

FlashCards-English-French-Level-B1

**Zen**  
**zɛn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**readjustment**  
**riːdʒʌstmənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disciplined**  
**dɪsˈplɪnd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pursue**  
**pəˈsu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**wand**  
**wænd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Leo**  
**liːoʊ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**constant**  
**kɒnstənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**creativity**  
**kriːetɪvɪti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mindful**  
**maɪndfʊl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**recesses**  
**riːsɛsɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Master**  
**mæstə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastination**  
**prɒkræstɪneɪʃn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**instantly**  
**ɪnstəntli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**debt**  
**dɛt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unknown**  
**ˌʌnnoʊn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maître, patron, maîtriser, maitre, maîtrisent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**leo, justau**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**zen**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la procrastination, procrastination**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**constant, constante**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réajustement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**instantanément, instamment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la créativité, créativité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discipliné, discipline, pénalité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de la dette, dette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**être attentif à qqch**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, rechercher**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inconnu, inconnue**

Zen habits (c) readings.world

**les récréations, reces, vacances-p, récréation, récréé, pause**

Zen habits (c) readings.world

**baguette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unseen**  
**ʌnsɪn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insane**  
**ɪnseɪn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rationalize**  
**ˌræʃnəlaɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bargain**  
**bɑːrɡeɪn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plead**  
**pliːd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discipline**  
**dɪsɪplɪn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**arose**  
**əˈoʊz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discomfort**  
**dɪskəmfərt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**debate**  
**dɪˈbeɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overcome**  
**oʊvərkʌm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**thoughts**  
**θɔːts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**urge**  
**ɜːdʒ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**negotiate**  
**ˌneɡoʊʃieɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mercy**  
**mɜːsi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**root**  
**ruːt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réflexions, idée, pensée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

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**discipline, pénalité, branche**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

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**invisible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envie, pulsion, pousser, inciter,  
provoquer, insister**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'est élevé, se lever, relever**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dérangé, délirant, fou, dément,  
dérangeant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**négociier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**malaise, inconfort**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rationaliser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la pitié, miséricorde, pitié**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**débat, discussion, débattre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**marché, accord, affaire, bonne  
affaire, marchander**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**racine, enraciner, enracinez,  
enracinons, enracinent, rave**

Zen habits (c) readings.world

**vaincre, surmonter, envahir**

Zen habits (c) readings.world

**plaider**

Zen habits (c) readings.world

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**film projector**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

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**expectations**  
**ekspektɛʃɑnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**constantly**  
**kanstɑntli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fantasy**  
**fæntəsi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**uncertainty**  
**ʌnsɜːtɑnti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**intentioned**  
**ɪntentʃənd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**comfort**  
**kʌmfɜːt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**seeks**  
**siks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastinate**  
**prɒkræstəneɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**productive**  
**prɒdʌktɪv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unexpectedly**  
**ʌnɪkspektɪdli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**handle**  
**hændəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ting**  
**tɪŋ**

Zen habits (c) readings.world

**comforts**  
**kʌmfɜːts**

Zen habits (c) readings.world

**seek**  
**sik**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**constamment, en boucle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**attentes, attente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**projecteur de films**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**intentionnel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'incertitude, incertitude**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fantaisie, imaginaire, fantasma,  
fantasy**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cherche, chercher**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le confort, confort, consoler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**poignée, crosse, manions, traiter,  
manient, maniez**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de manière inattendue,  
surprenamment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**productif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chercher**

Zen habits (c) readings.world

**le confort, confort, consoler**

Zen habits (c) readings.world

**ting**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unhealthy**  
**αηελθί**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gain**  
**γείν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**overwhelmed**  
**ουβέωελμδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**anxiety**  
**αηζαίτι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fulfilling**  
**φουλφίλιν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**foundation**  
**φαινδειςίλν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**debts**  
**δέτς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pursuits**  
**πέρςιτς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**addicted**  
**άδικτίδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**excess**  
**έκςές**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustrated**  
**φίλστρείτλδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**judgmental**  
**δζάδζμεντλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**obstacles**  
**άβστάκλνλζ**

Zen habits (c) readings.world

**associate**  
**άσοσιάτ**

Zen habits (c) readings.world

**wasn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**débordé, abreuver, accabler,  
envahir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gain, gagner, produit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**malsain, mauvais pour la santé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fondation, fondement, fond de  
teint**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**épanouissant, profondément  
satisfaisant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'anxiété, anxiété, inquiétude,  
angoisse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dépendants, dépendant,  
dépendante, intoxiqué, intoxiquée  
g**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des activités, poursuite**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des dettes, dette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jugeant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustré, frustrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'excès, excès, franchise, en excès,  
en trop, excessif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**n'était**

Zen habits (c) readings.world

**associé, fréquenter, associer**

Zen habits (c) readings.world

**obstacles, obstacle**

Zen habits (c) readings.world





FlashCards-English-French-Level-B1

**la colère, colere, ire, courroux, rage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**anxieux, désireux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**le ressentiment, ressentiment,  
agacement, rancune**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un petit changement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pleinement, entierement,  
completement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à survoler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maîtres, maître/-tresse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**souplesse, flexibilité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**concepts, concept, notion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à part, a côté, en passant, aparté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**glanés, glaner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**profondément**

Zen habits (c) readings.world

**mettre en œuvre, instrument,  
appliquer, exécuter, établir**

Zen habits (c) readings.world

**vraiment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**principle**  
**πρινσιπλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**investment**  
**ινβεστμάντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**commitment**  
**κμιτμάντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**calendar**  
**καελνδάρ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**missions**  
**μισιόνζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hereby**  
**χιρβαί**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tempted**  
**τέμπτად**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**this minute**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**aims at**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resistance**  
**ριζιστάνς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dive**  
**δαίβ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disorganization**  
**δισοργάνωση**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surrounded**  
**σάουνδράδ**

Zen habits (c) readings.world

**overweight**  
**οβνέωιτ**

Zen habits (c) readings.world

**sedentary**  
**σεδάντερι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'engagement, engagement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**par la présente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**viser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la désorganisation, désorganisation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sédentaire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'investissement, investissement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**missions, mission**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à cette minute**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plongée, plongeurs, plongez,  
plonge, plongent, plonger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le surpoids, en surpoids**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**principe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**calendrier, agenda, emploi du  
temps, programme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tentés, tenter, attirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résistance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**entouré, entourer, enceindre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**clutter**  
**klʌtə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**smoker**  
**smoukə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**deeply**  
**dipli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mindfulness**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trusted**  
**tʌstɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unstuck**  
**ʌnstʌk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**outcome**  
**aʊtkʌm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rut**  
**ɹʌt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trust**  
**tʌst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transformed**  
**tʌɪnsfɔ:mɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustrations**  
**fʌstɹeɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**criticism**  
**kɹɪtɪsɪzəm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**obstacle**  
**ɒbstʌkl**

Zen habits (c) readings.world

**conscious**  
**kənʃəs**

Zen habits (c) readings.world

**emerged**  
**ɪmɛdʒd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**profondément**

Zen habits (c) readings.world

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FlashCards-English-French-Level-B1

**fumeur, fumeuse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

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**le désordre, bric-a-brac, bordel,  
encombrement, encombrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**décoller**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de confiance, confiance, trust, faire  
confiance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la pleine conscience, pleine  
conscience**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**confiance, trust, faire confiance,  
avoir foi en quelqu'un**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'ornière, ornière**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**issue, résultat, dénouement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critiques, critique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustrations, frustration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transformé, transformer,  
transformée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**a émergé, émerger, sortir**

Zen habits (c) readings.world

**conscient**

Zen habits (c) readings.world

**obstacle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unimaginable**  
λησιμαδζιηβλι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mission**  
μιση

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**initial resistance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Overcoming**  
ουβκλιη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Struggle**  
στιηλι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inevitably**  
ιηνεβλι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**struggled**  
στιηλιδ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dozen**  
δολη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blaming**  
βλειηη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**decluttering**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**marathon**  
μεληθη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**junk**  
δζηηκ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rid**  
ριδ

Zen habits (c) readings.world

**lbs**  
παυνδζ

Zen habits (c) readings.world

**trial**  
τριηη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la résistance initiale**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mission**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**inimaginable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inévitablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lutte, lutter, s'efforcer, combattre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surmonter, vaincre, envahir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blâmer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**douzaine, dizaine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en difficulté, lutte, lutter, s'efforcer,  
combattre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de la camelote, bric-à-brac**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**marathon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**désencombrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procès, manipulation**

Zen habits (c) readings.world

**lb, livre**

Zen habits (c) readings.world

**rid, débarrasser**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**multiple**  
μάλτηρλ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accountability**  
ακαυτηλβιλτι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**decreasing**  
δικυιση

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mindfully**  
μαινδφλι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**yoga**  
γυυγλ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**failure**  
φειλζ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sore**  
συρ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**greatly**  
γρετλι

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cushion**  
κυζλλ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mat**  
μæτ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enthusiasm**  
ινθυζιæζλμ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**multiplying**  
μάλτηπλαηη

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**meditation**  
μεδτεηλλ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**couch**  
καυτς

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overflow**  
ουυνεφιλ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'enthousiasme, enthousiasme,  
passion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'échec, échec, daube, flop, panne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**multiples, multiple**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**multiplier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**douloureux, ulcère**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'obligation de rendre compte,  
responsabilité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**méditation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**grandement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en baisse, diminuer, réduire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**canapé, divan**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**coussin, amortir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**en toute conscience**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

**débordement, encombrer**

Zen habits (c) readings.world

Zen habits (c) readings.world

**mat, mate**

Zen habits (c) readings.world

Zen habits (c) readings.world

**le yoga, yoga**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cramped**  
**kræmpt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sprint**  
**sprɪnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**random**  
**rændəm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Gut**  
**gʌt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**actionable**  
**ækʃənəbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**meditate**  
**medɪteɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stretch**  
**stretʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exceedingly**  
**ɪksɪdɪŋli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**appendix**  
**ˈæpɛndɪks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**childish**  
**tʃaɪldɪʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**repeatedly**  
**ˌriːpiːtɪdli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**massively**  
**mæsɪvli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weasel**  
**wɪzəl**

Zen habits (c) readings.world

**make excuses**

Zen habits (c) readings.world

**rationalizations**  
**ræʃnəlaɪzɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**au hasard, inconnu, aléatoire,  
stochastique, pseudo-aléatoire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sprint**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**à l'étroit, crampe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**méditer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**actionnable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les tripes, panse, boyaux, cordes de  
boyau, vider, éviscérer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'annexe, annexe, appendice**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**excessivement, extrêmement,  
énormément**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étendre, s'étendre, s'étirer,  
étirement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**massivement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de façon répétée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enfantin, puéril, gamin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rationalisations, rationalisation**

Zen habits (c) readings.world

**faire des excuses**

Zen habits (c) readings.world

**belette, belette d'Europe, belette  
pygmée, petite belette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**beg**  
**bɛg**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**ridiculously**  
**ʁɪdɪkjuˈlɒzli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Syndrome**  
**sɪndrɔːm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**meditating**  
**mɛdɪteɪtɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**barrier**  
**bæˈrɪə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gradually**  
**ɡrædʒuəli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triumph**  
**ˈtɹaɪʌmf**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**humble**  
**ˈhʌmbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bind**  
**bænd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**excuses**  
**ɪkskjʊzɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**self**  
**sɛlf**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vow**  
**vəʊ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motivator**  
**məʊtɪveɪtə**

Zen habits (c) readings.world

**attempts**  
**ˈætemptz**

Zen habits (c) readings.world

**pregnancy**  
**ˈpregnənsi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le syndrome, syndrome**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**ridiculement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mendier, implorer, prier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**progressivement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**barrière, barriere, limite, frontiere**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**méditer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, lier, attacher, nouer, connecter,  
coupler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**humble**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triomphe, triomphal**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vœu, vou, jurer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**soi, soi-meme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des excuses, excuser, pardonner,  
justifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grossesse, gestation**

Zen habits (c) readings.world

**tentatives, tenter, essayer,  
tentative, attentat**

Zen habits (c) readings.world

**motivateur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dozens**  
dʌzənz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rebel**  
ɹeɪbəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**compassion**  
kəmˈpæʃjən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Selfish**  
selfɪʃ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vanity**  
væˈnɪti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspire**  
ɪnˈspaɪr

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ease**  
iːz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**precious**  
preɪʃəs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**philosopher**  
fɪləsəfə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Stoic**  
stɔɪk

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overflow**  
oʊvəˈfləʊ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**squander**  
skwɑːndə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frailty**  
fɹeɪlti

Zen habits (c) readings.world

**fleeting**  
flɪtɪŋ

Zen habits (c) readings.world

**snatches away**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la compassion, compassion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rebelle, cabrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**douzaines, douzaine, dizaine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la vanité, vanité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**égoïste, égoïste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**philosophe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**précieux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'aisance, facilité, repos, abaisser,  
abréger, amoindrir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gâcher, gaspiller, dilapider**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, débordement, déborder,  
checktransborder**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stoïque, stoicien, stoïque**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Emporte loin**

Zen habits (c) readings.world

**éphémère, flotte**

Zen habits (c) readings.world

**fragilité**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**denies**  
**δἰναῖζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**feudal**  
**φῦδαλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fades away**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**superfluous**  
**σῦρῦλλῶς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**involvement**  
**ἰνῶλῠμῠντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**begrudge**  
**βἰγῠρῠδῠζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**incidentally**  
**ἰνσἰδῠντῠλἰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unlimited**  
**ἠλἰῠμῠτῠδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**priority**  
**πῠαἰῠρῠτἰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualize**  
**νἰζῠῠλἰῠζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stretching**  
**στῠῠῠτῠῠῠῠ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**priority**  
**πῠαἰῠρῠτἰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Proof**  
**πῠῠῠῠ**

Zen habits (c) readings.world

**motivated**  
**μῠῠτἰῠνῠῠῠῠῠῠ**

Zen habits (c) readings.world

**heartbeat**  
**ἠῠρῠτἰῠῠ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'éteindre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**féodal**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**nie, nier, démentir, refuser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rancune, ménager, ruiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'implication, implication**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**superflue, superflu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**priorité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**illimité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**d'ailleurs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**priorité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'étirement, étendre, s'étendre,  
s'étirer, étirement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualiser, visualisez, visualisent,  
visualisons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**battements de cœur, pulsation,  
battement, rythme cardiaque**

Zen habits (c) readings.world

**motivés, motiver**

Zen habits (c) readings.world

**la preuve, preuve, épreuve**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rhythm**  
**ⲓⲔⲟⲗⲙ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**1**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**concept**  
**ⲕⲁⲛⲉⲣⲧ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**willpower**  
**ⲱⲓⲗⲡⲱⲣⲉ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**arises**  
**ⲁⲣⲓⲱⲓⲱ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**invisible**  
**ⲓⲛⲱⲓⲱⲓⲃⲓⲃⲓ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**urges**  
**ⲁⲣⲓⲱⲓⲱ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pulse**  
**ⲡⲓⲗⲱⲥ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**relying**  
**ⲓⲗⲓⲗⲓⲱⲓⲛ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**iambic**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mechanism**  
**ⲙⲉⲕⲁⲛⲓⲱⲓⲃⲓⲙ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ideally**  
**ⲓⲁⲓⲓⲓⲗⲓ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**BA**  
**ⲃⲓⲉⲣ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**automatic**  
**ⲁⲧⲟⲙⲁⲧⲓⲕ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Punch**  
**ⲡⲓⲛⲧⲓⲉ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mécanisme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**invisible, caché**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rythme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**idéalement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des envies, pulsion, pousser,  
inciter, provoquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**BA**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'impulsion, poul**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**concept, notion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**automatique, semi-automatique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en se fiant, compter sur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la volonté, volonté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un coup de poing, poinçonnez,  
poinçonnent, poinçonner**

Zen habits (c) readings.world

**iambique**

Zen habits (c) readings.world

**se pose, se lever, relever**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fuse**  
**fjuz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**boom**  
**bum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**ally**  
**ælaɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**etc**  
**ɛtsɛtəʌ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**awhile**  
**ʌwaɪl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reminders**  
**ʒɪmaɪndɜːz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**make coffee**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**teakettle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**groove**  
**ɡruv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**snowfall**  
**snoʊfəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**array**  
**æɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zig**  
**zɪɡ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zag**  
**zæɡ**

Zen habits (c) readings.world

**previous day**

Zen habits (c) readings.world

**anymore**  
**ənɪmɔː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**allié, alliée, allions, alliez, se liguier,  
allient**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**boom, forte hausse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fusible, fusionner, mèche, sûreté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des rappels, rappel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pendant ce temps, un moment, un  
peu, un instant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**etc**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rainure, sillon, routine, groove,  
puits**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bouilloire, bouilloire a thé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**faire du café**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zig**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gamme, kyrielle, ribambelle,  
éventail, tableau**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des chutes de neige, chute de neige**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus**

Zen habits (c) readings.world

**le jour précédent**

Zen habits (c) readings.world

**zag**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**forge**  
fɔʁdʒ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**twist**  
twɪst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**barriers**  
bæɪrɪəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stray**  
streɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spikes**  
spaɪks

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**entice**  
ɪntaɪs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**incentives**  
ɪnsentɪvz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**roadblocks**  
ˌroʊdblɒks

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rewards**  
rɪwɔːrdz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enjoyable**  
ɪnˈdʒɔɪəbəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rely**  
raɪaɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**coffee maker**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sticky**  
stɪki

Zen habits (c) readings.world

**motivation**  
ˌmoʊtɪveɪʃən

Zen habits (c) readings.world

**monthly**  
ˈmʌnθli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**barrières, barriere, limite, frontiere**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**twist, torsion, entortiller, tordre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**forge, forgez, forgent, forgeons,  
modelage, forger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**séduire, appâter, attirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des pointes, clou, pointe, pieu, pic,  
pique, épi, crampons-p**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**écartant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des récompenses, récompense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des barrages routiers, barrage  
routier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des incitations, intérêt, motivation,  
récompense, prime**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**une cafetière/ une machine à café**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'appuyer, compter sur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**agréable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mensuel, mensuellement**

Zen habits (c) readings.world

**motivation**

Zen habits (c) readings.world

**collant, gluant**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**Hook**  
**hʊk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**unsuccessfully**  
**ʌnsʌksɛsflɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**attempt**  
**ʌtempt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trash**  
**tɹæʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**commitments**  
**kəmɪtmənts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pie**  
**pai**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Burger**  
**bɜːɡɜː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vegan**  
**vɛɡən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Jesse**  
**dʒɛsi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blogged**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bunch**  
**bʌntʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simplify**  
**sɪmplɪfaɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motivate**  
**məʊtɪveɪt**

Zen habits (c) readings.world

**logs in**

Zen habits (c) readings.world

**publicly**  
**pʌblɪkli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tenter, essayer, tentative, attentat**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sans succès**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**crochet, agrafe, hook, accrocher**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tarte, saccager, pâte, pâté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des engagements, engagement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des déchets, déchet, corbeille a papier, corbeille**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jesse, Isai, Jessé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**végan, végane, végétalien**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**burger, hamburger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simplifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bunch, groupe, bouquet, botte, grappe, bande, peloton, tas**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bloqué**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**publiquement**

Zen habits (c) readings.world

**Se connecter**

Zen habits (c) readings.world

**motiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**workout**  
**wəˈkaʊt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**trackers**  
**tɹækəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**GREASED**  
**ɡɹɪst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**slope**  
**sləʊp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**metaphors**  
**mɛtəfɔːz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stray**  
**stɹeɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**climbing up**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**greasing**  
**ɡɹɪsɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grease**  
**ɡɹɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weekly**  
**wɪkli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mass**  
**mæs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**via**  
**vɪɑː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**log**  
**lɒɡ**

Zen habits (c) readings.world

**pledge**  
**plɛdʒ**

Zen habits (c) readings.world

**non**  
**nɒn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**greased, graisse, graisser, graisser la  
patte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**traqueurs, pisteur, traqueur,  
poursuivant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'entraînement, entraînement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**égaré, écartez, écartent, écartons,  
écarter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des métaphores, métaphore**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pente, inclinaison**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**graisse, graisser, graisser la patte,  
corrompre, lubrifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**graissage, graisse, graisser, graisser  
la patte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**monter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**via, au delà de**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**masse, foule, amas**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hebdomadaire,  
hebdomadairement, chaque  
semaine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**non**

Zen habits (c) readings.world

**engagement, promettre, mettre en  
gage, serment, gage**

Zen habits (c) readings.world

**log, rondin, bûche**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cell**  
**sel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**skip**  
**skɪp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**miracles**  
**miɾaklɛz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**outline**  
**autlɛn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brief**  
**bɹɪf**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**butt**  
**bʌt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Groundhog**  
**ɡɹaʊndhɔɡ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doozie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Bunny**  
**bʌni**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lulu**  
**lʌlu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Bugs**  
**bʌɡz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reverse**  
**ɹɪvɜːs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cinch**  
**sɪntʃ**

Zen habits (c) readings.world

**attempted**  
**ˌætemptɪd**

Zen habits (c) readings.world

**begets**  
**bɪɡets**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des miracles, miracle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sauter, sautiller, féchure, franchir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**cellule, cachot**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de fesses, crosse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bref, court**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les grandes lignes, contour,  
silhouette, esquisse, aperçu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le lapin, lapin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doozie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**marmotte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inverser, verso, inverse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insectes, insecte, punaise, petite  
bete, cigale de mer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lulu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**engendre, engendrer, procréer**

Zen habits (c) readings.world

**tenté, tenter, essayer, tentative,  
attentat**

Zen habits (c) readings.world

**cintre, certitude**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**requirements**  
**ʁɛkwazimɑ̃t**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**jot down**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**kettle**  
**kɛtɔl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**beyond**  
**bɛ̃ɑ̃d**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**streak**  
**stɹɛk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**solidify**  
**sɔlidɛfaj**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**feedback**  
**fɪdbæk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tangled**  
**tæŋɡld**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**loops**  
**lups**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unbelievably**  
**ɑnbɛlivɑbli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**addiction**  
**ɑdikʃjɑ̃**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**finances**  
**fɪnæ̃sɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**harmful**  
**hɑɹmfɔl**

Zen habits (c) readings.world

**pleasurable**  
**plɛzɔʁɑbl**

Zen habits (c) readings.world

**loop**  
**lup**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bouilloire, chaudron**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**noter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**exigences, exigence, besoin,  
demande, contrainte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se solidifier, solidifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de l'histoire, raie, chésias du genet**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**au-delà, au-dela, par-dela**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**boucles, boucle, circuit fermé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enchevêtrés, désordre,  
enchevêtrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**retour d'information, évaluation,  
réaction, rétroaction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**finances, finance, finances-p,  
financer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la dépendance, dépendance,  
addiction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**incroyablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**boucle, circuit fermé**

Zen habits (c) readings.world

**agréable**

Zen habits (c) readings.world

**dangereux, nuisible, nocif,  
préjudiciable**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**dose**  
**dous**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**combination**  
**καμβληπιφλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**behavior**  
**βιθεινϰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sweatiness**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tiredness**  
**ταιϰδνις**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mildly**  
**μαιδλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**setup**  
**σετϰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accomplishment**  
**ακαμπλιφμαντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Praise**  
**πριεϰ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**etre la**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enduring**  
**ενδϰουιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bet**  
**βετ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rewarding**  
**ριϰρϰιη**

Zen habits (c) readings.world

**massage**  
**μαςαϰ**

Zen habits (c) readings.world

**Mandarin**  
**μανδαν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**comportement, conduite**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**combinaison, sélection, association,  
groupement, side-car**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**dose**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**légèrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la fatigue, fatigue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transpiration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des louanges, louange, louer,  
féliciter, prôner, vénérer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'accomplissement,  
accomplissement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**configuration, installation, coup  
monté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**parier, paria, pariai, pari, parié,  
parions, pariez**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**durable, endurer, perdurer,  
supporter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honte (de)**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le mandarin, mandarin**

Zen habits (c) readings.world

**massage, masser**

Zen habits (c) readings.world

**gratifiant, récompense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**setups**  
**setʌps**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**more social**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**spotlight**  
**spɒtlaɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honestly**  
**ɒnɪstli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**messages**  
**mɛsɑːʒɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**actual**  
**æktʃʊəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**socializing**  
**səʃiəlaɪzɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Reward**  
**riːwɔːd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**breakthrough**  
**breɪkθruː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**joyful**  
**dʒɔɪfʊl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unenjoyable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unlocked**  
**ʌnlɒkt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bald head**

Zen habits (c) readings.world

**beneath**  
**bɪniθ**

Zen habits (c) readings.world

**rush**  
**rʌʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**projecteur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**plus sociale**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**des installations, installation, coup  
monté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réel, effectif, checkeffectif,  
checkprésent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des massages, massage, masser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honnêtement, honnetement,  
franchement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**capital, primordial, décisif, percée,  
trouée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**récompense, récompenser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la socialisation, fréquenter des  
gens, voir des gens**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déverrouillé, déverrouiller,  
débloquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**désagréable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**allegre, joyeux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se précipiter**

Zen habits (c) readings.world

**dessous**

Zen habits (c) readings.world

**tête chauve**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**wind**  
**waɪnd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**loosen**  
**luːsn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**loosening**  
**luːsnɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**darkness**  
**dɑːknəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sensations**  
**senˈseɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**wander**  
**wɑːndə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**feelings**  
**fiːlɪŋz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspiring**  
**ɪnˈspaɪrɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**miracle**  
**ˈmɪr.ə.kl̩**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**warts**  
**wɔːts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flab**  
**flæb**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**awe**  
**ɑː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**joy**  
**dʒɔɪ**

Zen habits (c) readings.world

**miraculous**  
**mɪr.ə.kjʊ.l̩.əs**

Zen habits (c) readings.world

**intrinsic**  
**ɪnˈtrɪnzɪk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le relâchement, desserrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**se desserrer, desserrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**vent, emmailloter, détortiller,  
langer, enrouler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**errer, vaguer, divaguer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sensations, sensation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'obscurité, obscurité, ténèbres**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**miracle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspirant, inspirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sentiments**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la stupeur, crainte, révérence,  
admiration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flasque**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**verrues, verrue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**intrinsèque**

Zen habits (c) readings.world

**miraculeux**

Zen habits (c) readings.world

**joie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chao**  
**τjαυ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**inextricably**  
**ινεκστρικλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**associated**  
**ασουσιετad**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simplifying**  
**σιμπλιφαιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accountable**  
**ακαυτηλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triathlon**  
**τριαθλιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motivating**  
**μουτλιβειη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reflection**  
**ιλιφλεκλιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**autopilot**  
**ατουπαιλιτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blogging**  
**βλιγιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**steroids**  
**στεριουδζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**clown**  
**κλουη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disgust**  
**δισγαστ**

Zen habits (c) readings.world

**consciously**  
**κωνσλι**

Zen habits (c) readings.world

**Auto**  
**ατου**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**associés, fréquenter, associer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**inextricablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**le chaos**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triathlon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**responsable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simplifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pilote automatique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réflexion, reflet, eaning 4**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motivant, motiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**clown, clownesse, pitre, bouffon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stéroïdes, stéroïde**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le blogging**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**auto**

Zen habits (c) readings.world

**consciemment**

Zen habits (c) readings.world

**dégoût, dégouter, dégout**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**adjustments**  
adʒʌstmənts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**crucial**  
kruːʃl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**brag**  
bræg

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triathletes**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gloriously**  
glɔːrɪəsli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lean**  
lin

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualization**  
vɪʒʊəlɪzɪʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**failures**  
feɪljəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accomplish**  
əkəmplɪʃ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envisioned**  
ɛnvɪʒənd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fool**  
fuːl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exhausted**  
ɪgzɔːstɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nauseated**  
nɔːziətəd

Zen habits (c) readings.world

**portions**  
pɔːʃnz

Zen habits (c) readings.world

**Session**  
sɛʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, brag, fanfaronner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus maigre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accomplir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**épuisé, épuiser, échappement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**séance, session**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cruciale, crucial**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**glorieusement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les échecs, échec, daube, flop,  
panne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, dinde, fou, bouffon, mat, duper**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**portions, part, portion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des ajustements, ajustement,  
areglement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**triathlètes, triathlete**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualisation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envisagée, envisager**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nauséux, écœurer, avoir la nausée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**decent**  
**disɒnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**preservation**  
**pɹɛzə'veɪʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**cyclists**  
**sɑɪklɪsts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**highway**  
**haɪweɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flashed**  
**flæʃt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de l'oie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zooming**  
**zu:mɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lane**  
**leɪn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Guam**  
**gwam**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transportation**  
**ˌtrænspɔː'teɪʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**swear**  
**swɛə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**miserably**  
**mɪzə'blɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envision**  
**ɛn'vɪʒən**

Zen habits (c) readings.world

**entire**  
**ɪn'taɪə**

Zen habits (c) readings.world

**span**  
**spæn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cyclistes, cycliste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**préservation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**integre, décent, substantiel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, coup de klaxon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flashé, éclair, lueur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**autoroute, grand chemin,  
grand'route, chaussée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**guam**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chemin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zoomer, bourdonnement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**misérablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jurer, blasphémer, jurez, jurons,  
jurent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le transport, transport,  
transportation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'étendue, empan**

Zen habits (c) readings.world

**entière, entier, entiere**

Zen habits (c) readings.world

**l'envie, envisager**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discouraging**  
dɪskəʊdʒɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vision**  
vɪʒən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustrating**  
fɹʌstɹeɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discouraged**  
dɪskəʊdʒd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**clay**  
kleɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dismal**  
dɪzml

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disappointment**  
dɪsəʊpɔɪntmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**briefly**  
brɪfli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sculpting**  
skʌlptɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inputs**  
ɪnpʊts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**discourage**  
dɪskəʊdʒ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Curious**  
kjʊrɪəs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**consequently**  
kɔnsɪkwəntli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mound**  
maʊnd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nutrients**  
nuːtrɪənts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**décourager, dissuader**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**lamentable, misérable, morne,  
lugubre, déprimant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**décourageant, décourager,  
dissuader**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vous êtes curieux, curieux,  
intéressant, singulier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déception**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vision, vue, aspiration, apparition**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en conséquence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brèvement, brièvement,  
concisément**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frustrant, frustrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**butte, monticule, terre, butter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sculpter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**découragé, décourager, dissuader**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des nutriments, nutriment, nutritif**

Zen habits (c) readings.world

**intrants, entrée, intrant, rentrer**

Zen habits (c) readings.world

**l'argile, argile, terre battue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sunlight**  
sʌnlɑɪt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**enjoyment**  
ɛndʒɔɪmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**tightly**  
taɪtli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**compassionate**  
kəmˈpæʃənət

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**input**  
ɪnpʊt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**slim**  
slɪm

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sculpt**  
skʌlpt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nurture**  
nɜːtʃə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**toward**  
təˈwɔːd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**attachment**  
əˈtætʃmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**outcomes**  
aʊtkʌmz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grip**  
grɪp

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**self-control**  
selfkɒntrɔʊl

Zen habits (c) readings.world

**guilt**  
ɡɪlt

Zen habits (c) readings.world

**invisibility**  
ɪnˈvɪzəbɪləti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étanche, fermement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**jouissance, plaisir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**la lumière du soleil, lumière du soleil**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, mince, svelte, maigrir, mincir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de l'entrée, entrée, intrant, rentrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**compatissant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vers, envers, pour, pres de**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'éducation, élever, éduquer, nourrir, favoriser, alimenter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sculpter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**poignée, ballot, grippe, saisir, agripper, préhension**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résultats, issue, résultat, dénouement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'attachement, attachement, dépendance, pièce jointe, saisie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'invisibilité, invisibilité**

Zen habits (c) readings.world

**culpabilité**

Zen habits (c) readings.world

**le contrôle de soi**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**sensation**  
sɛnseɪʃn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**pause**  
pɔʒ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**panic**  
pænik

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visible**  
vɪzəbəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rationally**  
ræʃnəli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**amazingly**  
əmeɪzɪŋli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unbidden**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**delay**  
dɪleɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**manuscript**  
mænjʌskɪpt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**developers**  
dɪ'velɒpəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**proofread**  
pru:fɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mailbox**  
meɪlbɒks

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**agile**  
ædʒəl

Zen habits (c) readings.world

**Scrum**

Zen habits (c) readings.world

**executing**  
ɛksɪkjʊtɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**panique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**pauser, pause**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sensation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étonnamment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rationnellement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**manuscrit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**délat, ajourner, décelération,  
surseoir, retard, retarder**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**non autorisé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**boîte à lettres**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**relire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**développeurs, concepteur,  
développeur, créateur, promoteur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en cours d'exécution, exécuter,  
mettre a mort**

Zen habits (c) readings.world

**scrum, melée**

Zen habits (c) readings.world

**agile**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**illustrates**  
ɪlʌstɪeɪts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**systematize**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**adjust**  
ədʒʌst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sporadically**  
spɜːrəˈdɪkəlɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**principles**  
ˈprɪnsɪpəlɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**repetition**  
ˌrepiˈtɪʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**intervals**  
ˈɪntəvəlɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**retention**  
ˌretɪnʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cramming**  
ˈkræmɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doses**  
ˈdoʊsɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**concentration**  
ˌkɒnsənˈtreɪʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**deliberately**  
dɪlɪbəˈreɪtli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weaknesses**  
ˈwiːknəsɪz

Zen habits (c) readings.world

**largely**  
ˈlɑːdʒli

Zen habits (c) readings.world

**assess**  
əˈses

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ajuster**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**systématiser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**illustre, illustrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**répétition**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**principes, principe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sporadiquement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bachotage, bourrer, ficher, foutre,  
emmancher, fourrer, gaver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rétention, droit de rétention**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**intervalles, intervalle**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**délibérément**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**concentration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doses, dose**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**estimer, évaluer, infliger**

Zen habits (c) readings.world

**en grande partie, largement, en  
général, pour la plupart**

Zen habits (c) readings.world

**les faiblesses, faiblesse, point  
faible, faible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blossom**  
**blasʌm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**plum**  
**plʌm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**startled**  
**stɑ:tlɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sidewalk**  
**sɑɪdwɔ:k**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reverie**  
**ʁɛvɛʁi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**descend**  
**dɪsɛnd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hilly**  
**hɪli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**beautifully**  
**bju:tɪfli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**impermanent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**evanescent**  
**ɛvʌnɛsɪnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**captivated**  
**kæptɪveɪtɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transient**  
**trʌnzɪnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gorgeous**  
**ɡɔ:rdʒɪs**

Zen habits (c) readings.world

**blossoms**  
**blasʌmz**

Zen habits (c) readings.world

**melt**  
**mɛlt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surpris, sursauter, surprendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**prune**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fleur, floraison, fleurir, s'épanouir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**descendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rêverie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trottoir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**impermanent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**magnifique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vallonné**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**passager, provisoire, transitoire,  
temporaire, bref**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**captivé, captiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**évanescent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, fondre (1), se dissoudre (2)**

Zen habits (c) readings.world

**fleurs, fleur, floraison, fleurir,  
s'épanouir**

Zen habits (c) readings.world

**magnifique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fad**  
**fæd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**peaks**  
**piks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**impermanence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**indulge**  
**ɪndʌldʒ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**permanent**  
**pəˈmænənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**more precious**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spouse**  
**spaʊs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**characteristic**  
**kæɹɪktəˈɪstɪk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unchanging**  
**ʌntʃeɪndʒɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sapling**  
**sæplɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Embrace**  
**embreɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weren**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**irritation**  
**ɪrɪˈteɪʃən**

Zen habits (c) readings.world

**embracing**  
**embreɪsɪŋ**

Zen habits (c) readings.world

**temporary**  
**tempəˈɹɛɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'impermanence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**pics, pic**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**, mode, lubie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus précieux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**permanent, permanente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se faire plaisir, céder, succomber,  
dorloter, gâter, choyer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**immuable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**caractéristique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**conjoint, époux, épouse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**n'était**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**êtreindre, embrasser, accolade,  
embrassement, embrassade**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'aubier, arbrisseau**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**temporaire, provisoire, intérimaire**

Zen habits (c) readings.world

**embrasser, êtreindre, accolade**

Zen habits (c) readings.world

**l'irritation, irritation**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**grief**  
**gʁif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**aval, descendant, en aval, dans le  
sens du courant (descente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**float**  
**flout**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grasp**  
**gʁæsp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**throws in**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**circumstances**  
**sɜːkʌmstænsɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**continual**  
**kɒntɪnjuəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flexible**  
**fleksɪbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shouldn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mindset**  
**maɪndset**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adapts**  
**ʌdæpts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adopt**  
**ʌdɔpt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reminder**  
**ˌrɪmaɪndə**

Zen habits (c) readings.world

**visual**  
**ˈvɪʒʊəl**

Zen habits (c) readings.world

**effortlessly**  
**ɪfɜːtɪləsli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, flotter, flotteur, taloche, char**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**aval, descendant, en aval, dans le sens du courant (descente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**le chagrin, douleur, peine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**circonstances, circonstance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jeter dedans**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**saisir, agripper, comprendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**devrait**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flexible, maléable, souple**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**continue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adopter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'adapte, adapter, s'adapter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'état d'esprit, état d'esprit, disposition d'esprit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans effort**

Zen habits (c) readings.world

**visuelle, visuel**

Zen habits (c) readings.world

**rappel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disrupt**  
dɪsˌrʌpt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Row**  
rəʊ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**write back**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spiral**  
spraɪəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**corollary**  
kəˈrɒləri

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adjusted**  
ədʒʌstɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shallow**  
ʃæləʊ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blindly**  
blaɪndli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**contingency**  
kɒntɪndʒənsi

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adjustment**  
ədʒʌstmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**addicting**  
ədɪktɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disruption**  
dɪsˌrʌpʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**SI**  
si

Zen habits (c) readings.world

**establish**  
ɪstæblɪʃ

Zen habits (c) readings.world

**misstep**  
mɪsˌsteɪp

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**répondre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rangée, tintamarre, canoter, ramer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**perturber, déranger, interrompre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ajustée, ajuster**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**corollaire, corolaire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spirale, hélice, spiraler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'éventualité, contingence,  
éventualité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**aveuglement, a l'aveuglette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**superficielle, peu profond,  
superficiel, haut-fond, baisse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**interruption, perturbation, rupture**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**une dépendance, dépendant,  
dépendante, intoxiqué, intoxiquée  
g**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'ajustement, ajustement,  
areglement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**faux pas, bourde, trébucher**

Zen habits (c) readings.world

**affermir, établir**

Zen habits (c) readings.world

**sis**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**derail**  
**dɪreɪl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**se**  
**seɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**making noise**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disturb**  
**dɪstɜːb**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**involuntarily**  
**ɪnvəʊlɒntəɪli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disturbing**  
**dɪstɜːbɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disturbance**  
**dɪstɜːbəns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nearby**  
**neɪbɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Yay**  
**jeɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resisting**  
**ˌrɪzɪstɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**acceptable**  
**əkseptəbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exertion**  
**ɪgzɜːʃn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastinating**  
**ˌprɒkræstɪneɪtɪŋ**

Zen habits (c) readings.world

**acceptance**  
**əkseptəns**

Zen habits (c) readings.world

**gratitude**  
**ɡrætɪtʊd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Faire du bruit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**réveiller, (s')éveiller**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**dérailler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dérangeant, déranger, perturber,  
gener**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**involontairement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déranger, perturber, gener**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Yay**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à proximité, proche, a proximité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**perturbation, trouble, tapage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'effort, effort, dépense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**acceptable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résister, s'opposer, rejeter,  
dégouter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la gratitude, gratitude**

Zen habits (c) readings.world

**l'acceptation, acceptation,  
adhésion, admission, adoption**

Zen habits (c) readings.world

**la procrastination, procrastiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**displeasure**  
**diʃplɛʒə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lacing up**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**laziness**  
**leɪzɪnəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**indicator**  
**ɪndɪkeɪtə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**proposition**  
**prɒpəzɪʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lace up**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reasonable**  
**ˌrɪzənəbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**initial**  
**ɪnɪʃəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**smallest possible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objections**  
**əbɪdʒekʃənz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lace**  
**leɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objection**  
**əbɪdʒekʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**worthiness**  
**wɜːðɪnəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unobjectionable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**deserve**  
**dɪzəv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dentelle, pointue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Lacer (ses chaussures )**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objection**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**raisonnable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Lacer (ses chaussures )**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**valeur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**initial, lettrine, initiale, premiere  
lettre, parapher**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la paresse, paresse, flemme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**non répréhensible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le plus petit possible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**indicateur, aiguille, clignotant,  
signofile**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mériter**

Zen habits (c) readings.world

**objections, objection**

Zen habits (c) readings.world

**proposition**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**minimum**  
**μινιμουμ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pose**  
**πουζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**increment**  
**ινκρημηντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sunshine**  
**σηνφαιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**captivates**  
**καεπτιβερτς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**viable**  
**βαιαβαι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**floss**  
**φλους**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resists**  
**ρηζιςτς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**instant**  
**ινςταντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**actuality**  
**αεκτφιαελτι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**audio**  
**αδιου**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objectionable**  
**οβδζεκφληαβαι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rabbit hole**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**virtual**  
**βερτυαλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**occupies**  
**οκφπραις**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**audio**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**viable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**minimum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**répréhensible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**du fil dentaire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**poser, posez, posent, posons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trou de lapin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résiste, résister, s'opposer, rejeter,  
dégouter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'augmentation, incrémenter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**virtuel, pratiquement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**instantanée, moment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**soleil, lumière du soleil**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**occupe, occuper, habiter**

Zen habits (c) readings.world

**réalité**

Zen habits (c) readings.world

**captive, captiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**recall**  
**ʁikɑl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Intro**  
**intʁoʊ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**somehow**  
**sɑmhɑʊ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**bothered**  
**boʔɛd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**clashes**  
**klæʃɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**harm**  
**hɑɹm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mismatch**  
**mɪsmætʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sunsoaked**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rainsoaked**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gloomy**  
**glumi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Muddy**  
**mɑdi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**otherwise**  
**ɑʔwaɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**realizations**  
**ʁilɹeɪʒɑn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**subsequent**  
**sʊbsɛkwɑnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**realization**  
**ʁilɹeɪʒɑn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**d'une manière ou d'une autre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**intro**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rappeler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le mal, mal, tort, dommage, nuire a,  
faire du mal a**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des heurts, fracas, cliquetis,  
échauffourée, escarmouche**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dérangés, bâdrer, daigner, se  
donner la peine, zut!**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trempé par la pluie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ensoleillé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inadéquation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**autrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**morne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**morose, lugubre, sombre, terne,  
maussade**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**connaissance, réalisation**

Zen habits (c) readings.world

**ultérieures, subséquent, suivant,  
prochain**

Zen habits (c) readings.world

**réalisations, connaissance,  
réalisation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**powerless**  
**paʊərləs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**smacked**  
**smækt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**phenomena**  
**fɪnəˈmɪnə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**arise**  
**əˈaɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**panicked**  
**ˈpæɪŋkt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**float**  
**floʊt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**in confusion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**phenomenon**  
**fɪnəˈmɪnən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**floats**  
**floʊts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**postpone**  
**ˈpəʊstpəʊn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**freezing rain**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ultra**  
**ˈʌltrə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shiver**  
**ˈʃɪvə**

Zen habits (c) readings.world

**smoothly**  
**ˈsmuːðli**

Zen habits (c) readings.world

**miler**  
**ˈmaɪlə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des phénomènes**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**giflé, donner une tape à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**impuissante, impuissant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flotter, flotteur, taloche, char,  
flottant, float**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**paniqué, panique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se lever, surgir, apparaître, naître**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flotteurs, flotter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**phénomène, phénomène**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dans la confusion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ultra**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pluie verglaçante**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**repousser, remettre, reporter,  
différer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**miler**

Zen habits (c) readings.world

**en douceur, doucement,  
douceur**

Zen habits (c) readings.world

**des frissons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pace**  
**peɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**downhill**  
**daʊnhɪl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**cramping**  
**kɹæmpɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**nap**  
**næp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**most triumphant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**encouragement**  
**enkəʊrɪdʒmənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**neverfailing**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**persistent**  
**pəˈsɪstənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**marathons**  
**meɪləθɒnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**internal**  
**ɪntəˈnəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sup**  
**sʌp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**un**  
**ʌn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gradual**  
**ɡrædʒʊəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**zone**  
**zəʊn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dip**  
**dɪp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**des crampes, crampe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**en descente, en aval, descente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rythme, pas**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**d'encouragement, encouragement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le plus triomphant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sieste, petit somme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**marathons, marathon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**persistante, persistant, tenace**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans jamais faillir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un, ONU**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sup**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**interne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trempe, immersion**

Zen habits (c) readings.world

**zone**

Zen habits (c) readings.world

**graduelle, graduel**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**appreciation**  
**απρίσιεϊζλν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**teammates**  
**timmerts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**1, 2**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gruel**  
**γρυελ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**backpack**  
**βækpæk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bricks**  
**brɪks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crawls**  
**krɔʊz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**logs**  
**lɔgz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Crab**  
**kræb**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**voluntarily**  
**vɒlʌntεɪrɪli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**miserable**  
**mɪzɜːrəbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**badass**  
**bædæs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hell**  
**hɛl**

Zen habits (c) readings.world

**soak**  
**sɔʊk**

Zen habits (c) readings.world

**gloriousness**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, armée, troupes**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**des coéquipiers, coéquipier,  
coéquipière**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'appréciation, appréciation,  
estimation, évaluation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**briques, brique, soutien, rouge  
brique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sac à dos, sac a dos**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**éreintant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le crabe, crabe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**journaux, rondin, bûche**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rampe, ramper**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mauvais, connard, connasse, tete,  
warrior, dur a cuire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**misérable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**volontairement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la gloire**

Zen habits (c) readings.world

**tremper, faire tremper, immerger,  
éponger**

Zen habits (c) readings.world

**l'enfer, enfer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**multihued**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**impatiently**  
**ɪmpreɪʃntli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**metaphor**  
**metafɔː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**scenery**  
**sinəri**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**impatient**  
**ɪmpreɪʃnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**backseat**  
**bæksit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**darn**  
**dɑːn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**redirect**  
**riːdɪʒekt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**patience**  
**peɪʃns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**workouts**  
**wɜːkaʊts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**melted away**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**physically**  
**fɪzɪkəli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**creation**  
**kriːʃjən**

Zen habits (c) readings.world

**Terribly**  
**teɪəbli**

Zen habits (c) readings.world

**profound**  
**prəʊfaʊnd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**métaphore**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**avec impatience**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**multicolore**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la banquette arrière**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**impatient**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**décor naturel, paysage, décor**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la patience, patience**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réorienter, réadresser, faire suivre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reprendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**physiquement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**a fondu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les entraînements, entraînement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**profond**

Zen habits (c) readings.world

**terriblement**

Zen habits (c) readings.world

**création**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**demoralizing**  
dɪmɔːlaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**reinvent**  
ˌriːɪnˈvent

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**melt away**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surefire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plagues**  
ˈpleɪɡz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**melting away**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**curiosity**  
kjʊˈrɪəsəti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**approach**  
əˈprɔʊtʃ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**desire**  
dɪˈzaɪə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drawer**  
ˈdrɔː

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**prospect**  
ˈprɒspekt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drenched**  
dɪˈrentʃt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sweat**  
swet

Zen habits (c) readings.world

**distractions**  
dɪstˌrækjʌnz

Zen habits (c) readings.world

**drown**  
draʊn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fondre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**réinventer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**démoralisant, démoraliser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en train de fondre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fléaux, peste, fléau, plaie, calamité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à coup sûr**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**désirer, désir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**approche, approchons, abordable,  
abordez, rapprochons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**curiosité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trempe, tremper**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**prospect, perspective, prospecter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tiroir, souscripteur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se noyer, noyer, checksubmerger**

Zen habits (c) readings.world

**des distractions, distraction, folie**

Zen habits (c) readings.world

**de la sueur, transpirer, suer,  
transpiration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insurmountable**  
ɪnsəˈmaʊntəbl̩

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**whelming**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**solvable**  
sɒlvəbl̩

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tackle**  
tækəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**recovery**  
ˌriːkʌvəri

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**scale**  
skeɪl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overwhelming**  
oʊvərwɛlmɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hug**  
hʌg

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**comforted**  
kɒmfɜːtɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cowering**  
kaʊzɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**thunderstorm**  
θʌndəˈstɔːm

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disruptions**  
dɪsˌrʌpʃnz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hunkered down**

Zen habits (c) readings.world

**outlining**  
aʊtˈlaɪnɪŋ

Zen habits (c) readings.world

**honeymoon**  
hʌnɪmʊn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**solvable, résoluble**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**de l'eau, de l'air et de l'eau,  
submerger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**insurmontable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**échelle, escaladez, escalader,  
escaladent, gravir, barème**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**récupération, rétablissement,  
recouvrement, guérison**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tacle, combattre, affronter, tacler,  
plaquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réconforté, confort, consoler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**embrassade, étreinte, câlin,  
accolade, étreindre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**écrasante, abreuver, accabler,  
envahir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des perturbations, interruption,  
perturbation, rupture**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**orage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se recroqueviller**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lune de miel, voyage de noces**

Zen habits (c) readings.world

**l'esquisse, contour, silhouette,  
esquisse, aperçu, résumé**

Zen habits (c) readings.world

**accroupis**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**derailed**  
**dɪˈeɪld**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Thailand**  
**taɪlənd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**putting off**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honey**  
**hʌni**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shattered**  
**ʃætəd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Busyness**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crisis**  
**kɹaɪsɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exhaustion**  
**ɪgzɔːʃʌn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Distraction**  
**dɪstɹækʃʌn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**optimistic**  
**ɒptɪmɪstɪk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**percent**  
**pɜːsɛnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overly**  
**oʊvəli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nicely**  
**naɪsli**

Zen habits (c) readings.world

**rails**  
**reɪlz**

Zen habits (c) readings.world

**crash**  
**kɹæʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à repousser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**thaïlande, Thaïlande**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**déraillé, dérailler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'affairisme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brisé, fracasser, réduire en miettes,  
mettre en pieces, briser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chérie, miel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**distraction, folie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'épuisement, épuisement,  
harcèlement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crise**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de manière excessive, trop,  
excessivement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pour cent, pourcent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**optimiste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crash, fracas**

Zen habits (c) readings.world

**rails, barre, tringle**

Zen habits (c) readings.world

**joliment, agréablement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**encounters**  
**ɪnkaʊntəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**recover**  
**ɹɪkʌvə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gravity**  
**ɡrævɪti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flinching**  
**flɪntʃɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pause**  
**pəʊz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bemoan**  
**bɪməʊn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fate**  
**fet**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**landscape**  
**lændskeɪp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**damn**  
**dæm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bump**  
**bʌmp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reflow**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sickness**  
**sɪknəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**priorities**  
**pɹɪərɪtɪz**

Zen habits (c) readings.world

**reassess**  
**ɹɪəseɪs**

Zen habits (c) readings.world

**interruption**  
**ɪntəˈrʌpʃn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la gravité, gravité, pesanteur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**recupérer, captons, capter,  
recouvrent, recouvrer, recouvrons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rencontres, rencontrer, rencontre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déplorer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, pauser, pause**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flancher, tressaillir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, condamner, réprouver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**paysage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le destin, destin, destinée, sort**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maladie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reflowing**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bump, bourrade, boum, bosse,  
saillie, ballon, heurter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**interruption**

Zen habits (c) readings.world

**réévaluer**

Zen habits (c) readings.world

**priorités, priorité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stride**  
**στριαδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**disrupted**  
**δισυληπτιδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**gotten**  
**γαταν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mentality**  
**μενταελιατι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adopting**  
**αδαπτια**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unhappiness**  
**αηαερινια**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spouses**  
**σπαυσαζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**indecision**  
**ινδισιαζαν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**annoyance**  
**ανιαιανα**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**loneliness**  
**λονιαλιανα**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**forgiving**  
**φαεγινια**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dissatisfied**  
**δισαετασφαιδ**

Zen habits (c) readings.world

**toothache**

Zen habits (c) readings.world

**Buddhist**  
**βυδαστ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**obtenu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**perturbé, perturber, déranger,  
interrompre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**foulée, marcher à grands pas**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'adoption, adopter**

**mentalité**

**l'indécision, indécision, irrésolution**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les conjoints, époux, épouse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le malheur, tristesse, malheur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pardonner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la solitude, solitude**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'agacement, ennui, nuisance,  
irritation, checkagacement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bouddhiste**

Zen habits (c) readings.world

**mal aux dents, mal de dents**

Zen habits (c) readings.world

**insatisfait, mécontenter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tortured**  
tɔːtʃəd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**cranky**  
kɹæŋki

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**dye**  
daɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**explorations**  
ɛkspləˈreɪʃnz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**external circumstances**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**devastating**  
dɛvəˈsteɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hatred**  
heɪtɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**expectation**  
ɛkspekˈteɪʃn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**certainty**  
səˈtʌnti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastinates**  
prɒkɹəˈstɪneɪts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**philosophical**  
fɪləˈsɒfɪkəl

Zen habits (c) readings.world

**comforting**  
kɒmfɔːtɪŋ

Zen habits (c) readings.world

**insecurity**  
ɪnˌsɪkjʊrɪti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**teignant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**grincheux, chafouin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**torturé, torture, torturer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dévastateur, dévaster**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des circonstances extérieures**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**explorations, exploration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**certitude**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**attentes, attente**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la haine, haine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastine, procrastiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'insécurité, insécurité**

Zen habits (c) readings.world

**réconfortant, confort, consoler**

Zen habits (c) readings.world

**philosophique**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**unpredictable**  
**anpɹɪdɪktəbl̩**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**everchanging**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**secure**  
**sɪkjʊə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**conflict**  
**kɒnflɪkt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tension**  
**tɛnʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fearful**  
**fɪəfʊl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trap**  
**tɹæp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unrealistic**  
**ʌnriːəlɪstɪk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unhelpful**  
**ʌnhɛlpfʊl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**1**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pier**  
**pɪə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hap**  
**hæp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resisted**  
**rɪzɪstɪd**

Zen habits (c) readings.world

**tightness**  
**taɪtnəs**

Zen habits (c) readings.world

**literally**  
**lɪtərəli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sécurisé, sur, sécuriser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**en constante évolution**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**imprévisible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**effrayant, redoutable, peureux,  
craintif, terrible, affreux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tension, traction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**conflit, incompatibilité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inutile**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**irréaliste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**piège**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hap**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**quai, jetée, ponton, pile, pilier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, se dissoudre (2)**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**littéralement**

Zen habits (c) readings.world

**serré, étroitesse**

Zen habits (c) readings.world

**résisté, résister, s'opposer, rejeter,  
dégouter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**softening**  
sɔʃlɔniŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**softens**  
sɔʃlɔnz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**jaw**  
dʒɔ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**astonishing**  
ɔstɔniʃɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**behold**  
biˈhoʊld

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Peak**  
pi:k

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**heartbreak**  
hɑ:tbreɪk

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**external**  
ɪkstɜ:nəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**purposely**  
pəˈpɜ:slɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**immersed**  
ɪmɜ:st

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**apparently**  
əˈpɛrɪntli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mystical**  
mɪˈstɪkəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**numerous**  
numɜ:əs

Zen habits (c) readings.world

**specialness**

Zen habits (c) readings.world

**protection**  
prɔːtekʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mâchoire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**s'adoucit, adoucir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'adoucissement, adoucissant,  
amollissant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le sommet, apogée, comble**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**regarder, voir, observer, voici, voila**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étonnante, étonner, surprendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à dessein, expres**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**externe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un chagrin d'amour, creve-cour**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mystique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**apparemment, évidemment, en  
apparence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**immergé, immerger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**protection**

Zen habits (c) readings.world

**la spécificité**

Zen habits (c) readings.world

**nombreux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**demands**  
**dɪmændz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**threatened**  
**θreɪtənd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**criticized**  
**kɪtɪsaɪzd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sexy**  
**seksi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**awkward**  
**ɔkwəd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**clumsy**  
**klʌmzi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sweaty**  
**sweti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Gross**  
**grɔʊs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honored**  
**ənəd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unique**  
**junik**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pedestal**  
**pədəstəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**glory**  
**glɔɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**defensiveness**  
**dɪfɛnsɪvnəs**

Zen habits (c) readings.world

**selfishness**  
**sɛlfɪʃnəs**

Zen habits (c) readings.world

**criticizing**  
**kɪtɪsaɪzɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critiqué, critiquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**menacé, menacer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**demandes, demande, exigence,  
exiger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**empoté, gauche, lourd, maladroit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maladroit, gauche, embarrassant,  
inconvenant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sexy**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**honoré, honneur, honorer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brut, dégoûtant, dégueulasse,  
grossier, grossiere, grosse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en sueur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gloire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**piédestal**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critiquer**

Zen habits (c) readings.world

**l'égoïsme, égocentrisme, égoïsme**

Zen habits (c) readings.world

**l'attitude défensive**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rejection**  
ɹɪdʒɛkʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nest**  
nɛst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grumble**  
ɡrʌmbəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**desires**  
dɪzəɪəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**immerse**  
ɪmɜːs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**judgment**  
dʒʌdʒmənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**banishing**  
bæɪnɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**assert**  
əˈsɜːt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simultaneously**  
sɪmʌlteɪniəsli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**oneself**  
wʌnsɛlf

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**defend**  
dɪfend

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**erasing**  
ɪˈeɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**acknowledge**  
əknaʊlɪdʒ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**forth**  
fɔːθ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**textures**  
tekstʃəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**défendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**jugement, sentence, verdict,  
jugement dernier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**refus, rejet**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'effacement, effacer, s'effacer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le bannissement, bannir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nid, patelin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reconnaître, accuser réception,  
certifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**affirmer, attester, asseoir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, grondement, gargouillement,  
grognement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**avant, en avant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simultanément**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**désirs, désirer, désir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**textures, texture**

Zen habits (c) readings.world

**soi-même, soi-meme**

Zen habits (c) readings.world

**immerger**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**thrum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**newsroom**  
**nuzjum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**scramble**  
**skɹæmbɹl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tensions**  
**tɛntʃɹnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stability**  
**stɹbɹlɹtɹ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chaotic**  
**keɹɹɹtɹk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stable**  
**steɹbɹl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**embraced**  
**ɛmbrɛɹst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flux**  
**flɹks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**1**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**flowing through**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**debris**  
**dɹbrɹ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**everflowing**

Zen habits (c) readings.world

**abandoned**  
**ɹbændɹnd**

Zen habits (c) readings.world

**interrupted**  
**ɹntɹrɹptɹd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, brouiller**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**salle de presse, salle de rédaction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**le grondement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chaotique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stabilité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tensions, tension, traction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**décapant, flux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**embrassée, étreindre, embrasser,  
accolade**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étable, écurie, stable, ferme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**débris**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**qui s'écoule**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**interrompu, interrompre, couper**

Zen habits (c) readings.world

**abandonnée, abandonner**

Zen habits (c) readings.world

**toujours plus abondante**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**quicken**  
**kwɪkən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fantasies**  
**fæntəzɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**itinerary**  
**aɪtɪnəri**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exploration**  
**eksplə'reɪʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**illusion**  
**ɪluːʒən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**minimally**  
**mɪnɪ'məlɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dreading**  
**driːdɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stance**  
**stæns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**openness**  
**ɒpənɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**freedom**  
**friːdəm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualized**  
**vɪʒʊəlaɪzɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objectives**  
**ɒbdʒektɪvz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**emerge**  
**ɪmədʒ**

Zen habits (c) readings.world

**relentlessly**  
**riːləntlɪsli**

Zen habits (c) readings.world

**flow through**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**itinéraire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fantasmes, fantaisie, imaginaire,  
fantasme, fantasy**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'accélération**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de façon minimale**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**illusion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'exploration, exploration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'ouverture, franchise**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**position, posture, attitude, point de  
vue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**redouté, redouter, craindre, crainte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objectifs, objectif, objective**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**visualisée, visualiser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la liberté, liberté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'écouler**

Zen habits (c) readings.world

**sans relâche**

Zen habits (c) readings.world

**émerger, sortir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fantasizing**  
fæntəsəɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**excitedly**  
ɪksaɪtədli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Grocery**  
ɡrəʊsəri

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**kale**  
keɪl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lettuce**  
letɪs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Bitter**  
bɪtə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stir**  
stɜː

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**more palatable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drastic**  
dɹæstɪk

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shock**  
ʃɒk

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**buds**  
bʌdz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adjusting**  
ədʒʌstɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**soymilk**

Zen habits (c) readings.world

**tempeh**

Zen habits (c) readings.world

**quinoa**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'épicerie, épicerie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**avec enthousiasme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**fantasmer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**amère, amer, saumâtre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**laitue, salade, oseille**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**du chou frisé, chou frisé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**draconien, drastique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus acceptable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**remuer, affecter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'adaptation, ajuster**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bourgeons, bourgeon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**choc, choquons, offusquer,  
choquez, choquer, secouer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**quinoa**

Zen habits (c) readings.world

**du tempeh, tempeh**

Zen habits (c) readings.world

**du lait de soja**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tofu**  
**τοϋϑυ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**undergo**  
**λνδэгου**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**shocked**  
**ϑακτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plunge**  
**ϩλνδз**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mal**  
**мael**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adapt**  
**λdæϑt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ultramarathon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**progression**  
**ϩλνδγελλν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**noticeable**  
**νουτλsλνλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**barely**  
**βελι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**troubleshoot**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bumps**  
**βλmpς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drop-dead**

Zen habits (c) readings.world

**supportive**  
**sυϑλντν**

Zen habits (c) readings.world

**pushup**  
**ϩυϑλϩ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**choqué, choc**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**subir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**tofu, tofou**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**adapter, s'adapter, adapté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mal**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plonger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**perceptible, repérable, détectable,  
remarquable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**progression**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ultramarathon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bosses, bourrade, boum, bosse,  
saillie, ballon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, rench: t-needed r**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à peine, a peine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pushup**

Zen habits (c) readings.world

**de soutien**

Zen habits (c) readings.world

**de tomber raide mort**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**Vegetarian**  
**vedʒɪteɪriən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**resistant**  
**ˌrɪzɪstənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**par**  
**paʁ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resist**  
**ˌrɪzɪst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**asparagus**  
**ˌæspəˈræɡʊs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**goldfish**  
**ˈɡoʊldfɪʃ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crackers**  
**ˈkrækəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pizza**  
**ˈpɪtsə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tempt**  
**tempt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**abandon**  
**əˈbændən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**changer**  
**ˈtʃeɪndʒə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**toughest**  
**ˈtʌfɪst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**significant**  
**ˌsɪɡnɪfɪkənt**

Zen habits (c) readings.world

**scenario**  
**ˌsɪnəˈriəʊ**

Zen habits (c) readings.world

**enthused**  
**ɪnˈθuːzɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**paring**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**résistante, résistant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**végétarien, végétarienne, herbivore**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**poisson rouge, carassin doré, rench:  
t-needed r**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**asperges, asperge**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résister**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, tenter, attirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pizza**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des crackers, cracker, qualifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le plus difficile, dur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**changeur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**abandonner, renoncer,  
abandonnent, abandonnons,  
délaisser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enthousiaste, enthousiasmer**

Zen habits (c) readings.world

**scénario**

Zen habits (c) readings.world

**significative, significatif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**thinking process**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**con  
kan**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**buddy  
bɔdi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unconsciously  
ankanʃasli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**threaten  
θreatn**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sodas  
sɔdas**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**defensively  
dɪfɛnsɪvli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**criticizes  
kritɪsaɪzɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**implicitly  
ɪmplɪsɪtli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Threatens  
θreatnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reconsider  
ɹɪkɒnsɪdɜː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bad habits**

Zen habits (c) readings.world

**resend**

Zen habits (c) readings.world

**defensive  
dɪfɛnsɪv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, supplier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**con, arnaquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**le processus de réflexion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, menacer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inconsciemment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**copain, camarade**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critique, critiquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sur le plan défensif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sodas, carbonate de soude, soude,  
eau pétillante**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reconsidérer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**menace, menacer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**implicitement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**défensif**

Zen habits (c) readings.world

**, renvoyer**

Zen habits (c) readings.world

**de mauvaises habitudes**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**persuasion**  
pə'sweɪʒən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**minimum amount**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cessation**  
sə'seɪʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**extended**  
ɪk'stendɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pushy**  
pʊʃi

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspired**  
ɪn'spaɪəd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resentful**  
rɪ'zentfəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**understandable**  
ʌndə'stændəbləl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**opposed**  
ə'pəʊzɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drone**  
dɹoʊn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**kooky**  
ku:ki

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**criticize**  
kɪ'tɪsaɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**homeschool**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**widely**  
waɪdli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insists**  
ɪn'sɪsts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bizarre, dingue**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**inspirée, inspirer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**la persuasion, persuasion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critiquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rancunier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**montant minimum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'école à domicile**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**compréhensible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'arrêt, cessation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**largement, généralement,  
fréquemment, communément**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**opposée, s'opposer a, opposer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**étendu, étendre, prolonger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insiste, insister**

Zen habits (c) readings.world

**drone, faux-bourdon**

Zen habits (c) readings.world

**insistante, ambitieux, arriviste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**being patient**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**obnoxious**  
**αβνακίλς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**lean out**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**handstands**  
**hændstændz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gorge**  
**γούρτζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overcame**  
**οὐνᾶκεϊμ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vegetarianism**  
**βεδζᾶτε.ιᾶνιζᾶμ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overnight**  
**οὐνᾶνᾶϊτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**struggle**  
**στᾶλγᾶλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hectic**  
**hεktɪk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**shame**  
**ʃεϊμ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**al**  
**æλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overstate**  
**οὐνᾶστεϊτ**

Zen habits (c) readings.world

**quagmire**  
**kwægmᾶϊᾶ**

Zen habits (c) readings.world

**more harmful**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se pencher**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**odieux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**être patient**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surmonté, vaincre, surmonter,  
envahir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**gorge, ravin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des mains, équilibre, appui tendu  
renversé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, lutte, lutter, s'efforcer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pendant la nuit, du jour au  
lendemain, nocturne, nuitée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le végétarisme, végétarisme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**AI**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la honte, honte, vergogne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trépissant, agité, hectic**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus nuisible**

Zen habits (c) readings.world

**bourbier, marais, marécage**

Zen habits (c) readings.world

**surestimer, exagérer**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**compounded**  
**κἀμπαυנדλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tough**  
**τᾱf**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**objects**  
**αβδζεκτς**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maintain**  
**μεῖντεῖν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dragging**  
**δᾱεγῖη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insidious**  
**ἰνσιδῖα**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**slip**  
**σῖp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**majority**  
**μᾱδζᾱλτῖ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**octane**  
**ακτεῖν**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ironically**  
**αιῖονῖκῖ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**counter**  
**καυντᾱ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**countless**  
**καυντῖλᾱ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vast**  
**vᾱst**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**burnt out**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**eliminate**  
**ἰῖμᾱνεῖτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**compteur, numérateur, jeton**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**insidieux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**composé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**innombrables, incalculable,  
innombrable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**glisser, fiche, lapsus, patiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**vaste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**majorité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, vie (persons), éternité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**épuisé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**octane**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**entretenir, maintenir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**éliminer, tuer, rench: t-needed r**

Zen habits (c) readings.world

**ironiquement**

Zen habits (c) readings.world

**traînant, tirer, entraîner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overwhelm**  
**ουβᾶwelm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**disconnect**  
**δισκλνεκτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**overload**  
**ουβᾶlouδ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mediums**  
**midiaμz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inflow**  
**inflou**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**at the end of the day**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**breathing exercise**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**notifications**  
**νουτλφκειjληz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tap**  
**tæp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**backburner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**minimal**  
**μινιμλλ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**anticipating**  
**æntisʌpeitiŋ**

Zen habits (c) readings.world

**gauge**  
**geɪdʒ**

Zen habits (c) readings.world

**assessment**  
**ʌsesmʌnt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**surcharger, surcharge**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**déconnecter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'écrasement, abreuver, accabler,  
envahir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à la fin de la journée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'afflux d'argent, afflux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les supports**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'écoute**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**notifications, notification**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un exercice de respiration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**minimale, minimum, minimaliste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**approcher (de)**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en veilleuse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**évaluation, estimation**

Zen habits (c) readings.world

**jauge, gabarit, étalon, mesurer,  
estimer, jauger**

Zen habits (c) readings.world

**anticiper, prévoir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bad habit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**luckily**  
**lʌklɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**justifications**  
**dʒʌstɪfɪkeɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**trustworthy**  
**trʌstwɜːði**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**contentment**  
**kɒntentmənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**complexities**  
**kɒmpleksɪtɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**justify**  
**dʒʌstɪfaɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Bull**  
**bʊl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pure**  
**pjʊə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**get tough**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**additional**  
**ədɪʃənəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doable**  
**duəbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**load**  
**ləʊd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bliss**  
**blɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weaseling**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**supplémentaires, additionnel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**complexités, complexité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mauvaise habitude**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**faisable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**justifier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**heureusement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**charge, chargement, fardeau**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le taureau, taureau**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**justifications, justification**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bonheur, béatitude, félicité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pure, pur, pudique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de confiance, digne de confiance,  
digne de foi, fiable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'évasion, belette, belette d'Europe,  
belette pygmée**

Zen habits (c) readings.world

**devient difficile**

Zen habits (c) readings.world

**le contentement, contentement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plagued**  
**pleɪɡd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**count down**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**elsewhere**  
**elsweɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**forum**  
**fɔːrʌm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**triggered**  
**ˈtrɪɡəd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**notebook**  
**noʊtbʊk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**triggers**  
**ˈtrɪɡəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**smokers**  
**ˈsmoʊkəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**tally**  
**ˈtæli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**chewing**  
**ˈtʃuɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**template**  
**ˈtɛmplət**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**socialize**  
**səʊʃlaɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sadness**  
**sædnəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**replacements**  
**ˌrɪpleɪsmənts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cold turkey**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**ailleurs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**compte à rebours**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**en proie à des difficultés, peste,  
fléau, plaie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cahier, calepin, notebook, laptop,  
ordinateur portable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déclenché, détente, gâchette,  
actionneur, activateur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**forum**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tally, compte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fumeurs, fumeur, fumeuse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déclencheurs, détente, gâchette,  
actionneur, activateur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fréquenter des gens, voir des gens,  
développer l'aspect social**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**modèle, gabarit, calibre, patron,  
réglette**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mastication, mâcher, mordiller,  
mastiquer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sevrage brutal**

Zen habits (c) readings.world

**des remplaçants, remplaçant,  
substitut**

Zen habits (c) readings.world

**tristesse, malheur**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**eliminating**  
ɪlɪmɪneɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**reduction**  
rɪdʌkʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**lines up**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**boredom**  
bɔːrdəm

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brows**  
braʊz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mechanisms**  
mekəˈnɪzəmz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cop**  
kɒp

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**squats**  
skwɒts

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stressful**  
stresfʊl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**paperwork**  
peɪpəwɜːk

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**savor**  
seɪvə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dissatisfaction**  
dɪsætɪsfækʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**worthwhile**  
wɜːθwaɪl

Zen habits (c) readings.world

**tackle**  
tækəl

Zen habits (c) readings.world

**illuminate**  
ɪluːmɪneɪt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'alignent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**réduction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**éliminant, éliminer, tuer, rench: -  
neededr**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mécanismes, mécanisme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la navigation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'ennui, ennui**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stressante, stressant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**squats, s'accroupir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'adaptation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'insatisfaction, insatisfaction,  
mécontentement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**savourer, priser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la paperasserie, tâches  
administratives**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**éclairer, illuminer**

Zen habits (c) readings.world

**, tacle, combattre, affronter**

Zen habits (c) readings.world

**qui en vaut la peine, de valeur,  
valant la peine**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**squashing**  
skwɑʃɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**counterarguments**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pre**  
pʁi

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**awesome**  
ɑːsəʊm

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**juggle**  
dʒʌɡl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tremendous**  
tʁɑ̃mɑ̃dus

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**squash**  
skwɑʃ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critical**  
kʁitikal

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**torture**  
tɔʁtyʁ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crashing**  
kʁæʃɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**roar**  
ʁoʁ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rebut**  
ʁibut

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**realistic**  
ʁjalistik

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Automation**  
ɔtamatjɔn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**falter**  
fɔltɛ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rugir, hurler, s'esclaffer, rire aux éclats**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**formidable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'écrasement, entasser, écraser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réfuter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la courge, potiron**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des contre-arguments, contre-argument**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réaliste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**critique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pré**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'automatisation, automatisation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la torture, torture, torturer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**génial**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**faiblir, vaciller**

Zen habits (c) readings.world

**se bloquer, fracas**

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**more solid**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**established**  
**istæblɪft**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**rebuild**  
**jɪbɪld**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**newly**  
**nuli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Sprints**  
**sprɪnts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**automatically**  
**ɔtɔmætɪkli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**repetitions**  
**ɹepɪtɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**oak**  
**oʊk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Automated**  
**ɔtɔmɛtɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**maintenance**  
**mɛɪntɪnəns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**safely**  
**sɛfli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**semi**  
**sɛmi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mode**  
**mɔʊd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**consistency**  
**kɔnsɪstənsɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**toss**  
**tɔs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**reconstruire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**établie, affermir, établir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**plus solide**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**automatiquement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les sprints, sprint**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**nouvellement, récemment**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**automatisé, automatiser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chêne, chene, chenes**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**répétitions, répétition**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**semi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**prudemment, en toute sécurité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**entretien, maintenance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de la balle, jet, au pile ou face,  
tirage au sort, lancer**

Zen habits (c) readings.world

**cohérence, consistance**

Zen habits (c) readings.world

**mode, manière**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lightly**  
**lɑ:tlɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**potential**  
**pə'tenʃəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**lapse**  
**læps**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**anniversaries**  
**ˌænɪvɜːsɪˈz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spreadsheet**  
**ˈspɹɛdʃi:t**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exceptions**  
**ɪk'seɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**advance**  
**əd'væns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**violated**  
**vaɪə'leɪtɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**split**  
**splɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**violate**  
**vaɪə'leɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spared**  
**spɛəd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**defeat**  
**dɪ'fi:t**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'**

Zen habits (c) readings.world

**panel**  
**pænl**

Zen habits (c) readings.world

**collapsing**  
**kə'læpsɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**laps de temps, erreur, faute**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**possibilité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**légèrement, légèrement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**exceptions, exception**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tableur, chiffrier, feuille de calcul**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**anniversaires, anniversaire,  
anniversaire de mariage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**divisé, fissure, division, fragment,  
morceau, grand écart**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**violé, violer, transgresser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**élever, avancer, avancée,  
progression, avance, souscription**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la défaite, vainquent, vainquez,  
défaite, vaincre, vainqons**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**épargnée, espar**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**violier, transgresser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'effondrer, effondrement**

Zen habits (c) readings.world

**panel, panneau, table ronde, case,  
vignette, g**

Zen habits (c) readings.world

**incliner devant, saluer d'un signe de  
tête**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**gear**  
**ɡɪ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**players**  
**pleɪəz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**propose**  
**prɒpəʊz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**subtract**  
**sʌbtɹækt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**streaks**  
**striks**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bonus**  
**bəʊnʌs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus**  
**plʌs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**day trip**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**congratulations**  
**kɒŋgrætʃleɪʃnz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**logistical**  
**lɒdʒɪstɪkəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**workload**  
**wɜːkləʊd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**struggles**  
**stɹʌɡlɪz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grieving**  
**ɡriːvɪŋ**

Zen habits (c) readings.world

**pull together**

Zen habits (c) readings.world

**unrhyming**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**proposer, demander en mariage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**joueurs, joueur, joueuse, acteur,  
actrice, comédien, comédienne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'engrenage, panoplie, matériel,  
matos, engrenage, vitesse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bonus, prime**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des stries, raie, chésias du genet**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**soustraire**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**félicitations, félicitation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**une excursion d'une journée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus, positif, positive**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des lutttes, lutte, lutter, s'efforcer,  
combattre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**charge de travail**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**logistique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans rime**

Zen habits (c) readings.world

**s'unir**

Zen habits (c) readings.world

**le deuil, avoir du chagrin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ego**  
**ἴγου**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**attachments**  
**ἀτᾶτῆματα**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**contemplated**  
**καταμπελεῖται**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insufficient**  
**ἰνσῦφῆντ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**life situation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**central theme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fleetingness**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**beyond belief**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**relatively**  
**ἰελᾶτῖνῖ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tropical**  
**τῖρῖκῖ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**optimism**  
**οὔτῖμῖζῖλῖ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**house-hunting**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blankets**  
**βῖλᾶηκῖτῖ**

Zen habits (c) readings.world

**numb**  
**νῖλῖ**

Zen habits (c) readings.world

**central heating**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envisagée, envisager, étudier,  
contempler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**les pièces jointes, attachement,  
dépendance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'ego, moi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le thème central**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**situation de vie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insuffisante, insuffisant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**relativement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Incroyable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**fugacité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Recherche de maison**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'optimisme, optimisme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tropicale, tropical**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le chauffage central**

Zen habits (c) readings.world

**gourd, engourdi, engourdir,  
endormir, anesthésier**

Zen habits (c) readings.world

**couvertures, couverture, général,  
recouvrir, couvrir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unheard**  
anhəd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**humid**  
hjuɪmɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**Venture**  
ventʃə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**scares**  
skeɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**crap**  
kræp

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**diagnosed**  
daɪɹnəʊst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Transitioning**  
tɹænzɪʃnɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**phase**  
feɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**accountant**  
akəʊntənt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**York**  
jɔ:k

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**actual loss**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**income**  
ɪnkʌm

Zen habits (c) readings.world

**newbies**

Zen habits (c) readings.world

**reinvention**  
ɹɪɪnvenʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**venture, s'aventurer, risquer, oser**

**mouillé, humide**

**non entendue**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**diagnostiquée, diagnostiquer**

**de la merde**

**des frayeurs, cicatrice**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**phase**

**en transition, transition**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**la perte réelle**

**york, Yorck, Yorque**

**comptable**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**réinvention**

**les débutants, néophyte, béotien,  
débutant, profane**

**revenus, revenu, recette**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unattached**  
anlatætʃt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**undergoing**  
andʒəʊɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**midst**  
mɪdst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**wallow**  
wələʊ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pity**  
pɪti

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**overlap**  
oʊvərlæp

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sibling**  
sɪbrɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grandpa**  
grændpɑ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**publishing company**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**existence**  
ɛgzɪstəns

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**siblings**  
sɪbrɪŋz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sob**  
sɒb

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dazed**  
deɪzd

Zen habits (c) readings.world

**wrap**  
ræp

Zen habits (c) readings.world

**mom**  
mɑm

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**centre, milieu**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**en cours, subir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**sans attaches**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chevaucher, rench: avoir une  
intersection commune avec**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**compassion, pitié, dommage,  
honte, plaindre, avoir pitié de**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se vautrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**une maison d'édition**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**grand-père, papi, papy**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frère ou sœur, frere et sour,  
adelphe, fratrie, germain**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**, fdp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**frères et sœurs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'existence, existence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**maman**

Zen habits (c) readings.world

**l'emballage, langer, envelopper**

Zen habits (c) readings.world

**étourdi, stupéfaction, étourdir,  
abasourdir**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**grieve**  
**ɡʁiv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**heal**  
**hil**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**stormy**  
**stɔʁmi**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la santé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**whomever**  
**humɛvɛʁ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**evanescence**  
**ɛvɑ̃ɛsɑ̃s**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**cherished**  
**tʃɛ.ʁiʃt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Stark**  
**stɑ:k**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spur**  
**spɜː**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dissolve**  
**dizɔlv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**most severe**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**limb**  
**lɪm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**breakup**  
**bɹeɪkʌp**

Zen habits (c) readings.world

**divorce**  
**dɪvɔ:rs**

Zen habits (c) readings.world

**drastically**  
**dɹæstɪkli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**orageux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**guérir, cicatriser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**faire son deuil, chagriner, affliger,  
affligeons, affligent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**évanescence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**qui que ce soit, n'importe qui**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**éperon, eperon**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**stark, austère, désolé**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chérie, chérir, tenir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**membre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le plus grave**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se dissoudre, dissoudre,  
checkrompre, checkannuler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**drastiquement**

Zen habits (c) readings.world

**divorce, divorcer**

Zen habits (c) readings.world

**rupture**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**amputation**  
æmpʁjʌteɪʃʌn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**paralysis**  
pəˈæljʌsɪs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**dementia**  
dɪˈmenʃɪə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disorder**  
dɪˈsɔːdə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**diabetes**  
daɪˈbiːtɪz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Cancer**  
kænsə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lupus**  
lʊpʊs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unsolvable**  
ʌnˈsɒlvəbəl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dis**  
dɪs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**depressed**  
dɪˈprest

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**renewing**  
rɪˈnjuːɪŋ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**disrespectfully**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Charlotte**  
ʃɑːlɒt

Zen habits (c) readings.world

**beck**  
beɪk

Zen habits (c) readings.world

**considerately**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la démence, démence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**la paralysie, paralysie**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**amputation**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le cancer, cancer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le diabète, diabete**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**désordre, trouble**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Dis**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insoluble**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lupus**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de manière irrespectueuse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le renouvellement, renouveler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déprimé, appuyer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de manière réfléchie**

Zen habits (c) readings.world

**beck, au doigt et à l'oeil**

Zen habits (c) readings.world

**charlotte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**imperfectly**  
**ɪmpəˈfɪktli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**beings**  
**biːɪŋz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**offense**  
**ˈɒfəns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**prescription**  
**pɹɪˈskɹɪpʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**perspective**  
**pɜːspekˈtɪv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**understandably**  
**ˌʌndəˈstændəbli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**retaliate**  
**ˌrɪˈtæliət**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insulted**  
**ɪnˈsʌltɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insults**  
**ɪnˈsʌltz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**externally**  
**ɪkˈstɜːnli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**internally**  
**ɪnˈtɜːnli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insult**  
**ɪnˈsʌlt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**circumstance**  
**səˈkʌmstəns**

Zen habits (c) readings.world

**exceptional**  
**ɪkˈsepʃənəl**

Zen habits (c) readings.world

**illustrate**  
**ɪˈlʌstɹeɪt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'offense, attaque, offensive,  
attaquants, offense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**êtres, etre, créature, existence**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**imparfaitement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de manière compréhensible**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**perspective, perspectif**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ordonnance, prescription,  
prescription extinctive**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**des insultes, insulter, insulte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insulté, insulter, insulte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**de représailles, riposter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insultes, insulter, insulte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en interne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**à l'extérieur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**illustrer**

Zen habits (c) readings.world

**exceptionnel**

Zen habits (c) readings.world

**circonstances, circonstance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insulting**  
**ινσάλτιη**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**saintly**  
**σεϊντλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**offensive**  
**λφενσιβ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**offenses**  
**λφενσιζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**more peaceful**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**irresponsible**  
**ιρρσπσνσβλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rage**  
**ρεϊδζ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**calmly**  
**κσντλι**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inappropriate**  
**ινλπροπριετ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inconsiderate**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rowboat**  
**ρουβοτ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**row**  
**ρου**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**foggy**  
**φαγι**

Zen habits (c) readings.world

**ée**

Zen habits (c) readings.world

**mist**  
**μιστ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**offensant, offensif, offensive**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**saint**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**insultant, insulter, insulte**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**irresponsable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**plus pacifique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**infractions, attaque, offensive,  
attaquants-p, offense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inapproprié**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**calmement, paisiblement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rage, furie, fureur, courroux, rager,  
faire rage**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**aviron**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bateau a rames, barque**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inconsidéré**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**brouillard, brume**

Zen habits (c) readings.world

Zen habits (c) readings.world

**brumeux, embrumé, engourdi**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**steer**  
**στῆρ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**became angry**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**assume**  
**ΑΣυμ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**automatic mode**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**awareness**  
**ΑΥΕΙΝΑΣ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**kindnesses**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**greatness**  
**ΓΡΕΙΤΝΑΣ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**characteristics**  
**ΚΕΙΙΚΤΕΙΣΤΙΚΣ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**kindness**  
**ΚΑΙΝΔΝΑΣ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Workers**  
**WƏKƏZ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blame**  
**BLEIM**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**resolve**  
**JIZALV**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**openly**  
**ΟΥΡΛΝΛΙ**

Zen habits (c) readings.world

**contribution**  
**ΚΑΝΤΛΒJYJΛΛ**

Zen habits (c) readings.world

**swallowing**  
**ΣΥΑΛΟΥΣΗ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**supposer, présupposer, présumer,  
assumer, adopter, prendre**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**se mettre en colère**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**diriger, piloter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bontés, bonté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la sensibilisation, conscience,  
connaissance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le mode automatique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la gentillesse, bonté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**caractéristiques, caractéristique**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la grandeur, grandeur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**résoudre, résolvons, résolvent,  
résolvez**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**blâme, gronder, blâment, blâmons,  
blâmez, blâmer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**les travailleurs, travailleur,  
travailleuse, ouvrier, ouvriere**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**avaler**

Zen habits (c) readings.world

**contribution, contribution  
financiere**

Zen habits (c) readings.world

**ouvertement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pride**  
**ɹaɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**mend**  
**mɛnd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**appropriate**  
**əˈpɹɔʊrɪət**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**endless**  
**ɛndlɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dispassionately**  
**dɪspæʃənətli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**calmness**  
**kɑːmlɪs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**freelance**  
**friːlæns**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**hustle**  
**hʌsl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Flop**  
**flop**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**slob**  
**slɒb**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastinated**  
**prɒkræstɪneɪtɪd**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dig**  
**dɪg**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dependency**  
**dɪˈpɛndənsi**

Zen habits (c) readings.world

**self-knowledge**

Zen habits (c) readings.world

**Helen**  
**hɛlən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**approprié, idoine, approprier**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**, réparer, raccomoder, rapiécer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'orgueil, orgueil, fierté**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le calme, calme**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans passion**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans fin, infini, interminable,  
perpétuel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**un flop, fruit sec, avatar**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**se bousculer, bousculer,  
bousculade**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**pigiste, freelance, mercenaire, a la  
pige, indépendant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**creuser, creusez, creusons, creusent**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**procrastiné, procrastiner**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**barbouilleur, souillon, flemmard,  
lambin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**helen, Hélène**

Zen habits (c) readings.world

**la connaissance de soi**

Zen habits (c) readings.world

**dépendance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**expense**  
**ɪkspens**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**worthy**  
**wɜːði**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

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**regimen**  
**ˌrɛdʒɪmən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bodyweight**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sabotaging**  
**sæbɒtɑːʒɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chatter**  
**tʃætə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**perfection**  
**pəˈfɛkʃən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**charitable**  
**tʃæɪləbəl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**content**  
**kəntənt**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**insecure**  
**ɪnˈsɪkjə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jealous**  
**dʒɪələs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**variations**  
**vəˈrɪeɪʃənz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**instances**  
**ɪnˈstɑːnsəz**

Zen habits (c) readings.world

**selves**  
**sɛlvz**

Zen habits (c) readings.world

**unlocking**  
**ʌnlɒkɪŋ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**régime**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**digne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**dépenses, dépense**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bavardage, bavarder, babil,  
cacarder**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sabotage, saboter**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**poids corporel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**contenu, satisfait, contentement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**charitable**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la perfection, perfection**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**variations, variation, variante,  
déclinaison**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jaloux, jalouse, envieux, rench:**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**peu sûr de lui**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**déverrouillage, déverrouiller,  
débloquer**

Zen habits (c) readings.world

**selves, soi-meme**

Zen habits (c) readings.world

**instances, instance**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**unworthy**  
ʌnwəði

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**boil down**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**filter**  
fɪltə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**WONDERLAND**  
wʌndərlænd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sufficient**  
sʌfɪʃnt

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**engage**  
ɪnɡeɪdʒ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Empyrean**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bound together**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**encircled**  
ɪnsəklɪd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**universe**  
juːnɪvɜːs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**spheres**  
sfɪəz

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**divine**  
dɪvaɪn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Heaven**  
heɪvən

Zen habits (c) readings.world

**flash**  
flæʃ

Zen habits (c) readings.world

**Dante**  
dæntɪ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**filtre, filtrer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**faire bouillir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**indigne**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'engager, attirer l'attention,  
engager, embrayer**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**suffisante, suffisant**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**wonderland, pays des merveilles**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**encerclé, encercler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**liés entre eux**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Empyrée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**divine, divin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sphères, sphere, boule**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**univers**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**dante**

Zen habits (c) readings.world

**flash, clignoter**

Zen habits (c) readings.world

**le paradis, ciel, paradis, au-dela,  
cieux**

Zen habits (c) readings.world



FlashCards-English-French-Level-B1

**veil**  
**veɪl**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**binds**  
**baɪndz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**boundless**  
**baʊndləs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**humanity**  
**hjuːmænɪti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**envelop**  
**ɪnˈvɛləp**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jumbo**  
**dʒʌmbou**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**strive**  
**stɹaɪv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motivates**  
**məʊtɪveɪts**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**extends**  
**ɪkstɛndz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bitterness**  
**ˈbɪtənəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transform**  
**ˌtrænsfɔ:m**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**softness**  
**sɔ:ftnəs**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**mover**  
**ˈmu:və**

Zen habits (c) readings.world

**Buddha**  
**ˈbʊdə**

Zen habits (c) readings.world

**rebels**  
**ˈreɪbəlz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**sans limites, illimité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**lie, lier, attacher, nouer, connecter,  
coupler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**voile, voiler**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**jumbo**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**enveloppe, envelopper**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'humanité, humanité**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**s'étend, étendre, prolonger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**motive, motiver**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**en quête d'une solution**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**la douceur, douceur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**transformer, transformée**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'amertume, amertume**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**rebelles, rebelle**

Zen habits (c) readings.world

**bouddha**

Zen habits (c) readings.world

**déménageur, déménageuse**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**deepens**  
**dɪpənz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**beholden**  
**bɪhəʊldən**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**displeasure**  
**dɪsplɛʒə**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**lac**  
**læk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**evolve**  
**ɪvəlv**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**essentially**  
**ɛsɛnʃli**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**ensure**  
**ɛnʃʊ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**temptations**  
**tɛmptɛɪʃənz**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**http**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**simplicity**  
**sɪmplɪsɪti**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**chandler**  
**tʃændlɜ**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**WILLIAM**  
**wɪljəm**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Adams**  
**ædəmz**

Zen habits (c) readings.world

**Acknowledgements**  
**æknəʊlɪdʒmənts**

Zen habits (c) readings.world

**incomplete**  
**ɪnkəmplit**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**redevable**

**s'approfondit, approfondir,  
intensifier**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**essentiellement**

**évoluer, progresser, élaborer**

**laçage**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**HTTP**

**tentations, tentation**

**assurer**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**william, Guillaume**

**chandler, chandelier**

**la simplicité, simplicité**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**incomplète**

**remerciements, reconnaissance**

**adams, Adam**

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**inspiration**  
ɪnspəˈeɪʃən

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**deceased**  
dɪˈsiːst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**humor**  
hjuːmər

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**substantial**  
sʌbstæɪʃl

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**owe**  
oʊ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**eternally**  
ɪˈtɜːnli

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**weirdest**  
weɪrdɪst

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**reserved**  
rɪˈzɜːvd

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Austin**  
ɔːstɪn

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**tiara**  
tiːrə

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**bless**  
blɛs

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**guidance**  
ɡaɪdəns

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**corridor**  
kəˈrɪdər

Zen habits (c) readings.world

**Capitol**  
kæpɪtəl

Zen habits (c) readings.world

**samovar**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**l'humour, humour, humeur**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**décédé, décès, décéder, expirer,  
mourir, trépasser**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'inspiration, inspiration**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**éternellement**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**doit, devoir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**substantielle, substantiel**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**austin**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**réservé, réservation, réserve,  
réserves-p**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**le plus étrange, bizarre, étrange**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**d'orientation, guidage, conseils,  
direction**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**diadème, tiare**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**samovar**

Zen habits (c) readings.world

**le capitol, Capitoile des États-Unis**

Zen habits (c) readings.world

**couloir, corridor, couloir aérien**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**edited**  
εδιτλδ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**edition**  
λδιτλδ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**Robert**  
λδβτ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**aid**  
ειδ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**typefaces**  
ταιτφειςλζ

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**uk**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**humanist**  
hjumλnist

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**uk, R.-U, RU**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**l'aide, aider, aide, assister, secourir**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

FlashCards-English-French-Level-B1

**édité, modification, correction,  
modifier, corriger, rediger**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**humaniste**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**caractères, fonte de caracteres,  
police d'écriture**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**édition**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

**robert**

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

FlashCards-English-French-Level-B1

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world