

FlashCards-English-Spanish-Level-A1

habits
hæbɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Zen
zɛn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

introduction
ɪntrɒdʌkʃən

Zen habits (c) readings.world

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Master
mæstə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

surroundings
səʔʊndɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

readjustment
ri:ədʒʌstmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

constant
kənstənt

Zen habits (c) readings.world

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lies
laɪz

Zen habits (c) readings.world

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procrastination
prɒkræstɪneɪʃən

Zen habits (c) readings.world

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relationships
ri:leɪʃənʃɪps

Zen habits (c) readings.world

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disciplined
dɪsɪplɪnd

Zen habits (c) readings.world

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creativity
kri:etɪvɪti

Zen habits (c) readings.world

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instantly
ɪnstəntli

Zen habits (c) readings.world

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pursue
pəsu

Zen habits (c) readings.world

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mindful
maɪndfʌl

Zen habits (c) readings.world

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magic
mædʒɪk

Zen habits (c) readings.world

debt
dɛt

Zen habits (c) readings.world

wand
wænd

Zen habits (c) readings.world

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introducción, presentación

Zen habits (c) readings.world

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budismo zen

Zen habits (c) readings.world

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hábitos; hábito, costumbre

Zen habits (c) readings.world

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reajuste

Zen habits (c) readings.world

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**alrededores; periferia, rededor,
derredor, circundante**

Zen habits (c) readings.world

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**maestro; señor, dueño; señora,
dueña**

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**desidia, dejar algo para más tarde,
para mañana..**

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mentiras; mentira

Zen habits (c) readings.world

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**constante, perseverante, firme,
constante**

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creatividad

Zen habits (c) readings.world

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**disciplinado; disciplina, castigo,
ramo, disciplinar**

Zen habits (c) readings.world

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relaciones; relación, noviazgo

Zen habits (c) readings.world

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conciencia; consciente

Zen habits (c) readings.world

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; perseguir, apuntar a

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**al instante, al hilo, al tiro,
instantáneamente**

Zen habits (c) readings.world

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varita

Zen habits (c) readings.world

deuda, pufo

Zen habits (c) readings.world

magia, mágico, embruajar

Zen habits (c) readings.world

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fit
fɪt

Zen habits (c) readings.world

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fairly
fɛɹli

Zen habits (c) readings.world

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Likely
laɪkli

Zen habits (c) readings.world

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steps
stɛps

Zen habits (c) readings.world

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recesses
rɪsɛsɪz

Zen habits (c) readings.world

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unknown
ʌnnoʊn

Zen habits (c) readings.world

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against
ʌɡɛnst

Zen habits (c) readings.world

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brains
breɪnz

Zen habits (c) readings.world

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unseen
ʌnsɪn

Zen habits (c) readings.world

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minds
maɪndz

Zen habits (c) readings.world

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deep
dɪp

Zen habits (c) readings.world

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discovered
dɪskʌvəd

Zen habits (c) readings.world

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discipline
dɪsɪplɪn

Zen habits (c) readings.world

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smoke
smoʊk

Zen habits (c) readings.world

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failing
fɛɪlɪŋ

Zen habits (c) readings.world

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figure
fɪɡjə

Zen habits (c) readings.world

habit
hæbɪt

Zen habits (c) readings.world

quit
kwɪt

Zen habits (c) readings.world

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Es probable

Zen habits (c) readings.world

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**justamente; francamente,
abiertamente, bastante**

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sano, en forma

Zen habits (c) readings.world

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**ignoto, desconocido, incógnita,
desconocido**

Zen habits (c) readings.world

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recesos; receso

Zen habits (c) readings.world

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pasos; paso

Zen habits (c) readings.world

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No se ve

Zen habits (c) readings.world

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cerebros; cerebro, seso, sesudez

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**contra, cerca de, frente, en contra,
enfrente, en pugna**

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descubierto; descubrir, destapar

Zen habits (c) readings.world

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**profundo, hondo, fondo, ancho,
bajo, grave, oscuro**

Zen habits (c) readings.world

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**mentes; mente, concentración,
opinión, juicio, propósito**

Zen habits (c) readings.world

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fracasando; falta, defecto, lacra

Zen habits (c) readings.world

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Fumar

Zen habits (c) readings.world

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disciplina, castigo, ramo, disciplinar

Zen habits (c) readings.world

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renunciar; abandonar

Zen habits (c) readings.world

hábito, costumbre

Zen habits (c) readings.world

figura, cifra, ocurrírsele

Zen habits (c) readings.world

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none
nʌn

Zen habits (c) readings.world

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completely
kʌmplɪtli

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discovery
dɪskʌvəri

Zen habits (c) readings.world

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thoughts
θɔ:ts

Zen habits (c) readings.world

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totally
təʊtəlɪ

Zen habits (c) readings.world

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nowhere
nəʊweɪ

Zen habits (c) readings.world

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inside
ɪnsaɪd

Zen habits (c) readings.world

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appear
əˈpɪə

Zen habits (c) readings.world

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insane
ɪnseɪn

Zen habits (c) readings.world

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arose
əˈroʊz

Zen habits (c) readings.world

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smoke
sməʊk

Zen habits (c) readings.world

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solve
sɒlv

Zen habits (c) readings.world

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urge
ɜ:ʒ

Zen habits (c) readings.world

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mind
maɪnd

Zen habits (c) readings.world

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then another

Zen habits (c) readings.world

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this once

Zen habits (c) readings.world

suffer
sʌfə

Zen habits (c) readings.world

worth
wɜ:θ

Zen habits (c) readings.world

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descubrimiento, hallazgo

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

**completamente, totalmente,
rematadamente, de todo punto**

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

ninguna; ninguno

Zen habits (c) readings.world

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**en ninguna parte, en ningún lugar,
en ningún sitio**

Zen habits (c) readings.world

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totalmente

Zen habits (c) readings.world

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pensamientos; pensamiento

Zen habits (c) readings.world

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**enfermo mental, loco, demente,
enajenado**

Zen habits (c) readings.world

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aparecer, comparecer

Zen habits (c) readings.world

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interior, dentro, adentro, dentro de

Zen habits (c) readings.world

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resolver, solucionar, solventar

Zen habits (c) readings.world

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fumar; humo

Zen habits (c) readings.world

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**surgió; surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

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Y luego otro

Zen habits (c) readings.world

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**mente, concentración, opinión,
juicio, propósito, voluntad**

Zen habits (c) readings.world

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**te urge; impulso, impulsar, urgir,
agujonear, apresurar**

Zen habits (c) readings.world

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vale la pena; valor

Zen habits (c) readings.world

sufrir, penar, empeorar

Zen habits (c) readings.world

esta vez

Zen habits (c) readings.world

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hurt
hət

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

give in

Zen habits (c) readings.world

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immediately
ɪmɪdiətli

Zen habits (c) readings.world

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rationalize
ˌræʃənlaɪz

Zen habits (c) readings.world

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discomfort
dɪskɒmfəʔt

Zen habits (c) readings.world

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negotiate
ˌneɡəʃieɪt

Zen habits (c) readings.world

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whatever
wʌtevə

Zen habits (c) readings.world

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bargain
bɑːɡɪn

Zen habits (c) readings.world

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escape
ɪskeɪp

Zen habits (c) readings.world

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almost
ɔːlməʊst

Zen habits (c) readings.world

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debate
dɪbeɪt

Zen habits (c) readings.world

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mercy
mɜːsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plead
plɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cry
kraɪ

Zen habits (c) readings.world

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overcome
oʊvəˈkʌm

Zen habits (c) readings.world

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root
ruːt

Zen habits (c) readings.world

film projector

Zen habits (c) readings.world

expectations
ˌekspekteɪʃənz

Zen habits (c) readings.world

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**inmediatamente, de inmediato, ya,
sin demora**

Zen habits (c) readings.world

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Ceder

Zen habits (c) readings.world

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**doler, lastimar, hacer dano, herido,
dolido**

Zen habits (c) readings.world

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negociar

Zen habits (c) readings.world

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**incomodidad; malestar,
desasosiego**

Zen habits (c) readings.world

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racionalizar, panish: t-needed

Zen habits (c) readings.world

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escapar, liberarse, fugarse, eludir

Zen habits (c) readings.world

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**trato, ganga, bicoca, chollo,
regatear**

Zen habits (c) readings.world

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**qué; cualquier, lo que sea que,
cualquier cosa que, no importa**

Zen habits (c) readings.world

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misericordia, piedad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

debate, debatir

Zen habits (c) readings.world

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casi, por poco

Zen habits (c) readings.world

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vencer, superar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

llorar, gritar, panish: t-needed

Zen habits (c) readings.world

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suplicar; rogar

Zen habits (c) readings.world

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**expectativas; expectación,
expectativa**

Zen habits (c) readings.world

Proyector de cine

Zen habits (c) readings.world

raíz

Zen habits (c) readings.world

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constantly
kɒnstəntli

Zen habits (c) readings.world

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reality
ˈrɪələti

Zen habits (c) readings.world

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fantasy
ˈfæntəsi

Zen habits (c) readings.world

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images
ˈɪmɪdʒz

Zen habits (c) readings.world

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ideals
aɪdɪz

Zen habits (c) readings.world

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based
beɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aren
ɑːn

Zen habits (c) readings.world

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intentioned
ɪntentʃnd

Zen habits (c) readings.world

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talented
ˈtælntɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clever
klevə

Zen habits (c) readings.world

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procrastinate
prɒkræstəneɪt

Zen habits (c) readings.world

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uncertainty
ʌnsəˈtʌnti

Zen habits (c) readings.world

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productive
prɒdʌktɪv

Zen habits (c) readings.world

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pleasure
pleɪʒə

Zen habits (c) readings.world

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control
kɒntroʊl

Zen habits (c) readings.world

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comfort
kɒmfɜːt

Zen habits (c) readings.world

fears
fiəz

Zen habits (c) readings.world

avoid
əvɔɪd

Zen habits (c) readings.world

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fantasía; fantasía

Zen habits (c) readings.world

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realidad

Zen habits (c) readings.world

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constantemente

Zen habits (c) readings.world

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basado; base

Zen habits (c) readings.world

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ideales; ideal, ideal

Zen habits (c) readings.world

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imágenes; imagen

Zen habits (c) readings.world

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con talento; talentoso, dotado

Zen habits (c) readings.world

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intencionado

Zen habits (c) readings.world

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No

Zen habits (c) readings.world

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incertidumbre, incerteza

Zen habits (c) readings.world

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**hacer desidia, procrastinar, dejar
para después**

Zen habits (c) readings.world

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**inteligente; ágil, hábil, listo,
talentoso, habiloso**

Zen habits (c) readings.world

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**controlar, administración, control,
dirección, manejo**

Zen habits (c) readings.world

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placer, voluptuosidad, gustar

Zen habits (c) readings.world

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productivo

Zen habits (c) readings.world

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evitar, esquivar

Zen habits (c) readings.world

miedos; miedo, temor

Zen habits (c) readings.world

comodidad, consuelo, confortar

Zen habits (c) readings.world

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image
ɪmɪdʒ

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

seeks
siks

Zen habits (c) readings.world

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fail
feɪl

Zen habits (c) readings.world

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unfortunately
ʌnfɔːrtʃʌnətli

Zen habits (c) readings.world

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unexpectedly
ʌnɪkspektɪdli

Zen habits (c) readings.world

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differently
dɪfəntli

Zen habits (c) readings.world

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matches
mætʃz

Zen habits (c) readings.world

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causes
kəʊz

Zen habits (c) readings.world

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behave
bɪheɪv

Zen habits (c) readings.world

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act
ækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ve
vi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

single
sɪŋɡl

Zen habits (c) readings.world

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recognize
ˌrekɒɡnaɪz

Zen habits (c) readings.world

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puerta

Zen habits (c) readings.world

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method
mɛθəd

Zen habits (c) readings.world

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ting
tɪŋ

Zen habits (c) readings.world

leads
liːdz

Zen habits (c) readings.world

comforts
kʌmfɜːts

Zen habits (c) readings.world

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fracasar, fallar, suspender

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

buscar

Zen habits (c) readings.world

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imagen

Zen habits (c) readings.world

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de otro modo; diferentemente

Zen habits (c) readings.world

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inesperadamente, inopinadamente

Zen habits (c) readings.world

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**desafortunadamente,
desgraciadamente,
lamentablemente**

Zen habits (c) readings.world

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comportarse

Zen habits (c) readings.world

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causas; causa, causar

Zen habits (c) readings.world

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fósforos; cerilla, fósforo

Zen habits (c) readings.world

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**solo, único, soltero, sencillo,
soltero, soltera**

Zen habits (c) readings.world

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e

Zen habits (c) readings.world

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acto, ley, acción, hecho, actuar

Zen habits (c) readings.world

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método, forma

Zen habits (c) readings.world

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reconoces; reconocer

Zen habits (c) readings.world

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**comodidades; comodidad,
consuelo, confortar**

Zen habits (c) readings.world

llevar, conducir

Zen habits (c) readings.world

ing

Zen habits (c) readings.world

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seek
sik

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

weight
wert

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

gain
geɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overwhelmed
oʊvəwɛlmd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stressed
stɹɛst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anxiety
æŋzɪəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dreams
dɹimz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

foundation
fəʊndəʃɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

financial
fɪnæŋʃɪəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

debts
dɛts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pursuits
pɜːsuts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

creative
kɹiɛtɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fail
feɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drink to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

addicted
ədɪktɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

excess
ɛksɛs

Zen habits (c) readings.world

though
ðu

Zen habits (c) readings.world

drugs
dɹʌgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ganar, adquirir, obtener, conseguir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zozobra, ansiedad, inquietud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

financiero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**creativo, creativo, creativa,
checkcreativa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**adicto, viciado, causar adicción en,
volver adicto, viciar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drogas; medicamento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

peso, pesa, pesar, ponderar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**estresado; tensión, estrés, énfasis,
tensionar, tensar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fundación, cimiento, base

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

persecuciones; persecución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brindar por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ero.; no obstante, de todas formas,
de todas maneras**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

buscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**aburrido; agobiar, abrumar,
checkagobiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sueños; sueño, ensueño, sonar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deudas; deuda, pufo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fracasar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**exceso, deducible, franquicia,
excesivo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

doubt
daʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

frustrated
fɹʌstɹeɪtəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

judgmental
dʒʌdʒməntəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obstacles
əbstəklz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

removing
ɹɪmuvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smooth
smuð

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paths
pæðz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

take action

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attention
ətenʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aware
əweɹ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ideal
aɪdɪəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

associate
əsoʊsɪət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wonders
wʌndəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

growth
ɡroʊθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wasn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

appreciate
əprɪʃɪeɪt

Zen habits (c) readings.world

fear
fɹɪ

Zen habits (c) readings.world

resentment
ɹɪzəntmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

juiciosa; crítico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; liso, sofisticado, constante,
tranquilo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**asociado, companero, asociar,
frecuentar, alternar, tratar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Era

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**resentimiento, animadversión,
animosidad, rencor**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustrado; frustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quitando; quitar, remover, detraer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actuar, pasar a la acción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ideal, ideal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crecimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miedo, temor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dudas; dudar, duda, incertidumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**obstáculos; obstáculo, óbice, traba,
estorbo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caminos; camino, sendero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**alerta, consciente, conceder,
sabedor, entendido**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**maravillas; maravilla, milagro,
genio, asombro, pasmo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**apreciar; agradecer, valorar,
comprender, hacerse cargo de**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Happiness
hæpɪnɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

peace
piːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

small change

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Delving
dɛlvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flexibility
flɛksɪbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deal
diːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anxious
æŋkɪʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anger
æŋɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

experimenting
ɛkspɛrɪmɛntɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

change for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stress
stɹɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

term
tɜːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

remove
rɪmuːv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fully
fʊli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

process
prəʊsɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustration
frʌstrəɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stick
stɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

masters
mæstɜːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quitar, remover, detraer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ansioso, inquieto, deseoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

la felicidad; felicidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

totalmente; completamente, a fondo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ira, enfado, enojo, rabia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paz, sosiego

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proceso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

experimentando; experimento, experimentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pequeño cambio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cambiar por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rofundizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

palo; clavar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tensión, estrés, énfasis, tensionar, tensar, estresar, acentuar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flexibilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

maestros; señor, dueño; señora, dueña

Zen habits (c) readings.world

término; período, etapa

Zen habits (c) readings.world

trato, acuerdo, pacto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

skimming through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aside
ˈaɪsaɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

step
step

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

implement
ɪmˈplɪmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

laid
leɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

investment
ɪnˈvestmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

knowledge
ˈnɒlɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

concepts
kɒnˈseptz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

step-by-step plan

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Chapter
ˈtʃæptə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

profoundly
ˈprɒfʌndli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

commitment
kəˈmɪtmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gleaned
ɡliːnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

truly
ˈtruːli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

change to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pick
pɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

principle
ˈprɪnsɪpl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

finally
faɪnəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recogido; recoger, recopilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**conocimiento, conocimientos,
sabiduría, checkconocimiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**echar una ojeada, ojear; leer por
encima**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**de verdad; verdaderamente,
realmente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conceptos; concepto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aparte, a un lado, aparte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cambiar a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Plan paso a paso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pico, ganzúa, hurgar, recoger

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

capítulo, sede, sección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**implemento, herramienta,
instrumento, implementar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

principio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

profundamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tirado; poner, colocar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por fin, finalmente, por fin

Zen habits (c) readings.world

compromiso, promesa, acuerdo

Zen habits (c) readings.world

inversión, cerco, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

require
ɹɪkwaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

challenge
tʃæləndʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

commit
kəmɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chapters
tʃæptəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calendar
kælɪndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

missions
mɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hereby
hɪəbaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

issue
ɪʃu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

daily
deɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

essential
esənʃl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tempted
temptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wast

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acting
æktɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

this minute

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decision
dɪsɪʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fence
fens

Zen habits (c) readings.world

aims at

Zen habits (c) readings.world

resistance
rɪzɪstəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comprometerse; encomendar,
cometer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**desafío, reto, disputa,
impedimento, incompatibilidad,
recurso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

necesitas; requerir, necesitar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

misiones; misión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calendario, agenda, calendarizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

capítulos; capítulo, sede, sección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diariamente; diario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**problema; flujo, emisión, envío,
incisión, herederos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**por este, por este medio, por la
presente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Desperdiciar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tentado; tentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esencial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decisión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en este momento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**actuando; interino, en funciones,
suplente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resistencia

Zen habits (c) readings.world

aspirar a

Zen habits (c) readings.world

**valla; cerca, cerramiento, barda,
perista**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

set
set

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

those
ðoʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

effort
ɛfət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dive
daɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disorganization
ˌdɪsɔːrɡənɪzɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

surrounded
səˈraʊndəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overweight
oʊvəˈweɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sedentary
sɛdəntɛəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obvious
əbˈvɪʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unhappy
ʌnhæpi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clutter
ˈklʌtə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smoker
ˈsmoʊkə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

myself
maɪself

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deeply
ˈdiːpli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stuck
stʌk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more productive

Zen habits (c) readings.world

mindfulness

Zen habits (c) readings.world

focusing
ˈfoʊkʌsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esfuerzo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

esos, esas, aquéllos, aquellas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; configuración, ajustes

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**rodeado; circundar, envolver,
cercar, rodear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desorganización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**bucear; zambullirse, tirarse de
cabeza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obvio, evidente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sedentario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con sobrepeso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fumador, fumadora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desorden, revoltijo, enredo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

infeliz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atascado; clavar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

profundamente; a fondo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

yo mismo; me

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enfocando; foco, punto focal,
enfoque, enfocar, concentrarse**

Zen habits (c) readings.world

atención plena

Zen habits (c) readings.world

más productivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

instead
ɪnstəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

trusted
ˈtrʌstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

unstuck
ʌnstʌk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

outcome
aʊtkʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

goal
ɡoʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rut
ˌrʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transformed
ˌtrʌnsfɔːmd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustrations
ˌfrʌstɹeɪʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticism
ˈkrɪtɪsɪzəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obstacle
ˈɒbstəkl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deal
dil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conscious
kənʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

choices
ˈtʃɔɪsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

colleague
ˈkɒliɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calmer
ˈkæmə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

such
sʌtʃ

Zen habits (c) readings.world

controlled
ˌkɒntrəʊld

Zen habits (c) readings.world

predicted
ˌprɪdɪktɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desatascado; despegar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**de confianza; confianza, crédito,
fiar, consorcio, trust**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

en su lugar; en vez de, en lugar de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rutina; surco, bache

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

meta, objetivo, portería, arco, gol

Zen habits (c) readings.world

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**resultado, consecuencia, desenlace,
objetivos**

Zen habits (c) readings.world

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críticas; crítica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rustraciones; frustración

Zen habits (c) readings.world

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**transformado; transformar,
transformar**

Zen habits (c) readings.world

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consciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tratando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obstáculo, óbice, traba, estorbo

Zen habits (c) readings.world

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**más tranquilo; calmado, sosiego,
calma**

Zen habits (c) readings.world

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colega, companero

Zen habits (c) readings.world

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**opciones; selección, decisión,
opción, exquisito**

Zen habits (c) readings.world

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predicho; predecir

Zen habits (c) readings.world

**controlado; controlar,
administración, control, dirección**

Zen habits (c) readings.world

cómo; así, tal, semejante, tan, qué

Zen habits (c) readings.world

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emerged
ɪmədʒd

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

unimaginable
ʌnɪmædʒɪnəbl

Zen habits (c) readings.world

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Experience
ɪkspɪriəns

Zen habits (c) readings.world

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amount
ʌmaʊnt

Zen habits (c) readings.world

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experiences
ɪkspɪriənsɪz

Zen habits (c) readings.world

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along
əlɒŋ

Zen habits (c) readings.world

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Guide
ɡaɪd

Zen habits (c) readings.world

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wish
wɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mission
mɪʃn

Zen habits (c) readings.world

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initial resistance

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actually
æktʃʊəli

Zen habits (c) readings.world

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Overcoming
oʊvəˈkɒmɪŋ

Zen habits (c) readings.world

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committed
kəˈmɪtɪd

Zen habits (c) readings.world

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wonder
wʌndə

Zen habits (c) readings.world

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Struggle
stɹʌɡl

Zen habits (c) readings.world

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mostly
məʊstli

Zen habits (c) readings.world

seven times

Zen habits (c) readings.world

inevitably
ɪnevəˈtəblɪ

Zen habits (c) readings.world

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**experiencia, vivencia,
experimentar, vivir**

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

inimaginable

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

**surgió; emerger, aparecer, surgir,
aparecer, aflorar**

Zen habits (c) readings.world

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a lo largo, a lo largo de, por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**experiencias; experiencia, vivencia,
experimentar, vivir**

Zen habits (c) readings.world

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**cantidad, monto, montante,
importe**

Zen habits (c) readings.world

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misión

Zen habits (c) readings.world

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deseo, gana, desear

Zen habits (c) readings.world

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guía; guiar, dirigir

Zen habits (c) readings.world

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superación; vencer, superar

Zen habits (c) readings.world

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realmente

Zen habits (c) readings.world

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resistencia inicial

Zen habits (c) readings.world

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**lucha, forcejeo, brega, luchar,
esforzarse con denuedo**

Zen habits (c) readings.world

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; maravilla, milagro, genio, asombro

Zen habits (c) readings.world

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**comprometido; encomendar,
cometer**

Zen habits (c) readings.world

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inevitablemente, indefectiblemente

Zen habits (c) readings.world

siete veces

Zen habits (c) readings.world

principalmente, sobre todo

Zen habits (c) readings.world

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struggled
stɹʌɡlɪd

Zen habits (c) readings.world

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dozen
dɒzən

Zen habits (c) readings.world

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quitting
kwɪtɪŋ

Zen habits (c) readings.world

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junk
dʒʌŋk

Zen habits (c) readings.world

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increase
ɪnkrɪs

Zen habits (c) readings.world

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multiple
mʌltɪpl̩

Zen habits (c) readings.world

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programs
prɒɡræmz

Zen habits (c) readings.world

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blaming
bleɪmɪŋ

Zen habits (c) readings.world

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marathon
mæɪləθən

Zen habits (c) readings.world

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rid
rɪd

Zen habits (c) readings.world

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error
ɛɹə

Zen habits (c) readings.world

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failure
feɪljə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

failed
feɪld

Zen habits (c) readings.world

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successfully
sʌksɛsfʌli

Zen habits (c) readings.world

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applied
əplɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lbs
paʊndz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trial
tɹaɪəl

Zen habits (c) readings.world

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recipe
resɪpi

Zen habits (c) readings.world

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falló; fracasar

Zen habits (c) readings.world

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rogramas; programa, programar

Zen habits (c) readings.world

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**luchado; lucha, forcejeo, brega,
luchar, esforzarse con denuedo**

Zen habits (c) readings.world

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con éxito; exitosamente

Zen habits (c) readings.world

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**culpando; culpar, responsabilizar,
echar la culpa**

Zen habits (c) readings.world

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docena, decenas

Zen habits (c) readings.world

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plicado; aplicar

Zen habits (c) readings.world

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maratón

Zen habits (c) readings.world

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renunciar; abandonar

Zen habits (c) readings.world

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libras; libra

Zen habits (c) readings.world

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cabalgar; librar

Zen habits (c) readings.world

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chatarra; trastos

Zen habits (c) readings.world

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proceso, juicio

Zen habits (c) readings.world

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**error, yerro, checkyerro, panish: t-
needed**

Zen habits (c) readings.world

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**umentar, acrecentar, incrementar,
subir**

Zen habits (c) readings.world

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receta

Zen habits (c) readings.world

**fallo, fracaso, fiasco, fracasado,
avería**

Zen habits (c) readings.world

múltiples; múltiple, múltiplo

Zen habits (c) readings.world

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successful
sʌksɛsfʊl

Zen habits (c) readings.world

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enthusiasm
ɪnθuziæzəm

Zen habits (c) readings.world

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realize
rɪəlaɪz

Zen habits (c) readings.world

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energy
enɜːdʒi

Zen habits (c) readings.world

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focus
fəʊkəs

Zen habits (c) readings.world

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accountability
əkaʊntəbɪləti

Zen habits (c) readings.world

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consequences
kɒnsɪkwɛnsɪz

Zen habits (c) readings.world

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sore
sɔːr

Zen habits (c) readings.world

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multiplying
mʌltɪplaɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

difficulty
dɪfɪkəlti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decreasing
dɪkriːɪŋ

Zen habits (c) readings.world

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greatly
ɡreɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chances
tʃænsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

odds
ɒdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sprint
sprɪnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

matter
mætə

Zen habits (c) readings.world

random
rændəm

Zen habits (c) readings.world

choice
tʃɔɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

te das cuenta; realizar, darse cuenta, caer en la cuenta

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

entusiasmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

éxito; exitoso, logrado, afortunado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rendición de cuentas; responsabilidad, competencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

foco, punto focal, enfoque, enfocar, concentrarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

energía

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

multiplicando; multiplicar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dolorido; doloroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consecuencias; consecuencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en gran medida; grandemente, enormemente, sobremanera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disminuyendo; disminuir, mermar, disminución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dificultad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esprintar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

probabilidades; guacho, desparejado, desemparejado, suelto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oportunidades; suerte, by chance: por casualidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

selección, decisión, opción, exquisito

Zen habits (c) readings.world

rondón, fulano, aleatorio, pseudoaleatorio, cualquiera, al azar

Zen habits (c) readings.world

importa; materia, asunto, cuestión, tema

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clear
klɪ

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

Gut
gʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

actionable
ækʃənəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

specific
spəʃɪfɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

meditate
medɪteɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stretch
stretʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exceedingly
ɪksɪdɪŋli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

itself
ɪtsɛlf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nature
neɪtʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actually
æktʃʊəli

Zen habits (c) readings.world

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document
dɒkjʌmənt

Zen habits (c) readings.world

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appendix
æpɛndɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

childish
tʃaɪldɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aimed
eɪmd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

repeatedly
ɪpɪtɪdli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

massively
məʊsɪvli

Zen habits (c) readings.world

seemed
sɪmd

Zen habits (c) readings.world

weasel
wiːzəl

Zen habits (c) readings.world

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Posible

Zen habits (c) readings.world

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tripa, panza, maría, destripar

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

**está claro; transparente, claro,
despejado, libre**

Zen habits (c) readings.world

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**estirar, estirarse, dar, extenderse,
estirón, estiramiento**

Zen habits (c) readings.world

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meditar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

específica; específico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

naturaleza, natura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**en sí; se, solo, a si mismo, por si
mismo, sí mismo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**excesivamente; extremadamente,
sumamente, sobremanera, asaz**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apéndice

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**documento, pliego, anotar,
registrar, documentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**de verdad; en realidad, de hecho,
realmente, de veras**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reiteradamente, repetidamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dirigido; apuntar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**para niños, infantil, infantiloides,
pueril**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comadreja, mustela, turón,
checkmostela**

Zen habits (c) readings.world

parecía; parecer

Zen habits (c) readings.world

masivamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brain
brɛɪn

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

shape
ʃeɪp

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

truth
truθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

make excuses

Zen habits (c) readings.world

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rationalizations
ˌræʃnəlɪzeɪʃnz

Zen habits (c) readings.world

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intentions
ɪntənʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confusing
kɒnfjuːzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tasks
tæskz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beg
beɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

object to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ridiculously
ˌrɪdɪkjʊlɪslɪ

Zen habits (c) readings.world

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Syndrome
ˈsɪndrɒm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

meditating
ˌmedɪteɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Possibly
ˈpɒsəblɪ

Zen habits (c) readings.world

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surface
sɜːfɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

barrier
bəˈrɪə

Zen habits (c) readings.world

entry
ˈentri

Zen habits (c) readings.world

low
ləʊ

Zen habits (c) readings.world

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verdad

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

forma, estado, modelar, formar

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

cerebro, seso, sesudez

Zen habits (c) readings.world

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intenciones; intención

Zen habits (c) readings.world

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racionalizaciones; racionalización

Zen habits (c) readings.world

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poner excusas

Zen habits (c) readings.world

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pedir limosna; pedir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tareas; tarea

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confuso; confundir, confundirse, mezclar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

síndrome

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ridículamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oponerse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

superficie

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

es posible; posiblemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

meditando; meditar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más bajo; oscurecerse

Zen habits (c) readings.world

entrada, acceso, recibidor

Zen habits (c) readings.world

barrera, límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

built up

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

gradually
ɡrædʒʊəli

Zen habits (c) readings.world

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FlashCards-English-Spanish-Level-A1

triumph
tɹaɪʌmf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

huge
hʒdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

race
reɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lose weight

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beginnings
bɪɡɪnɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

humble
hʌmbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bind
baɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tiny
taɪni

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

excuses
ɪkskjʊzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

write down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

self
self

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Last
læst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vow
vaʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

powerful
paʊəfl

Zen habits (c) readings.world

motivator
məʊtɪveɪtə

Zen habits (c) readings.world

attempts
əteɪpts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

triunfar; triunfo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**gradualmente, poco a poco,
paulatinamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

construido, edificado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perder peso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

carrera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enorme, grandote

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; atar, atar (tie), empastar (books),
liar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

humilde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Comienzo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Anotar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**excusas; excusar, perdonar, panish:
t-needed**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pequeño; diminuto, minúsculo,
pequenito**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

voto, manda, promesa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el último; último

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

yo; uno mismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**intentos; intentar, tentativa,
intento, ensayo**

Zen habits (c) readings.world

motivador

Zen habits (c) readings.world

poderoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

previous
ˈpɹɪviəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

jump
dʒʌmp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

uncomfortable
ʌŋkəmfə'teɪbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unprepared
ʌŋ'pɹɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

easily
ɪzəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pregnancy
ˈpɹegnənsɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dozens
dəʒənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

statistics
stə'tɪstɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

protect
ˈpɹɒtekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deeper
dɪpə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebel
ˈɹeɪbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compassion
kəm'pæʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Selfish
ˈselfɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

benefit
ˈbenɪfɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vanity
ˈvænɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hon
hən

Zen habits (c) readings.world

Seems
sɪmz

Zen habits (c) readings.world

suffer
sʌfə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incómodo, a disgusto, cohibido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

saltar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

previo, anterior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

embarazo, gravidez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fácilmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Prepararse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proteger, defender

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estadísticas; estadística

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

docenas; docena, decenas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compasión, conmiseración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebelde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**más profundo; profundo, hondo,
fondo, ancho, bajo, grave, oscuro**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vanidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**beneficio, ventaja, prestación,
beneficiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

egoísta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; sufrir, penar

Zen habits (c) readings.world

te parece; parecer

Zen habits (c) readings.world

; honesto, sincero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inspire
ɪnspʌɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ease
iːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

therefore
ðeɪfɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

precious
preɪʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

valuable
væljəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

limit
lɪmɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

earth
ɜːθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gift
ɡɪft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

philosopher
fɪləsəfə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Seneca
senɪkə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Stoic
stɔɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

for ever

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overflow
oʊvəfləʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

squander
skwɑːndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frailty
fɹeɪlɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

notice
nəʊtɪs

Zen habits (c) readings.world

supply
sʌplaɪ

Zen habits (c) readings.world

por
pɔː

Zen habits (c) readings.world

**por qué; por eso, por consiguiente,
por lo tanto, por ende**

facilidad; aliviar

inspirar, infundir

; limitado

valioso

preciosos; precioso

filósofo, filósofa

**regalo, obsequio, don, talento,
regalar, dar**

**tierra, suelo, terreno, madriguera,
aterrar**

para siempre

estoico, estoica

Séneca

debilidad; fragilidad

**malbaratar, despilfarrar, derrochar,
farrear**

**; desbordamiento, aliviadero,
escape**

, dejar atrás

suministro; proporcionar, abastecer

**aviso; comunicación, notificación,
darse cuenta, advertir**

FlashCards-English-Spanish-Level-A1

occurs
ʌkɜːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fleeting
flitɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

snatches away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

promising
pɹɒmɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

denies
dɪnaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

waste
weɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feudal
fjuːdəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Japan
dʒɑːpæn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fades away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

superfluous
sʊpəˈfluːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

begrudge
bɪɡɹʌdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Swiftly
swɪftli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

speeds
spɪdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incidentally
ɪnsɪdəntəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

committing
kəmɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unlimited
ʌnɪˈlɪmɪtəd

Zen habits (c) readings.world

pushed back

Zen habits (c) readings.world

priority
pɹaɪɹɪˈtɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apartar, sacar, tomar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fugaz; flota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ocurre; ocurrir, acaecer, presentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

residuos; desperdiciar, malgastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

niega; negar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prometedor; promesa, prometer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se desvanece

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Japón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feudal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rápido; rápidamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

envidiar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

superfluo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comprometiéndose; encomendar,
cometer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**incidentalmente, casualmente, por
cierto, a propósito**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

velocidades; velocidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Prioridad

Zen habits (c) readings.world

hacer retroceder, posponer

Zen habits (c) readings.world

ilimitado, sin límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

schedule
skɛdʒʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visualize
vɪʒʊəlaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

meditation
mɛdɪteɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stretching
stɪɛtʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

priority
praɪəɪtɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cushion
kʊʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Proof
pru:f

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

block
blak

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivated
mouɪveɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

benefits
bɛnɪfɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

heartbeat
ha:ɪtbit

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rhythm
rɪðəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

invisible
ɪnvɪzəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mechanism
mekənɪzəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

noticed
nəʊtɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pattern
pætə:n

Zen habits (c) readings.world

Certain
sɜ:ən

Zen habits (c) readings.world

figured
fɪgʒəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

meditación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visualizar, imaginar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**horario, itinerario, programación,
programar, adiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cojín, almohadón, colchón,
amortiguante, banda, amortiguar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prioridad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**estirar, estirarse, dar, extenderse,
estirón, estiramiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivado; motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bloque

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pruebas; prueba

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ritmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**latido del corazón, latido, ritmo
cardiaco, inspiración**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**beneficios; beneficio, ventaja,
prestación, beneficiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**te has dado cuenta; comunicación,
notificación, darse cuenta**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mecanismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

invisible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imaginado; figura, cifra, ocurrírsele

Zen habits (c) readings.world

seguro; cierto, cierto, cierta

Zen habits (c) readings.world

**molde, patrón, modelo, diseño,
estampado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trigger
tɹɪɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

urges
ʌdʒʌʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

be tied

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ideally
aɪdɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

concept
kənsɛpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apply
əplʌɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

double
dʌbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pulse
pʌls

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beat
bit

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Convenient
kənviːnjənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

willpower
wɪlˈpaʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relying
raɪlɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

automatic
ɔːtəmætɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

arises
əˈraɪzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

iambic

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Punch
pʌntʃ

Zen habits (c) readings.world

se
seɪ

Zen habits (c) readings.world

boom
bum

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Estar atado; estar vinculado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aplicar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

batir, golpear, percutir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confiar; contar con, atenerse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

yámbico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

boom, auge

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**impulsos; impulso, impulsar, urgir,
agujonear, apresurar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

concepto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pulso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fuerza de voluntad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**surge; surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, fusionar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**gatillo, detonador, detonante,
desencadenante, disparador**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lo ideal; idealmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**doble, doblado, bicapa, encorvado,
doble, sosias, duplicar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conveniente, cómodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**automático, automático, semi-
automática**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un puñetazo; ponche

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

waking up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**con
kan**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**etc
etsɛtɔʌ**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**awhile
ʌwɑɪl**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**bar
bɑɹ**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

top priority

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**reminders
ɹɪmɑɪndɜːz**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**picked
pɪkt**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mobile phone

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

make coffee

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

teakettle

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**normally
nɔːmli**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**laptop
læptɒp**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**brush
brʌʃ**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**groove
ɡruːv**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wakes up

Zen habits (c) readings.world

**snowfall
snəʊfɔːl**

Zen habits (c) readings.world

**grind
ɡraɪnd**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tc

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Despertar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Prioridad absoluta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

barra; tableta; barrote, reja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un rato, algún tiempo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

teléfono móvil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**elegido; pico, ganzúa, hurgar,
recoger**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recordatorios; aviso, recordatorio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

normalmente, de costumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hacer café

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**surco; ranura, acanaladura, canal,
estría**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pincel, cepillo, escobilla, brocha,
cepillado, matorral**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**portátil, computador portátil,
computadora portátil**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

uelo

Zen habits (c) readings.world

nieve; nevada

Zen habits (c) readings.world

se despierta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

thick
θɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

heavy
hevi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

lay
leɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

path
pæθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kid
kɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

everywhere
evriwɛɹ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Middle
mɪdɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

array
æɹɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Hill
hɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wide
waɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

previous day

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bite
baɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anywhere
eniwɛɹ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anymore
ənɪmɔɹ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forge
fɔɹdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

direction
dɪɹekʃən

Zen habits (c) readings.world

twist
twɪst

Zen habits (c) readings.world

encourage
enkɹɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Capa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

pesado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

gruesa; grueso, espeso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**en todas partes; todos lados, todo
lugar, por todas partes**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

niño, crío, chaval

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

camino, sendero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cerro, loma, colina, collado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**atavío, galas, distribución, ristra,
gama, vector, arreglo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medio, centro, cintura, central

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; morder, picar, mordida,
mordedura**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el día anterior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ancho, amplio, lateral

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ya no

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**en algún sitio; en cualquier parte,
dondequiera**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**animar, alentar, estimular,
promover, recomendar**

Zen habits (c) readings.world

giro; torcer, sacar punta a, torcerse

Zen habits (c) readings.world

dirección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

variety
vɜːaɪəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spikes
spaɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incentives
ɪnˈsentɪvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rewards
rɪˈwɔːrds

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

public
pʌblɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

organization
ɔːɡəˈnɪzɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

barriers
bæɪrɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entice
ɪnˈtaɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

roadblocks
ˈrəʊdblɒks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ability
əˈbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Succeed
səkˈsɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

embarrassing
ɪmˈbɛərɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stray
streɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

force
fɔːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

series
sɪˈrɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enjoyable
ɪnˈdʒɔɪəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pushes
pʊʃəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

donate
dəʊneɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desviarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

obstáculos; barrera, límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

variedad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fuerza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atraer; incitar, tentar, engolosinar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**picos; clavo, pincho, púa, punta,
espiga, clavos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

eries; serie, serie de televisión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obstáculos; barrera vial, barrera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incentivos; incentivo, aliciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disfrutar; agradable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

habilidad, capacidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recompensas; recompensa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empujones; empujar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sucedor, conseguir, tener éxito,
heredar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

público, público

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

donar

Zen habits (c) readings.world

**vergonzoso; avergonzar,
abochornar, sonrojar, humillar**

Zen habits (c) readings.world

organización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

environment
ɪnvaɪənmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fails
feɪlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

alone
əloʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rely
ɹaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

coffee maker

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

physical
fɪzɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

digital
dɪdʒɪtəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sticky
stɪki

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alarms
lɑːrmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

absolutely
æbsəlʊtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rest
ɹɛst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivation
moʊtɪveɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continue
kən'tɪnju

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

regular
ˈɹɛɡjʊlə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

monthly
mənθli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

column
kəlʌm

Zen habits (c) readings.world

signed
sɑɪnd

Zen habits (c) readings.world

difficulties
dɪfɪkəltɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solo, a solas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fracasar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**ambiente, medio, entorno,
medioambiente, medio ambiente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

físico, revisión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cafetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confiar; contar con, atenerse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**alarmas; alarma, rebato,
despertador, alarma, tocar a rebato**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pegajoso, adherente, adherible,
peliagudo, escabroso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

digital, dactilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

descansar; descanso, reposo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

totalmente, absolutamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mensual, mensualmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

regular, parroquiano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continuar, seguir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dificultades; dificultad

Zen habits (c) readings.world

firmado; señal

Zen habits (c) readings.world

columna

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entered
ɛntəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

neither
niðə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

slowly
sləʊli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

power
paʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Hook
hʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

throw away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unsuccessfully
ʌnsʌksɛsfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cigarettes
sɪɡəɪɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contrast
kɒntrɪɹæst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pack
pæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

taking out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

put off

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attempt
ɹtɛmpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trash
træʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

commitments
kɒmɪtmɹnts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

succeeded
sʌksɪdɹd

Zen habits (c) readings.world

throw
θrəʊ

Zen habits (c) readings.world

pie
paɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lentamente, despacio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**ninguno de los dos; ninguno,
ningún, ni X ni Y, tampoco**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

entró; entrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tirar a la basura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gancho, garfio, enganchar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**poder, potencia, corriente,
electricidad, potenciar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contraste, contrastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cigarrillos; cigarrillo, pitillo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sin éxito; infructuosamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desanimar, aplazar, apagar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

salir con alguien; sacar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paquete; fardo, bulto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**compromisos; compromiso,
promesa, acuerdo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**basura, caneca, basura, chusma,
papelera**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

intentar, tentativa, intento, ensayo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tarta, empanada, pastel

Zen habits (c) readings.world

lanzar, tirar

Zen habits (c) readings.world

**tuvo éxito; suceder, conseguir,
tener éxito, heredar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

publish
pʌbɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Burger
bɜːɡɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

vegan
veɡən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Catholic versions

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blogged

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flowers
flaʊəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tool
tuːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

possessions
pəˈzɛʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplify
sɪmˈplɪfaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivate
məʊtɪveɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logs in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

publicly
pʌbɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

workout
wɜːkaʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

raise money

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cause
kɑːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

progress
prəˈɡres

Zen habits (c) readings.world

trackers
ˈtrækɜːz

Zen habits (c) readings.world

tools
tuːlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**vegetariano; vegano, vegano,
vegana**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Hamburguesa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

publicar, divulgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ramo, bonchote, racimo, grupo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en el blog

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Jesé (w:Reina-Valera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**posesión, posesión natural,
tenencia, posesión civil, posesiones**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

herramienta, utensilio, instrumento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

públicamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Iniciar sesión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por qué; causa, causar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recaudar dinero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entrenamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**herramientas; herramienta,
utensilio, instrumento**

Zen habits (c) readings.world

**rastreadores; rastreador,
rastreadora**

Zen habits (c) readings.world

progreso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

competitions
καμπιτζιλανζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

GREASED
γριστ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

slope
σλοουπ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

metaphors
μεταφορζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

either
ιθζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

switch
σβιτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stray
στρει

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

side
σайд

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

climbing up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

taking away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

greasing
γριστιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escapes
ιςκειρς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grease
γρισ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

allow
αλου

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

account
ακαουντ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

social
σοσιλι

Zen habits (c) readings.world

updates
απδετς

Zen habits (c) readings.world

promise
πρωμισ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pendiente, cuesta, desnivel,
inclinación, ojo chueco, chuequito**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**interruptor, aguja, latigazo, switch,
conmutador, intercambiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

subiendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**se escapa; escapar, liberarse,
fugarse, eludir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cuenta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

promesa, prometer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**agradecido; grasa, engrasar,
checklubricar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cada, tampoco, o , o, ya sea...o

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**engrase; grasa, engrasar,
checklubricar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dejar, permitir, conceder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**actualizaciones; actualización,
actualizar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

competiciones; competición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

metáforas; metáfora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perderte; extraviarse, perderse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

llevar; recoger; quitar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grasa, engrasar, checklubricar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

social

Zen habits (c) readings.world

weekly
wikli

Zen habits (c) readings.world

mass
mæs

Zen habits (c) readings.world

via
vaɪə

Zen habits (c) readings.world

log
lɒg

Zen habits (c) readings.world

pledge
plɛdʒ

Zen habits (c) readings.world

candidate
kændɪdeɪt

Zen habits (c) readings.world

political
pə'ltɪkəl

Zen habits (c) readings.world

profit
prə'fɪt

Zen habits (c) readings.world

non
nɒn

Zen habits (c) readings.world

cell
sel

Zen habits (c) readings.world

ban
bæn

Zen habits (c) readings.world

coach
kəʊtʃ

Zen habits (c) readings.world

be tempted

Zen habits (c) readings.world

track
tɹæk

Zen habits (c) readings.world

skip
skɪp

Zen habits (c) readings.world

miracles
mɪr'klɪz

Zen habits (c) readings.world

outline
aʊtlaɪn

Zen habits (c) readings.world

brief
briːf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

a través de; vía, por; a través

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

montón, masa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

semanalmente, cada semana, todas las semanas, semanario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

candidato, candidata, participante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prometer, comprometerse, hipotecar, empenar, pignorar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

registro; tronco, leño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

No

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ganancias; ganancia, beneficio, explotar, beneficiarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

político

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

coche, vagón, entrenador, entrenadora, autocar, entrenar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prohibir; prohibición, veda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

célula; celda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

saltar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pista; rastro, huella, trilla, trillo, sendero, curso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sentirse tentado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

breve, corto, conciso, sucinto, escueto, resumen, poner al tanto

Zen habits (c) readings.world

contorno, esbozo, resumen, delinear, resumir

Zen habits (c) readings.world

milagros; milagro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incredibly
ɪnkrɛdəblɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

trick
trɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

press
pres

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

butt
bʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tape
teɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Mind you

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lead
liːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Certainly
səˈtʌnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Groundhog
ɡraʊndhɒɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disaster
dɪzæstə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cartoons
kɑːtuːnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trouble
ˈtrʌbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Bunny
ˈbʌni

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Bugs
bʌgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reverse
rɪvɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cinch
sɪntʃ

Zen habits (c) readings.world

continuing
kənˈtɪnjuːɪŋ

Zen habits (c) readings.world

attempted
ˌætemptəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prensa; apretar, presionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

truco, artimana, enganifa, treta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

increíblemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ten/Tenga en cuenta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cinta, atar, grabar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

culo; dar un cabezazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Marmota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seguro; ciertamente, sin duda, a todas luces, por supuesto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

llevar; liderar; guiar, dirigir; provocar; encabezar; principal; plomo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

problemas; marrón, berenjena, dificultad, problema, molestia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caricaturas; vineta, tira cómica, caricatura, boceto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desastre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

invertir; dar marcha atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bichos; chinche, bicho, error, fallo, defecto, bug, manía

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conejita; Conejito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

intentado; intentar, tentativa, intento, ensayo

Zen habits (c) readings.world

continuando; continuar, seguir

Zen habits (c) readings.world

fácil; certeza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

movement
muvmɑnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

begets
bɪgɛts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

requirements
ɹɪkwɑɪmɑnts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

jot down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kettle
kɛtl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lift
lɪft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bite
bɑɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Consider
kɒnsɪdɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beyond
bɪɑːnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

streak
stri:k

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solidify
sɒlɪdɪfaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

last
læst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feedback
fɪdbæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tangled
tæŋɡld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

loops
lups

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drug addiction

Zen habits (c) readings.world

unbelievably
ʌnbɪlɪvəbli

Zen habits (c) readings.world

relative
ɹɪlɪtɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

requisitos; exigencia, requisito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

engendrar, concebir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

movimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

levantar, alzar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pava; hervidor, tetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Anotar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más allá de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**considerar, barajar, sopesar,
observar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**morder, picar, mordida,
mordedura, mordisco, picadura**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

duradera; duradero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solidificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

raya, trazo, sarta, racha, ristra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bucle; lazo, lazada, gaza, recodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enredado; desorden, maraña,
enredo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comentarios; valoración,
comentario, reacción, impresión**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**relativo, familiar, pariente,
parentela**

Zen habits (c) readings.world

increíblemente

Zen habits (c) readings.world

adicción a las drogas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

finances
fɪnænsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

harmful
hɑːmfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

alcohol
ælkəhɒl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caused
kɔːzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

addiction
ədɪkʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drug
drʌɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pleasurable
pleɪzəˈleɪbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

extremely
ɪkstriːmli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

loop
luːp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

user
juːzə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dose
dəʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

combination
kəmbɪˈneɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encourages
ɪnˈkʌrɪdʒɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

behavior
bɪˈheɪvjə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sweatiness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tiredness
taɪəˈdɪnɪs

Zen habits (c) readings.world

typical
ˈtɪpɪkəl

Zen habits (c) readings.world

comfortable
kɒmfəˈtəbl̩

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alcohol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

perjudicial, danino, nocivo, danoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

finanzas; finanza, financiar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

droga; medicamento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adicción, vicio, dependencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

causado; causa, causar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bucle; lazo, lazada, gaza, recodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**extremadamente, sumamente,
harto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

placentero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

combinación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dosis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

usuario, usuaria

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sudor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comportamiento, conducta,
proceder**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**alienta; animar, alentar, estimular,
promover, recomendar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cómodo, comfortable, checkcómodo

Zen habits (c) readings.world

típico

Zen habits (c) readings.world

fatiga, cansancio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mildly
maɪldli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accomplishment
akəmplɪʃmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

embarrassment
ɪmbrɛsəsmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enduring
ɛndʒʊrɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smarter
smɑːtə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

personally
pɜːsnəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

setup
sɛtʌp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Praise
praɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

experiencing
ɪksprɪɪŋɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Loss
lɒs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

admit
ədˈmɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rewarding
riːwɔːdɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

junk food

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smile
smɑɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consequence
kɒnsɪkwəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bet
bɛt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

care
kɛə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

massage
mɑːsɑːʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comida basura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

preparado; instalador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Suavemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sonrisa, sonreír

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**elogios; alabanza, loa,
enaltecimiento, elogio, adoración**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logro, éxito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consecuencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**experimentando; experiencia,
vivencia, experimentar, vivir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vergüenza, corte g

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apostar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pérdida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**perdurable; aguantar, perdurar,
tolerar, consentir, condescender**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

te importa; cuidado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**admitir, dar entrada, dejar entrar,
reconocer, permitir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más listo; elegante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

masaje, masajear

Zen habits (c) readings.world

gratificante; recompensa

Zen habits (c) readings.world

personalmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

treat
tɹi:t

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

setups
sɛtʌps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suggestions
sʌdʒɛstʃʌnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

honestly
ənɒstli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actual
æktʃʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

looked for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Mandarin
mændʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

if possible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

roll
rɔʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

directly
dɪrɛktli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

linked
lɪŋkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

socializing
soʊʃlaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trainer
tɹeɪnɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more social

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spotlight
spɒtlɑ:t

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

messages
mɪsɪdʒɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

treats
tɹi:ts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Reward
rɪwɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**entrenador, entrenadora,
amaestrador, amaestradora, tenis**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

mandarín, chino mandarín

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**tratar, negociar, rogar, invitar,
convidar, sorpresa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más social

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Si es posible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

onfiguraciones; instalador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

foco, proyector, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rodando; rolar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sugerencias; sugerencia, propuesta,
sugestión**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

masajes; masaje, masajear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

directamente, en derecha

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

honestamente, francamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**golosinas; tratar, negociar, rogar,
invitar, convidar, sorpresa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vinculado; eslabón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**real, existente, verdadero, efectivo,
actual**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recompensa

Zen habits (c) readings.world

socializando; socializar, sociabilizar

Zen habits (c) readings.world

buscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hit on

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

effective
ɪfektɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

task
tæsk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

breakthrough
bɹeɪkθɹu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

necessarily
nɛsəʃeɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

painful
peɪnfʌl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

joyful
dʒɔɪfʌl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unenjoyable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wish
wɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unlocked
ʌnlɔkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

secret
sikɹt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shining
ʃaɪnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bald head

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beneath
bɪniθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rush
ɹʌʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beauty
bju:ti

Zen habits (c) readings.world

loosen
lu:sn

Zen habits (c) readings.world

breath
bɹeθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tarea

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

efectivo, eficaz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

tirar los tejos a; ocurrírsele algo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**doloroso, dolorido, adolorido,
panish: t-needed**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

necesariamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un gran avance; brecha

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; deseo, gana, desear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Disfrutar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alegre, gozoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brillante; brillar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

secreto, arcano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desbloqueado; abrir, abrir con
llave, desatrarcar, desbloquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Prisa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por debajo; bajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Cabeza calva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respiración, aliento, respiro

Zen habits (c) readings.world

aflojar, soltar

Zen habits (c) readings.world

**belleza, hermosura, preciosidad,
preciosura**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wind
waiɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

appreciating
apɹiʃiɛtiŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

accepting
æksɛptɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

loosening
lu:siŋiŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shining
ʃaiŋiŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

darkness
da:kns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unaware
ʌnəweɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shying
ʃaiŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

qualities
kwaɪlɪtiz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

develop
di'velɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

move away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sensations
senseɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wander
wandə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

toes
tu:z

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scan
skæn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

current
kʌrɪnt

Zen habits (c) readings.world

causing
kɑ:zɪŋ

Zen habits (c) readings.world

onto
ɒntu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aceptando; aceptar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**apreciando; agradecer, valorar,
comprender, hacerse cargo de**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

viento, aire

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oscuridad, tinieblas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brillante; espinilla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aflojamiento; aflojar, soltar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ualidades; calidad, cualidad, de
calidad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tímido, reservado, vergonzoso,
lanzar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**inconsciente, desprevenido,
ignorante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sensaciones; sensación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alejarse, moverse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desarrollar, revelar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escrutar, escanear, escandir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dedos de los pies; dedo del pie,
ortejo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**vagar, divagar, errar, deambular,
engañar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sobre

Zen habits (c) readings.world

causando; causa, causar

Zen habits (c) readings.world

corriente, actual

Zen habits (c) readings.world

turn back

Zen habits (c) readings.world

feelings

fiɪŋz

Zen habits (c) readings.world

Perhaps

pə'hæps

Zen habits (c) readings.world

inspiring

ɪnspəɪɪŋ

Zen habits (c) readings.world

miracle

mɪrəkl̩

Zen habits (c) readings.world

shines

ʃaɪnz

Zen habits (c) readings.world

alive

əlaɪv

Zen habits (c) readings.world

lucky

lʌki

Zen habits (c) readings.world

warts

wɔːts

Zen habits (c) readings.world

field

fi:ld

Zen habits (c) readings.world

leaf

li:f

Zen habits (c) readings.world

flab

flæb

Zen habits (c) readings.world

joy

dʒɔɪ

Zen habits (c) readings.world

awe

ə

Zen habits (c) readings.world

miraculous

mɪrə'kjʊləs

Zen habits (c) readings.world

intrinsic

ɪn'trɪnsɪk

Zen habits (c) readings.world

chao

tʃəʊ

Zen habits (c) readings.world

inextricably

ɪn'ekstɹɪkəblɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acaso, quizá, quizás, tal vez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Sentimientos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

volver atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brillar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

milagro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inspirador; inspirar, infundir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

verrugas; verruga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suerte; afortunado, suertudo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vivo, viviente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Flacidez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hoja, tablero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

campo, agro, cancha, terreno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

milagroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pavor, temor, medrosía, asombro,
asombrar, abrumar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alegría, júbilo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nextricablemente

Zen habits (c) readings.world

; caos

Zen habits (c) readings.world

intrínseca; intrínseco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mindfully
maɪndfʌli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

movements
muvmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

journal
dʒɜːnl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accountable
ˌaʊntəbl̩

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chance
tʃæns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reflection
ˌrɪflekʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tied
taɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mirror
mɪrə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blogs
blɒgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

triathlon
ˌtraɪæθlɒn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reflecting
ˌrɪflektɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

autopilot
ˌɔːtəpaɪlət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

associated
ˌæsəʊsi'eɪtəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

experienced
ɪkspɪəriənst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplifying
sɪmpləfaɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hold
həʊld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivating
ˌməʊtɪveɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

steroids
stɛrɔɪdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sociados; asociado, companero,
asociar, frecuentar, alternar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**con experiencia; experiencia,
vivencia, experimentar, vivir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sostener; tener en las manos,
agarrar, asir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivador; motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esteroides; esteroide

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atado; amarrar, atar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

espejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

triatlón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**reflexionando; reflejar, recapitar, oportunidad; suerte, by chance: por
reflexionar, cavilar casualidad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

piloto automático, autopiloto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con atención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

movimientos; movimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diario; revista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

responsable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reflexión, reflejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forces
fɔɹsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

blogging
blɔɡɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

applying
ˈɹplɑɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

whether
wɛðə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

messing
mɛsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clown
klaʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

goes off

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

necessary
nɛsəɹɛɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disgust
dɪsgʌst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consciously
kɔŋʃəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pilot
paɪlət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adjustments
ədʒʌstmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sticking to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crucial
kɹʊʃl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

review
rɪvju

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brag
bræɡ

Zen habits (c) readings.world

triathletes

Zen habits (c) readings.world

gloriously
ɡlɔɹɪəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solicitando; aplicar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Bloguear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fuerzas; fuerza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

payaso, payasa, clown, clon

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enredando; desastre, enredo, lío

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

si, si, o, ya sea

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**repugnar, dar asco, asquear, asco,
repugnancia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

es necesario; necesario, menester

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se apaga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ajustes; ajuste, modificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

piloto, piloto, pilotar, probar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conscientemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**repaso, revisión, repasos,
revisiones, crítica**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

es crucial; crucial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seguir algo, apegarse a, ceñirse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Gloriosamente

Zen habits (c) readings.world

triatletas; triatleta

Zen habits (c) readings.world

; fanfarronear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lean
lin

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visualization
vi:zʊəlɪzeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

failures
feɪljəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scenes
sɪnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accomplish
əkəmplɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fool
fu:l

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exhausted
ɪgzɔ:stɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nauseated
nɔ:zi:etɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

portions
pɔ:ʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Session
seɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

within
wɪðɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decent
di:ʃənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Mr
mɪstə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

preservation
pri:zə'veɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cyclists
saɪkəlɪsts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

highway
haɪweɪ

Zen habits (c) readings.world

flashed
flæʃt

Zen habits (c) readings.world

honking
hɒŋkɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**fracasos; fallo, fracaso, fiasco,
fracasado, avería**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visualización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Más delgado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; bobo, imbécil, necio, pendejo,
bufón, loco**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cumplir; efectuar, realizar, lograr,
completar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escenas; escena, escenario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

porciones; porción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tienes náuseas; dar náuseas a, dar
asco, asquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**exhausto; agotar, cansar, tubo de
escape, gas de escape**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dentro de, adentro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sesión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ciclistas; ciclista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

preservación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Señor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tocando la bocina; graznido;
bocinazo**

Zen habits (c) readings.world

flasheado; destello

Zen habits (c) readings.world

carretera, autopista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zooming
zumɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

cycle
saɪkl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

finger
fɪŋgə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lane
leɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Guam
gwam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transportation
ˌtrænspɔːteɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

swear
swɛɹ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continued
kɒntɪnjuːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miserably
mɪzəˈʌbli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entire
ɪntaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

span
spæn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

discouraging
dɪskɔːdʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comparison
kəmpeɪrɪsn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dislike
dɪsleɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dismal
dɪzml

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Seem
sɪm

Zen habits (c) readings.world

discourage
dɪskɔːdʒ

Zen habits (c) readings.world

vision
vɪʒn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dedo; apuntar, senalar, hurgar,
dedear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; ciclo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

zumbido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transporte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Guam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

camino, carril

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miserablemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continuamos; continuar, seguir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

jurar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desalentador; descorazonar,
acobardar, desalentar, persuadir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

luz, palmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**lúgubre; mísero, miserable, triste,
deprimente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**aversión, disgusto, antipatía,
desagradar, no gustar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comparación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vista, visión

Zen habits (c) readings.world

**descorazonar, acobardar,
desalentar, persuadir, disuadir**

Zen habits (c) readings.world

parecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shine
ʃaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disappointment
dɪsəˈpɔɪntmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cause of failure

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustrating
fɹʌstɹeɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

struggled with

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

coach
kəʊtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grateful
ɡræɪtʃfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

source
sɔːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

get going

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

briefly
briːfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

come off

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

discouraged
dɪskəˈrɪdʒd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

match
mætʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Curious
kjʊrɪəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disappointing
dɪsəˈpɔɪntɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attach
ətætʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consequently
kənsɪkwəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Except
ɪksɛpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

coincide; cerilla, fósforo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tienes curiosidad; curioso; extraño,
raro**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**decepcionante; decepcionar,
desilusionar, defraudar, quedar mal**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acoplar; anexar, adjuntar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**por consiguiente;
consecuentemente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**exceptuar, excepto, salvo,
exceptuando, menos, salvo que**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

agradecido, complacido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fuelle, fontana, origen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ponerse en marcha, arrancar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

revemente; concisamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

salir; bajar; triunfar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desanimado; descorazonar,
acobardar, desalentar, persuadir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brillar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decepción, desilusión, chasco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

causa del fracaso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frustrante; frustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

luchar con

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; coche, vagón, entrenador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sculpting
skʌlptɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shaped
ʃeɪpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clay
kleɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

powers
paʊəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nutrients
nuːtrɪənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soil
sɔɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oriented
ɔːrɪəntɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

normal
nɔːrml

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sculpture
skʌlptʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inputs
ɪnpuːts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sunlight
sʌnlaɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

intention
ɪntentʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Society
səʊsəɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mound
maʊnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mess
mes

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

God
ɡɒd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fee
fi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enjoyment
ɪnˈdʒɔɪmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sociedad, comunidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Orientar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

esculpir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**túmulo, montículo, base, orbe,
apilar, amontonar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

normal, bien, sano, normal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**con forma; forma, estado, modelar,
formar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desastre, enredo, lío

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escultura, esculpir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

arcilla, barro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

endiosar, idolatrar, deificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**insumos; insumo, entrada,
introducir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**poderes; poder, potencia,
corriente, electricidad, potenciar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; honorario, tarifa, cuota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

la luz del sol; luz del sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nutrientes; nutriente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**disfrutar; disfrute, gozo, regocijo,
holganza**

Zen habits (c) readings.world

intención

Zen habits (c) readings.world

tierra, suelo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tightly
taitli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fixated
fiksɛitɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

compassionate
kəmˈpæʃənət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

support
səˈpɔːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

input
ɪnˈpʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exactly
ɪɡˈzæktli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

slim
slɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

version
vɜːʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

muscle
ˈmʌsl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sculpt
skʌlpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nurture
nɜːtʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

toward
ˈtɔːwɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attachment
ˈætætʃmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

outcomes
ˈaʊtkʌmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reduce
ˈrɪdʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grip
ɡrɪp

Zen habits (c) readings.world

self-control
selfkɒntrɔːl

Zen habits (c) readings.world

horrible
ˈhɒrɪbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compasivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

obsesionado; fijar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

con fuerza; herméticamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exactamente, exacto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insumo, entrada, introducir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apoyo; aguantar, sostener

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

músculo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

versión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; flaco, delgado, adelgazarse,
enflaquecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hacia, sobre, para

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**nutrir; cuidado, crianza, ternura,
levantamiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esculpir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**reducir, mermar, checkreducir,
checkdisminuir, checkrebajar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**resultados; resultado,
consecuencia, desenlace, objetivos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**apego, carino, afición, atadura,
archivo adjunto, ejecución**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

horrible, horrendo

Zen habits (c) readings.world

autocontrol

Zen habits (c) readings.world

**agarre; empuñar, agarrar, aferrar,
asir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

guilt
gɪlt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sensation
senseɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chest
tʃɛst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

act on

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ordinary
ɔːrɪnɪəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amazingly
ə'meɪzɪŋli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cycle
saɪkl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strange
stɹeɪndʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pause
pəʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

panic
pæɪnɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

visible
vɪzəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unbidden

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

invisibility
ɪnvɪzəbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rising
raɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

neck
nek

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Calm
kɑːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rationally
ræʃnəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

delay
dɪleɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

invisibilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ciclo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

culpa, culpabilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**subiendo; rebelión, levantamiento,
alzamiento, ascensión**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**extraño; extraño, raro, anormal,
desconocido**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sensación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cuello

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**receso, checkdescanso, pausar,
interrumpir, suspender**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pecho

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calmado, sosiego, calma

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actuar, hacer efecto; ley de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

racionalmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

visible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pieza, ordinario, del montón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

retraso; aplazar, retrasar

Zen habits (c) readings.world

Imprevista

Zen habits (c) readings.world

**extraordinariamente,
increíblemente, asombrosamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

manuscript
mænjʌskɪpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

developers
dɪvɛlɒpəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

proofread
pru:fɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

managing
mænɪdʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

software
sɔ:ftweɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mailbox
meɪlbɒks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

agile
ædʒəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Glad
glæd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

executing
ɛksɪkjʊtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

involves
ɪnˈvɒlvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reviewing
ˌrɪvju:ɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simple
sɪmpl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solutions
səˈlu:ʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

methods
meθdɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

illustrates
ɪˈlʌstreɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

systematize

Zen habits (c) readings.world

adjust
ədʒʌst

Zen habits (c) readings.world

sporadically
spəˈædɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

panish: corregir pruebas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**desarrolladores; desarrollador,
promotor, constructor**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

manuscrito, manuscrito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Buzón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

software, programa, soporte lógico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**gestionando; manejar, conseguir,
lograr, apanárselas**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ejecutando; ejecutar, ajusticiar,
arrancar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feliz, alegre, contento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ágil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simple, sencillo, simple

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**revisando; repaso, revisión,
repasos, revisiones, crítica**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**implica; elevar, envolver,
envolverse con, involucrase**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ilustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

métodos; método, forma

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oluciones; solución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**esporádicamente,
discontinuamente,
intermitentemente, a rachas**

Zen habits (c) readings.world

ajustar, arreglar, regular, adaptar

Zen habits (c) readings.world

sistematizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

principles
pɹɪnsɪpəlɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

repetition
ɹepɪtɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cramming
kɹæmɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

regularly
ɹegjʌləli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

weaknesses
wiːknəsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Reviews
ɹɪvjuːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strategies
stɹætədʒɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

intervals
ɪntɜːvlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

doses
ˈdoʊsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

concentration
kɒnsənˈtɹeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

musicians
mjuːzɪʃənɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smart
smɑːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

research
ɹɪsɜːtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

retention
ɹɪˈteɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

improvement
ɪmˈpruːvmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deliberately
dɪlɪbɪˈreɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

largely
lɑːdʒli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

assess
əˈseɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**investigación, investigación,
investigar, indagar, documentarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

estrategias; estrategia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

principios; principio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

retención, retentiva, recuerdo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

intervalos; intervalo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**mejora, mejoramiento, enmienda,
mejoría**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dosis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**atiborrarse; atestar, atiborrar,
embutir, chancar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**deliberadamente,
concienzudamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

concentración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**con regularidad; regularmente,
comúnmente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en gran medida; mayormente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

músicos; músico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**debilidades; debilidad, flaqueza,
punto débil, debilidad por**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**evaluar, estimar, determinar,
gravar, imponer**

Zen habits (c) readings.world

inteligente; elegante

Zen habits (c) readings.world

**consideraciones; repaso, revisión,
repasos, revisiones, crítica**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forward
fɔːwəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

startled
stɑːtlɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

descend
dɪsɛnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

falling to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

captivated
kæptɪvɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blossoms
blɒsəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blossom
blɒsəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sidewalk
saɪdwɔːk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gently
dʒɛntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beautifully
bjʊtɪflɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transient
tɹænzɪənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

melting
mɛltɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plum
plʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reverie
rɪvɛəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hilly
hɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impermanent

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gorgeous
gɔːrʒəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

covered
kʌvəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ciruela

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

flor, floración, florecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

hacia adelante; hacia delante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ensoñación; ensueño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acera, andén

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sorprendido; sobresaltarse,
alarmarse, espantarse, evitar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con colinas; montuoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suavemente; mansamente, suave

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

descender, bajar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Impermanente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bonito; bellamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tocarle a alguien hacer algo,
corresponder a**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

guapa; guapísimo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pasajero; transitorio, trotamundo,
transeúnte**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cautivado; cautivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cubierto; tapa, cubierta, escondrijo,
guarida, tapa**

Zen habits (c) readings.world

**fundiendo; fusión, fundición,
derretimiento**

Zen habits (c) readings.world

flores; flor, floración, florecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

height
haɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fad
fæd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Death
dεθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

peaks
pɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scene
sɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impermanence

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

indulge
ɪndʌldʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

heart
hɑːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

permanent
pɜːmənənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por
pɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scary
skɛəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more beautiful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more precious

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forever
fɜːvɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spouse
spaʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

basic
beɪsɪk

Zen habits (c) readings.world

injured
ɪndʒɜːd

Zen habits (c) readings.world

characteristic
kæɪktəɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

muerte, la muerte, el arcano de la muerte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; moda, moda pasajera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

altura, estatura, cumbre, cima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impermanencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escena, escenario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

picos; pico, cumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

permanente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

corazón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

darse un capricho; ceder, sucumbir, mimar, consentir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más hermoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Que da Miedo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, dejar atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cónyuge, consorte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

para siempre, por siempre, constantemente, sin cesar, eternidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más precioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

característico, característica

Zen habits (c) readings.world

lastimado; herir, lastimar

Zen habits (c) readings.world

básico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unchanging
ʌntʃeɪndʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

defining
dɪfaɪnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sapling
sæplɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Embrace
embreɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

weren

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seed
siːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relationship
rɪleɪʃnʃɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irritation
ɪrɪteɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

embracing
embreɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

temporary
tempərəːri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

upcoming
ʌpˌkʌmɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

passing
pæsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clouds
klaʊdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

States
steɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worry
wəˈri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grief
ɡrɪf

Zen habits (c) readings.world

upset
ʌpset

Zen habits (c) readings.world

drop of water

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**arbolito; pimpollo, plantón,
virgulto, jovencito**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**definiendo; determinar, definir,
definirse, aclarar, describir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

inmutable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

semilla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lo eran

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abrazar, abrazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abrazar, abrazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irritación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relación, noviazgo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pasando; pasajero, excelente,
superficial, somero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Resultado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

temporal, provisional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**preocuparse, estar preocupado,
inquietarse, comerse la cabeza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estados; Estado, declarar, indicar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nubes; nublar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Gota de agua

Zen habits (c) readings.world

**trastornado, perturbado, enfadado,
molesto**

Zen habits (c) readings.world

**duelo; pesar, pesadumbre, dolor,
sufrimiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

particular
pəˈtɪkjʌlə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attached
əˈtætʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fixed
fɪkst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

throws in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suggest
sʌdʒest

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adapts
ədæpts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

downstream
daʊnstɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flowing
flaʊɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respond
rɪspænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

circumstances
səˈkʌmstænsəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shouldn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adopt
ədɒpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

float
flaʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grasp
græsp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

The plan failed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flexible
fleksəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mindset
maɪndset

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reminder
rɪmaɪndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ío abajo; corriente abajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

particular

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**agarrar, asir, comprender,
asimiento, comprensión, alcance**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fluyendo; fluir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pegado; anexas, adjuntar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

El plan fracasó

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

responder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**arreglado; arreglar, reparar,
componer, fijar, pregar, preparar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flexible, doblable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

circunstancias; circunstancia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

agregar, añadir, echar en, incluir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pensamiento; mentalidad, actitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Debería

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insinuar, sugerir, recomendar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aviso, recordatorio

Zen habits (c) readings.world

adoptar, ahijar

Zen habits (c) readings.world

**se adapta; adaptar, ajustar,
adaptarse, adaptado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

visual
vɪʒʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

more flexible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

expect
ɪkˈspekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

effortlessly
ɪfətʃlɪslɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reflect
rɪˈflekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disrupt
dɪsˈrʌpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Row
rəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

write back

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

definitely
dɪfɪˈnɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con
kən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

downward
daʊnwəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spiral
spaɪrəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

third
θɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

corollary
kəˈrɒləri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adjusted
ədʒʌstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cross
krɒs

Zen habits (c) readings.world

stepping
steɪpɪŋ

Zen habits (c) readings.world

**poco profundo, superficial,
desinteresante, poco profundo (1**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esperar, checkaguardar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

más flexible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visual

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**perturbar, trastornar, desorganizar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**reflejar, recapacitar, reflexionar,
cavilar, discurrir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sin esfuerzo; fácilmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

definitivamente, indudablemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contestar, responder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hilera, fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

espiral, hélice

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hacia abajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ajustado; ajustar, arreglar, regular,
adaptar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

corolario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

la tercera; tercero, tercio, tercera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**poco profundo, superficial,
desinteresante, poco profundo (1**

Zen habits (c) readings.world

pisando; paso

Zen habits (c) readings.world

; cruz, aspa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strung
stɹʌŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beat
bit

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sense
sɛns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

signs
sajnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forced
fɔːst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gets in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stones
stəʊnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stepping
stɛpɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sign
sajn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contingency
kɒntɪndʒənsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

backwards
bækwədz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

addicting
ədɪktɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

by accident

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wet
wɛt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blindly
blaɪndli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adjustment
ədʒʌstmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

guilty
ɡɪlti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apps
æps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por accidente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**pedras; piedra, roca, gema, piedra
preciosa, hueso, cálculo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**encordado; cordel, mecate, usic,
cadena, cuerda, enhebrar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; húmedo, mojado, húmeda,
mojada, mojar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pisando; estepa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Golpear; latir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ciegamente, a ciegas, a tientas, a
tiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

signo; señal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sentido, sensación, significado,
acepción, significación, sentir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ajuste, modificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**contingencia, eventualidad,
imprevisto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

señales; señal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

culpable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**hacia atrás; atrasado, rezagado,
subdesarrollado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forzado; fuerza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aplicaciones; Aplicación

Zen habits (c) readings.world

**adictivo; adicto, viciado, causar
adicción en, volver adicto**

Zen habits (c) readings.world

entra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

app
æp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

opportunity
ɑpətʊnɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

disruption
dɪsˌrʌpʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

establish
ɪstæblɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

misstep
mɪsˌstɛp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

explore
ɪksplɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

derail
dɪˈreɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

noisy
nɔɪzi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

couch
kaʊtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soft
sɔft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kids
kɪdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

making noise

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disturb
dɪstərb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

usual
juːʒwəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

involuntarily
ɪnvɒləntəɪli

Zen habits (c) readings.world

disturbing
dɪstəɪbɪŋ

Zen habits (c) readings.world

peaceful
piːsfəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**quebranto, incidente, ruptura,
interrupción, desorden**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

oportunidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Aplicación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

explorar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**un paso en falso; paso en falso,
desliz, tropiezo, marfilada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

establecer, instaurar, nombrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ruidoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

descarrilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

niños; niño, crío, chaval

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suave; blando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un sofá; sofá, canapé

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lo de siempre; usual, habitual

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perturbar, molestar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

haciendo ruido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Pacífico

Zen habits (c) readings.world

inquietante; perturbar, molestar

Zen habits (c) readings.world

involuntariamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

noise
nɔɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

wondered
wʌndəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

disturbance
dɪstəˈbʌns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

realized
ˌrɪəlɪzɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accepted
əkseptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nearby
nɪəbaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Yay
jeɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

turning point

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resisting
ˌrɪzɪstɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

general
dʒenərəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

symbol
sɪmbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stick
stɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

be comfortable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acceptable
əkseptəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

achievement
əˈtʃɪvmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exertion
ɪgzɜːʃn

Zen habits (c) readings.world

reminds
rɪmaɪnɪz

Zen habits (c) readings.world

procrastinating
prɒkræstɪneɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disturbio, estorbo, perturbación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**se preguntaba; maravilla, milagro,
genio, asombro, pasmo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ruido, estrépito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cercano, próximo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aceptado; aceptar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**te has dado cuenta; realizar, darse
cuenta, caer en la cuenta**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**resistiendo; resistir, panish: t-
needed**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

punto de inflexión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sí

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Pegándose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

símbolo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

general, general

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**logro, hazana, proeza, gesta,
hombrada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aceptable, asumible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Estar cómodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**procrastinando; hacer desidia,
procrastinar, dejar para después**

Zen habits (c) readings.world

recuerda; recordar

Zen habits (c) readings.world

esfuerzo

Zen habits (c) readings.world

acceptance
æksɛptəns

Zen habits (c) readings.world

gratitude
grætɪtʊd

Zen habits (c) readings.world

irritated
ɪrɪteɪtɪd

Zen habits (c) readings.world

rude
rʊd

Zen habits (c) readings.world

recently
riːsntli

Zen habits (c) readings.world

Accept
æksɛpt

Zen habits (c) readings.world

lace up

Zen habits (c) readings.world

lay on

Zen habits (c) readings.world

mood
mud

Zen habits (c) readings.world

lazy
leɪzi

Zen habits (c) readings.world

somewhere
sʌmwɛɪ

Zen habits (c) readings.world

lace
leɪs

Zen habits (c) readings.world

tip
tɪp

Zen habits (c) readings.world

stepping out

Zen habits (c) readings.world

lacing up

Zen habits (c) readings.world

reasonable
riːznəbəl

Zen habits (c) readings.world

objection
əbɪdʒɛkʃən

Zen habits (c) readings.world

laziness
leɪzɪnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irritado; irritar, enviscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aceptas; aceptar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estado de ánimo; humor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encaje; cordón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Atar (los cordones)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pereza, desidia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gratitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**recientemente, hace poco,
últimamente, recién**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poner encima de algo; aprovisionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**en alguna parte, en algún lugar, en
algún sitio, a alguna parte**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

salir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

objección, protesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aceptación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rudo, grosero, descortés, soez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Atar (los cordones)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perezoso, flojo, locho, haragán

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consejo; punta, cabo, extremidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

razonable, módico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

initial
ινηϊλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

indicator
ινδλκειτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proposition
πρωπρωζιτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feel like doing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

knife
ναϊφ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flossing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worthiness
ωρθινης

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smallest possible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

objections
αβδζεκτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

minimum
μινιμουμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

audio
αδιου

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

start for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

determine
δλτςμλν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unobjectionable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deserve
διτςεβ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

viable
βαιαβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pose
πουτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resists
ριζιτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

determinar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

merece la pena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

inicial, iniciales

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inobjetable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el más pequeño posible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

indicador; direccional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

merecer, meritar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

objeciones; objeción, protesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

propuesta, proposición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

viable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mínimo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apetecerle algo a alguien

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

postura, pose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de sonido, de audio, audio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cuchillo, punal, acuchillar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se resiste; resistir, panish: t-needed

Zen habits (c) readings.world

empezar para; inicio para

Zen habits (c) readings.world

Seda dental

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rabbithole

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grass
græs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Clearly
klɪəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

screen
skri:n

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

captivates
kæptɪvets

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

occupies
ɔkɪjəpraɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clicked
klɪkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

link
lɪŋk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

instant
ɪnstənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shift
ʃɪft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actuality
æktʃuælɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recall
ɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lie
laɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sunshine
sʌnʃaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

virtual
vɜːtʃʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

get stuck

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attached
ətætʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dang
dæŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Mentir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

clickado; clic

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Hoyo de conejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sol, luz del sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enlace; eslabón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pasto, hierba, grama, césped

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

virtual

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

instantáneo, inmediato

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

está claro; claramente, por lo claro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atascarse, quedar atascado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**turno, cambio, desviación,
deslizamiento, desplazamiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**mampara, pantalla, biombo, tamiz,
malla**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Adjunto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actualidad; realidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cautivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; peligro

Zen habits (c) readings.world

recordar, evocar, retirada

Zen habits (c) readings.world

ocupar

Zen habits (c) readings.world

Intro
ɪnˈtɹɔʊ

Zen habits (c) readings.world

somehow
sʌmhaʊ

Zen habits (c) readings.world

goals
ɡoʊlz

Zen habits (c) readings.world

disappointed
dɪsˌæpɔɪntɪd

Zen habits (c) readings.world

bothered
bəˈðɛd

Zen habits (c) readings.world

clashes
klæʃɪz

Zen habits (c) readings.world

badly
bædli

Zen habits (c) readings.world

harm
hɑɪm

Zen habits (c) readings.world

mismatch
mɪsmætʃ

Zen habits (c) readings.world

sunsoaked

Zen habits (c) readings.world

rainsoaked

Zen habits (c) readings.world

gloomy
ɡlʊmi

Zen habits (c) readings.world

Muddy
mʌdi

Zen habits (c) readings.world

otherwise
ɒðəwaɪz

Zen habits (c) readings.world

1

Zen habits (c) readings.world

subsequent
sʌbsɪkwʌnt

Zen habits (c) readings.world

shone
ʃoʊn

Zen habits (c) readings.world

hit
hɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**objetivos; meta, objetivo, portería,
arco, gol**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**de algún modo, de alguna manera,
de alguna forma**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

introducción; intro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enfrentamientos; estruendo,
escaramuza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**molestado; molestar, agobiar,
cansón, joroba, rayos, caramba**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**decepcionado; decepcionar,
desilusionar, defraudar, quedar mal**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desajuste

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

daño; dano, danar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

malamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lúgubre; lóbrego, sombrío

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empapado por la lluvia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empapado por el sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, realización (2)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

o no; de otro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Fango

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

golpear, pegar, chocar

Zen habits (c) readings.world

brilló; brillar

Zen habits (c) readings.world

subsiguiente, posterior

Zen habits (c) readings.world

1

Zen habits (c) readings.world

powerless
paʊərləs

Zen habits (c) readings.world

smacked
smækt

Zen habits (c) readings.world

sweet
swit

Zen habits (c) readings.world

shiny
ʃaɪni

Zen habits (c) readings.world

fried
fɹaɪd

Zen habits (c) readings.world

phenomena
fəˈnɒmɪnə

Zen habits (c) readings.world

separate
seɪpəreɪt

Zen habits (c) readings.world

distance
dɪstəns

Zen habits (c) readings.world

sky
skaɪ

Zen habits (c) readings.world

arise
əˈraɪz

Zen habits (c) readings.world

panicked
pænɪkt

Zen habits (c) readings.world

panicky
pæɪŋki

Zen habits (c) readings.world

float
floʊt

Zen habits (c) readings.world

cloud
klaʊd

Zen habits (c) readings.world

view
vju

Zen habits (c) readings.world

in confusion

Zen habits (c) readings.world

stems
stɛmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

golpeado; dar una palmada

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

impotente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

, realización (2)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frito; freír

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reluciente, refulgente, brillante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dulcemente, dulce, caramelo,
chuche, confite**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**distancia, lejanía, distanciarse,
alejarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

separado, separar, disgregar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fenómenos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cielo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nube; nublar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flotador; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pánico; aterrado, aterrorizado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tallos; CTIM

Zen habits (c) readings.world

n la confusión

Zen habits (c) readings.world

**vista, reproducción, visualización,
visitas, visión, mirada, ver**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

phenomenon
fɪnəˈmɪnən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por
pɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

despite
dɪˈspɑːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nervous
nɜːvəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pace
peɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cramping
kræmpɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

floats
flaʊts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acting on

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

freezing rain

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chatting
tʃætɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stab
stæb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hurting
hɜːtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

postpone
pəʊstˈpəʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ahead
əˈheɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shiver
ʃɪvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smoothly
smuːðli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

downhill
daʊnhɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kicked
kɪkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**posponer; aplazar, postergar,
atrasar, perecear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

flotadores; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fenómeno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

al frente de, delante de, adelante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actuar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, dejar atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tiritando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lluvia helada

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pesar de..; a pesar de, pese a, no
obstante, maguer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sin problemas; suavemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chateando; charlar, hablar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nervioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cuesta abajo; descenso, prueba de
descenso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apuñalamiento; apunalamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pateado; dar un puntapié, golpear
con el pie, dar una patada a**

Zen habits (c) readings.world

**hiriendo; doler, lastimar, hacer
dano, herido, dolido**

Zen habits (c) readings.world

**calambres; calambre, rampa,
acalambrarse, coartar, inmovilizar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pain
peɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

lie
laɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

toe
təʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nap
næp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

most triumphant

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encouragement
ɪnˌkʊrɪdʒmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

neverfailing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crossed
kɹɔst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pushed
pʊʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

persistent
pəˈsɪstənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

marathons
məˈræθənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

provided
prəˈvaɪdɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

internal
ɪntəˈnəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

several
sevərəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

focused
fəʊkəst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

system
sɪstəm

Zen habits (c) readings.world

sweets
swɪts

Zen habits (c) readings.world

port
pɔːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dedo del pie, oratejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aliento; apoyo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empujado; empujar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proporcionado; proveer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enfocado; foco, punto focal,
enfoque, enfocar, concentrarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

puerto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mentira

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el más triunfante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cruz, aspa, sotuer, santiguamiento,
senal de la cruz, cruce**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

maratones; maratón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

varios, varias

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dulces; dulcemente, dulce,
caramelo, chuche, confite**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dolor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

siesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nunca falla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

persistente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interno, interior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sistema

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sup
sʌp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confused
kɒnfjuːzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

challenging
tʃælɪndʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expand
ɪkspænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

safe
seɪf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

challenges
tʃælɪndʒɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

warn
wɔːn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

taxes
tæksɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gradual
ɡrædʒuəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zone
zəʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dip
dɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de equipo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

occurring
ɒkɜːrɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un
ʌn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Simply
sɪmpli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

push
pʊʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

appreciation
əˌprɪʃiˈeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

military
mɪlɪtəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ocurriendo; ocurrir, acaecer,
presentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; alertar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Qué pasa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ONU

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impuestos; impuesto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**confundido; confundir, confundirse,
mezclar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplemente, sencillamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gradual, paulatino

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**un reto; desafío, reto, disputa,
impedimento, incompatibilidad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empujar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zona, dividir en zona

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expandirse; ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apreciación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mojar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**seguro, salvo, checkseguro, caja
fuerte, cofre**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

militar, ejército

Zen habits (c) readings.world

**desafíos; desafío, reto, disputa,
impedimento, incompatibilidad**

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gruel
ɡruːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

backpack
bækpæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

bricks
bɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crawls
kɔːlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ocean
oʊʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logs
lɔːgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bear
bɛə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sand
sænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Crab
kɹæb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

voluntarily
vɒlʌntɪəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miserable
mɪzəʃəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

badass
bædæs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hell
hɛl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wished
wɪʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soak
səʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gloriousness

Zen habits (c) readings.world

brilliant
bɪljənt

Zen habits (c) readings.world

multihued

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ladrillos; ladrillo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

mochila, checkbolsón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

extenuante; duro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

registros; tronco, leño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

océano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se arrastra; avanzar lentamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cangrejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

arena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oso; aguantar, soportar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**bastardo; choro, malvado, atrevido,
riesgoso, aventurero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miserable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

voluntariamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**empapar, remojar, embeber,
saturar, esponjar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deseaba; deseo, gana, desear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

infierno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

multicolor

Zen habits (c) readings.world

brillante, perla

Zen habits (c) readings.world

gloriosidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bright
brʌɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

back seat

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

impatiently
ɪmpeɪʃəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destination
destəˈneɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

metaphor
ˈmetəfɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scenery
ˈsɪnəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impatient
ɪmpeɪʃənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

redirect
ˌrɪdɪˈekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

backseat
ˈbæksɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

darn
dɑːn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

arguments
ˈɑːɡjʌmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

patience
ˈpeɪʃəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

workouts
wɜːkaʊts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

melted away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

argument
ˈɑːɡjʌmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disagree
dɪsəˈɡriː

Zen habits (c) readings.world

physically
ˈfɪzɪkəli

Zen habits (c) readings.world

creation
ˌkriːʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impacientemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

asiento trasero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**luminoso, resplandeciente,
brillante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paisaje, decorado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

metáfora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destino

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Asiento trasero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**reenviar, redirigir, reorientar,
redireccionar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impaciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paciencia, solitario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

argumento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

demonios

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

argumento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Derretirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entrenamientos; entrenamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

creación

Zen habits (c) readings.world

físicamente

Zen habits (c) readings.world

**no estás de acuerdo; no estar de
acuerdo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

boss
bas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

illness
ιλνας

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

influence
ινφλουανς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Terribly
τελιβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

profound
προυφαινδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

demoralizing
δευμορλαυζυη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

terrifying
τευλφαιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reinvent
ρευινεντ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

melt away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

surefire

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plagues
πλεγυ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

melting away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

curiosity
κυρυαςυτι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

approach
απρυυτφ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desire
δυζαυε

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pretend
πρυτενδ

Zen habits (c) readings.world

drawer
δρυερ

Zen habits (c) readings.world

stuff
συτφ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

influencia, influir, influenciar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

enfermedad, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

jefe

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desmoralizador; desmoralizar,
comer la moral**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

profundo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

terriblemente; rematadamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Derretirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reinventar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aterrador; aterrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Derretirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**plagas; plaga, peste, plagar,
molestar, atormentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Seguro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desear, deseo, gana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enfoque; acercarse, aproximarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

curiosidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cosas, bártulos, cosa, coso, materia,
atiborrar, rellenar**

Zen habits (c) readings.world

cajón

Zen habits (c) readings.world

fingir, de mentirijillas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prospect
prɒspekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

drenched
dɪrentʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sweat
swet

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

distractions
dɪstrækʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drown
draʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insurmountable
ɪnsəmaʊntəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

turning away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solvable
sɒlvəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ignoring
ɪgnɔɪnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solved
sɒlvd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tackle
tækəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overstuffed
oʊvəstʌft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recovery
ri:kʌvəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pulled
pʊld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

veggies
vedʒiz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scale
skeɪl

Zen habits (c) readings.world

overwhelming
oʊvəwɛlmɪŋ

Zen habits (c) readings.world

avoids
əvɔɪdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sudor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

empapado; empapar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**prospecto; perspectiva, vista,
panorama, expectativa, prospectar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insalvable, insuperable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ahogarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

distracciones; distracción, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ignorando; ignorar, desoír

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soluble, solucionable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dar la vuelta, alejarse, dar la
espalda a alguien/algo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sobrecarga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**atacar; equipo, aparejo, entrada,
tacleada, placaje, afrontar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**resuelto; resolver, solucionar,
solventar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**vegetales; vegetal, verdura,
vegetariano, vegetariana**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sacado; tirar, jalar, halar, tirón, ligar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recuperación, repunte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

evitar, esquivar

Zen habits (c) readings.world

**avasallador; agobiar, abrumar,
checkagobiar**

Zen habits (c) readings.world

escala

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se
sei

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

went away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

thunderstorm
θʌndəˈstɔːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hunkered down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

print
pɪnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

derailed
dɪˈreɪld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accepts
æksɛpts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comforted
kʌmfɜːtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anyway
eniweɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

outlining
aʊtlaɪnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

basis
bɛɪsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Thailand
taɪlənd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hug
hʌg

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cowering
kaʊɜːɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disruptions
dɪsˌrʌpʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abilities
əˈbɪlɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

honeymoon
hʌnɪmʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wed
wɛd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abrazo, abrazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

aceptar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

, ocultar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**acobardado; encogerse,
empequeñecerse, apocarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**confortado; comodidad, consuelo,
confortar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se fue

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**interrupciones; quebranto,
incidente, ruptura, interrupción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**aún así, a pesar de todo,
igualmente, de todos modos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tormenta, tormenta eléctrica,
tronada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

habilidades; habilidad, capacidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**esbozando; contorno, esbozo,
resumen, delinear, resumir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Agazapado, acucillado, acomodado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**luna de miel, viaje de novios, luna
de miel**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

base, fundamento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imprimir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; casar

Zen habits (c) readings.world

Tailandia

Zen habits (c) readings.world

descarrilado; descarrilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

church
tʃɜːtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

honey
hʌni

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lack
læk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crisis
kɹaɪsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

optimistic
ɒptɪmɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

due
du

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

putting off

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shattered
ʃætəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

coached
kəʊtʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exhaustion
ɪgzɔːstʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

percent
pɜːsɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tracks
træks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

be present

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

avoided
əvɔɪdɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Busyness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Distraction
dɪstrækʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overly
oʊvəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nicely
nɪsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Estar presente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

desanimar, aplazar, apagar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**iglesia, servicio religioso, culto,
misa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

evitado; evitar, esquivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**destrozado; astillar, estrellar,
quebrantar, hacer anicos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cariño; miel, dulzura, carino,
tesoro, cielo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ocupación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**coche, vagón, entrenador,
entrenadora, autocar, entrenar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

falta; carecer de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

distracción, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

agotamiento, cansancio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crisis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**demasiado; demasiadamente,
excesivamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

por ciento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

optimista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

espléndidamente, bien

Zen habits (c) readings.world

**pistas; rastro, huella, trilla, trillo,
sendero, curso**

Zen habits (c) readings.world

debido; salir de cuentas, mérito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rails
ɹeɪlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

crash
kraʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

bend
bɛnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flow
fləʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encounters
ɪnkaʊntəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flinching
flɪntʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recover
rɪkʌvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gravity
ɡrævəntɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pause
pəʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

thrown
θrəʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bemoan
bɪməʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flows
fləʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fate
feɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hits
hɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Rock
ɹɔk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

directions
dɪɹekʃənz

Zen habits (c) readings.world

landscape
lændskeɪp

Zen habits (c) readings.world

damn
dæm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; doblar, curvar, doblarse,
agacharse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**acojonarse; encogerse,
estremecerse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; receso, checkdescanso, pausar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flujos; fluir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

roca

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; maldecir, condenar, reprobar,
maldito, puto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chocar; estruendo, estrépito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encuentros; encontrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gravedad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quejar, lamentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

golpes; golpear, pegar, chocar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paisaje, apaisado, horizontal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rieles; barra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flujo; fluir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recuperarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tirado; lanzar, tirar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destino, azar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

direcciones; dirección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bump
bʌmp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Since
sɪns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

priorities
praɪərɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stride
straɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adopting
ədɑptɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

explored
ɪksplɔːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reflow

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

make time

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reassess
riːəsɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disrupted
dɪsˌrʌptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gotten
ɡɒtən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unhappiness
ʌnhæpɪnɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

original
əˈrɪdʒɪnəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sickness
sɪkɪnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interruption
ɪntəˈrʌpʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mentality
mentælɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clinging
klɪŋɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spouses
spaʊsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

original, original, único

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Refluyendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**chichón, tolondro, cototo,
checkbache**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enfermedad, dolencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tener/buscar tiempo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desde cuándo; desde entonces,
desde que, ya que, dado que**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interrupción, paréntesis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reevaluar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prioridades; prioridad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mentalidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**interrumpido; perturbar,
trastornar, desorganizar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

andar a zancadas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**aferrándose; engancharse,
adherirse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Conseguido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adoptando; adoptar, ahijar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cónyuges; cónyuge, consorte

Zen habits (c) readings.world

infelicidad

Zen habits (c) readings.world

explorado; explorar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

indecision
ɪndɪsɪʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

held back

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

annoyance
ənoʊəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

loneliness
ləʊnliːnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forgiving
fɔːɡɪvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dissatisfied
dɪsætɪsfɑɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Buddhist
bʊdɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tortured
tɔːtʃəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

captors
kæptəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disease
dɪzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cranky
kɹæŋki

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dye
daɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grade
ɡreɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

terms
tɜːmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

low
ləʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

explorations
ɛkspləˈreɪʃənz

Zen habits (c) readings.world

external circumstances

Zen habits (c) readings.world

devastating
dɪvəˈsteɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**disgusto, irritación, lata, molestia,
fastidio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

retenido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

indecisión, irresolución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insatisfecho; discontentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perdonar, disculpar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soledad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aptores; secuestrador, captor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**torturado; tortura, suplicio,
torturar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

budista, budista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Muriendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gruñón; de mal genio, manoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enfermedad, dolencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

condiciones; período, etapa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**puntuación, nota, desnivel, panish:
t**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

demoledor; devastar

Zen habits (c) readings.world

circunstancias externas

Zen habits (c) readings.world

exploraciones; exploración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

succeeding
sʌksɪdɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

level
lɛvl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

possibility
pɒsəbɪlətɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cling
klɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Security
sɪkjʊlətɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conflict
kɒnfɪkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expectation
ɛkspekteɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

certainty
sə'tʌntɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cling to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

philosophical
fɪləsəfɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unpredictable
ʌnpɪdɪktəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

central
sɛntərəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hatred
heɪtɪləd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

procrastinates
prɒkræstɪneɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cope
kəʊp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comforting
kɒmfɜːtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

secure
sɪkjʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tension
tɛnʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

odio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**expectativas; expectación,
expectativa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**con éxito; suceder, conseguir, tener
éxito, heredar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**hacer desidia, procrastinar, dejar
para después**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seguridad; certeza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**nivelado, al ras, nivel, niveles, llano,
piso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**hacer frente; arreglárselas con,
poder con, dar abasto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Aferrarse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

posibilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**confortante; comodidad, consuelo,
confortar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

filosófica; filosófico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aferrarse; engancharse, adherirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**seguro, resguardado, confiable,
aplomado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impredecible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**seguridad, confianza, garantía,
prenda**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tensión, tensionar

Zen habits (c) readings.world

central

Zen habits (c) readings.world

**conflicto, discrepancia, discrepar,
estar renido, coincidir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

solution
slʊʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

further
fɜːðə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

fearful
fɪəfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

innocent
ɪnˈɒsənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caught
kɔːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crazy
kɪˈeɪzi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mad
mæd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trap
træp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unrealistic
ʌnˌrɪəlɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

melt
mɛlt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de puente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

letting go

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resisted
rɪzɪstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

substance
sʌbstəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unclenches

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

literally
lɪtərəli

Zen habits (c) readings.world

soften
sɒfən

Zen habits (c) readings.world

breaths
brɛθs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**miedoso, temeroso, terrible,
checkespantoso, checktremendo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**más allá; fomentar, asistir,
exhortar, desarrollar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

solución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

loco, colgado, sonado, trastornado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**atrapado; pega, traba, truco,
cuestión**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inocente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

no es realista; irreal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trampa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**loco, trastornado, zumbado,
enfadado, enojado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dejar ir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, pilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**material fundido, derretirse,
fundirse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Desabrochar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sustancia, envidia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esistido; resistir, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respiración, aliento, respiro

Zen habits (c) readings.world

; ablandar, suavizar

Zen habits (c) readings.world

literalmente, literal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

softens
sɔfənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

answer for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

a
ʌ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

heartbreak
hɑ:tbreɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

external
ɪkstɜːnl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

per
pɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

jaw
dʒɔ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dealt
deɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

behold
bɪhoʊld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poignant
pɔɪnjənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

illnesses
ɪlˈnɛsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Gate
geɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apologized
əpɒlədʒaɪzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

astonishing
əˈstɒnɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Peak
pi:k

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

breathe
bri:ð

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wishes
wɪʃɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

purposely
pɜːpəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se disculpó; disculparse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

mandíbula; maxilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

se ablanda; ablandar, suavizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**asombroso; asombrar, sorprender,
pasmarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tratado; trato, acuerdo, pacto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

responder por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pico, cumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**contemplar, mirar, observar, he
aquí, mirad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respirar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**conmover; puntiagudo, punzo-
cortante, claro, elocuente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desamor, corazón roto, corazón
destrozado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deseos; deseo, gana, desear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enfermedades; enfermedad,
panish: t-needed**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

externa; externo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**intencionadamente, aposta, a
propósito**

Zen habits (c) readings.world

puerta; verja

Zen habits (c) readings.world

por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

touch
tʌtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

expanded
ɪkspændɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

disappeared
dɪsəˈpiəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

immersed
ɪmɜːst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

background
ˈbækgraʊnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apparently
əˈpɪərəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mystical
mɪˈstɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

numerous
nʊˈmɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worry
wəˈri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rejected
rɪˈdʒektɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

various
vəˈrɪəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worried
wəˈrɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

specialness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

protection
prəˈtektʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

threatened
θreɪtənd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticized
kɪˈtɪsəɪzd

Zen habits (c) readings.world

attacked
ətækɪd

Zen habits (c) readings.world

demands
dɪˈmændz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desapareció; desaparecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

evidentemente, obviamente, por lo visto, aparentemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; preocuparse, estar preocupado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

preocuparse, estar preocupado, inquietarse, comerse la cabeza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amenazado; amenazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

demandas; demanda, exigencia, exigir, demandar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expandido; ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Fondo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

numerosos; numeroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

varios, diversos, diferentes, distintos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

protección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atacado; ataque, atacar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; tocar, con mover, toque, toque, tacto, pizca

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inmerso; sumergir, sumergirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

místico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rechazado; rechazar, desestimar, artículo defectuoso, marginado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Especialidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticado; criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

received
ɹɪsɪvd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

highly
haɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

awkward
ɔkwɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clumsy
klʌmzi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sweaty
swɛti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Gross
grɔːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ugly
ʌgli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

weak
wik

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respected
ɹɪspektɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

honored
ənɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unique
junɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pedestal
pɛdɪstl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

raised
ɹeɪzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

glory
glɔːri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prevent
pɹɪvɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defensiveness
dɪfɛnsɪvnɪs

Zen habits (c) readings.world

selfishness
sɛlfɪʃnɪs

Zen habits (c) readings.world

criticizing
kɹɪtɪsaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**torpe, desmanado, embarazoso,
delicado, incómodo, tímido**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

altamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

recibido; recibir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

asqueroso; repulsivo, gruesa, bruto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sudoroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

patoso, torpe, desmanado, bruto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respetado; respeto, respetar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

débil, feble, flaco, flojo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

feo, callo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pedestal, peana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

único, senero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**honrado; honor, privilegio, honrar,
ajustarse, acatar, respetar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impedir, prevenir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gloria

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

levantado; levantar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticando; criticar, culpar, juzgar

Zen habits (c) readings.world

egoísmo

Zen habits (c) readings.world

A la defensiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rejection
ɹɪdʒekʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nest
neɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

erasing
ɪˈeɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

assert
əˈsɜːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simultaneously
sɪmʌlteɪniəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

range
reɪndʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

judgment
dʒʌdʒmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destroying
dɪˈstrɔɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grumble
ɡrʌmbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acknowledge
əknaɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forth
fɔːθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

immerse
ɪmɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defend
dɪˈfend

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

banishing
bæˈnɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

replaying
riˈpleɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desires
dɪˈzaɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shapes
ʃeɪps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

express
ɪkˈspres

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defender

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

juicio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

rechazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destierro; desterrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**destruyendo; destruir, romper,
destrozar, sacrificar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reproduciendo; repetir, repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; refunfunar, rezongar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

épocas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deseos; desear, deseo, gana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reconocer, acusar recibo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**asegurar, aseverar, afirmar, ejercer;
confirmar, sostener**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**formas; forma, estado, modelar,
formar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adelante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simultáneamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expresar

Zen habits (c) readings.world

inmersión; sumergir, sumergirse

Zen habits (c) readings.world

**rango; sierra, cordillera, hornillo,
estufa, escala, gama**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oneself
wʌnsɛlf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

textures
tɛkstʃɜːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

thrum

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cover
kʌvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

politics
pəˈlɪtɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medium
miˈdiəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crime
kraɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sized
saɪzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plane crash

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

break out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tensions
tɛntʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

storm
stɔːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rise
raɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stability
stəˈbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

episodes
ˈɛpɪsəʊdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chaotic
keɪəʊtɪk

Zen habits (c) readings.world

stable
steɪbəl

Zen habits (c) readings.world

embraced
embreɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zumbido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

texturas; textura, textura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sí mismo, uno mismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medio, mitad, médium, mediano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

política

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; tapa, cubierta, escondrijo,
guarda, tapa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accidente de avión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de tamaño; tamaño, magnitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**delito, crimen, delincuencia,
criminalidad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tormenta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tensiones; tensión, tensionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estallar; escapar; librar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**episodios; episodio, incidente,
capítulo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estabilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aumentar; subir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abrazado; abrazar, abrazo

Zen habits (c) readings.world

Estable

Zen habits (c) readings.world

caótico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smiled
smaɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

flurry
flʌɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

flux
flʌks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

realizing
ɹɪəlɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

whenever
wɛnɛvɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

episode
ɛpɪsoʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

levels
lɛvlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flowing through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continually
kɒntɪnjuəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

freeze
fɹɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

debris
dɛbrɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

everflowing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abandoned
əbændɒnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interrupted
ɪntɜːptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quicken
kwɪkən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sudden
sʌdn

Zen habits (c) readings.world

predictions
pɹɪdɪkʃnz

Zen habits (c) readings.world

fantasies
fæntəsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fundente, flujo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ráfaga, frenesí

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sonrió; sonrisa, sonreír

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

episodio, incidente, capítulo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cuándo; cuando quiera, siempre
que, siempre y cuando**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**te das cuenta; realizar, darse
cuenta, caer en la cuenta**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

continuadamente, continuamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fluir/correr por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**nivelado, al ras, nivel, niveles, llano,
piso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

siempre fluyendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**escombros, restos, basura,
cachureo, niqenaque, ruina**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

congelar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Rápido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**interrumpido; interrumpir,
interrupción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abandonado; abandonar, dejar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Fantasía

Zen habits (c) readings.world

predicciones; predicción

Zen habits (c) readings.world

**de repente; repentino, súbito,
brusco**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

couple
κῶπλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

opportunities
ᾠῶῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

exploration
ἑκῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

themselves
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

itinerary
ᾠῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

illusion
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

minimally
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

guests
ḡῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

complain
κῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dreading
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fearing
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

replace
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more open

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wonder
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stance
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

openness
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

freedom
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trust
ῑῑῑῑῑῑῑῑῑῑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

exploración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

portunidades; oportunidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**pareja, par, un par de, unos, par de
fuerzas, acoplar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ilusión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

itinerario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se, ellos mismos, ellas mismas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; quejarse, alegar, reclamar,
protestar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**invitados; huésped, visita, visitante,
convidado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mínimamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reemplazar, sustituir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Miedo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

temiendo; temer, pavor, temor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

postura, posición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**me pregunto; maravilla, milagro,
genio, asombro, pasmo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más abierto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**confiar; confianza, crédito, fiar,
consorcio, trust**

Zen habits (c) readings.world

libertad

Zen habits (c) readings.world

apertura; abierto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

visualized
vɪzʊəlaɪzɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

objectives
ˈɒbdʒektɪvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

in truth

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

emerge
ɪmɜːdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flow through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

control
kənˈtrɒl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fantasizing
fəˈntəsaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Grocery
ɡrɒsəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

store
stɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

taste
teɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kale
keɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lettuce
lətɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

taste
teɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Bitter
bɪtə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

memory
mɛməri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

favorite
feɪvəɪt

Zen habits (c) readings.world

stir
stɪə

Zen habits (c) readings.world

fry
fraɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en verdad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

objetivos; objetivo, objetivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

visualizado; visualizar, imaginar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; controlar, administración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fluir a través de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**emerger, aparecer, surgir, aparecer,
aflorar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tienda; depósito, almacenar,
conservar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comida; abacería

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fantaseando; fantasear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lechuga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

col rizada, kale

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**gusto, gusto, gustos, muestra,
gustar, probar, catar, saber**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

memoria, recuerdo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amargo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**; gusto, gusto, gustos, muestra,
gustar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

freír

Zen habits (c) readings.world

remover, revolver

Zen habits (c) readings.world

favorito, preferido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more palatable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

buds
bʌdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tempeh

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tofu
tɔʊfu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

room temperature

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drops
dɹɒps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drastic
dɹæstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adjusting
ədʒʌstɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quinoa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

undergo
ʌndəˈɡoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

be shocked

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

freeze
fɹiːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shock
ʃɒk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

soymilk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

count
kaʊnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reject
ɹɪdʒekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plunge
plʌndʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adapt to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conmoción, golpe

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

drástico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Más apetitoso/sabroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Leche de soja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ajustando; ajustar, arreglar, regular,
adaptar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

brotos; brote

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contar; conde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quinua, quínoa, quinoa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tempeh

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**rechazar, desestimar, artículo
defectuoso, marginado, marginada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**bajo; experimentar, sufrir,
soportar, padecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tofu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**saltar; lanzarse, zambullirse, tirarse
de cabeza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**escandalizarse; quedarse
impactado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Temperatura ambiente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adaptarse a

Zen habits (c) readings.world

; helado, glacial

Zen habits (c) readings.world

gotas; gota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dip in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

slightly
slatli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ultramarathon

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

progression
prɒgrɛʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

noticeable
noʊtɪsəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

barely
bɛrɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adapt
ədæpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

practical
præktɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reference
ɹɛfərəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

troubles
trʌbəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bumps
bʌmpz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drop-dead

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encouraging
ɪnkoʊrɪdʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

supportive
səpɔrtɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Vegetarian
vedʒɪteɪrɪən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resistant
rɪzɪstənt

Zen habits (c) readings.world

resist
rɪzɪst

Zen habits (c) readings.world

asparagus
əspəˈræɡʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ultra maratón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

un poco; levemente, ligeramente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sumergirse en

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apenas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se nota; notable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

progresión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

referencia, referencia, referenciar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

práctico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**adaptar, ajustar, adaptarse,
adaptado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caer muerto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**golpes; chichón, tolondro, cototo,
checkbache**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**problemas; marrón, berenjena,
dificultad, problema, molestia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vegetariano, vegetariana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alentador, de apoyo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**alentador; animar, alentar,
estimular, promover, recomendar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

espárragos; espárrago

Zen habits (c) readings.world

resistir

Zen habits (c) readings.world

resistente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

goldfish
gɔʊldfɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

crackers
kɪækəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

pizza
pɪtsə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tempt
tɛmpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abandon
əbændən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

changer
tʃeɪndʒə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

toughest
tʌfɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

board
bɔ:rd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

significant other

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enthused
ɪnθuzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scenario
sɪneɪɪoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

thinking process

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

asked to come

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

side
sɑɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fair
fɛə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con
kən

Zen habits (c) readings.world

appealing to

Zen habits (c) readings.world

affected
əfektɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pizza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

galletas; galleta, galleta de agua

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

peces de colores; pez rojo, pez dorado, pez de oro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cambiador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abandonar, dejar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; tentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pareja; alma gemela; media naranja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

junta; tabla, plancha

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el más duro; resistente, severo, de mano dura, ni modo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proceso de pensamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

escenario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entusiasmado; entusiasmar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

justo; rubio, claro, blanco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ider

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pedir que venga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

afectados; afectar

Zen habits (c) readings.world

atractivo para

Zen habits (c) readings.world

estafar, timar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

call on

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

buddy
bɔdi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

unconsciously
ʌnkənʃəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

threaten
θreɪtən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sodas
souɪdɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defensively
dɪfensɪvli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticizes
kɪtɪsaɪzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

implicitly
ɪmplɪsɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Obviously
əbvɪəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Threatens
θreɪtənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attack
ʌtæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

react
riækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reconsider
riːkənˈsɪdər

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

helpful
helˈpfl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bad habits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bad habit

Zen habits (c) readings.world

appreciated
əˈpriʃiətɪd

Zen habits (c) readings.world

resend

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inconscientemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

colega; amigote

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

recurrir a, visitar a alguien

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defensivamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**gaseosas; sosa, soda, gaseosa,
bebida**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; amenazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obviamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

implícitamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reaccionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ataque, atacar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amenazas; amenazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

malos hábitos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

es útil; servicial, útil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reconsiderarlo; reconsiderar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; reenviar, devolver

Zen habits (c) readings.world

**apreciado; agradecer, valorar,
comprender, hacerse cargo de**

Zen habits (c) readings.world

mal hábito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defensive
dɪfɛnsɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

persuasion
pə'sweɪʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

inspired
ɪn'spaɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

convince
kən'vɪns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

watch TV

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

annoying
ə'noɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

minimum amount

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resentful
rɪ'zɛntfəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticize
kɪ'tɪsaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

networking
net'wɜ:kɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cessation
sɛ'seɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

educate
ɛd'ʒʌkeɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

understandable
ʌndə'stændəbləl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

homeschool

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

extended
ɪk'stɛndəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

opposed
ə'pəʊzɪd

Zen habits (c) readings.world

widely
waɪdli

Zen habits (c) readings.world

education
ɛd'ʒʌkeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inspirado; inspirar, infundir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

persuasión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

a la defensiva; panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

molesto; molestar, agobiar, jorobar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ver la televisión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

convencer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resentido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cantidad mínima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

educar, instruir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dejar de fumar; cese

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**conexión en red; conexión,
establecimiento de nuevos
contactos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

extendido; extender, ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Estudiar en casa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comprensible; entendible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

educación

Zen habits (c) readings.world

**comúnmente, generalmente,
frecuentemente, extensamente**

Zen habits (c) readings.world

oponerse; oponer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

patient
peɪʃənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Prove
pru:v

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

drone
dru:n

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Documentaries
ˌdɒkjʌməntɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

available
ə'veɪləbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sources
ˈsɔːsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insists
ɪn'sɪsts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

being patient

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

be patient

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

obnoxious
əb'nɒkʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attitude
æ'tɪtʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more successful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

required
ˌrɪkwaɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lean out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

experiments
ɪks'perɪmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

handstands
hændstændz

Zen habits (c) readings.world

challenged
tʃælɪndʒd

Zen habits (c) readings.world

gorge
ɡɔːdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zángano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

probar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

paciente, paciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fuentes; fuente, fontana, origen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disponible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**documentales; documental,
documentario, documental**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ser paciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ser paciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insiste; insistir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más exitoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

postura, actitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**asqueroso; desagradable,
detestable, odioso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**experimentos; experimento,
experimentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Asomarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

es necesario; requerir, necesitar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desfiladero; barranco

Zen habits (c) readings.world

**desafiado; desafío, reto, disputa,
impedimento**

Zen habits (c) readings.world

**parados de manos; hacer el pino,
parada de manos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

competition
καμπητιζλν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

support
σπρτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

achieve
λτζν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overcame
συνεκεν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fitness
φντνσ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vegetarianism
νεδζλεμλνζλμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recipes
ρεσρετζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

possibilities
ποσλβλτζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overnight
συνενατ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

affecting
λφεκτν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

involve
ννवलν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

struggling with

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

after work

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unusual
λντζλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hectic
ηεκτκ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shame
σεμ

Zen habits (c) readings.world

getting back

Zen habits (c) readings.world

embarrassed
νμβελστ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conseguir, lograr, realizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

apoyando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

competencia; competición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vegetarianismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estás en forma; aptitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

uperado; vencer, superar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de la noche a la mañana; de un día para otro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

posibilidades; posibilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recetas; receta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

luchar con

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

elevant, envolver, involucrase con, involucrase

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

afectando; afectar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

agitado; ajetreado, febril, agobiante, frenético

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inusual, inusitado, desusado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

después del trabajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

avergonzado; avergonzar, abochornar, sonrojar, humillar

Zen habits (c) readings.world

regresar, volver

Zen habits (c) readings.world

vergüenza, pena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

got stuck

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

impossible
ɪmpə'sɪbl̩

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

overstate
oʊvə'steɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quagmire
kwægmɑɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more harmful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compounded
kəm'paʊndɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more positive

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insidious
ɪn'sɪdiəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

counter
kaʊntə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

effect
ɪ'fekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tough
tʌf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

slip
slɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

countless
kaʊntləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lifetime
laɪftaɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

matters
mætəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

majority
mɑːdʒɔrɪti

Zen habits (c) readings.world

counts
kaʊnts

Zen habits (c) readings.world

vast
væst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exagerar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

imposible, insoportable, imposible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Quedarse atascado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compuesto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más perjudicial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**empantanamiento; pantano,
ciénaga, tremedal, cenagal**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Contador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insidiosa; insidioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más positivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resbalón; resbalar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**difícil; resistente, severo, de mano
dura, ni modo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**efecto, efectos, efectos especiales,
vigencia, vigor**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**importa; materia, asunto, cuestión,
tema**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**para toda la vida; vida, eternidad,
toda la vida**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**incontables; incontable,
innumerable**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vasta; vasto, enorme

Zen habits (c) readings.world

cuenta; conde

Zen habits (c) readings.world

mayoría, mayoría de edad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

get going again

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

falling down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

lacking
lækɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

long hours

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

manage
mæɪnɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strength
stɹɛŋkθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conditions
kɒndɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lasts
læsts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

maintain
meɪnteɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fortunately
fɔːtʃʌnətli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

burnt out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stay up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dragging
dɹægɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

octane
ɒkteɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

affect
ɪfekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stressfind

Zen habits (c) readings.world

ironically
aɪrənɪkli

Zen habits (c) readings.world

fresh
fɹɛʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

falta; carecer de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

caerse, colapsar, fracasar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

volver a ponerse en marcha

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**fuerza, neque, potencia, intensidad,
fuerte, fortaleza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**manejar, conseguir, lograr,
apanárselas, arreglárselas**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

largas horas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mantener, sostener

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dura; último

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ondiciones; condición, situación,
acondicionar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acostarse tarde, tranochar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quemar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

afortunadamente, dichosamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

afectar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

octano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

arrastrando; llevar a rastras

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fresco

Zen habits (c) readings.world

irónicamente

Zen habits (c) readings.world

tressfind

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

call and tell

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

item
aitɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overload
oʊvərləʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

at the end of the day

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

notifications
noʊtɪfɪkəʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

keyboard
ki:bɔɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

eliminate
ɪlɪmɪneɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

communication
kəmju:nɪkəʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mediums
mi:diəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

breathing exercise

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

breath
bri:θ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fingers
fɪŋgəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overwhelm
oʊvəwɛlm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disconnect
dɪskənekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

limit
lɪmɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

remind
riːmaɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

devices
dɪvaɪsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tap
tæp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**avasallar; agobiar, abrumar,
checkagobiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

eliminar, matar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

llamar y contar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desconectar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comunicación, comunicado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**artículo, insumo, elemento,
producto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medios

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sobrecargar, sobrecarga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recordar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ejercicio de respiración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

al final del día

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dispositivos; dispositivo,
mecanismo, aparejo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; respiración, aliento, respiro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

notificaciones; notificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Golpeando

Zen habits (c) readings.world

**dedos; apuntar, senalar, hurgar,
dedear**

Zen habits (c) readings.world

teclado, teclear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sidetracked
saɪdɪˈrækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

approaches
əˈprɔʊtʃɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

pushing
ˈpʊʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seven days

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defined
dɪˈfaɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

minimal
mɪˈnɪməl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anticipating
æntɪˈsɪpeɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

techniques
tekniks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gauge
geɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

assessment
ˌæsɪsmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

complexities
kəmˈpleksɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

additional
ˌædɪʃənəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recommend
ˌrekəˈmend

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

versions
vɜːʒənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

luckily
lʌkəlɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

justify
dʒʌstɪfaɪ

Zen habits (c) readings.world

doable
duəbəl

Zen habits (c) readings.world

justifications
dʒʌstɪfɪkeɪʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empujando; empujar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

enfoques; acercarse, aproximarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

desviar la atención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mínimo, minimalista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**efinido; determinar, definir,
definirse, aclarar, describir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

siete días

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medida, medidor, medir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

técnicas; técnica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nticipando; anticipar, prever

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

adicional, extra, de más

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

complejidades; complejidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

evaluación, valoración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**afortunadamente, por suerte, por
fortuna, dichosamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

versiones; versión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recomendar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

justificaciones; justificación

Zen habits (c) readings.world

Es factible

Zen habits (c) readings.world

legitimar, justificar, absolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Bull
bʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

load
lɔʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

trustworthy
ˈtrʌstwɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pure
pjʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bliss
blɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contentment
kɒntentmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

get tough

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

weaseling

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plagued
ˈpleɪɡd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

count down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mark
mɑːk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

elsewhere
ˈelsweə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

forum
ˈfɔːrəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

triggered
ˈtrɪɡəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

notebook
ˈnoʊtbʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

triggers
ˈtrɪɡəz

Zen habits (c) readings.world

smokers
ˈsmoʊkəz

Zen habits (c) readings.world

smoked
ˈsmoʊkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**de fiar; fidedigno, fiable, de
confianza, confiable**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

cargar; carga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

toro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

satisfacción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

euforia, dicha, beatitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pura; puro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**plagado; plaga, peste, plagar,
molestar, atormentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comadreja, mustela, turón,
checkmostela**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ponerse duro, ponerse difícil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

En otro sitio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**Marcos, Evangelio según San
Marcos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cuenta atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**un cuaderno; cuaderno,
computador portátil, notebook**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desencadenado; gatillo, detonador,
detonante, desencadenante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

foro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fumado; humo

Zen habits (c) readings.world

fumadores; fumador, fumadora

Zen habits (c) readings.world

**disparadores; gatillo, detonador,
detonante, desencadenante**

Zen habits (c) readings.world

llevar la cuenta

Zen habits (c) readings.world

resources
ɹɪˈsɔːrsɪz

Zen habits (c) readings.world

template
ˈtɛmplət

Zen habits (c) readings.world

chewing
tʃuɪŋ

Zen habits (c) readings.world

applies
ˈɹplɪz

Zen habits (c) readings.world

nails
neɪlz

Zen habits (c) readings.world

socialize
soʊʃlɪz

Zen habits (c) readings.world

case
keɪs

Zen habits (c) readings.world

sadness
sædnəs

Zen habits (c) readings.world

replacements
ɹɪˈplɛɪsmənts

Zen habits (c) readings.world

journaling

Zen habits (c) readings.world

especially
ɪˈspɛʃli

Zen habits (c) readings.world

cold turkey

Zen habits (c) readings.world

cut back

Zen habits (c) readings.world

lines up

Zen habits (c) readings.world

eliminating
ɪlɪˈmɪneɪtɪŋ

Zen habits (c) readings.world

reduction
ɹɪˈdʌkʃən

Zen habits (c) readings.world

cigarette
ˈsɪɡəret

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plantilla, patrón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

recursos; recurso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

, registro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

uñas; uña

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se aplica; aplicar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

masticar, mascar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tristeza, desgracia, infortunio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

socializar, sociabilizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**especialmente, sobre todo,
máxime, más**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diario; revista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sustituciones; sustituto, sustituto,
reemplazo, suplente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hacer cola; alinear; formar una fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Reducir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cold turkey: acción de interrumpir
bruscamente el consumo de
sustancias de dependencia sin
ayuda especializada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un cigarrillo; cigarrillo, pitillo

Zen habits (c) readings.world

reducción, disminución, rebaja

Zen habits (c) readings.world

eliminando; eliminar, matar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reducing
ˈɪdʊsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

importance
ɪmˈpɔːtəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mechanisms
mekəˈnɪzəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stressful
stresfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

running away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tackle
tækl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recent
ˈriːsnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

boredom
bɔːdəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cop
kɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paperwork
peɪpəˈwɜːk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dissatisfaction
dɪsætɪsfækʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

illuminate
ɪlʊˈmɪneɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ports
pɔːts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compulsive
kəmˈpʊlsɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

squats
skwɒts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

savor
seɪvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worthwhile
wɜːθwaɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

puertos; puerto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

reciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**reduciendo; reducir, mermar,
checkreducir, checkdisminuir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

compulsivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aburrimiento, tedio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

importancia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cadillas; sentarse en cuclillas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

haciendo frente; afrontamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mecanismos; mecanismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

saborear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

papeleo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irritante, estresoso, estresante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**de valor, que vale la pena, que
merece la pena**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**insatisfacción; descontento,
malcontento, disgusto, malestar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

huir, darse a la fuga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, ocultar

Zen habits (c) readings.world

iluminar

Zen habits (c) readings.world

**; equipo, aparejo, entrada,
tacleada, placaje**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

squashing
skwɑʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respect
ɹɪspekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

roar
ɹɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

realistic
ɹɪəlɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attaching
ətætʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

juggle
dʒʌɡl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

counterarguments

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

squash
skwɑʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

critical
kɹɪtɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

awesome
əʊsəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

torture
tɔːtʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

crashing
kɹæʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tremendous
tɹɪmɛndəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebut
ɹɪbʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perfectly
pɜːfɛktli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

as planned

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Automation
ɔtəmeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

falter
fɔltə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tremendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**contraargumentos;
contraargumento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

apretujar, aplastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

refutar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calabaza; apretujar, aplastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respeto, respetar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perfectamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**crítico, álgido, clave, trascendental,
coyuntural**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rugir, bramar, rugido, bramido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

como estaba previsto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impresionante; tremendo, piola

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

realista, realístico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

automatización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tortura, suplicio, torturar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anexar, adjuntar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acilar; dudar

Zen habits (c) readings.world

chocando; estruendo, estrépito

Zen habits (c) readings.world

; hacer malabarismos, malabarear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more solid

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

firmly
fɜːmli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stuck on

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tying
taɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

route
ruːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Automated
ɔːtəmeɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

established
ɪstæblɪʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

newly
nuːli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

automatically
ɔːtəmətɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

responses
rɪspɑːnsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

oak
oʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

maintenance
meɪntənəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebuild
rɪbɪld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sprints
spɪnts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

repetitions
rɪpɪtɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

signals
sɪɡnəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

success rate

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

safely
seɪfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reconstruir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**establecido; establecer, instaurar,
nombrar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

más sólido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sprints; esprintar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recién; nuevamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con firmeza; firmemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

repeticiones; repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

automáticamente, solo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atascado, trabado; loco por alguien

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

señales; señal, señalar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respuestas; respuesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tyee

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tasa de éxito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

roble, encina, carrasca

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ruta; camino, itinerario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seguro; seguramente

Zen habits (c) readings.world

mantenimiento

Zen habits (c) readings.world

autómata

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mode
mouð

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

consistency
kɒnsɪstənsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

toss
tɒs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lightly
laɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

advantage
ædvəntɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

potential
pəʊtəntʃl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

stuck to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pressure
pɹɛʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

messed
mɛst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lapse
læps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

anniversaries
ænlvɜːsɜːɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spreadsheet
spɹɛdʃiːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exceptions
ɪksɛpʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

advance
ædvæns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

violated
vaɪələteɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

split
splɪt

Zen habits (c) readings.world

sank
sæŋk

Zen habits (c) readings.world

punishment
pʌnɪʃmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tiro, lanzamiento, lanzar una moneda al aire, echar un volado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

potencial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desastre, enredo, lío

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hoja de cálculo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

iolado; violar, vulnerar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

castigo, penitencia, checkpenitencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

consistencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ventaja, beneficio, provecho

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

presión, presionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aniversarios; aniversario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

avanzar, progresar, avance, progreso, adelanto, avance

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se hundió; hundir, sumergir, sumergirse, lavamanos, fregadero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

modo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

a la ligera; ligeramente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seguir algo, apegarse a, ceñirse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lapso, desliz, prescripción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

excepciones; excepción, salvedad, ofensa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fisura, escisión, partir, dividir, escindir, repartir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

protesting
ˈprɒtɛstɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

defeat
dɪˈfiːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

panel
ˈpænl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

basketball
ˈbæskɪtbɔːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

shoot
ʃuːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

propose
ˈprɒpəʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

violate
ˈvaɪələt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

favor
ˈfeɪvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

collapsing
ˈkɒlæpsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blogger
ˈblɒɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

straight
straɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

subtract
sʌbˈtrækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spared
speɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

gear
ɡɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

players
ˈpleɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spelled out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Total
ˈtəʊtəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se salvó; palo, verga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, hacer una reverencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**equipo, engranaje, pertrecho,
aparejo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**jugadores; jugador, jugadora, actor,
instrumentista**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deletreado; explicado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

total, montante, suma

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

violar, vulnerar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

favor, favor, preferir, favorecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**colapsando; derrumbarse,
desplomarse, colapsar, colapso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bloguero, bloguera, blogger

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**recto, liso, franco, directo, puro,
convencional, hetero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

substraer, restar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**protestando; protestar, proclamar,
oponerse, objetar, protesta**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vencer, derrotar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

panel, vineta, entrepano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

baloncesto, básquetbol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tiro, disparo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**proponer, pedir la mano, pedir
matrimonio, proponer matrimonio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

site
sait

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

streaks
stɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

bonus
bounʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seventh
sɛvənθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

best possible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

score
skɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plus
plʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

remain
ɹɪmeɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aim
eɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

day trip

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

average
ævərɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zenhabitsbook

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

congratulations
kɒŋgrætʃleɪʃənlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

issued
ɪʃʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

winner
wɪnə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

go wrong

Zen habits (c) readings.world

issues
ɪʃʊz

Zen habits (c) readings.world

Major
meɪdʒə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bono, bonificación, prima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**vetas; raya, trazo, sarta, racha,
ristra**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

sitio, lugar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

puntuación; tantos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lo mejor posible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

séptimo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apuntar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**resto, restos, quedarse, sobrar,
restar, permanecer, continuar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lus; más, positivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

libro zenhabits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

promedio; media

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

una excursión de un día

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**ganador, ganadora, vencedor,
vencedora**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**emitido; flujo, emisión, envío,
incisión, herederos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

felicidades; felicitación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**mayor, comandante, mayor, mayor
de edad, asignatura principal**

Zen habits (c) readings.world

**problemas; flujo, emisión, envío,
incisión, herederos**

Zen habits (c) readings.world

equivocarse; salir mal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

struggle
stɹʌɡl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

California
kælɪfɔːnjə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

lead
lɛd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logistical
lɒdʒɪstɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

top
tɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

struggles
stɹʌɡlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

panicked
pænɪkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grieving
ɡriːvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

law
lɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pull together

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interrelated
ɪntəˈrɪleɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unrhyming

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poem
pəʊm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ego
iˈɡəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poet
pəʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attachments
ətætʃmənts

Zen habits (c) readings.world

contemplated
kɒntemˈpleɪtɪd

Zen habits (c) readings.world

insufficient
ɪnsɪˈfɪʃnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

llevado; led

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

California

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; lucha, forcejeo, brega, luchar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**luchas; lucha, forcejeo, brega,
luchar, esforzarse con denuedo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**cima, parte superior, parte de más
arriba, cabecera, tapa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

logística; logístico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ley

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

duelo; afligirse, acongojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en pánico; pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sin rima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

interrelacionarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unirse, cooperar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poeta, poetisa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ego, yo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

poema, poesía, oda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insuficiente

Zen habits (c) readings.world

contemplado; contemplar

Zen habits (c) readings.world

**adjuntos; apego, carino, afición,
atadura, archivo adjunto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

switch
swɪtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

requires
ɹɪkwaɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

predict
prɪdɪkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attaching
ˈætætʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fantasies
fæntəzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

themes
θi:mz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

life situation

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

central theme

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

throughout
θru:ðaʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

passenger
ˈpæsɪndʒə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seat
sit

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fleetingness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beyond belief

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relatively
ˌrɛlətɪvli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tropical
ˈtrɒpɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

optimism
ˈɒptɪmɪzəm

Zen habits (c) readings.world

scar
skɑː

Zen habits (c) readings.world

house-hunting

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

predecir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

requerir, necesitar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

; interruptor, aguja, latigazo, switch

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

temas; tema, thema

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

antásias; fantasia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Adjunto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**en todo; a lo largo de, durante, de
arriba abajo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tema central

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

situación de la vida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fugacidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

asiento, seato, sede

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pasajero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tropical

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relativamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Increíble

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

buscando casa

Zen habits (c) readings.world

; asustado

Zen habits (c) readings.world

optimismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

first night

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

move for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

network
netwɜ:k

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

nearly
nɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hearts
hɑ:ts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

frozen
fɹoʊzɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tears
tɛɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

central heating

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hot and humid

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overjoyed
oʊvɜ:ɔɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blankets
blæŋkɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unheard
ʌnhɜ:d

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

numb
nʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

warm up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

survived
sɜ:vvaɪvd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Venture
ventʃə

Zen habits (c) readings.world

scares
skɛɪz

Zen habits (c) readings.world

crap
kɹæp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

red

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Moverse para; solicitar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

primera noche

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

congelado; congelar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

corazones; corazón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

casi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caliente y húmedo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Calefacción central

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lágrimas; lágrima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

No se oye

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mantas; manta, capa, general

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

alegría

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sobrevivió; sobrevivir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calentamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entumecido, entumido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Mierda

Zen habits (c) readings.world

miedos; cicatriz

Zen habits (c) readings.world

aventurarse; aventura, arriesgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diagnosed
daɪəgnəʊst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Transitioning
tɹænziʃnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

confuses
kənˈfjuːzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unemployed
ʌnɛmplɔɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ohio
oʊhaɪoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

income
ɪnˈkɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

injury
ɪndʒəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

role
roʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

scares
skeɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comer
kɒmɚ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

actual loss

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

newbies

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

natural disaster

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

phase
feɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

accountant
əˈkaʊntənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

York
jɔrk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

identity
aɪdɛntəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reinvention
riːɪnvenʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Catástrofe natural

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

herida, lesión, lastimadura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

diagnosticado; diagnosticar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fase

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

papel

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Contable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miedos; asustar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**confunde; confundir, confundirse,
mezclar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

York, Yórk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**vienes; puntero, delantero,
puntera, delantera**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desempleado, cesante, parado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

identidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pérdida real

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Ohio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reinención

Zen habits (c) readings.world

**novatos; novato, usuario nuevo,
principiante**

Zen habits (c) readings.world

ingresos, renta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pronounced
pɹʌnaʊnst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

figuring
fɪgʃɹɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

passion
pæʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unattached
ʌnətætʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seriously
sɪrɪəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

complain
kəmpleɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

undergoing
ʌndəˈɡoʊɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

midst
mɪdst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wallow
wəloʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pity
pɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

overlap
oʊvərlæp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

publishing company

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

published
pʌblɪʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sibling
sɪblɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

grandpa
ɡrændpɑ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

decades
dekeɪdz

Zen habits (c) readings.world

hero
hɪroʊ

Zen habits (c) readings.world

pipe
paɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pasión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**imaginando; figura, cifra,
ocurrírsele**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

pronunciado; pronunciar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**quejarse, alegar, reclamar,
protestar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en serio, seriamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**sin ataduras; soltero y sin
compromiso, libre**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Revolcándose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en medio; centro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**saliendo; experimentar, sufrir,
soportar, padecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empresa editorial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**solapamiento; solapar, traslapar,
superponerse, solapo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**compasión, piedad, lástima, pena,
tener lástima**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

abuelo, abuelito, yayo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hermano, hermana, hermane

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

publicado; publicar, divulgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**pipa; caramillo, flauta), tubo de
órgano, tubería, tubo**

Zen habits (c) readings.world

héroe, heroína

Zen habits (c) readings.world

décadas; década, decenio

Zen habits (c) readings.world

Joe
dʒoʊ

Zen habits (c) readings.world

existence
ɛgzɪstəns

Zen habits (c) readings.world

suddenly
sʌdnli

Zen habits (c) readings.world

Dearly
dɪli

Zen habits (c) readings.world

siblings
sɪblɪŋz

Zen habits (c) readings.world

sob
sɒb

Zen habits (c) readings.world

dazed
dɛɪzd

Zen habits (c) readings.world

wrap
ræp

Zen habits (c) readings.world

mom
mam

Zen habits (c) readings.world

grieve
ɡrɪv

Zen habits (c) readings.world

most difficult

Zen habits (c) readings.world

wounds
wʊndz

Zen habits (c) readings.world

human
hju:mən

Zen habits (c) readings.world

heal
hil

Zen habits (c) readings.world

upturned

Zen habits (c) readings.world

stormy
stɔ:mi

Zen habits (c) readings.world

dead
dɛd

Zen habits (c) readings.world

recovered
rɪkʌvəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

de repente, repentinamente, de pronto, súbitamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

existencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Che, Pepe, Pepito, Juan

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

; hdp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Hermanos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Querido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mamá, mami

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

envolver; enrollar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

turcido; aturdimiento, aturdir, encandilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Herida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Más difícil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

duelo; afligirse, acongojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

doblado; repunte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

curar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

humano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

recuperado; recuperarse

Zen habits (c) readings.world

muerto

Zen habits (c) readings.world

borrascoso, tempestuoso, tormentoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Stark
stɑ:k

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

spur
spɜ:

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

dissolve
dɪzɔlv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

losses
lɔsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

most severe

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

limb
lɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

youth
juθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

romantic
rɔʊməntɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

divorce
dɪvɔ:ɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

divorced
dɪvɔ:ɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

condition
kɒndɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drastically
dɹæstɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destroy
dɪstɔɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amputation
æmputeɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

paralysis
pəˈærlɪsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dementia
dɪmɛnʃɪə

Zen habits (c) readings.world

disorder
dɪsɔ:ɪdɜ:

Zen habits (c) readings.world

diabetes
daiəbɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

disolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

espolear; espuela

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

escueto, crudo, duro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

miembro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el más grave/ severo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pérdidas; pérdida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

divorcio, divorciar, divorciarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

romántico, romántico, romántica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**jóvenes; juventud, adolescencia,
mocedad, anos mozos, joven**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drásticamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**stado; condición, situación,
acondicionar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**divorciado; divorcio, divorciar,
divorciarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

parálisis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amputación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**destruir, romper, destrozor,
sacrificar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diabetes

Zen habits (c) readings.world

**desorden, disturbio, desenfreno,
trastorno**

Zen habits (c) readings.world

demencia, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bipolar
βαϊπουλᾶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unsolvable
ανσολυβλῖ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

medical
μεδῖκῆλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

take steps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

communicate
κῶμῖυνῆκεῖτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exists
ἰγῖστῖς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Cancer
κᾶενᾶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

treatment
τῖιτῖμᾶντ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strategy
στῖᾶεῖτῖδῖζῖ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

position
ρῶζῖτῖλᾶν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Direct
δᾶεῖκῖτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

renewing
ῖῖνῖνῖη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lupus
λῖυῖρῖς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

diseases
δῖζῖζῖλῖς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

provide
πῖλῖνῖαῖδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

eating habits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

emotional
ῖμῖοῖςῖλῖνῖλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

statue
στᾶῖτῖϕῖ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lupus

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

cáncer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

bipolar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**enfermedades; enfermedad,
dolencia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trato, tratamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sin solución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

proporcionar; proveer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estrategia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

médico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hábitos alimenticios

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

posición, puesto, postura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tomar medidas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

emocional, emotivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

directo, dirigir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**comunicarse; comunicar, compartir,
comulgar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

una estatua; estatua

Zen habits (c) readings.world

**reanudar, renovar, reiniciar,
recomenzar**

Zen habits (c) readings.world

existe; existir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

treated
tɪtɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

behaved
bɪheɪvd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

messes
mɛsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Charlotte
ʃɑːlɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

everyday
ɛvɪdeɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

author
ɔːθə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beck
bɛk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

considerately

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imperfectly
ɪmpəˈfɪktli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

quietly
kwaɪətli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beings
bɪɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

offense
ɔˈfɛns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

behaves
bɪheɪvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

prescription
pɪˈskɪpʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perspective
pəˈspɛktɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reaction
rɪˈækʃən

Zen habits (c) readings.world

cases
keɪsɪz

Zen habits (c) readings.world

understandably
ʌndəˈstændəbli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

íos; desastre, enredo, lío

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

se comportó; comportarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**tratado; tratar, negociar, rogar,
invitar, convidar, sorpresa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**autor, autora, escritor, escritora,
escribir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

todos los días; de diario, común

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Carlota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imperfectamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**con consideración;
consideradamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

a disposición de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ofensa, insulto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

seres; ser, criatura, existencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

en silencio; mansamente, despacio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perspectiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**recetas; receta, remedios
recetados, medicinas, prescripción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se comporta; comportarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comprensiblemente

Zen habits (c) readings.world

asos; caso

Zen habits (c) readings.world

reacción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

retaliate
ˌɪtæliət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

insulted
ɪnˈsʌltɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

insults
ɪnˈsʌltz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Sean
ʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

externally
ɪkˈstɜːnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

internally
ɪntɜːnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expresses
ɪkˈspɹɪəsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insult
ɪnˈsʌlt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

a
ʌ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

joke
dʒoʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

circumstance
sɜːˈkʌmstæns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exceptional
ɪkˈsepʃənəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

illustrate
ɪˈlʌstɪət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reactions
ˌɪækʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

depending
dɪˈpendɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insulting
ɪnˈsʌltɪŋ

Zen habits (c) readings.world

saintly
seɪntli

Zen habits (c) readings.world

exact
ɪɡzækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**insultos; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**insultado; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

tomar represalias; represaliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

internamente, interiormente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

externamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Juan

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

excepcional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

insultar, insulto, ofensa, improperio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

circunstancia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

expresar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**una broma; broma, chiste,
chascarrillo, cuchufleta**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dependiendo; depender, confiar,
atender**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reacciones; reacción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ilustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

exacto, exigir

Zen habits (c) readings.world

Santo

Zen habits (c) readings.world

**insultante; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

offensive
ʌfɛnsɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

holds
hoʊldz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

more peaceful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irresponsible
ɪrɪspɑnsəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calmly
kɑmli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rowboat
roʊboʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

focuses
foʊkəsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

offenses
ʌfɛnsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

manner
mænə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

careless
keɪləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inappropriate
ɪnəproʊpɪət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

smooth
smuð

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

viewed
vjuːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

allows
əlaʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

responding
ɹɪspɑndɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rage
reɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inconsiderate

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

row
roʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**visto; vista, reproducción,
visualización, visitas, visión**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**enfoques; foco, punto focal,
enfoque, enfocar, concentrarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ofensivo, ofensiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

permite; dejar, permitir, conceder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ofensas; ofensa, insulto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**tiene; tener en las manos, agarrar,
asir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respondiendo; responder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**de qué manera; manera, modo,
forma, actitud**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

más pacífico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

furia; rabia, furor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**descuidado, irresponsable,
negligente, dejado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

irresponsable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

desconsiderado, inconsiderado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inapropiado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

con calma; tranquilamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

remando

Zen habits (c) readings.world

**liso, sofisticado, constante,
tranquilo, apacible, suave, alisar**

Zen habits (c) readings.world

**un bote de remos; bote de remos,
barco a remos, bote a remos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

foggy
fɑgi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

rows
ɹoʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

mist
mɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lake
leɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empty
ɛmptɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

steer
stiː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

became angry

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dropped
dɹɒpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

acted
æktɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

drop
dɹɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

assume
əsum

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

automatic mode

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

awareness
əweɪnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imperfections
ɪmpɜːfɛkʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

kindnesses

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

strengths
stɹɛŋkθs

Zen habits (c) readings.world

greatness
grɛɪtnəs

Zen habits (c) readings.world

characteristics
kɛɹɪktɜːɪstɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

niebla; neblina

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

filas; hilera, fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

niebla; brumoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

buey

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vacío, vaciar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lago

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**actuado; acto, ley, acción, hecho,
actuar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se cayó; gota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

enojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

modo automático

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suponer, dar por sentado, asumir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dejar caer; gota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ondades; amabilidad, bondad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

imperfecciones; imperfección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

conciencia, conocimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**características; característico,
característica**

Zen habits (c) readings.world

grandeza

Zen habits (c) readings.world

**fortalezas; fuerza, neque, potencia,
intensidad, fuerte**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mixture
mɪkstʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

ranging
ˌeɪndʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

kindness
kaɪndnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

significant
sɪɡnɪfɪkənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Workers
wɜːkəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relation
rɪleɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ship
ʃɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

blame
bleɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

resolve
rɪzɔlv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

openly
oʊpənli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contribution
kɒntrɪbjʊʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Admitting
ədˈmɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

swallowing
swəˈloʊɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pride
praɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

apologizing
əˈpɒlədʒaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

mend
mend

Zen habits (c) readings.world

fix
fɪks

Zen habits (c) readings.world

appropriate
əˈprɒpriət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amabilidad, bondad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**van; sierra, cordillera, hornillo,
estufa, escala, gama**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

mezcla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

relación, pariente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**trabajadores; trabajador, obrero,
obrero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

significativo, importante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tomar la decisión de, resolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**culpar, responsabilizar, echar la
culpa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

barco, buque, navío, embarcación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**admitiendo; admitir, dar entrada,
dejar entrar, reconocer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contribución, aporte, cotización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**abiertamente, sin tapujos, con luz y
taquígrafos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pidiendo disculpas; disculpase

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**orgullo, soberbia, cachondez,
toriondez, verriondez, manada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tragando; tragar, engullir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**es apropiado; apropiado, adecuado, ; arreglar, reparar, componer, fijar,
aduenarse, designar**

Zen habits (c) readings.world

pregar

Zen habits (c) readings.world

; remiendo, remendar, reparar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

endless
ɛndləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

distance between

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

response
ɹɪspɑns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calmness
kɑmnləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

freelance
fri:ləns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hustle
hʌsləl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Flop
flɑp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

promises
prɑmɪsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

doubted
dɑʊtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flooded
flʌdɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

slob
slɑb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

procrastinated
prɑkræstɪneɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

program
prɑʊɡræm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dig
dɪg

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dependency
dɪpɛndənsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

emotions
ɪmouʃnz

Zen habits (c) readings.world

unloved
ʌnlʌvd

Zen habits (c) readings.world

unable
ʌneɪbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

respuesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

distancia entre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

interminable, sin fin, infinito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**apresurarse; darse prisa, apurarse,
engañar, engrupir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**trabajador autónomo, freelance,
trabajar por cuenta propia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

calma

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**dudaba; dudar, duda,
incertidumbre**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

promesas; promesa, prometer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

un fracaso; tumbarse, dejarse caer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**procrastinado; hacer desidia,
procrastinar, dejar para después**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

vago

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**inundado; inundación; avenida,
riada, diluvio, inundar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

dependencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cavar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

programa, programar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incapaz

Zen habits (c) readings.world

desamor

Zen habits (c) readings.world

emociones; afecto, emoción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

self-knowledge

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Helen
hɛlən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

factors
fæktəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

worthy
wɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comment
kəmɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

underlying
ʌndəˈlaɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

regimen
ˌrɛdʒɪmən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sabotaging
səˈbɒtɑːʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

chatter
tʃætə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perfection
pəˈfɛkʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

charitable
tʃəˈrɪtəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

attractive
əˈtræktɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

generous
dʒɛnəəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Standard
stændəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

content
kəntɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

fall short

Zen habits (c) readings.world

affects
əˈfɛkts

Zen habits (c) readings.world

insecure
ɪnˈsɪkjə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

factores; factor, factorizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Helena, Elena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

autoconocimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

subyacente; subyacer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comentarios; comentario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Digno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

cháchara; chacharear, parlotear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sabotaje, sabotear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

régimen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

atractivo, atrayente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

caritativo, benéfico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

perfección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

contenido; satisfecho

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**estándar, estándar, dechado,
padrón, nivel**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**generoso, magnánimo, dadivoso,
munificente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

inseguro

Zen habits (c) readings.world

afectar

Zen habits (c) readings.world

**quedarse corto; estar por debajo,
no cumplir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

jealous
dʒeɪləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

selves
sɛlvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

boil down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

sufficient
sʌfɪʃnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bound together

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

radiance
ˈreɪdiəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

variations
veɪəriˈeɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unlocking
ʌnlɒkɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

filter
ˈfɪltə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

engage
ɪnˈgeɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

see through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

universe
ˈjuːnɪvɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

instances
ɪnˈstɑːnsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

unworthy
ʌnwɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

WONDERLAND
wʌndəˈlænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Empyrean

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

encircled
ɪnˈsɜːklɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spheres
ˈsfɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**instancias; caso, ejemplo, ocasión,
instancia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

variaciones; variación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**celoso, encelado, envidioso,
checkenvidioso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

indigno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**desbloqueo; abrir, abrir con llave,
desatancar, desbloquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

yo; uno mismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

país de las maravillas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

filtro, filtrar, filtrarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reducirse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

empíreo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**participar; atraer, trabar
conversación con, trabar batalla**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suficiente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rodeado; rodear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ver a través; calar a, apoyar a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se encuentran unidos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esferas; esfera, bola

Zen habits (c) readings.world

universo

Zen habits (c) readings.world

resplandor, brillo, fulgor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

divine
dɪvaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

enters
ɛntəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Heaven
heɪvən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

region
ˌrɪdʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comedy
kəmədi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

flash
flæʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Dante
dæntɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

veil
veɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wheel
wɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Speed
spiːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

wings
wɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tie
taɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

examined
ɪgzæmɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

pic
pɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tie
taɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

boundless
baʊndlɪs

Zen habits (c) readings.world

humanity
hjuːmænɪti

Zen habits (c) readings.world

envelop
ɪnˈvɛlɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

el cielo; cielo, firmamento, paraíso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

entrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

divino

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

destello

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

comedia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

región

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**rueda, pez gordo, llanta, rodar,
circunvolar, volar en círculos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

velo, velar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Dante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

corbata; amarrar, atar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**alas; ala, sección, parte, flanco,
alero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

velocidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, empastar (books), liar, acoplar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Recogiendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**examinado; examinar, analizar,
auscultar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

envolver

Zen habits (c) readings.world

la humanidad; humanidad

Zen habits (c) readings.world

ilimitado, sin límites

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

spread
spɹɛd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

striving for

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

motivates
məʊtɪveɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

extends
ɪkstendz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lifestyle
laɪfstɑɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

active
æktɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lead
li:d

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

whom
hʊm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bitterness
ˈbɪtənəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

transform
trænsfɔ:m

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

softness
sɔ:ftnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Buddha
bʊdʌ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebels
ˈreɪbəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deepens
ˈdi:pənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

beholden
ˌbi:hoʊldən

Zen habits (c) readings.world

irritating
ɪˈrɪteɪtɪŋ

Zen habits (c) readings.world

lac
læk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

esforzarse por, luchar por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

**extender, dispersar, esparcir, untar,
diseminar, difundir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

activo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

estilo de vida, forma de vida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

se extiende; extender, ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**a quién; quién, quiénes, cuyo,
quien**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

plomo; llevar, conducir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

, luchar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

suavidad, molicie

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

trasformar, transformar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

amargo, amargura, amargor, acíbar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**se profundiza; ahondar,
checkprofundizar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

rebeldes; rebelde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Buda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Cordón

Zen habits (c) readings.world

irritante; irritar, enviscar

Zen habits (c) readings.world

en deuda; comprometido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

separate from

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

stints
stɪnts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

evolve
ɪvəlv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

clinging to

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

essentially
ɛsɛnʃli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

basics
beɪsɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ensure
ɛnʃʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

temptations
tɛmptɛɪʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

http

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplicity
sɪmplɪsɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

zenhabits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

net
nɛt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Northern
nɔːðən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tolstoy
tɔːlstɔɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

WILLIAM
wɪljəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

novels
nɒvls

Zen habits (c) readings.world

Adams
ædəmz

Zen habits (c) readings.world

Acknowledgements
æknɒlɪdʒmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

progresar, evolucionar, desarrollar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

Período

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

separado de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

básicos; básico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

esencialmente, en esencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

aferrarse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

ttp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

entaciones; tentación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

asegurar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

et; red, malla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

hábitos zen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

simplicidad, sencillez, llano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Guillermo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

Tolstoi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

septentrional, norteno, boreal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

**agradecimientos; reconocimiento,
muestra de agradecimiento**

Zen habits (c) readings.world

adams; Adam, Adán

Zen habits (c) readings.world

ovelas; novela

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

incomplete
ɪnklʌmplɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

supports
sʌpɔːts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

FlashCards-English-Spanish-Level-A1

inspiration
ɪnspəˈeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deceased
dɪˈsiːst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

lovely
lʌvli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

substantial
sʌbstəˈeɪʃəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

owe
oʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

eternally
ɪˈtɜːnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

weirdest
wɪˈɪdəst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

reserved
ˌrɪzəˈvɜːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

deepest
ˈdiːpest

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

tiara
ˈtiːərə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

bless
blɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

among
əˈmɒŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

designer
dɪˈzaɪnə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

guidance
ˈɡaɪdəns

Zen habits (c) readings.world

manager
ˈmænɪdʒə

Zen habits (c) readings.world

editor
ˈɛdɪtə

Zen habits (c) readings.world

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inspiración

Zen habits (c) readings.world

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apoyos; aguantar, sostener

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incompleto

Zen habits (c) readings.world

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**sustancial, is, enjundioso,
substancial**

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Encantador

Zen habits (c) readings.world

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**fallecido; fallecimiento, deceso,
óbito, defunción, fallecer**

Zen habits (c) readings.world

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más raro; raro

Zen habits (c) readings.world

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eternamente

Zen habits (c) readings.world

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deber, adeudar, estar en deuda

Zen habits (c) readings.world

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diadema, tiara

Zen habits (c) readings.world

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**más profundo; profundo, hondo,
fondo, ancho, bajo, grave, oscuro**

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reservado; reserva, reservar

Zen habits (c) readings.world

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diseñador; diseñador, diseñadora

Zen habits (c) readings.world

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entre

Zen habits (c) readings.world

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bendecido; bendito

Zen habits (c) readings.world

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**editor, editora, director, directora,
redactor**

Zen habits (c) readings.world

**director, gerente, gestor, jefe,
representante, administrador**

Zen habits (c) readings.world

dirección, orientación, consejo

Zen habits (c) readings.world

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corridor
kɔɹɪdɔː

Zen habits (c) readings.world

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Capitol
kæpɪtəl

Zen habits (c) readings.world

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cover
kʌvə

Zen habits (c) readings.world

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samovar

Zen habits (c) readings.world

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edited
ɛdɪtɪd

Zen habits (c) readings.world

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aid
eɪd

Zen habits (c) readings.world

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uk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

printed
prɪntɪd

Zen habits (c) readings.world

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edition
ɛdɪʃən

Zen habits (c) readings.world

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copies
kɒpɪz

Zen habits (c) readings.world

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typesets
taɪpfeɪsɪz

Zen habits (c) readings.world

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humanist
hjuːmənɪst

Zen habits (c) readings.world

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Robert
rɒbət

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Cubierta

Zen habits (c) readings.world

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templo empo de Júpiter, Capitolino

Zen habits (c) readings.world

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pasillo, corredor

Zen habits (c) readings.world

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ayuda, auxilio

Zen habits (c) readings.world

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editado; edición, editar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

samovar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

edición, tiraje

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-A1

impreso; imprimir

Zen habits (c) readings.world

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k; R.U, RU

Zen habits (c) readings.world

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humanista

Zen habits (c) readings.world

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tipos de letra; familia tipográfica

Zen habits (c) readings.world

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**copias; copia, ejemplar, copiar,
imitar, recibir**

Zen habits (c) readings.world

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Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

Roberto