<b>s'interroge, merveille, étonner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le ressentiment, ressentiment, agacement, rancune</b>	<b>peur, angoisse, craignent, crainte, crains, craignons</b>	<b>être reconnaissant de, apprécier à sa juste valeur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>supprimer, enlever</b>	<b>anxieux, désireux</b>	<b>le bonheur, bonheur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pleinement, entièrement, complètement</b>	<b>la colère, colere, ire, courroux, rage</b>	<b>la paix, paix, tranquillité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**small change**

**experimenting**  
ɛksperiməntɪŋ

**process**  
prəses

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**change for**

**frustration**  
frʌstreɪʃn

**flexibility**  
flɛksibliti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**stress**  
stres

**stick**  
stɪk

**deal**  
dil

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**term**  
tɜ:m

**masters**  
mæstəz

**skimming through**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**knowledge**  
nɒlðʒ

**gleaned**  
glind

**aside**  
ʌsaid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>processus, procédé</b>	<b>l'expérimentation, expérience, expérimenter</b>	<b>un petit changement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>souplesse, flexibilité</b>	<b>frustration</b>	<b>changer pour</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>accord, dispenser, distribuer</b>	<b>bâton, canne, stick</b>	<b>le stress, tension, contrainte, stress, emphase, stresser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à survoler</b>	<b>maîtres, maître/-tresse</b>	<b>terme, ajournement, listing</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à part, a côté, en passant, aparté</b>	<b>glanés, glaner</b>	<b>connaissance, science, connaissances, savoir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**concepts**  
kənsept̩z

**truly**  
trul̩i

**step**  
st̩ep

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**step-by-step plan**

**change to**

**implement**  
impl̩mənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Chapter**  
tʃæpt̩z

**pick**  
pik

**laid**  
leid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**profoundly**  
prəʊfaʊndli

**principle**  
prɪnsɪpl̩

**investment**  
ɪnvɛstmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**commitment**  
kəmɪtmənt

**finally**  
fainl̩i

**require**  
rɪkwɔɪz̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>étape, marche</b>	<b>vraiment</b>	<b>concepts, concept, notion</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mettre en œuvre, instrument, appliquer, exécuter, établir</b>	<b>changer pour</b>	<b>un plan par étapes</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>posé, poser</b>	<b>pioche, passepartout, choix, écran, prendre, cueillir, choisir</b>	<b>chapitre, branche, section</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'investissement, investissement</b>	<b>principe</b>	<b>profondément</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>exiger, demander, avoir besoin de, requérir, nécessiter</b>	<b>enfin, définitivement</b>	<b>l'engagement, engagement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>set</b> sæt	<b>challenge</b> tʃæləndʒ	<b>commit</b> kʌmɪt
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
  <b>chapters</b> tʃæptəz	  <b>calendar</b> kæləndər	  <b>missions</b> mɪʃənz
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
  <b>hereby</b> hɪrbəɪ	  <b>issue</b> ɪʃu	  <b>daily</b> deɪli
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
  <b>essential</b> esenʃəl	  <b>tempted</b> təmptəd	  <b>wast</b> wəst
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
  <b>act</b> ækt	  <b>this minute</b>	  <b>decision</b> dɪsɪʒən
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**s'engager, confier, commettre,  
remettre, consigner, commit**

FlashCards-English-French-Level-A1

**défi, challenge, défier**

FlashCards-English-French-Level-A1

**set, Seth**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**missions, mission**

**calendrier, agenda, emploi du  
temps, programme**

**chapitres, chapitre, branche,  
section**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**quotidien, journallement**

**question, sortie, émission, livraison,  
délivrance, drain**

**par la présente**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le gaspillage**

**tentés, tenter, attirer**

**indispensable, essentiel,  
fondamental**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**décision**

**à cette minute**

**, acte, loi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fence**  
**fɛns**

**aims at**

**resistance**  
**rɪzɪstəns**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**setting**  
**sɛtɪŋ**

**those**  
**ðoʊz**

**effort**  
**ɛfət**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dive**  
**dایv**

**disorganization**  
**diˌɔɪzənəʊgriˈzeɪʃn**

**surrounded**  
**sərəʊndɪd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**overweight**  
**əʊvərweɪt**

**sedentary**  
**sədəntəri**

**obvious**  
**əbviəs**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unhappy**  
**ʌnhæpi**

**clutter**  
**kʌltə**

**smoker**  
**smoʊkə**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>résistance</b>	<b>viser</b>	<b>clôture, cloison, recéleur, recéleuse, receleur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'effort, effort</b>	<b>ceux-ci, ces, celles-la, ceux-la</b>	<b>de l'environnement, réglage, configuration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>entouré, entourer, enceindre</b>	<b>la désorganisation, désorganisation</b>	<b>plongée, plongeons, plongez, plonge, plongent, plonger</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>évidentes, évident</b>	<b>sédentaire</b>	<b>le surpoids, en surpoids</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fumeur, fumeuse</b>	<b>le désordre, bric-a-brac, bordel, encombrement, encombrer</b>	<b>malheureux, triste, mécontent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**myself**  
mæɪsəlf

**deeply**  
dipli

**stuck**  
stʌk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**more productive**

**mindfulness**

**focusing**  
foukʌsɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**instead**  
ɪnsted

**trusted**  
trʌstɪd

**unstuck**  
ʌnstʌk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**outcome**  
aʊtkʌm

**fit**  
fit

**marqué**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rut**  
rʌt

**trust**  
trʊst

**transformed**  
tuənsfɔrmɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>coincé, enfoncer</b>	<b>profondément</b>	<b>moi-même, me, m'</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la focalisation, foyer, attention, focaliser</b>	<b>la pleine conscience, pleine conscience</b>	<b>plus productif</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>décoller</b>	<b>de confiance, confiance, trust, faire confiance</b>	<b>à la place, a la place, au lieu de</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, marquer un but</b>	<b>plus en forme</b>	<b>issue, résultat, dénouement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>transformé, transformer, transformée</b>	<b>confiance, trust, faire confiance, avoir foi en quelqu'un</b>	<b>l'ornière, ornière</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**frustrations**  
frʌst'reɪʃnz

**criticism**  
kri'tɪzɪsm

**obstacle**  
əbstəkl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**deal**  
dil

**conscious**  
kənʃəs

**choices**  
tʃɔɪsiz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**colleague**  
kalig

**calmer**  
kəmər

**such**  
sʌtʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**controlled**  
kəntroʊld

**predicted**  
prɪdɪktɪd

**emerged**  
ɪmədʒd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**nor**  
nɔr

**unimaginable**  
ʌnɪmædʒɪnəbl

**Experience**  
ɪksperɪəns

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>obstacle</b>	<b>critiques, critique</b>	<b>frustrations, frustration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>choix, morceau de choix, de choix</b>	<b>conscient</b>	<b>de la négociation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tel, tellement, ainsi</b>	<b>plus calme, calme, tranquille, calme plat, calmer</b>	<b>collègue, collegue, confrere, consour, confresour</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>a émergé, émerger, sortir</b>	<b>prédit, prédire</b>	<b>contrôlé, contrôler, maîtrise, contrôle, commandes-p</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>expérience, éprouver, vivre</b>	<b>inimaginable</b>	<b>ni, NON-OU</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**amount**  
ʌmaʊnt

**experiences**  
ɪkspriːriənsɪz

**along**  
əlɔ̄ŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Guide**  
gaɪd

**wish**  
wɪʃ

**mission**  
mɪʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**initial resistance**

**actually**  
æktʃuəli

**Overcoming**  
oʊvəkʌmɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**committed**  
kəmɪtɪd

**actually**  
æktʃuəli

**wonder**  
wʌndə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Struggle**  
strʌggl

**mostly**  
moʊstli

**seven times**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le long de, accompagné, rench: t-needed r</b>	<b>expériences, expérience</b>	<b>montant, quantité, monter, correspondre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mission</b>	<b>souhait, souhaiter, espérer</b>	<b>guide, conduire, guider, guident, diriger, guidez, mener</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>surmonter, vaincre, envahir</b>	<b>en fait</b>	<b>la résistance initiale</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, merveille, conjecturer</b>	<b>en fait, effectivement</b>	<b>engagé, confier, commettre, remettre, consigner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sept fois</b>	<b>surtout, majoritairement</b>	<b>lutte, lutter, s'efforcer, combattre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**inevitably**  
**ɪnɛvətəblɪ**

**struggled**  
**st्रʌglɪd**

**programs**  
**prɔgræmz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**à**

**dozen**  
**dʌzən**

**blaming**  
**bleɪmɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**successfully**  
**sʌksesfʊlɪ**

**decluttering**

**quitting**  
**kwɪtɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**marathon**  
**mərəθən**

**sur**  
**sɜː-**

**junk**  
**dʒʌŋk**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rid**  
**rɪd**

**lbs**  
**pəʊndz**

**increase**  
**ɪnkraɪs**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**programmes, programme,  
programmation, émission**

FlashCards-English-French-Level-A1

**en difficulté, lutte, lutter, s'efforcer,  
combattre**

FlashCards-English-French-Level-A1

**inévitablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**blâmer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**douzaine, dizaine**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**démissionner, quitter, abandonner**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**désencombrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**avec succès**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**de la camelote, bric-à-brac**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**marathon**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**augmenter, croître, accroître,  
augmentation**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**lb, livre**

**rid, débarrasser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**error**

ερ

**trial**

τ्रιαλ

**multiple**

μʌltʌpl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**failure**

feɪljə

**recipe**

rɛpi

**successful**

sʌksɛsfəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**enthusiasm**

ɪnθuziæzm

**realize**

rɪvalɪz

**mental**

mentl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**energy**

ɛnədʒi

**focus**

fʊkəs

**accountability**

əkəʊntəbɪlɪti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**consequences**

kənsʌkwensəz

**sore**

rɔs

**multiplying**

mʌltʌplaɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>multiples, multiple</b>	<b>procès, manipulation</b>	<b>erreur, vice, etre en erreur, planter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réussie, ayant du succès, marqué de succès, couronné de succès</b>	<b>recette</b>	<b>l'échec, échec, daube, flop, panne</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mentale, affectif, mental</b>	<b>réaliser, se rendre compte, prendre conscience</b>	<b>l'enthousiasme, enthousiasme, passion</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'obligation de rendre compte, responsabilité</b>	<b>l'accent, foyer, attention, focaliser, mettre au point</b>	<b>l'énergie, énergie, courage</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>multiplier</b>	<b>douloureux, ulcère</b>	<b>conséquences, conséquence</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**difficulty**  
dɪfʌkl̩ti

**decreasing**  
dɪkruɪsɪŋ

**greatly**  
grɛitli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**chances**  
tʃænsəz

**odds**  
adz

**small room**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**meditation**  
mediteɪʃn

**mindfully**  
maɪndfʊli

**cushion**  
kuʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**novel**  
nəvəl

**couch**  
kaʊtʃ

**yoga**  
joʊgə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**mat**  
mæt

**overflow**  
oʊvərfl̩

**cramped**  
kræmpt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**grandement**

**en baisse, diminuer, réduire**

**difficulté**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**petite pièce**

**des cotes, rench: -neededr, bizarre,  
étrange, impair**

**chances, hasard**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**coussin, amortir**

**en toute conscience**

**méditation**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le yoga, yoga**

**canapé, divan**

**roman, nouveau**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**à l'étroit, crampe**

**débordement, encombrer**

**mat, mate**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tiny**  
tæni

**sprint**  
sprɪnt

**matter**  
mætə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**random**  
rændəm

**choice**  
tʃɔɪs

**clear**  
klɪə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Gut**  
gʊt

**actionable**  
ækʃnəbl

**specific**  
spəsifik

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**meditate**  
medɪteɪt

**stretch**  
stretʃ

**exceedingly**  
ɪksidɪŋli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**itself**  
itself

**nature**  
nætʃə

**document**  
dakjʌmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

matière, matière, affaire, question, cause, substance	sprint	minuscule
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
clair, transparent, libre, dégagé, sans ambiguïté, s'éclaircir	choix, morceau de choix	au hasard, inconnu, aléatoire, stochastique, pseudo-aléatoire
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
spécifique	actionnable	les tripes, panse, boyaux, cordes de boyau, vider, éviscérer
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
excessivement, extremement, énormément	étendre, s'étendre, s'étirer, étirement	méditer
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
document, écrit, documenter	nature	elle-même, se, soi-même
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**appendix**  
əpɛndɪks

**childish**  
tʃaɪldɪʃ

**aimed**  
eɪmd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**repeatedly**  
rɪpitɪdli

**massively**  
mæsɪvli

**seemed**  
simd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**weasel**  
wɪzəl

**brain**  
breɪn

**shape**  
ʃeɪp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**truth**  
truθ

**make excuses**

**rationalizations**  
ræʃənlɪzæʃnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**intentions**  
ɪnt̬ɪnʃnz

**confusing**  
kʌnfjuzɪŋ

**tasks**  
tæskz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>visé, viser, pointer</b>	<b>enfantin, puéril, gamin</b>	<b>l'annexe, annexe, appendice</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>semblait, sembler, paraître, avoir l'air</b>	<b>massivement</b>	<b>de façon répétée</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>forme</b>	<b>cerveau, or when used as food, tête, processeur</b>	<b>belette, belette d'Europe, belette pygmée, petite belette</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rationalisations, rationalisation</b>	<b>faire des excuses</b>	<b>la vérité, vérité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tâches, tâche</b>	<b>confus, rendre perplexe, confondre</b>	<b>intentions, intention</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**beg**  
**bəg**

**object to**

**ridiculously**  
**riðɪkjʊləslɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Syndrome**  
**syndrom**

**meditating**  
**mədɪteɪtɪŋ**

**Possibly**  
**pəsəblɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**surface**  
**səfəs**

**barrier**  
**bæriə**

**entry**  
**entri**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lower**  
**ləʊər**

**built up**

**gradually**  
**grædʒuəlɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**triumph**  
**trɔɪmf**

**huge**  
**hjudʒ**

**race**  
**reɪs**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ridicule****s'opposer à****mendier, implorer, prier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**peut-être, possiblement, peut-être****méditer****le syndrome, syndrome**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**entrée, acces, vestibule, article****barrière, barriere, limite, frontiere****surface, faire surface**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**progressivement****construit****plus bas, abaisser, en privé,  
rabattre, baissent**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**course, race****énorme****triomphe, triumphal**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lose weight**

**humble**  
hʌmbl̩

**bind**  
baɪnd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**excuses**  
ɪkskjʊsɪz

**write down**

**self**  
self

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Last**  
læst

**vow**  
vəʊ

**powerful**  
paʊəfl̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**motivator**  
məutə'veɪtər

**attempts**  
ə'tɛmpt̩z

**previous**  
prɪ'veɪəd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**jump**  
dʒʌmp

**uncomfortable**  
ʌnkomfə'təbl̩

**easily**  
izli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

, lier, attacher, nouer, connecter,  
coupler

**humble**

**perdre du poids**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**soi, soi-même**

**écrire**

**des excuses, excuser, pardonner,  
justifier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**puissant**

**vœu, vou, jurer**

**dernière, dernier, durer, dernière,  
durez, passé, durent**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**précédente, préalable**

**tentatives, tenter, essayer,  
tentative, attentat**

**motivateur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**facilement**

**inconfortable**

**sauter, sautent, sautiler, sautons,  
félure**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pregnancy**  
prənʌŋsi

**protect**  
prətɛkt

**dozens**  
dʌzənz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**statistics**  
stætɪstɪks

**deeper**  
dipər

**rebel**  
rɛbəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**compassion**  
kʌmpæʃən

**Selfish**  
selfɪʃ

**benefit**  
bənəfɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**vanity**  
vænəti

**hon**  
han

**Seems**  
simz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**suffering**  
sʌfərɪŋ

**inspire**  
ɪnspraɪə

**ease**  
iːz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>douzaines, douzaine, dizaine</b>	<b>protéger</b>	<b>grossesse, gestation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rebelle, cabrer</b>	<b>plus profond, profond, épais, grave, foncé, foncée</b>	<b>statistiques, statistique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>avantages, avantage, bénéfice, subvention, profiter</b>	<b>égoïste, égoïste</b>	<b>la compassion, compassion</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>semble-t-il, sembler, paraître, avoir l'air</b>	<b>honnête</b>	<b>la vanité, vanité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'aisance, facilité, repos, abaisser, abréger, amoindrir</b>	<b>inspirer</b>	<b>la souffrance, souffrance, douleur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**therefore**  
ðɛr'fɔːrə

**precious**  
prɛʃəs

**valuable**  
vælju'bəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**limit**  
lɪmɪt

**earth**  
ɜːθ

**gift**  
gɪft

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**philosopher**  
fɪləsəfə

**stoic**  
stouɪk

**for ever**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**overflow**  
oʊvəfloʊ

**squander**  
skwʌndə

**frailty**  
freɪlti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**notice**  
nəʊtɪs

**supply**  
səplai

**devant**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>de valeur, précieux, valeur</b>	<b>précieux</b>	<b>par conséquent, en conséquence, donc, pour ça</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>présent, cadeau, don, talent, donner</b>	<b>terre, terrier, relier a la terre, tmettre a la terre, enterrer</b>	<b>limitée</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pour toujours</b>	<b>stoïque, stoicien, stoique</b>	<b>philosophe</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fragilité</b>	<b>gâcher, gaspiller, dilapider</b>	<b>, débordement, déborder, checktransborder</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, dépasser</b>	<b>l'approvisionnement, livraison, fournir, pourvoir, provision</b>	<b>remarquer, notification, préavis, s'apercevoir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**occurs**  
*əkəz*

**fleeting**  
*flitɪŋ*

**snatches away**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**promising**  
*prəmərɪŋ*

**denies**  
*dɪnəɪz*

**waste**  
*weɪst*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**feudal**  
*fjuðvl*

**Japan**  
*dʒæpæn*

**fades away**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**superfluous**  
*supəflwʊs*

**involvement**  
*ɪnvəlvmənt*

**begrudge**  
*bɪgrʌdʒ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**speeds**  
*spɪdz*

**incidentally**  
*ɪnsɪdəntlɪ*

**committing**  
*kəmɪtɪŋ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Emporte loin****éphémère, flotte****se produit, produire**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**déchets, pelée, gaspiller, gâcher****nie, nier, démentir, refuser****prometteur, vou, promesse, promettre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**s'éteindre****le japon, Japon****féodal**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rancune, ménager, ruiner****l'implication, implication****superflu, superfluous**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**l'engagement, confier, commettre, remettre, consigner****d'ailleurs****vitesses, vitesse**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**unlimited**  
*ʌnlɪmtɪd*

**pushed back**

**priority**  
*pɪərɪəri*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**schedule**  
*skedʒʊl*

**visualize**  
*vɪzvəlaɪz*

**stretching**  
*stretʃɪŋ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**priority**  
*pɪərɪəri*

**Proof**  
*pruf*

**block**  
*blak*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**motivated**  
*məʊtəveɪtɪd*

**benefits**  
*bɛnɪfɪts*

**heartbeat**  
*haʊrbɪt*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rhythm**  
*riðm*

**invisible**  
*ɪnvɪzəbl*

**mechanism**  
*mekənɪzəm*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>priorité</b>	<b>repoussé</b>	<b>illimité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'étirement, étendre, s'étendre, s'étirer, étirement</b>	<b>visualiser, visualisez, visualisent, visualisons</b>	<b>calendrier, planning, horaire, ordonnancement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>bloc, bloquer, bloquent, bloquons, obstruer, bûche</b>	<b>la preuve, preuve, épreuve</b>	<b>priorité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>battements de cœur, pulsation, battement, rythme cardiaque</b>	<b>avantages, avantage, bénéfice, subvention, profiter</b>	<b>motivés, motiver</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mécanisme</b>	<b>invisible, caché</b>	<b>rythme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**noticed**  
noʊtɪst

**pattern**  
pætən

**Certain**  
sɜːtn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**figured**  
fɪgjɜːd

**1**

**urges**  
ɜːdʒəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**be tied**

**ideally**  
aɪdəlɪ

**concept**  
kənsɛpt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**apply**  
əplai

**double**  
dʌbl

**pulse**  
pʌls

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**beat**  
bit

**BA**  
biɛ̯

**Convenient**  
kʌnvɪnjʌnt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>certain, quelconque</b>	<b>modèle, modele, motif, régularité, tendance, schéma, patron</b>	<b>remarqué, remarquer, notification, préavis</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des envies, pulsion, pousser, inciter, provoquer</b>		<b>figuré, figure, forme, personnage, personnalité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>concept, notion</b>	<b>idéalement</b>	<b>être attaché</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'impulsion, pouls</b>	<b>double, sosie, doublon, doubler</b>	<b>s'appliquent, applique, sollicitez, sollicitent, appliquent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pratique, commode</b>	<b>BA</b>	<b>battre, abats, battement, battirent, battent, abattîmes</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**willpower**  
wɪlpaʊər

**relying**  
rɪləɪŋ

**automatic**  
ɔːtəmætɪk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**arises**  
əraɪzɪz

**iambic**

**Punch**  
pʌntʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fuse**  
fjuːz

**boom**  
bum

**waking up**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ally**  
ælaɪ

**etc**  
ɛtsɛtɛʌ

**awhile**  
ʌwaɪl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bar**  
baʊ

**top priority**

**reminders**  
rɪmaɪndəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>automatique, semi-automatique</b>	<b>en se fiant, compter sur</b>	<b>la volonté, volonté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>un coup de poing, poinçonnez, poinçonnent, poinçonner</b>	<b>iambique</b>	<b>se pose, se lever, relever</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se réveiller</b>	<b>boom, forte hausse</b>	<b>fusible, fusionner, mèche, sûreté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pendant ce temps, un moment, un peu, un instant</b>	<b>etc</b>	<b>allié, alliée, allions, alliez, se liguer, allient</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des rappels, rappel</b>	<b>la priorité absolue</b>	<b>bar, barrent, barrons, barrer, barrez, tringle</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**picked**  
pɪkt

**mobile phone**

**make coffee**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**teakettle**

**brush**  
brʌʃ

**normally**  
nɔrməlu

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**laptop**  
læptap

**groove**  
gruv

**wakes up**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**snowfall**  
snoufal

**grind**  
graɪnd

**thick**  
θɪk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**heavy**  
hevɪ

**lay**  
leɪ

**path**  
pæθ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>faire du café</b>	<b>téléphone portable</b>	<b>choisi, pioche, passe-partout, choix, écran, prendre, cueillir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>normalement</b>	<b>brosse, brossage, accrochage, brosser, se brosser, peindre</b>	<b>bouilloire, bouilloire a thé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se réveille</b>	<b>rainure, sillon, routine, groove, puits</b>	<b>ordinateur portable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>épais, gros, dense, opaque, incompréhensible, lourd</b>	<b>sol</b>	<b>des chutes de neige, chute de neige</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>chemin, sentier</b>	<b>couche</b>	<b>lourd, emporté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**kid**  
kɪd

**everywhere**  
εvrɪwɛr

**Middle**  
mɪdl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**array**  
əreɪ

**Hill**  
hɪl

**wide**  
wɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**zig**  
zɪg

**zag**  
zæg

**previous day**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bite**  
baɪt

**anywhere**  
εnɪwɛr

**anymore**  
rɔɪmɔːr

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**forge**  
fɔrdʒ

**direction**  
dɪrekʃn

**twist**  
twɪst

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**au milieu, milieu, moyen, central****partout****enfant, gamin**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**large****hill, colline, côte****gamme, kyrielle, ribambelle,  
éventail, tableau**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**le jour précédent****zag****zig**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**plus****n'importe où, n'importe ou, ou que  
ce soit, nulle part****, mordre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**twist, torsion, entortiller, tordre****direction****forge, forgez, forgent, forgeons,  
modelage, forger**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**encourage**  
ənˈkɔːrɪdʒ

**variety**  
vəˈaɪlti

**barriers**  
bæriəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**stray**  
st्रeɪ

**spikes**  
spaɪks

**entice**  
ɪntaɪs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**force**  
fɔːs

**incentives**  
ɪnseṇtɪvz

**roadblocks**  
roʊdblɑːks

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**series**  
səriːz

**rewards**  
rəprwɔːrdz

**ability**  
əbɪlɪti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**enjoyable**  
ənˈdʒɔɪəbəl

**public**  
pʌblɪk

**Succeed**  
səkṣid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>barrières, barriere, limite, frontiere</b>	<b>variété</b>	<b>encourager</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>séduire, appâter, attirer</b>	<b>des pointes, clou, pointe, pieu, pic, pique, épi, crampons-p</b>	<b>écartant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des barrages routiers, barrage routier</b>	<b>des incitations, intérêt, motivation, récompense, prime</b>	<b>force, forcez, contrainte, forçons, contraindre, forcent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>capacité, pouvoir, habileté</b>	<b>des récompenses, récompense</b>	<b>suite, série</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>succéder, réussir, avoir du succès</b>	<b>public</b>	<b>agréable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**pushes**  
pʊʃz

**organization**  
ɔvʒɪzaʃn

**embarrassing**  
ɛmbræɡɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**donate**  
dəʊneɪt

**environment**  
ɪnvɪrənmənt

à

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**alone**  
ələʊn

**rely**  
rɪlai

**coffee maker**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**physical**  
fɪzɪkl

**digital**  
dɪdʒɪtl

**sticky**  
stɪki

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**alarms**  
ələrmz

**absolutely**  
æbsəlutli

**rest**  
rest

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**embarrassant, embarrasser, gêner**

**l'organisation, organisation**

**poussées, pousser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'environnement, environnement**

**donner**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**une cafetière/ une machine à café**

**s'appuyer, compter sur**

**seul**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**collant, gluant**

**digital, numérique**

**physique, physiologique, visite  
médicale, check-up**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**se reposer, reposent, reposez,  
reposons, se, reposer, débris**

**absolument**

**alarmes, alarme, réveille-matin,  
réveil, alarmer, fr**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**motivation**  
moʊtʌveɪʃn

**continue**  
kəntɪnu

**regular**  
rɪgl̩ər

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**monthly**  
mʌnθli

**1, 3**

**signed**  
saɪnd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**difficulties**  
dɪfʌkl̩tɪz

**entered**  
ɛntr̩d

**neither**  
nið̩r

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**slowly**  
sloʊli

**power**  
paʊər

**Hook**  
hʊk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**throw away**

**unsuccessfully**  
ʌnsəksesfəli

**cigarettes**  
sigaretts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>régulière, régulier, habitué, habituée, habitués, habituées</b>	<b>continuer</b>	<b>motivation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>signé, signe</b>		<b>mensuel, mensuellement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>ni l'un ni l'autre, aucun des deux, ni X ni Y, non plus</b>	<b>a pénétré, entrer, rench: -neededr, taper, saisir</b>	<b>des difficultés, difficulté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>crochet, agrafe, hook, accrocher</b>	<b>pouvoir, puissance, électricité, courant, alimenter</b>	<b>lentement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des cigarettes, cigarette</b>	<b>sans succès</b>	<b>jeter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**contrast**  
kəntræst

**pack**  
pæk

**taking out**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**put off**

**attempt**  
ətəmpt

**trash**  
træʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**commitments**  
kəmɪtmənts

**succeeded**  
sʌksidʌd

**throw**  
θrəʊ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pie**  
paɪ

**publish**  
pʌblɪʃ

**Burger**  
bɜːgə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**vegan**  
vɛgən

**Jesse**  
dʒesi

**blogged**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à retirer</b>	<b>pack, emballer, emballons, emballent, emballez, ballot</b>	<b>contraste, contraster</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des déchets, déchet, corbeille a papier, corbeille</b>	<b>tenter, essayer, tentative, attentat</b>	<b>Mettre de côté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>lancer, jetent, jetez, jetons, mise bas</b>	<b>a réussi, succéder, réussir, avoir du succes</b>	<b>des engagements, engagement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>burger, hamburger</b>	<b>publier</b>	<b>tarte, saccager, pâte, pâté</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>blogué</b>	<b>jesse, Isai, Jessé</b>	<b>végan, végane, végétalien</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

bunch  
bʌntʃ

tool  
tul

possessions  
pɒzɪʃənz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

simplify  
simplifai

motivate  
moutəveɪt

logs in

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

publicly  
pʌblɪkli

workout  
wɜːkaʊt

raise money

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

cause  
kaz

progress  
sərədʒəs

trackers  
trækəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

tools  
tulz

competitions  
kampətɪʃənz

GREASED  
griest

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>possessions, bien, possession, propriété, possessions-p</b>	<b>outil, mouton, façonneur</b>	<b>bunch, groupe, bouquet, botte, grappe, bande, peloton, tas</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>Se connecter</b>	<b>motiver</b>	<b>simplifier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>collecter des fonds</b>	<b>l'entraînement, entraînement</b>	<b>publiquement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>traqueurs, pisteur, traqueur, poursuivant</b>	<b>progrès, progressent, progresser, progressons, progrés</b>	<b>cause, raison, causer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>greased, graisse, graisser, graisser la patte</b>	<b>des concours, compétition, concurrence, concours</b>	<b>des outils, outil, mouton, façonneur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

slope  
sloup

metaphors  
mɛtəfɔʁz

either  
iðʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

switch  
switʃ

stray  
streu

side  
saɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

climbing up

taking away

greasing  
lisisr̥

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

escapes  
ɪskɛps

grease  
gris

allow  
əlaʊ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

account  
əkaʊnt

social  
soʊʃl

media  
midɪv

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>chaque, non plus, ou, soit</b>	<b>des métaphores, métaphore</b>	<b>pente, inclinaison</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>côté, parti, flanc</b>	<b>égaré, écartez, écartent, écartons, écarte</b>	<b>interrupteur, aiguille, aiguillage, badine, commutateur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>graissage, graisse, graisser, graisser la patte</b>	<b>à emporter</b>	<b>monter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>laisser, accorder, permettre</b>	<b>graisse, graisser, graisser la patte, corrompre, lubrifier</b>	<b>s'échappe, échapper, s'échapper, éviter, tirer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des médias, Médie</b>	<b>sociale, social</b>	<b>compte, supputation, demande</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**updates**  
ʌpdəts

**promise**  
svɔmrəs

**weekly**  
wikli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mass**  
mæs

**via**  
via

**log**  
log

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pledge**  
plɛdʒ

**candidate**  
kændɪdæt

**political**  
pɒlɪtɪkəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**profit**  
prɑfɪt

**non**  
nən

**cell**  
sel

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ban**  
bæn

**coach**  
kouč

**be tempted**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>hebdomadaire, hebdomadairement, chaque semaine</b>	<b>vou, promesse, promettre</b>	<b>des mises à jour, mise a jour, actualisation, update</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>log, rondin, bûche</b>	<b>via, au delà de</b>	<b>masse, foule, amas</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>politique</b>	<b>candidat, candidate</b>	<b>engagement, promettre, mettre en gage, serment, gage</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>cellule, cachot</b>	<b>non</b>	<b>profit, gain, bénéfice, servir, profiter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>être tenté</b>	<b>entraîneur, coche, voiture, entraineur, entraineuse, autocar</b>	<b>interdiction, ban</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**track**  
træk

**skip**  
skɪp

**miracles**  
mɪrəklz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**outline**  
aʊtlain

**brief**  
brijf

**incredibly**  
ɪnkrɛdəblɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**trick**  
trɪk

**press**  
prɛs

**butt**  
bʌt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tape**  
teɪp

**Mind you**

**lead**  
led

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Certainly**  
sə:tənlɪ

**Groundhog**  
graʊndhag

**disaster**  
dɪzæstə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**des miracles, miracle**

FlashCards-English-French-Level-A1

**sauter, sautiller, félure, franchir**

FlashCards-English-French-Level-A1

**piste, trace, marque, sillon,  
empreinte, sentier, chemin**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**incroyable**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**bref, court**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**les grandes lignes, contour,  
silhouette, esquisse, aperçu**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**de fesses, crosse**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**presse, pressons, serre, pressent,  
pressez, serrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**tour, astuce, truc, rench: t-needed  
r, pli, levée, quart, duper**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**du plomb**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**Attention**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**ruban adhésif, bande**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**désastre, catastrophe**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**marmotte**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**certainement, sûrement, sans nul  
doute, sans aucun doute**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cartoons**  
kɑːtʊnз

**trouble**  
trʌbl

**doozie**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Bunny**  
bʌni

**lulu**  
lulu

**Bugs**  
bʌgз

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reverse**  
rɛvɜːs

**cinch**  
sɪntʃ

**continuing**  
kəntɪnjuɪн

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**attempted**  
ətɛmptɪd

**movement**  
muvmənt

**begets**  
bɪгets

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**requirements**  
rɪkwaɪrmənts

**jot down**

**kettle**  
kɛtl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>doozie</b>	<b>des problèmes, peine, mal, probleme, emmerde, checksouci</b>	<b>dessins animés, bande dessinée, BD, caricature</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>insectes, insecte, punaise, petite bête, cigale de mer</b>	<b>lulu</b>	<b>le lapin, lapin</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en continuant, continuer</b>	<b>cintre, certitude</b>	<b>inverser, verso, inverse</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>engendre, engendrer, procréer</b>	<b>mouvement</b>	<b>tenté, tenter, essayer, tentative, attentat</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>bouilloire, chaudron</b>	<b>noter</b>	<b>exigences, exigence, besoin, demande, contrainte</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**lift**  
**lift**

**bite**  
**bart**

**Consider**  
**kʌnsɪðər**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**beyond**  
**bränd**

**streak**  
**stuik**

**solidify**  
**solidif&ar**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**last**  
**læst**

**feedback**  
**fidbæk**

**tangled**  
**tæŋgʌld**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**loops**  
**lups**

**drug addiction**

**unbelievably**  
**ʌnbʌlivʌblɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**relative**  
**ri'lætiv**

**finances**  
**finænsɪz**

**harmful**  
**haʊmfʊl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>envisager, considérer, examiner, réfléchir, songer</b>	<b>mordre, maintenir, garder, tomber dans le panneau, marcher</b>	<b>l'ascenseur, élèvons, élavez, ascenseur, lever, ennobrir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se solidifier, solidifier</b>	<b>de l'histoire, raie, chésias du genet</b>	<b>au-delà, au-dela, par-dela</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>enchevêtrés, désordre, enchevêtement</b>	<b>retour d'information, évaluation, réaction, rétroaction</b>	<b>durable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>incroyablement</b>	<b>la toxicomanie</b>	<b>boucles, boucle, circuit fermé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dangereux, nuisible, nocif, préjudiciable</b>	<b>finances, finance, finances-p, financer</b>	<b>relative, relatif, parent, géniteur, génitrice</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**alcohol**  
ælkəhəl

**caused**  
kazd

**addiction**  
ʌdɪkʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**drug**  
drv

**pleasurable**  
plɛzəvl

**extremely**  
ɪkst्रیmli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**loop**  
lup

**user**  
juzə

**dose**  
dous

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**combination**  
kambəneɪʃn

**encourages**  
ɛnkeɪdʒɪz

**behavior**  
bɪheɪvɪə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sweatiness**

**tiredness**  
taɪədn̩s

**typical**  
tɪplkl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la dépendance, dépendance, addiction</b>	<b>causée, cause, raison, causer</b>	<b>l'alcool, alcool, boisson alcoolisée, boisson alcoolique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>extrêmement, extremement, vachement</b>	<b>agréable</b>	<b>médicament, drogue, drogue</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dose</b>	<b>consommateur, utilisateur, utilisatrice</b>	<b>boucle, circuit fermé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>comportement, conduite</b>	<b>encourage, encourager</b>	<b>combinaison, sélection, association, groupement, side-car</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>typique, représentatif</b>	<b>la fatigue, fatigue</b>	<b>transpiration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**comfortable**  
kʌm'fə:təbl

**mildly**  
maɪldli

**setup**  
sæt̬p

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**junk food**

**accomplishment**  
əkəmplɪʃmənt

**Praise**  
præz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**smile**  
smail

**etre la**

**experiencing**  
ɪks'pɪriənsɪng

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**consequence**  
kənsəkwəns

**enduring**  
ɛndjʊərɪŋ

**Loss**  
lɔ:s

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**bet**  
bət

**smarter**  
smɑ:tər

**admit**  
ədmɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>configuration, installation, coup monté</b>	<b>légèrement</b>	<b>confortable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des louanges, louange, louer, féliciter, prôner, vénérer</b>	<b>l'accomplissement, accomplissement</b>	<b>de la malbouffe</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en train de faire l'expérience, expérience</b>	<b>honte (de)</b>	<b>sourire</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>perte, déperdition, perdition, déchet, coulage</b>	<b>durable, endurer, perdurer, supporter</b>	<b>conséquence</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>admettre, avouer, reconnaître</b>	<b>plus intelligent, élégant</b>	<b>parier, paria, pariai, pari, parié, parions, pariez</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**care**  
keər

**personally**  
pəsəvnli

**rewarding**  
rɪprcmɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**massage**  
mæsæʒ

**treat**  
t्रit

**Mandarin**  
mændəvn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**trainer**  
t्रeɪnər

**setups**  
sɛtʌps

**if possible**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**more social**

**suggestions**  
sʌdʒestʃnz

**roll**  
rɔl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**spotlight**  
spətlɑ:t

**honestly**  
ənʌstli

**directly**  
dəɛktli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**gratifiant, récompense**

**personnellement**

**soins, s'occuper, soin, souci**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le mandarin, mandarin**

**négocier, traiter, régaler, guérir,  
soigner**

**massage, masser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**si possible**

**des installations, installation, coup monté**

**formateur, entraîneur, entraîneuse,  
basket**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rouler**

**suggestions, suggestion,  
proposition**

**plus sociale**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**directement, checkout droit**

**honnêtement, honnetement,  
franchement**

**projecteur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**massages**  
mæsæzɪz

**actual**  
æktʃuəl

**linked**  
lɪŋkt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**treats**  
tuɪts

**looked for**

**socializing**  
soʊʃvlaɪzɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Reward**  
rɪcwɪər

**hit on**

**effective**  
ɪfektɪv

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**task**  
tæsk

**breakthrough**  
breɪkθruː

**necessarily**  
nɛsʌsɪərlɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**painful**  
peɪnfʊl

**joyful**  
dʒɔɪfʊl

**unenjoyable**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>liés, maillon, chaînon</b>	<b>réel, effectif, checkeffectif, checkprésent</b>	<b>des massages, massage, masser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la socialisation, fréquenter des gens, voir des gens</b>	<b>cherché</b>	<b>des friandises, négocier, traiter, régaler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>efficace, décisif, en vigueur</b>	<b>Draguer</b>	<b>récompense, récompenser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>nécessairement</b>	<b>capital, primordial, décisif, percée, trouée</b>	<b>tâche</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>désagréable</b>	<b>allegre, joyeux</b>	<b>douloureux, laborieux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

wish  
wɪʃ

unlocked  
ʌnləkt

secret  
sikrət

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

shining  
ʃaɪnɪŋ

bald head

beneath  
bɪniθ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

rush  
rʌʃ

beauty  
bjuti

breath  
b्रəθ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

wind  
waɪnd

loosen  
lusən

appreciating  
ʌprɪʃeɪtɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

de  
di

loosening  
lusnɪŋ

shining  
ʃaɪnɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**secret**

**déverrouillé, déverrouiller,  
débloquer**

**, souhait, souhaiter, espérer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**dessous**

**tête chauve**

**brillant, briller, éclairer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**respiration, souffle, haleine**

**la beauté, beauté**

**se précipiter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**être reconnaissant de, apprécier a  
sa juste valeur**

**se desserrer, desserrer**

**vent, emmailloter, détortiller,  
langer, enrouler**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**brillant, tibia**

**le relâchement, desserrer**

**, prendre sur soi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**darkness**  
dɑːknəs

**shying**  
ʃaɪŋ

**qualities**  
kwalɪtiz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**develop**  
dɪveləp

**move away**

**sensations**  
sənsɛɪʃnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**wander**  
wandər

**toes**  
toʊz

**scan**  
skæn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**current**  
kɜːnt

**causing**  
kəzɪŋ

**onto**  
antu

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**turn back**

**feelings**  
fiːlɪŋz

**Perhaps**  
pəhæps

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**qualités, qualité**

**timide, gené, prudent, embarrassé**

**l'obscurité, obscurité, ténèbres**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sensations, sensation**

**déménager**

**se développer, créer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**scanner, fouiller, numériser,  
scander, scan**

**orteils, orteil, doigt de pied**

**errer, vaguer, divaguer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sur**

**causant, cause, raison, causer**

**courant, présent, actuel**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**peut-être, peut-être, possiblement**

**sentiments**

**faire demi-tour**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**inspiring**  
ɪnspərɪŋ

**miracle**  
mɪrəkl

**shines**  
ʃaɪnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**lucky**  
lʌki

**warts**  
wɔrtz

**field**  
fild

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**leaf**  
lif

**flab**  
flæb

**awe**  
a

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**alive**  
ʌlaɪv

**joy**  
dʒɔɪ

**miraculous**  
mɪækjʊləs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**intrinsic**  
ɪntrɪnsɪk

**chao**  
tʃau

**inextricably**  
ɪnɛkstrikəblɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**brille, briller, éclairer**

**miracle**

**inspirant, inspirer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**champ, campo, terrain, corps,  
rubrique, attraper**

**verrues, verrue**

**chanceux, heureux, veinard,  
fortuné**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la stupeur, crainte, révérence,  
admiration**

**flasque**

**feuille, rallonge, battant, ouvrant,  
vantail, feuiller**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**miraculeux**

**joie**

**en vie, vivant**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**inextricablement**

**le chaos**

**intrinsèque**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tied**  
**tāid**

**associated**  
**əsəʊsɪeɪtəd**

**movements**  
**muvmənts**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mirror**  
**mirrɔ̄**

**experienced**  
**ɪkspriːvɪst**

**journal**  
**dʒənəl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**simplifying**  
**simplifāɪŋ**

**accountable**  
**əkəʊntəbl**

**triathlon**  
**traiæθlɒn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**hold**  
**hoʊld**

**chance**  
**tʃæns**

**reflecting**  
**rʌflɛktɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**motivating**  
**moʊtɪveɪtɪŋ**

**reflection**  
**rʌflɛkʃn**

**autopilot**  
**ətəʊpəlɔ̄t**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mouvements, mouvement</b>	<b>associés, fréquenter, associer</b>	<b>attachée, attacher</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>journal, revue</b>	<b>expérimenté, expérience</b>	<b>glace, miroir, copie, refléter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>triathlon</b>	<b>responsable</b>	<b>simplifier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réfléchissant, refléter, réfléchir</b>	<b>chance, hasard</b>	<b>tenir, stopper, tiens, tiennent, tenons</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pilote automatique</b>	<b>réflexion, reflet, eaning 4</b>	<b>motivant, motiver</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**blogging**  
blɔ̃gɪŋ

**steroids**  
stɪrɔɪds

**reflect**  
rəflɛkt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**forces**  
fɔ̃rsɪz

**sur**  
sɜː

**whether**  
wεðə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**messing**  
mɛsɪŋ

**clown**  
klaʊn

**goes off**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**necessary**  
nɛsəsəri

**disgust**  
dɪsgʌst

**consciously**  
kənʃʌslɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pilot**  
paɪlət

**Auto**  
ətou

**adjustments**  
ədʒʌstmənts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**réfléter, réfléchir, se refléter, suivre**

**stéroïdes, stéroïde**

**le blogging**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**si, que, soit, si oui ou non**

**forces, force**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**s'éteindre**

**clown, clownesse, pitre, bouffon**

**le gâchis, désordre, gâchis**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**consciement**

**dégoût, dégouter, dégoût**

**nécessaire**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**des ajustements, ajustement,  
arreglement**

**auto**

**pilote, programme pilote**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**sticking to**

**crucial**  
**kruʃəl**

**review**  
**rɪvju**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**brag**  
**b्रæg**

**triathletes**

**gloriously**  
**gləriɔslɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lean**  
**lin**

**visualization**  
**vizualiζeʃn**

**failures**  
**feɪljəz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**scenes**  
**sinc**

**accomplish**  
**ækəmplɪʃ**

**envisioned**  
**ɛnvɪznd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fool**  
**ful**

**exhausted**  
**ɪɡzɔ:tɪd**

**nauseated**  
**pvæzi:təd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>relecture, critique, compte rendu, révision, revue, réviser</b>	<b>cruciale, crucial</b>	<b>à quoi s'en tenir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>glorieusement</b>	<b>triathlètes, triathlete</b>	<b>, brag, fanfaronner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>les échecs, échec, daube, flop, panne</b>	<b>visualisation</b>	<b>plus maigre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>envisagée, envisager</b>	<b>accomplir</b>	<b>scènes, scene, scene de ménage</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>nauséieux, écœurer, avoir la nausée</b>	<b>épuisé, épaiser, échappement</b>	<b>, dinde, fou, bouffon, mat, duper</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**portions**  
pɔrtjɔ̃

**Session**  
sɛʃn

**within**  
wɪðin

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**decent**  
dɪsənt

**Mr**  
mɪst̬

**preservation**  
prɛzɛrvɛrʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**cyclists**  
saɪklɪsts

**highway**  
haɪwei

**flashed**  
flæʃt̬

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de l'oie**

**zooming**  
zʊmɪŋ

**cycle**  
saɪkl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**finger**  
fɪŋgə

**lane**  
leɪn

**Guam**  
gwam

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**à l'intérieur, dedans, avant, d'ici**

**séance, session**

**portions, part, portion**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**préservation**

**monsieur**

**integre, décent, substantiel**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**flashé, éclair, lueur**

**autoroute, grand chemin,  
grand'route, chaussée**

**cyclistes, cycliste**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**, tour, cycle, faire du vélo**

**zoomer, bourdonnement**

**, coup de klaxon**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**guam**

**chemin**

**doigt, pointer, tripoter, doigter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**transportation**  
trænsپرٹeɪʃn

**swear**  
swεr

**continued**  
kʌntɪnjud

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**miserably**  
mizəblɪ

**envision**  
ɛnvɪzन

**entire**  
ɪntərɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**span**  
spæn

**discouraging**  
dɪskərɪџɪŋ

**comparison**  
kʌmpərیsн

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dislike**  
dɪslаɪk

**dismal**  
dɪzməl

**Seem**  
sim

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**discourage**  
dɪskəرdз

**vision**  
vізн

**shine**  
ʃain

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>suite, continuer</b>	<b>jurer, blasphémer, jurez, jurons, jurent</b>	<b>le transport, transport, transportation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>entière, entier, entiere</b>	<b>l'envie, envisager</b>	<b>misérablement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>comparaison, degré</b>	<b>décourageant, décourager, dissuader</b>	<b>l'étendue, empan</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sembler, paraître, avoir l'air</b>	<b>lamentable, misérable, morne, lugubre, déprimant</b>	<b>l'aversion, antipathie, ne pas aimer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>briller, reluisons, reluisez, reluisent, reluire</b>	<b>vision, vue, aspiration, apparition</b>	<b>décourager, dissuader</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**match**  
mætʃ

**grateful**  
grɛtʃl

**disappointment**  
dɪsəpɔɪntmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**source**  
sɔrs

**Curious**  
kjʊrɪəs

**cause of failure**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**get going**

**disappointing**  
dɪsəpɔɪntɪŋ

**frustrating**  
fʌst्रeɪtɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**briefly**  
briːflɪ

**attach**  
ətætʃ

**struggled with**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**come off**

**consequently**  
kənseqwəntli

**coach**  
kɔ:tʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

déception

reconnaisant

match, s'entremettre, allumette,  
concorder

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

la cause de l'échec

vous êtes curieux, curieux,  
intéressant, singulier

source

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

frustrant, frustrer

décevante, décevoir, désappointer

aller

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

Lutter avec

attacher

brièvement, brièvement,  
concisément

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

, coche, voiture

en conséquence

se détacher

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**discouraged**  
diskəridʒd

**Except**  
ɪksɛpt

**Society**  
sousar̥ti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**normal**  
nɔrməl

**sculpting**  
skulptɪŋ

**sculpture**  
skulptʃə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**shaped**  
ʃeɪpt

**mound**  
maʊnd

**clay**  
kleɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mess**  
mɛs

**powers**  
paʊəz

**inputs**  
ɪnpʊts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**God**  
gad

**nutrients**  
nutrɪənts

**sunlight**  
sʌnlæɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la société, société</b>	<b>sauf, faire une exception</b>	<b>découragé, décourager, dissuader</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sculpture</b>	<b>sculpter</b>	<b>normal, ordinaire, normale</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'argile, argile, terre battue</b>	<b>butte, monticule, tertre, butter</b>	<b>en forme, forme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>intrants, entrée, intrant, rentrer</b>	<b>pouvoirs, pouvoir, puissance, électricité</b>	<b>le désordre, purée, fouillis, bouillie</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la lumière du soleil, lumiere du soleil</b>	<b>des nutriments, nutriment, nutritif</b>	<b>dieu, idolâtrer, déifier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**feed**  
fid

**soil**  
ſoil

**intention**  
intenʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**enjoyment**  
ɛndʒɔymənt

**tightly**  
taɪtlɪ

**compassionate**  
kʌmpæʃvnət

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**support**  
ſupport

**input**  
input

**exactly**  
ɪgzæktli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**slim**  
ſlim

**version**  
vɜːnən

**muscle**  
mʌſl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**sculpt**  
ſkulpt

**nurture**  
nɜːtʃər

**toward**  
prəwɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>intention</b>	<b>sol, terre, barbouillons, barbouiller, l'alimentation, nourrir, alimentent, foncière</b>	<b>alimentez, alimentons</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>compatissant</b>	<b>étanche, fermement</b>	<b>jouissance, plaisir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>exactement</b>	<b>de l'entrée, entrée, intrant, rentrer</b>	<b>soutien, soutenez, appuyez, appuyons, appuient, soutiens</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>muscle</b>	<b>version</b>	<b>, mince, svelte, maigrir, mincir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>vers, envers, pour, pres de</b>	<b>l'éducation, éllever, éduquer, nourrir, favoriser, alimenter</b>	<b>sculpter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**attachment**  
*ətætʃmənt*

**outcomes**  
*əʊtkʌmz*

**reduce**  
*rɪdʒ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**grip**  
*grɪp*

**self-control**  
*selfkəntroʊl*

**horrible**  
*hɒrbəl*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**guilt**  
*gɪlt*

**cycle**  
*səɪkl*

**invisibility**  
*ɪnvɪzɪbɪlɪtɪ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**sensation**  
*sənsɛɪʃn*

**strange**  
*st्रeɪndʒ*

**chest**  
*tʃest*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pause**  
*pɔz*

**neck**  
*næk*

**act on**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réduire, diminuer, checkréduire</b>	<b>résultats, issue, résultat, dénouement</b>	<b>l'attachement, attachement, dépendance, pièce jointe, saisie</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>horrible, affreux, épouvantable</b>	<b>le contrôle de soi</b>	<b>poignée, ballot, grippe, saisir, agripper, préhension</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'invisibilité, invisibilité</b>	<b>tour, cycle, faire du vélo, rench: passer par un cycle</b>	<b>culpabilité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>poitrine, sein, commode, coffre</b>	<b>étrange, anormal, inconnu, étranger</b>	<b>sensation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>Agir sur</b>	<b>cou, kiki</b>	<b>pauser, pause</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**panic**  
pænɪk

**Calm**  
kam

**ordinary**  
ɪrəndɪərɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**visible**  
vɪzibl

**rationally**  
ræʃnəljərl

**amazingly**  
ʌmeɪzɪŋgl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unbidden**

**delay**  
dileɪ

**manuscript**  
mænju-skript

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**developers**  
dɪveləpəz

**proofread**  
prufred

**managing**  
mænɪdʒɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**software**  
softwɛr

**mailbox**  
meɪlbæks

**agile**  
ædʒl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>piece, ordinaire, quelconque</b>	<b>calme, tranquille, calme plat, calmer, apaiser</b>	<b>panique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>étonnamment</b>	<b>rationnellement</b>	<b>visible</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>manuscrit</b>	<b>délai, ajourner, décélération, surseoir, retard, retarder</b>	<b>non autorisé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la gestion, gérer, ménager, diriger, manier, parvenir, réussir</b>	<b>re lire</b>	<b>développeurs, concepteur, développeur, créateur, promoteur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>agile</b>	<b>boîte à lettres</b>	<b>logiciel</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**Scrum**

**Glad**  
glæd

**executing**  
ɛksəkjutɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**involves**  
ɪnvalvz

**reviewing**  
rɪvjuɪŋ

**simple**  
sɪmpl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**solutions**  
solvnz

**methods**  
mɛθʌdz

**illustrates**  
ɪlʌstreɪts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**systematize**

**adjust**  
ədʒʌst

**sporadically**  
spɔːdɪkli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**principles**  
plvblsrrz

**strategies**  
st्रætʌdʒiz

**research**  
rɛsərʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en cours d'exécution, exécuter, mettre à mort</b>	<b>heureux, heureuse</b>	<b>scrum, mêlée</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>simple</b>	<b>l'examen, relecture, critique, compte rendu, révision, revue</b>	<b>implique, nécessiter, impliquer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>illustre, illustrer</b>	<b>méthodes, méthode</b>	<b>des solutions, solution</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sporadiquement</b>	<b>ajuster</b>	<b>systématiser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>recherche, rechercher, examiner, explorer, fouiller</b>	<b>stratégies, stratégie</b>	<b>principes, principe</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**repetition**  
rɪ'pɛtɪʃn

FlashCards-English-French-Level-A1

**intervals**  
ɪnt'vælz

FlashCards-English-French-Level-A1

**retention**  
rɪ'tenʃn

Zen habits (c) readings.world

**cramming**  
kræmɪŋ

Zen habits (c) readings.world

**doses**  
dəʊsəz

Zen habits (c) readings.world

**regularly**  
rɪ'gjʊlərlɪ

Zen habits (c) readings.world

**improvement**  
ɪm'pruːvment

Zen habits (c) readings.world

**concentration**  
kən'sentræʃn

Zen habits (c) readings.world

**deliberately**  
dɪlɪ'bətlɪ

Zen habits (c) readings.world

**weaknesses**  
wɪk'nəsɪz

Zen habits (c) readings.world

**musicians**  
mju'zɪʃnz

Zen habits (c) readings.world

**largely**  
lɑːrdʒli

Zen habits (c) readings.world

**Reviews**  
rɪ'vejz

Zen habits (c) readings.world

**smart**  
smɑːrt

Zen habits (c) readings.world

**assess**  
ə'ses

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rétention, droit de rétention</b>	<b>intervalles, intervalle</b>	<b>répétition</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>régulièrement, régulierement, fréquemment, normalement</b>	<b>doses, dose</b>	<b>bachotage, bourrer, ficher, foutre, emmarcher, fourrer, gaver</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>déliébrément</b>	<b>concentration</b>	<b>l'amélioration, amélioration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en grande partie, largement, en général, pour la plupart</b>	<b>musiciens, musicien, musicienne</b>	<b>les faiblesses, faiblesse, point faible, faible</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>estimer, évaluer, infliger</b>	<b>intelligent, rusé, bath, fringant, roublard, maligne</b>	<b>des critiques, relecture, critique, compte rendu, révision</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**forward**  
fər'wərd

**blossom**  
blas'əm

**plum**  
pl̩m

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**startled**  
stɑ:tld

**sidewalk**  
sād'wāk

**reverie**  
rē'verē

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**descend**  
d̩sēnd

**hilly**  
hīlī

**falling to**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**beautifully**  
bjutʌflī

**impermanent**

**evanescent**  
ēvənēsənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**captivated**  
kæptivitid

**transient**  
trænз̩ənt

**gorgeous**  
gōrjəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**prune**

**fleur, floraison, fleurir, s'épanouir**

**avant, acheminent, acheminer,  
avanten, acheminons**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rêverie**

**trottoir**

**surpris, sursauter, surprendre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Tomber**

**vallonné**

**descendre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**évanescant**

**impermanent**

**magnifique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**magnifique**

**passager, provisoire, transitoire,  
temporaire, bref**

**captivé, captiver**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**blossoms**  
blasəmz

**melt**  
melt

**covered**  
kʌvəd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**height**  
haɪt

**fad**  
fæd

**Death**  
dɛθ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**peaks**  
piks

**scene**  
sin

**impermanence**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**indulge**  
ɪndvldʒ

**heart**  
haʊt

**permanent**  
pɜːmənənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**devant**

**scary**  
skεri

**more beautiful**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**couverts, couvercle, couverture,  
couvert**

**, fondre (1), se dissoudre (2)**

**fleurs, fleur, floraison, fleurir,  
s'épanouir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**mort, déces, camarde, la mort,  
l'arcane sans nom**

**, mode, lubie**

**hauteur, taille**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'impermanence**

**scène, scene, scene de ménage**

**pics, pic**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**permanent, permanente**

**cœur**

**se faire plaisir, céder, succomber,  
dorloter, gâter, choyer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**plus belle**

**effrayant, macabre**

**, dépasser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**more precious**

**forever**

fɔːvər

**spouse**

spaʊs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**basic**  
beɪsɪk

**injured**  
ɪndʒəd

**characteristic**  
kɛrɪktəristɪk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unchanging**  
ʌntʃeɪndʒɪŋ

**defining**  
dɪfəɪnɪŋ

**sapling**  
sæplɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Embrace**  
əmbræs

**weren**

**seed**  
sid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**relationship**  
rileɪʃnʃɪp

**irritation**  
ɪrɪteɪʃn

**embracing**  
əmbrəsɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>conjoint, époux, épouse</b>	<b>a jamais, pour toujours, éternellement, checktoujours</b>	<b>plus précieux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>caractéristique</b>	<b>blessé, blesser</b>	<b>de base, basique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'aubier, arbrisseau</b>	<b>définissant, déterminer, définir</b>	<b>immuable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>semences, semaines, semence, pépin</b>	<b>n'était</b>	<b>êtreindre, embrasser, accolade, embrassement, embrassade</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>embrasser, êtreindre, accolade</b>	<b>l'irritation, irritation</b>	<b>rapport, relation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**temporary**  
temp̩rəri

**passing**  
pæsɪŋ

**clouds**  
klaʊdz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**States**  
st̩r̩ts

**worry**  
wɔ̄i

**grief**  
gr̩if

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**upset**  
ʌps̩t̩

**drop of water**

**particular**  
p̩rt̩ɪkj̩l̩z

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**aval, descendant, en aval, dans le sens du courant (descente)**

**float**  
fl̩ut̩

**attached**  
ʌt̩æt̩ʃ̩t̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**flowing**  
fl̩ʊɪŋ

**grasp**  
gr̩æsp

**fixed**  
fɪkst̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>nuages, s'obscurcir</b>	<b>en passant, passager, éminent, rapide, extremement</b>	<b>temporaire, provisoire, intérimaire</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le chagrin, douleur, peine</b>	<b>s'inquiéter, inquiéter, harceler, souci, angoisse</b>	<b>les états, état, Etat, déclarer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>particulier</b>	<b>une goutte d'eau</b>	<b>fâché, dérangé, perturbé, bouleversé, remué, énervé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>attachée, attacher</b>	<b>, flotter, flotteur, taloche, char</b>	<b>aval, descendant, en aval, dans le sens du courant (descente)</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fixé, réparer, fixer, préparer, truquer, tricher, réparation</b>	<b>saisir, agripper, comprendre</b>	<b>en cours d'exécution, couler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**respond**  
*rɪspɒnd*

**The plan failed**

**throws in**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**circumstances**  
*səkʌmstænsəz*

**continual**  
*kʌntɪnjuəl*

**flexible**  
*fleksəbl̩*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**suggest**  
*sʌdʒɛst*

**shouldn**

**mindset**  
*maɪndset*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**adapts**  
*ədæpts*

**adopt**  
*ədəpt*

**reminder**  
*ri'maɪndə*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**visual**  
*vɪzʊəl̩*

**more flexible**

**expect**  
*ɪkspɛkt*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>jeter dedans</b>	<b>Le plan a échoué</b>	<b>répondre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>flexible, maléable, souple</b>	<b>continuelle</b>	<b>circonstances, circonstance</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'état d'esprit, état d'esprit, disposition d'esprit</b>	<b>devrait</b>	<b>proposer, suggérer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rappel</b>	<b>adopter</b>	<b>s'adapte, adapter, s'adapter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'attendre à, attendre, s'attendre a</b>	<b>plus souple</b>	<b>visuelle, visuel</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**effortlessly**  
ɛfətl̩slɪ

**disrupt**  
dɪsrupt

**Row**  
rɔ̄

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**write back**

**definitely**  
dɛfɪnɪtlɪ

**relate**  
rileɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**spiral**  
spɪrəl

**third**  
θɜ̄d

**corollary**  
kɔ̄ləri

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**adjusted**  
ədʒʌstɪd

**cross**  
krɔ̄s

**stepping**  
stɛpɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**shallow**  
ʃæləʊ

**strung**  
stʌŋ

**stones**  
stoʊnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rangée, tintamarre, canoter, ramer</b>	<b>perturber, déranger, interrompre</b>	<b>sans effort</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se rapporter, concerner</b>	<b>définitivement</b>	<b>répondre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>corollaire, corolaire</b>	<b>troisième, troisieme, trois, tiers, tierce</b>	<b>spirale, hélice, spiraler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en marche, pas</b>	<b>, croix</b>	<b>ajustée, ajuster</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des pierres, pierre, t+roche, t+caillou, t+roc</b>	<b>cordée, corde, suite, série, chaîne de caractères</b>	<b>superficielle, peu profond, superficiel, haut-fond, baisse</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**by accident**

**beat**  
**bit**

**stepping**  
**st p r **

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**wet**  
**w t**

**sense**  
**s ns**

**sign**  
**s in**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**blindly**  
**bla ndli**

**signs**  
**s inz**

**contingency**  
**k nt nd nsi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**adjustment**  
** d st m nt**

**forced**  
**f rst**

**backwards**  
**b k w dz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**guilty**  
**g lti**

**gets in**

**addicting**  
** d ikt n**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en marche, steppe</b>	<b>battre</b>	<b>par accident</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>signe, signent, signez, placard, caractériser</b>	<b>sens, acception, sentir</b>	<b>, mouillé, mouiller, se mouiller</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'éventualité, contingence, éventualité</b>	<b>des signes, signe</b>	<b>aveuglément, a l'aveuglette</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à l'envers, arriéré, en arriere, a reculons</b>	<b>forcée, force</b>	<b>l'ajustement, ajustement, areglement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>une dépendance, dépendant, dépendante, intoxiqué, intoxiquée g</b>	<b>Entrer</b>	<b>coupable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**cation****cation****opportunity**  
*əpətʊnəti*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**disruption**  
*diʃərpsi***SI**  
*si***establish**  
*ɪstæblɪʃ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**misstep**  
*mɪsstep***explore**  
*rɛksplɔːr***derail**  
*dɪreɪl*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**noisy**  
*nɔɪzɪ***se**  
*seɪ***soft**  
*sɔft*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**kids**  
*kɪdz***making noise****disturb**  
*dɪstɜːb*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>occasion, opportunité, occasion favorable, chance</b>		
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>affermir, établir</b>	<b>sis</b>	<b>interruption, perturbation, rupture</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dérailler</b>	<b>explorer</b>	<b>faux pas, bourde, trébucher</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>souple, moelleux, alcool sans, mou, doux</b>	<b>réveiller, (s')éveiller</b>	<b>bruyante, bruyant, tonitruant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>déranger, perturber, gêner</b>	<b>Faire du bruit</b>	<b>enfants, gamin, enfant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**usual**  
*jʊzəwəl*

**involuntarily**  
*ɪnvoʊləntərlɪ*

**disturbing**  
*dɪstɜːbɪŋ*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**peaceful**  
*pɪsfl*

**noise**  
*noɪz*

**wondered**  
*wʌndəd*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**disturbance**  
*dɪstɜːbəns*

**realized**  
*riːlaɪzd*

**de**  
*di*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**nearby**  
*nɪrbɪ*

**Yay**  
*jeɪ*

**turning point**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**resisting**  
*rɪzɪstɪŋ*

**general**  
*dʒenəl*

**symbol**  
*simbəl*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dérangeant, déranger, perturber, gêner</b>	<b>involontairement</b>	<b>habituel/habituelle</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'est demandé, merveille, étonner</b>	<b>bruit, vacarme, brouhaha, boucan</b>	<b>paisible</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, prendre sur soi</b>	<b>réalisé, réaliser, se rendre compte, prendre conscience</b>	<b>perturbation, trouble, tapage</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>Point de bascule</b>	<b>Yay</b>	<b>à proximité, proche, a proximité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>symbole</b>	<b>général, communal, en chef, universal, d'ensemble</b>	<b>résister, s'opposer, rejeter, dégouter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**stick**  
**stɪk**

**be comfortable**

**acceptable**  
**æksɛptəbl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**achievement**  
**ətʃɪvment**

**exertion**  
**ɪgzəʃn**

**reminds**  
**rɪmæɪndz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**procrastinating**  
**prəkræstneɪtɪŋ**

**acceptance**  
**ækseptəns**

**gratitude**  
**grætɪtud**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**displeasure**  
**displɛzə**

**rude**  
**rud**

**recently**  
**ri:sntli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de**  
**di**

**lace up**

**lay on**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>acceptable</b>	<b>être confortable</b>	<b>coller</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rappelle, rappeler</b>	<b>l'effort, effort, dépense</b>	<b>de la réussite, réalisation, accomplissement, haut fait</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la gratitude, gratitude</b>	<b>l'acceptation, acceptation, adhésion, admission, adoption</b>	<b>la procrastination, procrastiner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dernierement, récemment, ces derniers temps</b>	<b>grossier, impoli, malpoli</b>	
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'allonger</b>	<b>Lacer (ses chaussures )</b>	<b>, prendre sur soi, endurer patiemment</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**mood**  
**mud**

**lazy**  
**leɪzɪ**

**somewhere**  
**sʌmweɪ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**lace**  
**leɪs**

**tip**  
**tip**

**stepping out**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**lacing up**

**reasonable**  
**rɪzənəbl**

**objection**  
**əbdʒekʃn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**laziness**  
**leɪzɪnəs**

**initial**  
**ɪnɪʃl**

**worthiness**  
**wɜːðiŋɪs**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**determine**  
**dɪtəmən**

**indicator**  
**ɪndɪkeɪtə**

**smallest possible**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**quelque part**

**paresseux, fainéant**

**l'humeur, humeur, changeant,  
ambiance, diapason**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de sortir**

**pourboire, pronostic, indication,  
terminaison**

**dentelle, pointue**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**objection**

**raisonnable**

**Lacer (ses chaussures )**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**valeur**

**initial, lettrine, initiale, premiere  
lettre, parapher**

**la paresse, paresse, flemme**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le plus petit possible**

**indicateur, aiguille, clignotant,  
signofile**

**déterminer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unobjectionable**

**proposition**  
**prou̯ɔ̯zadpr**

**objections**  
**əbdʒekʃonz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**deserve**  
**dɪzəv**

**feel like doing**

**minimum**  
**mɪnɪməm**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**viable**  
**vai̯vbl**

**knife**  
**naɪf**

**audio**  
**ədɪoʊ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pose**  
**pouz**

**floss**  
**flas**

**objectionable**  
**əbdʒekʃənəbl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**increment**  
**ɪnkrʌmənt**

**start for**

**resists**  
**riːzɪsts**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>objections, objection</b>	<b>proposition</b>	<b>non répréhensible</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>minimum</b>	<b>envie de faire</b>	<b>mériter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>audio</b>	<b>couteau, frapper d'un coup de couteau</b>	<b>viable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>répréhensible</b>	<b>du fil dentaire</b>	<b>poser, posez, posent, posons</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>résiste, résister, s'opposer, rejeter, dégouter</b>	<b>pour commencer</b>	<b>l'augmentation, incrémenter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**rabbit hole****clicked**  
klikt**lie**  
lai

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**grass**  
græs**link**  
linjk**sunshine**  
sʌnʃɪn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Clearly**  
klɪəli**instant**  
ɪnstant**virtual**  
vɜːtʃuəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**screen**  
skrin**shift**  
ʃɪft**get stuck**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**captivates**  
kæptɪvɪts**actuality**  
æk'tjuæliti**occupies**  
ək'jʌpəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**gisant****cliqué, clic, bruit sec****trou de lapin**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**soleil, lumière du soleil****lien, liaison****l'herbe, herbe, pelouse, gazon,  
beuh, balance, moucharder**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**virtuel, pratiquement****instantanée, moment****en clair, clairement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**être coincé****changement, quart, équipe, poste,  
décalage, vitesse****paravent, écran**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**occupe, occuper, habiter****réalité****captive, captiver**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**recall**  
rəkɔːl

**danger**  
deɪndʒər

**Intro**  
ɪntrou

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**somewhat**  
sʌmhaʊ̯

**marqué**

**disappointed**  
dɪsəpɔɪntɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bothered**  
baðəd

**clashes**  
klæʃɪz

**badly**  
bædli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**harm**  
hɑːrm

**mismatch**  
mɪsmætʃ

**sunsoaked**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rainsoaked**

**gloomy**  
glumi

**Muddy**  
mʌdi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>intro</b>	<b>danger, péril</b>	<b>rappeler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>déçue, décevoir, désappointer</b>	<b>, marquer un but</b>	<b>d'une manière ou d'une autre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mal, mauvaiselement</b>	<b>des heurts, fracas, cliquetis, échauffourée, escarmouche</b>	<b>dérangés, bâdrer, daigner, se donner la peine, zut!</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>ensoleillé</b>	<b>inadéquation</b>	<b>le mal, mal, tort, dommage, nuire a, faire du mal a</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>morne</b>	<b>morose, lugubre, sombre, terne, maussade</b>	<b>trempé par la pluie</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**otherwise**  
ʌðə'waɪz

**realizations**  
rɪlæzɪʃnəz

**subsequent**  
sʌbsʌkwənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**shone**  
ʃoʊn

**hit**  
hit

**realization**  
rɪlæzɪʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**powerless**  
paʊərləs

**smacked**  
smækt

**sweet**  
swit

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**shiny**  
ʃaɪni

**fried**  
f्रaɪd

**phenomena**  
fənəmənə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**separate**  
səpə'reɪt

**distance**  
dɪstəns

**sky**  
skai

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>ultérieures, subséquent, suivant, prochain</b>	<b>réalisations, connaissance, réalisation</b>	<b>autrement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>connaissance, réalisation</b>	<b>frappé, frapper, battement, battre, succès</b>	<b>briller, éclairer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>doux, doucement, friandise, bonbon, sucreries</b>	<b>giflé, donner une tape à</b>	<b>impuissante, impuissant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des phénomènes</b>	<b>frites, faire frire</b>	<b>brillant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>ciel, nue</b>	<b>distance, éloigner, checks'éloigner</b>	<b>séparés, séparé, séparée, séparer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**arise**  
əraɪz

**panicked**  
pænɪkt

**float**  
fləʊt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cloud**  
klaʊd

**view**  
vju

**in confusion**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**phenomenon**  
fənəmənən

**floats**  
fləʊts

**postpone**  
pəʊstpon

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ahead**  
ʌhɛd

**pass**  
pæs

**acting on**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**despite**  
dɪspart

**freezing rain**

**ultra**  
ʌltʊrə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**flotter, flotteur, taloche, char,  
flottant, float**

FlashCards-English-French-Level-A1

**paniqué, panique**

FlashCards-English-French-Level-A1

**se lever, surgir, apparaître, naître**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**dans la confusion**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**vue, vision, regard, point de vue,  
opinion, regarder**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**nuage, s'obscurcir**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**repousser, remettre, reporter,  
différer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**flotteurs, flotter**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**phénomène, phénomene**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**Agissant sur**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**passer, doubler, passe, dépasser,  
passez, passons, passage**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**à l'avance, devant**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**ultra**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**pluie verglaçante**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**en dépit de, malgré**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**shiver**  
ʃɪvə

**nervous**  
nərvəs

**chatting**  
tʃætɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**smoothly**  
smuðli

**miler**  
maɪlə

**pace**  
peɪs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**downhill**  
daʊnhɪl

**cramping**  
kraempɪŋ

**hurting**  
hɜːtɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**à, dans**

**pain**  
peɪn

**lie**  
laɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**toe**  
tou

**nap**  
næp

**most triumphant**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**le bavardage, bavarder**

**nervieux**

**des frissons**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rythme, pas**

**miler**

**en douceur, souplement,  
doucement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**en souffrance, faire mal, blesser,  
blessé**

**des crampes, crampe**

**en descente, en aval, descente**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mentir, mensonge, mentez, gésir,  
gis, mentons**

**douleur, mal, diuleur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**le plus triomphant**

**sieste, petit somme**

**l'orteil, orteil, doigt de pied**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**encouragement**  
ənkjʊdʒmənt

**neverfailing**

**crossed**  
krɔst

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pushed**  
pʊʃt

**persistent**  
pɛsɪstənt

**marathons**  
mərəθənz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**provided**  
prəvɪərd

**internal**  
ɪntənl

**several**  
səvəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**focused**  
fəʊkəst

**system**  
sɪstəm

**sweets**  
swits

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**port**  
prɔ:t

**sup**  
sʌp

**warn**  
wɔ:rn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>croisé, crosse</b>	<b>sans jamais faillir</b>	<b>d'encouragement, encouragement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>marathons, marathon</b>	<b>persistante, persistant, tenace</b>	<b>poussé, pousser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>plusieurs</b>	<b>interne</b>	<b>fourni, fournir, procurer, pourvoir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des sucreries, doucement, friandise, bonbon, sucreries-p</b>	<b>système, systeme</b>	<b>ciblée, foyer, attention, focaliser, mettre au point</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, avertir</b>	<b>sup</b>	<b>port, connexion</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**occurring**  
əkəriŋ

**confused**  
kʌnfjuzd

**taxes**  
tæksəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**un**  
ʌn

**challenging**  
tʃæləndʒɪŋ

**gradual**  
grædʒuəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Simply**  
simpli

**s'**

**zone**  
zoʊn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**push**  
pʊʃ

**safe**  
seɪf

**dip**  
dɪp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**appreciation**  
əprɪziəʃn

**challenges**  
tʃæləndʒɪz

**teammates**  
timmeɪts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>impôts, taxe, impôt</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>confus, rendre perplexe, confondre</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>se produisant, produire</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1
<b>graduelle, graduel</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>stimulant, défi, challenge, défier</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>un, ONU</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1
<b>zone</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>éteindre</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>tout simplement, simplement</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1
<b>trempette, immersion</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>sûr, en sécurité, o longer in danger, sans danger, sur, sauf</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1	<b>pousser, poussons, poussez, poussent, buter, acculer</b>   Zen habits (c) readings.world FlashCards-English-French-Level-A1
<b>des coéquipiers, coéquipier, coéquipiere</b>   Zen habits (c) readings.world	<b>défis, défi, challenge, défier</b>   Zen habits (c) readings.world	<b>l'appréciation, appréciation, estimation, évaluation</b>   Zen habits (c) readings.world

**1, 2****gruel**  
gruəl**backpack**  
bækpæk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bricks**  
brɪks**crawls**  
krɔlz**Ocean**  
oʊʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**logs**  
logz**bear**  
beər**sand**  
sænd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Crab**  
k्रæb**voluntarily**  
valəntərlɪ**miserable**  
mizərləbl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**badass**  
bædæs**hell**  
hel**wished**  
wɪʃt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sac à dos, sac a dos**

**éreintant**

**, armée, troupes**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'océan, océan**

**rampe, ramper**

**briques, brique, soutien, rouge  
brique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sable, sableuxse**

**ours, endurer, naïs, produire,  
souffrir, subir**

**journaux, rondin, bûche**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**misérable**

**volontairement**

**le crabe, crabe**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**souhaité, souhait, souhaiter,  
espérer**

**l'enfer, enfer**

**mauvais, connard, connasse, tête,  
warrior, dur a cuire**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**soak**  
**səʊk**

**gloriousness**

**brilliant**  
**bɪrljənt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**multihued**

**bright**  
**b्रaɪt**

**back seat**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**impatiently**  
**ɪmpeɪʃnltli**

**destination**  
**dɛstneɪʃn**

**metaphor**  
**mɛtəfɔr**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**scenery**  
**sɪnzi**

**impatient**  
**ɪmpeɪʃnət**

**backseat**  
**bæksit**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**darn**  
**dɑrn**

**redirect**  
**rɪdɪrekt**

**patience**  
**peɪʃəns**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>brillante, brillant, perle</b>	<b>la gloire</b>	<b>tremper, faire tremper, immerger, éponger</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le siège arrière</b>	<b>lumineux, éclatant, clair</b>	<b>multicolore</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>métaphore</b>	<b>destination, destinée, arrivée</b>	<b>avec impatience</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la banquette arrière</b>	<b>impatient</b>	<b>décor naturel, paysage, décor</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la patience, patience</b>	<b>réorienter, réadresser, faire suivre</b>	<b>reprendre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**workouts**  
wəkəʊts

**melted away**

**physically**  
fɪzɪkəli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**creation**  
krɪeɪʃn

**boss**  
bas

**illness**  
ɪlnəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**influence**  
ɪnfluəns

**Terribly**  
tərəbli

**profound**  
prəʊfaʊnd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**demoralizing**  
dɪmərəlɪzɪŋ

**reinvent**  
rɪnvent

**melt away**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**surefire**

**plagues**  
pleɪgz

**melting away**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**physiquement**

**a fondu**

**les entraînements, entraînement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**maladie**

**patron, dabe, entrepreneur**

**création**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**profond**

**terriblement**

**influence, influencer, influer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**fondre**

**réinventer**

**démoralisant, démoraliser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**en train de fondre**

**fléaux, peste, fléau, plaie, calamité**

**à coup sûr**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**curiosity**  
kjʊərɪəti

**approach**  
əprəʊt̪

**desire**  
dɪzəɪ̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**pretend**  
prɪt̪ənd

**drawer**  
drɔ̩p

**1**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**prospect**  
prəspɛkt

**drenched**  
drentʃt̪

**sweat**  
sw̪et̪

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**distractions**  
dɪst्रækʃnz

**drown**  
drəʊn

**insurmountable**  
ɪn̪sɜ̩mənt̪əbl̪

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**whelming**

**turning away**

**solvable**  
salvab̪l̪

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

désirer, désir

approche, approchons, abordent,  
abordez, rapprochons

curiosité

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

, checkmachin (2), checktruc (2)

tiroir, souscripteur

prétendre, prétendre a, feindre,  
faire semblant

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

de la sueur, transpirer, suer,  
transpiration

trempé, tremper

prospect, perspective, prospecter

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

insurmontable

se noyer, noyer, checksubmerger

des distractions, distraction, folie

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

solvable, résoluble

se détourner

de l'eau, de l'air et de l'eau,  
submerger

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ignoring**  
lɪgnɪŋ

**solved**  
sɒlvd

**tackle**  
tækvl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**recovery**  
rɪvəri

**pulled**  
pʊld

**scale**  
skerl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**overwhelming**  
oʊvə'wɛlmɪŋ

**avoids**  
əvɔɪds

**se**  
sə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**de**  
di

**hug**  
hʌg

**went away**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**comforted**  
kʌmfətɪd

**cowering**  
kaʊərɪŋ

**thunderstorm**  
θʌndərstoːm

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**tacle, combattre, affronter, tacler,  
plaquer**

**résolu, résoudre, régler,  
solutionner**

**ignorer, ne pas prêter attention à**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**échelle, escaladez, escalader,  
escaladent, gravir, barème**

**tiré, tirer, retirer, tirer un coup,  
influence**

**récupération, rétablissement,  
recouvrement, guérison**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**cacher**

**évite, éviter, fuir**

**écrasante, abreuver, accabler,  
envahir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**est parti**

**embrassade, étreinte, câlin,  
accord, étreindre**

**, prendre sur soi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**orage**

**se recroqueviller**

**réconforté, confort, consoler**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**anyway**  
əniwei

**disruptions**  
dɪsʌpʃnz

**hunkered down**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**outlining**  
aʊtlɔɪnɪŋ

**abilities**  
əbɪlɪtiz

**print**  
prɪnt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**basis**  
beɪsɪs

**honeymoon**  
hənɪmʊn

**derailed**  
dɪreɪld

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Thailand**  
taɪlænd

**wed**  
wed

**church**  
tʃɜ:tʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**putting off**

**be present**

**honey**  
həni

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>accroupis</b>	<b>des perturbations, interruption, perturbation, rupture</b>	<b>quand même, de toute façon, en tout cas, d'ailleurs, bref</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>imprimer, imprimé, empreinte, estampe</b>	<b>capacités, capacité, pouvoir, habileté</b>	<b>l'esquisse, contour, silhouette, esquisse, aperçu, résumé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>déraillé, dérailler</b>	<b>lune de miel, voyage de noces</b>	<b>base</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>église, culte, misse</b>	<b>, marier, épouser</b>	<b>thaïlande, Thailande</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>chérie, miel</b>	<b>être présent</b>	<b>à repousser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**shattered**  
ʃætəd

**avoided**  
əvɪdɪd

**lack**  
læk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**coached**  
kəʊtʃt

**Busyness**

**crisis**  
krɪzɪs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**exhaustion**  
ɪgzoʊstʃn

**Distraction**  
dɪstrækʃn

**optimistic**  
ɑptɪmɪstɪk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**percent**  
pəsənt

**overly**  
əʊvərli

**due**  
du

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tracks**  
træks

**nicely**  
naɪslɪ

**rails**  
reɪlz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>manque</b>	<b>évitée, éviter, fuir</b>	<b>brisé, fracasser, réduire en miettes, mettre en pieces, briser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>crise</b>	<b>l'affairisme</b>	<b>coaché, coche, voiture, entraîneur, entraîneuse, autocar</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>optimiste</b>	<b>distraction, folie</b>	<b>l'épuisement, épuisement, harasnement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>due, du</b>	<b>de manière excessive, trop, excessivement</b>	<b>pour cent, pourcent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rails, barre, tringle</b>	<b>joliment, agréablement</b>	<b>pistes, trace, marque, sillon, empreinte, sentier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**crash**  
kraʃ

**bent**  
bɛnt

**flow**  
flou

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**encounters**  
ɪnkaʊntəz

**recover**  
rɪkʌvər

**gravity**  
græviti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**thrown**  
θruːn

**flows**  
flouz

**Rock**  
ʁak

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**flinching**  
flɪntʃɪŋ

**pause**  
paɔz

**bemoan**  
bimoun

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fate**  
fət

**hits**  
hɪts

**directions**  
dɛɛkʃonz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>flux, coulons, couler, coulez, courant, écoulement</b>	<b>plié, courba, courbai, courbés, courbé, cambrai</b>	<b>crash, fracas</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la gravité, gravité, pesanteur</b>	<b>récupérer, captos, capter, recouvrent, recouvrir, recouvrons</b>	<b>rencontres, renconter, rencontre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le rocher, bercer, balancer, rupeste, rocher, roc</b>	<b>flux, couler</b>	<b>jeté, jeter, lancer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>déplorer</b>	<b>, pauser, pause</b>	<b>flancher, tressaillir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des directions, direction</b>	<b>des succès, frapper, heurter</b>	<b>le destin, destin, destinée, sort</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**landscape**  
lændskærp

**damn**  
dæm

**bump**  
bʌmp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reflow**

**original**  
ɔrɪgɪnəl

**Since**  
sɪns

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**make time**

**sickness**  
sɪkñs

**priorities**  
pɪəriɔ:tɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reassess**  
ri:ses

**interruption**  
ɪntərʌptʃn

**stride**  
straɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**disrupted**  
dɪsru:pɪd

**gotten**  
gatn

**mentality**  
mentæliti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**bump, bourrade, boum, bosse,  
saillie, ballon, heurter**

FlashCards-English-French-Level-A1

**, condamner, réprouver**

FlashCards-English-French-Level-A1

**paysage**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**depuis lors, depuis, depuis que,  
puisque, vu que**

**originel, original**

**reflowing**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**priorités, priorité**

**maladie**

**Prendre le temps**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**foulée, marcher à grands pas**

**interruption**

**réévaluer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**mentalité**

**obtenu**

**perturbé, perturber, déranger,  
interrompre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**adopting**  
*ədəptɪŋ*

**à**

**explored**  
*ɪksplored*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**unhappiness**  
*ʌnhæpɪnɪs*

**spouses**  
*spaʊsəz*

**indecision**  
*ɪndɪsɪzən*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**held back**

**annoyance**  
*ənɔɪəns*

**loneliness**  
*ləʊnlɪnəs*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**forgiving**  
*fɔːgɪvɪŋ*

**dissatisfied**  
*dɪsætɪsfɪəd*

**toothache**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Buddhist**  
*budhɪst*

**tortured**  
*tɔːrtʃəd*

**disease**  
*dɪzɪz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**exploré, explorer**

**l'adoption, adopter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'indécision, indécision, irrésolution**

**les conjoints, époux, épouse**

**le malheur, tristesse, malheur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la solitude, solitude**

**l'agacement, ennui, nuisance,  
irritation, checkagacement**

**retenu**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**mal aux dents, mal de dents**

**insatisfait, mécontenter**

**pardonner**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**maladie, mal**

**torturé, torture, torturer**

**bouddhiste**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cranky**  
k्रæŋki

**dye**  
daɪ

**grade**  
grād

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**terms**  
tɜːmz

**low**  
ləʊ

**explorations**  
ɛksplɔːreɪʃnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**external circumstances**

**devastating**  
dəvəsteɪtɪŋ

**succeeding**  
sʌkseɪdɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**hatred**  
hεɪtrɪd

**level**  
lεvl

**expectation**  
ɛkspekteɪʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**certainty**  
sətənti

**procrastinates**  
prəkraestnæts

**possibility**  
pasibliti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mention, note, année, classe, niveau, grade, noter</b>	<b>teignant</b>	<b>grincheux, chafouin</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>explorations, exploration</b>	<b>faible, inférieure</b>	<b>conditions, peine, mandat, période</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réussir, succéder, avoir du succès</b>	<b>dévastateur, dévaster</b>	<b>des circonstances extérieures</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>attentes, attente</b>	<b>plat, à ras, au même niveau, constant, niveau, profondeur</b>	<b>la haine, haine</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>possibilité</b>	<b>procrastine, procrastiner</b>	<b>certitude</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**cling to**

**à**

**à**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**philosophical**  
**filosofikal**

**comforting**  
**kʌmfətɪŋ**

**Security**  
**sɪkjuriti**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**insecurity**  
**insikjurati**

**unpredictable**  
**ʌnprediktəbl**

**everchanging**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**secure**  
**sikjur**

**conflict**  
**kanflikt**

**central**  
**sentral**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tension**  
**tensjon**

**solution**  
**salusjon**

**further**  
**ført**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la sécurité, sécurité, sécurisant, titre négociable</b>	<b>réconfortant, confort, consoler</b>	<b>philosophique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en constante évolution</b>	<b>imprévisible</b>	<b>l'insécurité, insécurité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>central</b>	<b>conflit, incompatibilité</b>	<b>sécurisé, sur, sécuriser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>solution</b>		<b>tension, traction</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**fearful**  
fɪərfʊl

**innocent**  
ɪnəsənt

**caught**  
kɔt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**crazy**  
krezɪ

**mad**  
mæd

**trap**  
træp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unrealistic**  
ʌnriːlɪstɪk

**unhelpful**  
ʌnhelpfʊl

**1**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pier**  
pɪə

**hap**  
hæp

**letting go**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**resisted**  
rɪzɪstɪd

**substance**  
sʌbstəns

**tightness**  
taɪtnəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pris, prise, touche, loquet,  
loqueteau, verrou, hic, couille**

**innocent**

**effrayant, redoutable, peureux,  
craintif, terrible, affreux**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**piège**

**fou, folle, fol, fâché, en colere**

**fou, insensé, avoir une araignée au  
plafond, chtarbé**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**, se dissoudre (2)**

**inutile**

**irréaliste**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**lâcher prise**

**hap**

**quai, jetée, ponton, pile, pilier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**serré, étroitesse**

**substance, fond, biens**

**résisté, résister, s'opposer, rejeter,  
dégouter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**hold**  
**hɔɪld**

**literally**  
**lɪtəli**

**softening**  
**ſoftɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**breaths**  
**b्रeθs**

**softens**  
**ſoftənz**

**jaw**  
**dʒɔ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**apologized**  
**əpələdʒaɪzd**

**answer for**

**dealt**  
**delt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**astonishing**  
**əſtanɪ ſɪŋ**

**Reaches**  
**ri:tʃz**

**behold**  
**bihould**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Peak**  
**pik**

**heartbreak**  
**haʊtbrɛk**

**breathe**  
**brið**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'adoucissement, adoucissant, amollissant</b>	<b>littéralement</b>	<b>en attente</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mâchoire</b>	<b>s'adoucit, adoucir</b>	<b>respirations, respiration, souffle, haleine</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>traité, marché, affaire</b>	<b>réponse pour</b>	<b>s'est excusé, s'excuser, présenter des excuses</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>regarder, voir, observer, voici, voila</b>	<b>atteintes, arriver/parvenir à</b>	<b>étonnante, étonner, surprendre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>respirer, inspirer, expirer, reprendre son souffle</b>	<b>un chagrin d'amour, creve-cour</b>	<b>le sommet, apogée, comble</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**external**  
ɪkstənəl

**illnesses**  
ɪlnəsɪz

**wishes**  
wɪʃɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**per**  
pɜː

**Gate**  
geɪt

**purposely**  
pɜːpʊslɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**touch**  
tʌtʃ

**s'**

**disappeared**  
dɪsəvɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**immersed**  
ɪməst

**background**  
bækgrəʊnd

**apparently**  
əp'rentli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mystical**  
mɪstɪkl

**numerous**  
numərəs

**worry**  
wəri

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**souhaits, souhait, souhaiter,  
espérer**

FlashCards-English-French-Level-A1

**les maladies, maladie**

FlashCards-English-French-Level-A1

**externe**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**à dessein, expres**

**la porte, porte**

**par, dans**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**a disparu, disparaître**

**éteindre**

**, émouvoir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**apparement, évidemment, en  
apparence**

**arrière-plan, trame, fond**

**immergé, immerger**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**, inquiéter, harceler, souci**

**nombreux**

**mystique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rejected**  
rɪdʒek्ट

**various**  
vərɪəs

**worried**  
wɔːid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**specialness**

**protection**  
prətɛkʃn

**demands**  
dɪmændz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**threatened**  
θreɪnd

**criticized**  
kriticized

**attacked**  
atæk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**received**  
rɪsiːv

**highly**  
haɪlɪ

**sexy**  
sɛksi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**awkward**  
ɔːkwəd

**clumsy**  
klʌmzi

**sweaty**  
swetɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**inquiet, inquiéter**

**divers**

**rejetée, rejeter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**demandes, demande, exigence,  
exiger**

**protection**

**la spécificité**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**attaqué, attaque, attaquer,  
apostropher**

**critiqué, critiquer**

**menacé, menacer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sexy**

**hautement, extremement**

**reçu, recevoir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**en sueur**

**empoté, gauche, lourd, maladroit**

**maladroit, gauche, embarrassant,  
inconvenant**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Gross**  
grɔs

**ugly**  
ʌgli

**weak**  
wik

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**respected**  
rɪspektɪd

**honored**  
ənəd

**unique**  
junik

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pedestal**  
pɛdəstəl

**sou**

**glory**  
glɔri

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**prevent**  
prɪvənt

**defensiveness**  
dɪfənsɪvnəs

**selfishness**  
selfɪʃnəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**criticizing**  
kriticizɪŋ

**rejection**  
rɪdʒekʃn

**judgment**  
dʒʌdʒmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**faible, débile**

**laid, moche, vilain**

**brut, dégoutant, dégueulasse,  
grossier, grossiere, grosse**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**unique**

**honoré, honneur, honorer**

**respecté, respect, respecter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**gloire**

**lever**

**piédestal**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**l'égoïsme, égocentrisme, égoïsme**

**l'attitude défensive**

**prévenir, empêcher**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**jugement, sentence, verdict,  
jugement dernier**

**refus, rejet**

**critiquer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**defend**  
difēnd

**nest**  
nēst

**destroying**  
dīstrīdīng

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**banishing**  
bænɪʃɪŋ

**erasing**  
ɪrəzɪŋ

**grumble**  
grʌmbl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**assert**  
əsət

**acknowledge**  
æknaɪldʒ

**desires**  
dīzāɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**simultaneously**  
saimwlteɪniəslɪ

**forth**  
fɔrθ

**shapes**  
ʃeɪps

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**de montagnes**

**immerse**  
ɪməs

**express**  
ɪkspres

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>détruisant, détruire, euthanasier</b>	<b>nid, patelin</b>	<b>défendre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, grondement, gargouillement, grognement</b>	<b>l'effacement, effacer, s'effacer</b>	<b>le bannissement, bannir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>désirs, désirer, désir</b>	<b>reconnaitre, accuser réception, certifier</b>	<b>affirmer, attester, asseoir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>formes, forme</b>	<b>avant, en avant</b>	<b>simultanément</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>express, exprimons, exprimez, exprimer, expriment</b>	<b>immerger</b>	<b>, cuisiniere, sélection, gamme, champ</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**oneself**  
wʌnsəlf

**textures**  
tɛkstʃəz

**thrum**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cover**  
kʌvər

**newsroom**  
nuːzruːm

**medium**  
miːdiəm

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**max 10 years imprisonment  
according to law**

**s**  
ɛs

**plane crash**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**break out**

**scramble**  
skræmbəl

**tensions**  
tɛntʃənz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**storm**  
wɔːrm

**rise**  
raɪz

**stability**  
stəbɪlɪti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le grondement</b>	<b>textures, texture</b>	<b>soi-même, soi-meme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>milieu, médium, support, média, moyen, demi-anglais</b>	<b>salle de presse, salle de rédaction</b>	<b>, couvercle</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>Un accident d'avion</b>		<b>crime (15 years and more) (nothing strictly between 10 and 15)</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tensions, tension, traction</b>	<b>, brouiller</b>	<b>S'échapper</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>stabilité</b>	<b>hausse, remonte, élévation, debout, surcroît</b>	<b>tempête, orage</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**episodes**  
ερισούδζ

**chaotic**  
κειωτικός

**stable**  
σταθερός

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**embraced**  
εμβρειστ

**smiled**  
σμαϊλδ

**flux**  
flʌks

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**1**

**realizing**  
ριαλιζίη

**whenever**  
wενενενε

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**episode**  
ερισούδζ

**levels**  
λεβλζ

**flowing through**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**freeze**  
fριζ

**debris**  
dʌbri

**everflowing**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**étable, écurie, stable, ferme**

**chaotique**

**éisodes, épisode**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**décapant, flux**

**souriait, sourire**

**embrassée, étreindre, embrasser,  
accolade**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**chaque fois que**

**la réalisation, réaliser, se rendre  
compte, prendre conscience**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**qui s'écoule**

**niveaux, plat, a ras, au même  
niveau, constant, niveau**

**épisode**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**toujours plus abondante**

**débris**

**geler, congeler, gelez, gèlent,  
gelons, gelent, geler**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**abandoned**  
əbændənd

**interrupted**  
ɪntərptɪd

**quicken**  
kwɪkən

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**sudden**  
sʌdn

**predictions**  
pridɪkʃənz

**fantasies**  
fæntəsiz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**couple**  
kʌpl

**itinerary**  
aɪtɪnəri

**opportunities**  
əpətʊnətiz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**exploration**  
ɛksplɔːreɪʃn

**themselves**  
ðəmselfz

**illusion**  
ɪluʒn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**minimally**  
mɪnɪməli

**guests**  
gəsts

**complain**  
kəmplein

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'accélération</b>	<b>interrompu, interrompre, couper</b>	<b>abandonnée, abandonner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fantasmes, fantaisie, imaginaire, fantasme, fantasy</b>	<b>des prévisions, prédiction</b>	<b>soudain, soudaine, subit</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des opportunités, occasion, opportunité, occasion favorable</b>	<b>itinéraire</b>	<b>couple, paire, époux, quelques, deux ou trois., coupler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>illusion</b>	<b>eux-mêmes, se, eux-memes, elles- memes</b>	<b>l'exploration, exploration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, porter plainte</b>	<b>invités, invité, invitée, hôte, client</b>	<b>de façon minimale</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**dreading**  
drɛdɪŋ

**fearing**  
fɪrɪŋ

**replace**  
rɪplæs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**more open**

**wonder**  
wʌndə

**stance**  
stæns

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**openness**  
oʊpənəs

**freedom**  
frɪdm

**visualized**  
vɪzvəlaɪzd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**objectives**  
əbdʒektɪvz

**in truth**

**emerge**  
ɪmədʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**relentlessly**  
rɪləntlɪsli

**flow through**

**fantasizing**  
fæntəsaɪzɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>remplacer</b>	<b>craindre, peur</b>	<b>redouté, redouter, craindre, crainte</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>position, posture, attitude, point de vue</b>	<b>merveille, se demander, conjecturer</b>	<b>plus ouvert</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>visualisée, visualiser</b>	<b>la liberté, liberté</b>	<b>l'ouverture, franchise</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>émerger, sortir</b>	<b>en vérité</b>	<b>objectifs, objectif, objective</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fantasmer</b>	<b>s'écouler</b>	<b>sans relâche</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**excitedly**  
ɪksətɪdlɪ

**Grocery**  
grəsɔːrɪ

**store**  
stɔːr

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**taste**  
teɪst

**kale**  
keɪl

**lettuce**  
lɛtʌs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**taste**  
teɪst

**Bitter**  
bɪtə

**memory**  
məməri

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**favorite**  
feɪvərɪt

**stir**  
stɪr

**fry**  
frɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**more palatable**

**drastic**  
dræstɪk

**shock**  
ʃɑːk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>magasin, entrepôt, stock, stocker, conserver</b>	<b>l'épicerie, épicerie</b>	<b>avec enthousiasme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>laitue, salade, oseille</b>	<b>du chou frisé, chou frisé</b>	<b>goût, gout, saveur, avant-gout, gouter, avoir un gout</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mémoire, souvenir</b>	<b>amère, amer, saumâtre</b>	<b>, gout, saveur, avant-gout</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>alevins, fris, frisont, frire, frisons, frisez</b>	<b>remuer, affecter</b>	<b>préféré, favori</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>choc, choquons, offusquer, choquez, choquer, secouer</b>	<b>draconien, drastique</b>	<b>plus acceptable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**buds**  
bʌdz

**adjusting**  
ədʒəstɪŋ

**soymilk**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tempeh**

**quinoa**

**count**  
kaʊnt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tofu**  
toʊfu

**undergo**  
ʌndəgoʊ

**reject**  
rɪdʒekt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**room temperature**

**be shocked**

**plunge**  
plʌndʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**drops**  
drɔps

**mal**  
mæl

**freezing**  
fjuɪzɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**du lait de soja**

**l'adaptation, ajuster**

**bourgeons, bourgeon**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**compter, comptent, comptez,  
comptons, comte**

**quinoa**

**du tempeh, tempeh**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rejeter**

**subir**

**tofu, tofou**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**plonger**

**être choqué**

**température ambiante**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la congélation, polaire,  
solidification, anesthésie**

**mal**

**gouttes, goutte**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**adapt to**

**dip in**

**slightly**  
**slætli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**ultramarathon**

**progression**  
**prəgrɛʃn**

**noticeable**  
**nəʊtɪsəbl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**barely**  
**bɛrli**

**adapt**  
**ədæpt**

**troubleshoot**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**practical**  
**præktykl**

**reference**  
**rɛfɛrsəns**

**troubles**  
**trʌbəlz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**bumps**  
**bʌmps**

**drop-dead**

**encouraging**  
**ənkeɪdʒɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>légèrement, finement, délicatement, légerement</b>	<b>plonger</b>	<b>s'adapter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>perceptible, repérable, détectable, remarquable</b>	<b>progression</b>	<b>ultramarathon</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
, rench: t-needed r	<b>adapter, s'adapter, adapté</b>	<b>à peine, a peine</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des problèmes, peine, mal, probleme, emmerde, fr</b>	<b>référence, recommandation, faire référence a, référencer</b>	<b>pratique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>encourageant, encourager</b>	<b>de tomber raide mort</b>	<b>bosses, bourrade, boum, bosse, saillie, ballon</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**supportive**  
*ſtrədɪv*

**pushup**  
*pʊʃʌp*

**Vegetarian**  
*vɛdʒətəriən*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**resistant**  
*rɪzɪſtənt*

**par**  
*par*

**resist**  
*rɪzɪſt*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**asparagus**  
*æſgrædʒəs*

**goldfish**  
*gouldfiʃ*

**crackers**  
*kuækəz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pizza**  
*pitsə*

**tempt**  
*tempt*

**abandon**  
*ʌbændən*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**changer**  
*tʃeindʒə*

**toughest**  
*tʌfʌst*

**board**  
*bɔrd*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

végétarien, végétarienne, herbivore

pushup

de soutien

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

résister

paring

résistante, résistant

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

des crackers, cracker, qualifier

poisson rouge, carassin doré, rench:  
t-needed r

asperges, asperge

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

abandonner, renoncer,  
abandonnent, abandonnons,  
délaisser

, tenter, attirer

pizza

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

conseil d'administration, planche

le plus difficile, dur

changeur

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**significant other**

**scenario**  
sɪnərɪəʊ

**enthused**  
ɪnθuɪzd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**thinking process**

**asked to come**

**side**  
saɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fair**  
fɛə

**con**  
kən

**appealing to**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**affected**  
əfɛktɪd

**call on**

**buddy**  
bʌdi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unconsciously**  
ʌnkanʃnslɪ

**threaten**  
θreθən

**sodas**  
soʊdəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>enthousiaste, enthousiasmer</b>	<b>scénario</b>	<b>conjoint(e)</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sider</b>	<b>demandé de venir</b>	<b>le processus de réflexion</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>attrayant</b>	<b>con, arnaquer</b>	<b>équitable, blond, exposition, foire, marché, kermesse, juste</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>copain, camarade</b>	<b>Appeler</b>	<b>affectée, affecter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sodas, carbonate de soude, soude, eau pétillante</b>	<b>, menacer</b>	<b>inconsciement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**defensively**  
**difensivli**

**criticizes**  
**kritiziz**

**implicitly**  
**implisativli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Obviously**  
**abviatsli**

**Threatens**  
**θretənz**

**attack**  
**atæk**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**react**  
**riækt**

**reconsider**  
**rikonsidir**

**helpful**  
**helpfvl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bad habits**

**appreciated**  
**əprɪʃeitid**

**resend**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**defensive**  
**difensiv**

**persuasion**  
**pəswəzvn**

**inspired**  
**inspirid**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>implicitement</b>	<b>critique, critiquer</b>	<b>sur le plan défensif</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>attaque, attaquer, apostrophier, invectiver</b>	<b>menace, menacer</b>	<b>clairement, évidemment</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>utile, serviable</b>	<b>reconsidérer</b>	<b>agir de nouveau, encore agir, réagir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, renvoyer</b>	<b>appréciée, etre reconnaissant de, apprécier a sa juste valeur</b>	<b>de mauvaises habitudes</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>inspirée, inspirer</b>	<b>la persuasion, persuasion</b>	<b>défensif</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**convince**  
kʌnvɪns

**kooky**  
kuki

**watch TV**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**annoying**  
ɪnɔɪvɪŋ

**minimum amount**

**resentful**  
rɪzɛntfʊl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**criticize**  
kriticizer

**cessation**  
seseɪʃən

**networking**  
netwɜːkɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**educate**  
ɛdʒəkeɪt

**understandable**  
ʌndəstændəbl

**homeschool**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**extended**  
ɪkstendɪd

**opposed**  
əpəʊzd

**widely**  
waɪdli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>regarder la télévision</b>	<b>bizarre, dingue</b>	<b>convaincre, persuader</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rancunier</b>	<b>montant minimum</b>	<b>ennuyeux, gêner, ennuyer, embêter, agacer, asticoter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la mise en réseau, mise en réseau</b>	<b>l'arrêt, cessation</b>	<b>critiquer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>l'école à domicile</b>	<b>compréhensible</b>	<b>éduquer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>largement, généralement, fréquemment, communément</b>	<b>opposée, s'opposer à, opposer</b>	<b>étendu, étendre, prolonger</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**education**  
ɛdʒəkeɪʃn

**patient**  
peɪʃnt

**pushy**  
pʊʃi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Prove**  
prv

**drone**  
drɔːn

**Documentaries**  
dakjʌməntəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sources**  
sɔ:s

**insists**  
ɪnsɪst

**available**  
ævələbl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**being patient**

**be patient**

**obnoxious**  
əbnəkʃəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**attitude**  
æt̬t̬tud

**more successful**

**required**  
rɪkwaɪrɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>insistante, ambitieux, arriviste</b>	<b>patient, patiente, malade</b>	<b>l'éducation, éducation, enseignement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des documentaires, documentaire</b>	<b>drone, faux-bourdon</b>	<b>prouver, éprouvent, éprouvons, éprouvez, prouvent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>disponible</b>	<b>insiste, insister</b>	<b>sources, source</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>odieux</b>	<b>être patient</b>	<b>être patient</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>nécessaires, exiger, demander, avoir besoin de, requérir</b>	<b>plus réussie</b>	<b>posture, état d'esprit, attitude</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**lean out**

**experiments**  
*ɛksperimənts*

**handstands**  
*hændstændz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**challenged**  
*tʃæləndʒd*

**gorge**  
*gɔrç*

**competition**  
*kampṭiʃn*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**support**  
*srɔ:pt*

**achieve**  
*ətʃiv*

**overcame**  
*əvəkem*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fitness**  
*fitn̩s*

**vegetarianism**  
*vɛdʒətəriənizm*

**recipes**  
*ri:sipiz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**possibilities**  
*pasibilitiz*

**overnight**  
*əvənɔ:t*

**affecting**  
*əfekting*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des mains, équilibre, appui tendu renversé</b>	<b>des expériences, expérience, expérimenter</b>	<b>se pencher</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la concurrence, compétition, concurrence, concours</b>	<b>gorge, ravin</b>	<b>contestée, défi, challenge, défier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>surmonté, vaincre, surmonter, envahir</b>	<b>atteindre, accomplir, réaliser</b>	<b>appuyant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des recettes, recette</b>	<b>le végétarisme, végétarisme</b>	<b>la forme physique, condition physique, fitness</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>affectant, affecter</b>	<b>pendant la nuit, du jour au lendemain, nocturne, nuitée</b>	<b>possibilités, possibilité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**involve**  
**invalv**

**struggling with**

**after work**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**unusual**  
**ʌnjuːzvəl**

**hectic**  
**hɛktɪk**

**shame**  
**ʃeɪm**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**getting back**

**embarrassed**  
**ɪmbərəst**

**got stuck**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**impossible**  
**ɪmpəsəbl**

**overstate**  
**oʊvərsteɪt**

**quagmire**  
**kwægmaɪə**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**more harmful**

**compounded**  
**kʌmpaʊndɪd**

**more positive**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**après le travail**

**Lutter avec**

**collaborer, impliquer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la honte, honte, vergogne**

**trépidant, agité, hectique**

**inhabituel, insolite, inusuel**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**être coincer**

**embarrassé, embarrasser, gêner**

**à revenir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**bourbier, marais, marécage**

**surestimer, exagérer**

**impossible, insupportable**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**plus positive**

**composé**

**plus nuisible**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**insidious**  
ɪn'sɪdɪəs

**counter**  
kaʊntə

**effect**  
ɪfekt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tough**  
tʌf

**slip**  
slɪp

**countless**  
kaʊntləs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**objects**  
əb'dʒekts

**matters**  
mætəz

**majority**  
maɪ'ɔrəti

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**counts**  
kaʊnts

**vast**  
væst

**get going again**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**falling down**

**lacking**  
lækɪŋ

**long hours**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**effet, effets, effectuer**

**compteur, numérateur, jeton**

**insidieux**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**innombrables, incalculable,  
innombrable**

**glisser, fiche, lapsus, patiner**

**dur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**majorité**

**questions, matière, affaire,  
question, cause**

**, vie (persons), éternité**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**se remettre en marche**

**vaste**

**compte, comte**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de longues heures**

**manquant, manquer de qqch**

**en train de tomber**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**manage**  
mænɪdʒ

**strength**  
st्रεŋkθ

**conditions**  
kʌndɪʃənz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lasts**  
læsts

**maintain**  
meɪnten

**fortunately**  
fɔrtʃvnlty

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**stay up**

**octane**  
æktein

**burnt out**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dragging**  
drægɪŋ

**affect**  
ɛfekt

**fresh**  
frɛʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ironically**  
aɪronɪkli

**call and tell**

**eliminate**  
ɪlɪmɪneɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>conditions, condition</b>	<b>la force, force, vigueur, effectif, point fort</b>	<b>gérer, ménager, diriger, manier, parvenir, réussir, accomplir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>heureusement, par bonheur, par chance</b>	<b>entretenir, maintenir</b>	<b>dure, dernier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>épuisé</b>	<b>octane</b>	<b>rester debout</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>frais</b>	<b>affecter, affectez, influer, concernant, affectons</b>	<b>traînant, tirer, entraîner</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>éliminer, tuer, rench: t-needed r</b>	<b>appeler et dire</b>	<b>ironiquement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**overwhelm**  
**əʊvə'welm**

**item**  
**ɪtem**

**communication**  
**kʌmjuːnɪkeɪʃn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**disconnect**  
**dɪskʌnekt**

**overload**  
**əʊvə'ləud**

**mediums**  
**mi'diəmz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**inflow**  
**ɪnfləʊ**

**limit**  
**lɪmɪt**

**at the end of the day**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**breathing exercise**

**remind**  
**ri'maɪnd**

**notifications**  
**noʊtɪfɪkेशन्स**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**breath**  
**breθ**

**keyboard**  
**ki'bɔ:d**

**fingers**  
**fi'ŋgəz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la communication, communication, message</b>	<b>article, truc, point</b>	<b>l'écrasement, abreuver, accabler, envahir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>les supports</b>	<b>surcharger, surcharge</b>	<b>déconnecter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>à la fin de la journée</b>	<b>limite, circonscrivez, limitons, circonscrivons, limitez</b>	<b>l'afflux d'argent, afflux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>notifications, notification</b>	<b>rappeler</b>	<b>un exercice de respiration</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>doigts, pointer, tripoter, doigter</b>	<b>clavier, clavier électronique</b>	<b>, souffle, haleine</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**tap**  
tæp

**devices**  
dɪ'veɪsəz

**backburner**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**s'**

**pushing**  
pʊʃɪŋ

**seven days**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**defined**  
dɪ'faɪnd

**minimal**  
mɪnɪ'məl

**anticipating**  
æntɪs'peɪtɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**techniques**  
tɛkniks

**gauge**  
geɪdʒ

**assessment**  
ə'sesmənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bad habit**

**complexities**  
kʌmplɛksɪtiz

**additional**  
əd'dɪʃnəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**en veilleuse**

**des appareils, appareil, dispositif,  
stratagème, ruse, manœuvre**

**l'écoute**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sept jours**

**poussant, pousser**

**approcher (de)**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**anticiper, prévoir**

**minimale, minimum, minimaliste**

**défini, déterminer, définir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**évaluation, estimation**

**jauge, gabarit, étalon, mesurer,  
estimer, jauger**

**techniques, technique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**supplémentaires, additionnel**

**complexités, complexité**

**mauvaise habitude**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**recommend**  
rεkʌmənd

**versions**  
vɜːzʌnz

**luckily**  
lʌkli

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**justify**  
dʒʌstɪfai

**doable**  
duvbl

**justifications**  
dʒʌstɪfɪkeɪʃnz

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**Bull**  
bul

**load**  
ləud

**trustworthy**  
trʌstwəði

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**pure**  
pjʊr

**bliss**  
blɪs

**contentment**  
kʌntentmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**get tough**

**weaseling**

**plagued**  
pleɪgd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>heureusement</b>	<b>versions, version</b>	<b>recommander, adviser, checkconseiller, checkrecommander</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>justifications, justification</b>	<b>faisable</b>	<b>justifier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>de confiance, digne de confiance, digne de foi, fiable</b>	<b>charge, chargement, fardeau</b>	<b>le taureau, taureau</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le contentement, contentement</b>	<b>bonheur, béatitude, félicité</b>	<b>pure, pur, pudique</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>en proie à des difficultés, peste, fléau, plaie</b>	<b>l'évasion, belette, belette d'Europe, belette pygmée</b>	<b>devient difficile</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**count down**

**mark**  
**mark**

**elsewhere**  
**ɛlswɛr**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**forum**  
**forvm**

**triggered**  
**tɪgəd**

**notebook**  
**noutbuk**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**triggers**  
**tɪgəz**

**smokers**  
**smoukəz**

**smoked**  
**smoukt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tally**  
**tæli**

**chewing**  
**tʃuɪŋ**

**sur**  
**sɔ-**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**nails**  
**neɪlz**

**s**  
**ɛs**

**template**  
**templət**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**ailleurs**

**marque, Marc**

**compte à rebours**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**cahier, calepin, notebook, laptop,  
ordinateur portatif**

**déclenché, détente, gâchette,  
actionneur, activateur**

**forum**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**fumé, fumée**

**fumeurs, fumeur, fumeuse**

**déclencheurs, détente, gâchette,  
actionneur, activateur**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**mastication, mâcher, mordiller,  
mastiquer**

**tally, compte**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**modèle, gabarit, calibre, patron,  
réglette**

**clous, ongle**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**socialize**  
**səʊʃəlaɪz**

**case**  
**keɪs**

**sadness**  
**sædnəs**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**replacements**  
**rɪplæsmentz**

**journaling**

**especially**  
**ʌspeʃli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**cold turkey**

**cut back**

**eliminating**  
**ɪlɪmɪneɪtɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**reduction**  
**rɪdʌkʃn**

**cigarette**  
**sigaret**

**reducing**  
**rɪdusɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**recent**  
**rɪsənt**

**ports**  
**ɔrcts**

**lines up**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tristesse, malheur</b>	<b>cas, affaire, fouille, étui, chose</b>	<b>fréquenter des gens, voir des gens, développer l'aspect social</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>spécialement, particulièrement, surtout, en particulier</b>	<b>le journal, revue</b>	<b>des remplaçants, remplaçant, substitut</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>éliminant, éliminer, tuer, rench: - neededr</b>	<b>réduire</b>	<b>sevrage brutal</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réduisant, réduire, diminuer, fr</b>	<b>cigarette</b>	<b>réduction</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'alignent</b>	<b>ports, port</b>	<b>récente, récent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**importance**  
ɪm'pɔːrəns

**boredom**  
bɔːrədəm

**brows**  
brɔːz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mechanisms**  
mɛkənizmz

**cop**  
kɔp

**squats**  
skwɔts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**stressful**  
stresfʊl

**paperwork**  
peɪpərwo:k

**savor**  
seɪvə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**running away**

**dissatisfaction**  
dɪsætɪsfækʃn

**worthwhile**  
wɜθwaɪl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tackle**  
tæk'l

**illuminate**  
ɪlumɪneɪt

**se**  
sə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la navigation</b>	<b>l'ennui, ennui</b>	<b>importance</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>squats, s'accroupir</b>	<b>l'adaptation</b>	<b>mécanismes, mécanisme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>savourer, priser</b>	<b>la paperasserie, tâches administratives</b>	<b>stressante, stressant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>qui en vaut la peine, de valeur, valant la peine</b>	<b>l'insatisfaction, insatisfaction, mécontentement</b>	<b>en train de s'enfuir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>cacher</b>	<b>éclairer, illuminer</b>	<b>, tacle, combattre, affronter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**squashing**  
skwæʃɪŋ

**tremendous**  
trʌməndʊs

**roar**  
rɔːr

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**counterarguments**

**respect**  
rɪspɛkt

**squash**  
skwæʃ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rebut**  
rbʌt

**pre**  
pri

**critical**  
kriːtɪkəl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**perfectly**  
pəfekteɪtlɪ

**realistic**  
riːalɪstɪk

**awesome**  
əwesom

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**as planned**

**attaching**  
ətætʃɪŋ

**torture**  
tɔːrtʃə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rugir, hurler, s'esclaffer, rire aux éclats**

**formidable**

**l'écrasement, entasser, écraser**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la courge, potiron**

**respect, respecter**

**des contre-arguments, contre-argument**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**critique**

**pré**

**réfuter**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**génial**

**réaliste**

**parfaitement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la torture, torture, torturer**

**attacher**

**comme prévu**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Automation**  
ɔtəmeɪʃn

**juggle**  
dʒʌgl

**crashing**  
k्रæʃɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**falter**  
fɔlt̪

**more solid**

**established**  
ɪstæblɪʃt̪

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rebuild**  
rɪbɪld

**newly**  
nəli

**Sprints**  
sprɪnts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**stuck on**

**automatically**  
ɔtəmætɪkli

**repetitions**  
rəpətɪʃnz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tying**  
taiṇ

**responses**  
rəpɒnsɪz

**route**  
r̪ut

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se bloquer, fracas</b>		<b>l'automatisation, automatisation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>établie, affermir, établir</b>	<b>plus solide</b>	<b>faiblir, vaciller</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>les sprints, sprint</b>	<b>nouvellement, récemment</b>	<b>reconstruire</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>répétitions, répétition</b>	<b>automatiquement</b>	<b>coincé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>itinéraire, parcours, chemin, acheminement</b>	<b>des réponses, réponse</b>	<b>la mise en place d'un lien, attacher</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**signals**  
sɪgnəlz

**oak**  
oʊk

**success rate**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Automated**  
ɔtəmeɪtɪd

**maintenance**  
meɪntənəns

**safely**  
seɪflɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**semi**  
səmi

**mode**  
moʊd

**consistency**  
kənsistənsi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**toss**  
tɔs

**lightly**  
lætli

**advantage**  
ædvæntɪdʒ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**potential**  
pətənʃəl

**stuck to**

**pressure**  
p्रेərɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>taux de réussite</b>	<b>chêne, chene, chenes</b>	<b>des signaux, signal, signaler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>prudemment, en toute sécurité</b>	<b>entretien, maintenance</b>	<b>automatisé, automatiser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>cohérence, consistance</b>	<b>mode, manière</b>	<b>semi</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>avantage, avantager, favoriser</b>	<b>légèrement, légerement</b>	<b>de la balle, jet, au pile ou face, tirage au sort, lancer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>pression</b>	<b>collé</b>	<b>possibilité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**messed**  
mɛst

**lapse**  
læps

**anniversaries**  
ənʌvərəsəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**spreadsheet**  
sprɛdʃɪt

**exceptions**  
ɪksɛpʃənz

**advance**  
ədvæns

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**violated**  
vaɪləteɪd

**split**  
splɪt

**sank**  
sæŋk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**punishment**  
pʌnɪsmənt

**protesting**  
prətɛstɪŋ

**violate**  
vaɪləteɪt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**spared**  
spɛrd

**defeat**  
dɪfit

**favor**  
feɪvər

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>anniversaires, anniversaire, anniversaire de mariage</b>	<b>laps de temps, erreur, faute</b>	<b>en désordre, désordre, gâchis</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>élever, avancer, avancée, progression, avance, souscription</b>	<b>exceptions, exception</b>	<b>tableur, chiffrier, feuille de calcul</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>a coulé, couler, s'enfoncer, évier, lavabo</b>	<b>divisé, fissure, division, fragment, morceau, grand écart</b>	<b>violé, violer, transgresser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>violer, transgresser</b>	<b>protester, protestation, manifestation</b>	<b>punition, châtiment</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>favorable, faveur, favoriser</b>	<b>la défaite, vainquent, vainquez, défaite, vaincre, vainqons</b>	<b>épargnée, espar</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

s'

panel  
pænl

collapsing  
kɒlæpsɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

sets  
sæts

gear  
gɪə

basketball  
bæskətbɔl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

players  
pleɪz

shot  
ʃat

straight  
st्रeit

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

spelled out

propose  
prɒpəz

subtract  
sʌbtrækt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

Total  
toutl

site  
saɪt

streaks  
striks

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>s'effondrer, effondrement</b>	<b>panel, panneau, table ronde, case, incliner devant, saluer d'un signe de vignette, g</b>	<b>tête</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>basket-ball, basketball, ballonanier</b>	<b>l'engrenage, panoplie, matériel, matos, engrenage, vitesse</b>	<b>des ensembles, Seth</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>droit, rectiligne, comme il faut, pur, pure, hétéro, tout droit</b>	<b>tir, tirai, tiré, tirâmes, tirèrent, tira</b>	<b>joueurs, joueur, joueuse, acteur, actrice, comédien, comédienne</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>soustraire</b>	<b>proposer, demander en mariage</b>	<b>en toutes lettres</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>des stries, raie, chésias du genet</b>	<b>site</b>	<b>total, somme, entier, tout, totaliser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**bonus**  
*bôñus*

**before the noun'**

**best possible**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**score**  
*skôr*

**plus**  
*plas*

**remain**  
*reîmîn*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**aim**  
*eim*

**day trip**

**average**  
*ævêrdz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**congratulations**  
*kongräetjâleizhunz*

**issued**  
*izjud*

**winner**  
*wînîz*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**go wrong**

**issues**  
*izuz*

**Major**  
*meidž*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le meilleur possible</b>	<b>, ('in names of monarchs and popes') sept ('after the name') ('abbreviation' VII)</b>	<b>bonus, prime</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>reste, rester, demeurer</b>	<b>plus, positif, positive</b>	<b>nombre de point oints, score, note, vingtaine</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>moyenne</b>	<b>une excursion d'une journée</b>	<b>objectif, visez, dgsein, mire, visons, but, peiner, visent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>gagnant, gagnante, vainqueur, vainqueuse</b>	<b>émis, sortie, émission, livraison, délivrance, drain</b>	<b>félicitations, félicitation</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>majeur, de taille, tres important, plus grand, plus important</b>	<b>questions, sortie, émission, livraison, délivrance</b>	<b>Aller mal</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**struggle**  
**strʌgl**

**California**  
**kælɪfərniə**

**lead**  
**lɛd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**logistical**  
**lɒdʒɪstɪkl**

**workload**  
**wɜːklɔːd**

**top**  
**tɔp**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**struggles**  
**strʌglz**

**grieving**  
**grɪvɪŋ**

**law**  
**lɔ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pull together**

**unrhyming**

**poem**  
**pɔɪm**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ego**  
**ɪɡoʊ**

**poet**  
**pɔɪət**

**attachments**  
**ətætʃmənts**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dirigé**

**californie**

**, lutte, lutter, s'efforcer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**haut, dessus, sommet, couvercle,  
hune, premiere demi-manche**

**charge de travail**

**logistique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**loi**

**le deuil, avoir du chagrin**

**des luttes, lutte, lutter, s'efforcer,  
combattre**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**poème, poeme**

**sans rime**

**s'unir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**les pièces jointes, attachement,  
dépendance**

**poète, poete**

**l'ego, moi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**contemplated**  
kəntəmplɪteɪt̬d

FlashCards-English-French-Level-A1

**insufficient**  
ɪnſɪfɪʃənt̬

FlashCards-English-French-Level-A1

**switch**  
swɪt̬ʃ

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**requires**  
rɪkwaɪz̬

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**predict**  
prɪdɪkt̬

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**themes**  
θɪmz

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**life situation**

**central theme**

**throughout**  
θruːət̬

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**passenger**  
pæsəndʒ̬ə

**seat**  
sit

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**fleetingness**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**beyond belief**

**relatively**  
rəlatɪvli

**tropical**  
tropɪkl̬

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>, interrupteur, aiguille, aiguillage</b>	<b>insuffisante, insuffisant</b>	<b>envisagée, envisager, étudier, contempler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>thèmes, theme</b>	<b>prédir</b>	<b>exige, exiger, demander, avoir besoin de, requérir, nécessiter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tout au long de l'année, tout au long de, durant</b>	<b>le thème central</b>	<b>situation de vie</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>fugacité</b>	<b>siège, place, siege, assise, séant, fond</b>	<b>passager</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>tropicale, tropical</b>	<b>relativement</b>	<b>Incrovable</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**optimism**  
aptimizm

**scar**  
skar

**move for**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**network**  
nætwək

**nearly**  
nɪli

**hearts**  
harts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**frozen**  
frouzvn

**Tears**  
tεrz

**house-hunting**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**first night**

**blankets**  
blæŋkts

**numb**  
nʌm

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**central heating**

**hot and humid**

**unheard**  
ʌnhəd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**se déplacer pour**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**des cœurs, cœur**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**Recherche de maison**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**gourd, engourdi, engourdir,  
endormir, anesthésier**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**non entendue**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**presque**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**des larmes, larme**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**couvertures, couverture, général,  
recouvrir, couvrir**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**chaud et humide**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**tissus, réseau, réseau informatique,  
réseauter**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**gelé, geler**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**première nuit**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**le chauffage central**

Zen habits (c) readings.world

**warm up****survived**  
sə'veɪvd**Venture**  
vɛntʃə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**scares**  
skɛəz**crap**  
kruæp**diagnosed**  
daɪagnəst

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**injury**  
ɪndʒəi**natural disaster****Transitioning**  
trænsɪʃənɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**role**  
rɔ:l**phase**  
feɪz**confuses**  
kʌnfjuzɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**à****accountant**  
əkəʊntənt**unemployed**  
ʌnɛmplɔɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**venture, s'aventurer, risquer, oser**

**a survécu, survivre**

**s'échauffer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**diagnostiquée, diagnostiquer**

**de la merde**

**des frayeurs, cicatrice**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**en transition, transition**

**une catastrophe naturelle**

**blessure**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**confond, rendre perplexe,  
confondre**

**phase**

**rôle**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sans emploi**

**comptable**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**comer**  
kʌmər

**York**  
jɔ:k

**actual loss**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**identity**  
aɪdɛntiti

**income**  
ɪnkom

**newbies**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reinvention**  
ri:vju:nʃən

**pronounced**  
prənu:nst

**figuring**  
fɪgjʊ:tɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**passion**  
pæʃn

**unattached**  
ʌnətæ:tʃt

**seriously**  
sɪrɪslɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**complain**  
kʌmpléɪn

**undergoing**  
ʌndəgo:ɪŋ

**midst**  
mɪdst

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la perte réelle**

**york, Yorck, Yorque**

**comer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**les débutants, néophyte, béotien,  
débutant, profane**

**revenus, revenu, recette**

**l'identité, identité**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**la figuration, figure, forme,  
personnage, personnalité**

**prononcée, déclarer, prononcer,  
déclamer, lire**

**réinvention**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sérieusement, gravement, sérieux**

**sans attaches**

**passion**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**centre, milieu**

**en cours, subir**

**se plaindre, porter plainte**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

wallow  
wələʊ

pity  
pɪti

overlap  
əʊvəlæp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

sibling  
sɪblɪŋ

grandpa  
grændpɑ

hero  
hɪruː

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**publishing company**

**published**  
pʌblɪʃt

**decades**  
dɛkeɪdz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

pipe  
paɪp

existence  
ɛgzɪstəns

suddenly  
sʌdnli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

Dearly  
dʒili

siblings  
sɪblɪŋz

sob  
sab

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**chevaucher, rench:** avoir une intersection commune avec

FlashCards-English-French-Level-A1

**compassion, pitié, dommage, honte, plaindre, avoir pitié de**

FlashCards-English-French-Level-A1

**se vautrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**héros, protagoniste**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**grand-père, papi, papy**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**frère ou sœur, frere et sour, adelphe, fratrie, germain**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**décennies, décennie, dizaine, décade**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**publié, publier**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**une maison d'édition**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**soudain, soudainement, tout d'un coup**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**l'existence, existence**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**cornemuse, conduit, tuyau, barre verticale, tube, pipe**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**, fdp**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**frères et sœurs**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**chèrement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dazed**  
*deɪzd*

**wrap**  
*ræp*

**mom**  
*mam*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**grieve**  
*grɪv*

**most difficult**

**human**  
*hjumən*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**heal**  
*hil*

**stormy**  
*sturmī*

**la santé**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**whomever**  
*humevər*

**dead**  
*dɛd*

**evanescence**  
*EVΛNEΣΛNS*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cherished**  
*tʃerɪʃt*

**allows**  
*ələʊz*

**influenced**  
*ɪnfluənst*

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>maman</b>	<b>l'emballage, langer, envelopper</b>	<b>étourdi, stupéfaction, étourdir, abasourdir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>humain</b>	<b>le plus difficile</b>	<b>faire son deuil, chagriner, affliger, affligeons, affligent</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
	<b>orageux</b>	<b>guérir, cicatriser</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>évanescence</b>	<b>morts, mort, milieu, cour, profondeurs</b>	<b>qui que ce soit, n'importe qui</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>influencée, influence, influencer, influer</b>	<b>permet, laisser, accorder, permettre</b>	<b>chérie, chérir, tenir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**Stark**  
**stɑ:k**

**spur**  
**spɜ:**

**dissolve**  
**dɪzəlv**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**losses**  
**lɒsɪz**

**most severe**

**limb**  
**lɪm**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**youth**  
**juθ**

**romantic**  
**rəʊmæntɪk**

**breakup**  
**b'reɪkʌp**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**divorce**  
**drɔ:vəs**

**divorced**  
**drɔ:vəst**

**condition**  
**kəndɪʃn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**drastically**  
**dræstɪkli**

**destroy**  
**dɪstrɔ:y**

**amputation**  
**æmpjuteɪʃn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se dissoudre, dissoudre, checkrompre, checkannuler</b>	<b>éperon, eperon</b>	<b>stark, austère, désolé</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>membre</b>	<b>le plus grave</b>	<b>pertes, perte</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>rupture</b>	<b>romantique</b>	<b>la jeunesse, jeunesse, jeune, jeune homme, les jeunes</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>condition</b>	<b>divorcé, divorce, divorcer</b>	<b>divorce, divorcer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>amputation</b>	<b>détruire, euthanasier</b>	<b>drastiquement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**paralysis**  
pəæləsɪs

**dementia**  
dɪmənʃɪə

**disorder**  
dɪɔrds

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**diabetes**  
daɪəbitɪz

**Cancer**  
kænsə

**lupus**  
lʊpəs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**unsolvable**  
ʌnſalvəbl

**treatment**  
trیtmənt

**diseases**  
dɪzɪzɪz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**medical**  
medɪkl

**strategy**  
strætədʒɪ

**provide**  
prəvайд

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**dis**  
dɪs

**eating habits**

**take steps**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**désordre, trouble**

**la démence, démence**

**la paralysie, paralysie**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**lupus**

**le cancer, cancer**

**le diabète, diabète**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**les maladies, maladie, mal**

**traitement**

**insoluble**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**fournir, procurer, pourvoir**

**stratégie**

**médicale, médical**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**prendre des mesures**

**les habitudes alimentaires**

**Dis**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**position**  
pəzɪʃn

**communicate**  
kʌmju:nɪkeɪt

**Direct**  
dɜːkt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**exists**  
ɪgzɪsts

**depressed**  
dɪprɛst

**renewing**  
rɪnjuːɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**statue**  
stætjuː

**disrespectfully**

**treated**  
trیٹد

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**behaved**  
bɪheɪvd

**messes**  
mesɪz

**Charlotte**  
ʃɑːrlɪt̬

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**everyday**  
'evrɪdeɪ

**author**  
ɔːθər

**beck**  
bæk

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>direct, mettre en scène, ordonner</b>	<b>communiquer, communier</b>	<b>position, poste</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>le renouvellement, renouveler</b>	<b>déprimé, appuyer</b>	<b>existe, exister</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>traité, négocier, traiter, régaler, guérir</b>	<b>de manière irrespectueuse</b>	<b>statue</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>charlotte</b>	<b>des désordres, désordre, gâchis</b>	<b>s'est-elle comportée, comporter</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>beck, au doigt et à l'oeil</b>	<b>auteur, auteure, autrice, écrire, créer</b>	<b>tous les jours</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**considerately**

**imperfectly**  
ɪmpəfɪktlɪ

**quietly**  
kwaɪətlɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**beings**  
bɪnz

**offense**  
ʌfəns

**behaves**  
bɪheɪvz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**prescription**  
prɛskrɪpʃn

**perspective**  
pəspɛktɪv

**reaction**  
riækʃn

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cases**  
keɪsəz

**understandably**  
ʌndəstændəblɪ

**retaliate**  
rɪtæliエt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**insulted**  
ɪnſʌltɪd

**insults**  
ɪnſʌltz

**externally**  
ɪkstənəli

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**paisablement, tranquillement,  
quietement**

**imparfaitement**

**de manière réfléchie**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**se comporte-t-elle, comporter**

**l'offense, attaque, offensive,  
attaquants, offense**

**êtres, etre, créature, existence**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**réaction**

**perspective, perspectif**

**ordonnance, prescription,  
prescription extinctive**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de représailles, riposter**

**de manière compréhensible**

**cas**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**à l'extérieur**

**des insultes, insulter, insulte**

**insulté, insulter, insulte**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**internally**  
**ɪntənəli**

**expresses**  
**ɪksp्रɛsəz**

**insult**  
**ɪnsʌlt**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reach**  
**riːtʃ**

**joke**  
**dʒoʊk**

**circumstance**  
**səkʌmstæns**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**exceptional**  
**ɪksɛpʃənl**

**illustrate**  
**ɪləstreɪt**

**reactions**  
**riækʃənz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**depending**  
**dɪpəndɪŋ**

**insulting**  
**ɪnsʌltɪŋ**

**saintly**  
**seɪntli**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**exact**  
**ɪgzækt**

**offensive**  
**əfənsɪv**

**focuses**  
**fəʊkəsɪz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>insultes, insulter, insulte</b>	<b>exprime, exprimer</b>	<b>en interne</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>circonstances, circonstance</b>	<b>plaisanterie, blague, joke, raté</b>	<b>atteindre, parviens, allonge, parvenir, préhension</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réactions, réaction</b>	<b>illustrer</b>	<b>exceptionnel</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>saint</b>	<b>insultant, insulter, insulte</b>	<b>selon, dépendre, pendre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>les centres d'intérêt, foyer, attention, focaliser</b>	<b>offensant, offensif, offensive</b>	<b>exact, précis, exiger</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**viewed**  
**vjud**

**main**  
**meɪn**

**offenses**  
**ʌfənsɪz**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**more peaceful**

**manner**  
**mænər**

**responding**  
**rɪspɔndɪŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**irresponsible**  
**ɪrɒspɒnsɪbl**

**careless**  
**kɛrles**

**rage**  
**reɪdʒ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**calmly**  
**kamli**

**inappropriate**  
**ɪnɪprɒpriətɪ**

**inconsiderate**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**rowboat**  
**roʊbɔ:t**

**smooth**  
**smuð**

**row**  
**roʊ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**infractions, attaque, offensive,  
attaquants-p, offense**

**tenir**

**consultés, vue, q**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**répondre**

**manière, maniere, façon, mode**

**plus pacifique**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rage, furie, fureur, courroux, rager,  
faire rage**

**négligent, étourdi, distrait**

**irresponsable**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**inconsidéré**

**inapproprié**

**calmement, paisiblement**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**aviron**

**lisse, doux, facile, sophistiqué,  
naturel, souple, régulier**

**bateau a rames, barque**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

foggy  
fagi

ée

mist  
mîst

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

lake  
lêk

empty  
empti

steer  
stiér

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

became angry

dropped  
d्रapt

acted  
æktid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

drop  
d્રap

assume  
અસમ

automatic mode

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

awareness  
વાર્નિંગ્સ

kindnesses

strengths  
સ્ટ્રેંજ્થ્સ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**brouillard, brume**

**brumeux, embrumé, engourdi**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**diriger, piloter**

**vide, vider, cadavre**

**lac, marin**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**acte, agi, loi, action, agir**

**a déposé, goutte**

**se mettre en colère**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le mode automatique**

**assumer, supposer, présupposer, présumer,  
adopter, prendre**

**chute, goutte, tomber**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**points forts, force, vigueur, effectif,  
point fort**

**bontés, bonté**

**la sensibilisation, conscience,  
connaissance**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**greatness**  
grɛtնs

**characteristics**  
kɛrɪkt̬rɪstɪks

**mixture**  
mɪkstʃə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**de montagnes**

**kindness**  
kaɪndnəs

**significant**  
sʌgnɪfɪkənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**Workers**  
wɜːkəz

**relation**  
rileɪʃn

**ship**  
ʃɪp

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**blame**  
bleɪm

**resolve**  
rɪzəlv

**openly**  
oʊpənlɪ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**contribution**  
kəntribjuʃn

**Admitting**  
ædmɪtɪŋ

**swallowing**  
swaləʊɪŋ

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>mélange, mixture</b>	<b>caractéristiques, caractéristique</b>	<b>la grandeur, grandeur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>significative, significatif</b>	<b>la gentillesse, bonté</b>	<b>, cuisiniere, sélection</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>navire, manipuler, expédier, vaisseau</b>	<b>relation, parent, parente</b>	<b>les travailleurs, travailleur, travailleuse, ouvrier, ouvrière</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>ouvertement</b>	<b>résoudre, résolvons, résolvent, résolvez</b>	<b>blâme, gronder, blâment, blâmons, blâmez, blâmer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>avaler</b>	<b>admettre, avouer, reconnaître</b>	<b>contribution, contribution financiere</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**pride**  
prārd

**apologizing**  
əpələdʒaɪzɪŋ

**mend**  
mēnd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fix**  
fiks

**appropriate**  
əprōpriētiv

**endless**  
ēndlēs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**distance between**

**dispassionately**  
dīspæʃənətlī

**response**  
rīspōns

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**calmness**  
kāmn̄s

**freelance**  
frēlāns

**hustle**  
hʌsl

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Flop**  
flap

**promises**  
prəməs

**doubted**  
dautid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
, réparer, raccommoder, rapiécer	s'excuser, présenter des excuses	l'orgueil, orgueil, fierté
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sans fin, infini, interminable, perpétuel</b>	<b>approprié, idoine, approprier</b>	<b>, réparer, fixer</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>réponse</b>	<b>sans passion</b>	<b>distance entre</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>se bousculer, bousculer, bousculade</b>	<b>pigiste, freelance, mercenaire, a la pige, indépendant</b>	<b>le calme, calme</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>douté, douter, doute</b>	<b>des promesses, vou, promesse, promettre</b>	<b>un flop, fruit sec, avatar</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**flooded**  
flʌdɪd

**slob**  
sləb

**procrastinated**  
prəkruæstnærtɪd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**program**  
prɔʊgræm

**dig**  
dɪg

**dependency**  
dɪpɛndənsi

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**emotions**  
ɪmoʊʃnz

**unable**  
ʌneɪbl

**self-knowledge**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Helen**  
hɛln

**expense**  
ɪksپens

**factors**  
fæktəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**worthy**  
wəði

**comment**  
kamənt

**regimen**  
rɛgɪmən

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**procrastiné, procrastiner**

FlashCards-English-French-Level-A1

**barbouilleur, souillon, flemmard,  
lambin**

FlashCards-English-French-Level-A1

**inondé, inondation, inonder,  
submerger, noyer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**dépendance**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**creuser, creusez, creusons, creusent**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**programme, programmation,  
émission, programmer**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**la connaissance de soi**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**incapable, inapte, inhabile**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**des émotions, émotion**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**facteurs, facteur, factoriser**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**dépenses, dépense**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**helen, Hélène**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**régime**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**commentaire, commentons,  
commentez, commentent**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**digne**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bodyweight****sabotaging**  
sæbʌtəzɪŋ**chatter**  
tʃætər

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**perfection**  
pəfekʃən**charitable**  
tʃærɪtləbl**attractive**  
ətræktyv

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**generous**  
dʒenərəs**Standard**  
stændəd**content**  
kantənt

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**fall short****affects**  
əfɛkts**insecure**  
ɪnsekjur

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**jealous**  
dʒeləs**variations**  
vəriエʃənz**instances**  
instənsɪəz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>bavardage, bavarder, babil, cacarder</b>	<b>sabotage, saboter</b>	<b>poids corporel</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>attrayante</b>	<b>charitable</b>	<b>la perfection, perfection</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>contenu, satisfait, contentement</b>	<b>standard, étalon, étandard</b>	<b>généreux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>peu sûr de lui</b>	<b>affecte, affecter</b>	<b>n'est pas à la hauteur</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>instances, instance</b>	<b>variations, variation, variante, déclinaison</b>	<b>jaloux, jalouse, envieux, rench:</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**selves**  
**səlvz**

**unlocking**  
**ʌnləkɪŋ**

**unworthy**  
**ʌnwrəði**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**boil down**

**filter**  
**filtər**

**WONDERLAND**  
**wʌndəlænd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**sufficient**  
**sʌfɪʃənt**

**engage**  
**ɪngεɪdʒ**

**Empyrean**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**bound together**

**see through**

**encircled**  
**ɪnsəkləd**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**universe**  
**jʊnɪvɜːs**

**spheres**  
**sferz**

**divine**  
**daɪvɪn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>indigne</b>	<b>déverrouillage, déverrouiller, débloquer</b>	<b>selves, soi-même</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>wonderland, pays des merveilles</b>	<b>filtre, filtrer</b>	<b>faire bouillir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>Empyrée</b>	<b>s'engager, attirer l'attention, engager, embrayer</b>	<b>suffisante, suffisant</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>encerclé, encercler</b>	<b>voir à travers</b>	<b>liés entre eux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>divine, divin</b>	<b>sphères, sphere, boule</b>	<b>univers</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**enters**  
ɛntəz

**Heaven**  
hevən

**region**  
rɪdʒən

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**comedy**  
kəmədi

**flash**  
flæʃ

**Dante**  
dantə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**veil**  
veɪl

**wheel**  
wil

**Speed**  
spid

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**wings**  
wɪŋz

**tie**  
taɪ

**examined**  
ɪgzæmɪnd

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**pic**  
pɪk

**binds**  
baɪndz

**boundless**  
baʊndləs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>région</b>	<b>le paradis, ciel, paradis, au-delà, ciels</b>	<b>entre, entrer, rench: -neededr, taper, saisir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>dante</b>	<b>flash, clignoter</b>	<b>comédie</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>la vitesse, galoper, vitesse</b>	<b>roue, barre, rouler</b>	<b>voile, voiler</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>examinés, examiner</b>	<b>cravate, accolage, amarrer, liaison</b>	<b>des ailes, aile, ailier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>sans limites, illimité</b>	<b>lier, lier, attacher, nouer, connecter, coupler</b>	<b>le prélèvement</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**humanity**  
hju:mænɪti

**envelop**  
ɪn'veləp

**spread**  
spred

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**jumbo**  
dʒʌmboʊ

**striving for**

**motivates**  
mo:təvейts

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lifestyle**  
la:fstail

**extends**  
ɪk'stendz

**active**  
ækтив

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**whom**  
hum

**fight**  
fæt

**lead**  
led

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**bitterness**  
bitənʌs

**transform**  
tju:nsfɔrm

**softness**  
softnʌs

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**se propager, étaler, écarter,  
disperser, répandre, éparpiller**

FlashCards-English-French-Level-A1

**enveloppe, envelopper**

FlashCards-English-French-Level-A1

**l'humanité, humanité**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**motive, motiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**pour lesquels vous vous battez**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**jumbo**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**active, actif**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**s'étend, étendre, prolonger**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**mode de vie, hygiène de vie**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**plomb, guider, conduire, mener**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**combattre, combattons, rixe,  
combattez, combattent**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**que, qui**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**la douceur, douceur**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**transformer, transformée**

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

**l'amertume, amertume**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**mover**  
muvər

**Buddha**  
buða

**rebels**  
rəbəlz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**deepens**  
dipənz

**beholden**  
bɪhoʊldən

**displeasure**  
dɪspləzə

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lac**  
læk

**separate from**

**evolve**  
ɪvalv

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**clinging to**

**essentially**  
ɛsənʃli

**basics**  
beɪsɪks

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**ensure**  
enʃər

**temptations**  
təmteiʃənz

**http**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**rebelles, rebelle**

**bouddha**

**déménageur, déménageuse**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**redevable**

**s'approfondit, approfondir,  
intensifier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**évoluer, progresser, élaborer**

**Séparer de**

**laçage**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**les bases, basique**

**essentiellement**

**s'accrocher à**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**HTTP**

**tentations, tentation**

**assurer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**simplicity**  
simplis̩ti

**net**  
n̩et

**Northern**  
n̩erç̩n

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**chandler**  
tʃændl̩r

**WILLIAM**  
wɪlj̩m

**novels**  
n̩avlz

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**Adams**  
æd̩mz

**Acknowledgements**  
æknałidʒm̩nts

**incomplete**  
ɪnkl̩mplit

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**sup**  
sʌp

**inspiration**  
ɪnsp̩reɪʃn

**deceased**  
d̩sist

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**lovely**  
l̩vli

**humor**  
hjum̩r

**substantial**  
sʌbstænʃl̩

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>nord, septentrional, boréal, bise</b>	<b>net, réseau, filet</b>	<b>la simplicité, simplicité</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>romans, roman</b>	<b>william, Guillaume</b>	<b>chandler, chandelier</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>incomplète</b>	<b>remerciements, reconnaissance</b>	<b>adams, Adam</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>décédé, déces, décéder, expirer, mourir, trépasser</b>	<b>l'inspiration, inspiration</b>	<b>porter, soutenir</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world
FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1	FlashCards-English-French-Level-A1
<b>substantielle, substantiel</b>	<b>l'humour, humour, humeur</b>	<b>charmant, beau, cher, irritant, amène, délicieux</b>
Zen habits (c) readings.world	Zen habits (c) readings.world	Zen habits (c) readings.world

**owe**  
**əʊv**

**eternally**  
**ɪtənəli**

**weirdest**  
**wɪrdest**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**reserved**  
**rɛzəvd**

**deepest**  
**dɪpəst**

**Austin**  
**ɔːstɪn**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**tiara**  
**tiərə**

**bless**  
**bles**

**among**  
**əməŋ**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**designer**  
**dɪzaɪnə**

**guidance**  
**gaɪdəns**

**manager**  
**mænɪdʒə**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**editor**  
**ədɪtə**

**corridor**  
**kɔːrdɪə**

**Capitol**  
**kæpɪtl**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le plus étrange, bizarre, étrange**

**éternellement**

**doit, devoir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**austin**

**le plus profond, profond, épais,  
grave, foncé, foncée**

**réservé, réservation, réserve,  
réserves-p**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**parmi**

**diadème, tiare**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**directeur**

**d'orientation, guidage, conseils,  
direction**

**concepteur, designer, styliste**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**le capitole, Capitole des États-Unis**

**couloir, corridor, couloir aérien**

**rédacteur, lecteur-correcteur,  
réviseur, éditeur, éditrice**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**cover**  
κλεύς

**samovar**

**edited**  
εδιατάντη

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**aid**  
είδη

**uk**

**printed**  
τυπωμένη

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**edition**  
εdition

**copies**  
καπίζει

**typefaces**  
τυπογραφίες

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

**humanist**  
επιμελητής

**Robert**  
ρόμπετ

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**édité, modification, correction,  
modifier, corriger, rediger**

**samovar**

**une couverture**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**imprimée, imprimer, imprimé,  
empreinte, estampe**

**uk, R.-U, RU**

**l'aide, aider, aide, assister, secourir**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**caractères, fonte de caractères,  
police d'écriture**

**copies, copie, exemplaire, copier**

**édition**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

**robert**

**humaniste**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

FlashCards-English-French-Level-A1

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world