

FlashCards-English-Spanish-Level-B1

Zen
zɛn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

readjustment
ˌrɪdʒʌstmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disciplined
dɪsˈplɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pursue
pəˈsu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wand
wænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unseen
ʌnsɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Master
mæstə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

constant
kɒnstənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

creativity
kriːɪtɪvəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mindful
maɪndfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recesses
ˌrɪsɛsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

discipline
dɪsˈplɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

surroundings
səˈraʊndɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastination
prɒkɹæstɪˈneɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

instantly
ɪnstəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

debt
dɛt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unknown
ˌʌnnoʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

thoughts
θɔːts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**alrededores; periferia, rededor,
derredor, circundante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**maestro; señor, dueño; señora,
dueña**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

budismo zen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desidia, dejar algo para más tarde,
para mañana..**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**constante, perseverante, firme,
constante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reajuste

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**al instante, al hilo, al tiro,
instantáneamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

creatividad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**disciplinado; disciplina, castigo,
ramo, disciplinar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deuda, pufo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

conciencia; consciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; perseguir, apuntar a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**ignoto, desconocido, incógnita,
desconocido**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recesos; receso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

varita

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pensamientos; pensamiento

Zen habits (c) readings.world

disciplina, castigo, ramo, disciplinar

Zen habits (c) readings.world

No se ve

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insane
ɪnseɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

arose
əʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

urge
ɜːdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rationalize
ˌræʃənəlaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

discomfort
dɪskʌmfɜːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

negotiate
ˌneɡəʊʃieɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bargain
bɑːɡeɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

debate
dɪˈbeɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mercy
mɜːsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plead
plɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overcome
oʊvəˈkʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

root
ruːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

film projector

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

expectations
ˌekspektetʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

constantly
kənˈstəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fantasy
fæntəsi

Zen habits (c) readings.world

aren
ɑːn

Zen habits (c) readings.world

intentioned
ɪntentʃənd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**te urge; impulso, impulsar, urgir,
aguijonear, apresurar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**surgió; surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**enfermo mental, loco, demente,
enajenado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

negociar

**incomodidad; malestar,
desasosiego**

racionalizar, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

misericordia, piedad

debate, debatir

**trato, ganga, bicoca, chollo,
regatear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

raíz

vencer, superar

suplicar; rogar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

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constantemente

**expectativas; expectación,
expectativa**

Proyector de cine

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

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intencionado

No

fantasía; fantasía

Zen habits (c) readings.world

Zen habits (c) readings.world

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastinate
ˈprɒkjəstɪneɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

uncertainty
ˌʌnsəˈtʌnti

Zen habits (c) readings.world

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productive
ˈprɒdʌktɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comfort
kəmˈfɜːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

seeks
siks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unexpectedly
ˌʌnɪksˈpektɪdli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ve
vi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

puerta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ting
tɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comforts
kəmˈfɜːts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

seek
sik

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gain
geɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overwhelmed
oʊvəˈwɛlmd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

anxiety
æŋˈzɪəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

foundation
faʊnˈdeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

debts
dɛts

Zen habits (c) readings.world

pursuits
pɜːsuts

Zen habits (c) readings.world

addicted
ədɪktɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

productivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

incertidumbre, incerteza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

hacer desidia, procrastinar, dejar para después

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inesperadamente, inopinadamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

buscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comodidad, consuelo, confortar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

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Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

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Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ganar, adquirir, obtener, conseguir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

buscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comodidades; comodidad, consuelo, confortar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fundación, cimiento, base

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zozobra, ansiedad, inquietud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aburrido; agobiar, abrumar, checkagobiar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adicto, viciado, causar adicción en, volver adicto, viciar

Zen habits (c) readings.world

persecuciones; persecución

Zen habits (c) readings.world

deudas; deuda, pufo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

excess
ɛksɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obstacles
ɒbstəklɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resentment
ˌrɪzɛntmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fully
fʊli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustration
frʌstrəɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

skimming through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustrated
frʌstrəɪtəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

associate
əsoʊʃiət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

anxious
æŋkʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

small change

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flexibility
flɛksəbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gleaned
glɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

judgmental
dʒʌdʒməntəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wasn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

anger
æŋɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Delving
dɛlvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

masters
mæstəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aside
əsaɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

juiciosa; crítico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

frustrado; frustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**exceso, deducible, franquicia,
excesivo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Era

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**asociado, companero, asociar,
frecuentar, alternar, tratar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**obstáculos; obstáculo, óbice, traba,
estorbo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ira, enfado, enojo, rabia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ansioso, inquieto, deseoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**resentimiento, animadversión,
animosidad, rencor**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rofundizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pequeño cambio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**totalmente; completamente, a
fondo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**maestros; señor, dueño; señora,
dueña**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flexibilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aparte, a un lado, aparte

Zen habits (c) readings.world

recogido; recoger, recopilar

Zen habits (c) readings.world

**echar una ojeada, ojear; leer por
encima**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

concepts
kansɛpts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

truly
tɹuli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

implement
ɪmplɪmɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

profoundly
ɹɒʊfʌndli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

principle
ɹɪnsɪpl̩

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

investment
ɪnvestmɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

commitment
kəmɪtmɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calendar
kælɪndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

missions
mɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hereby
hɪəbaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tempted
tɛmptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

this minute

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aims at

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resistance
ɹɪzɪstəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dive
daɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disorganization
dɪsɔːgənɪzɪʃn

Zen habits (c) readings.world

surrounded
səʊndɪd

Zen habits (c) readings.world

overweight
oʊvəweɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**implemento, herramienta,
instrumento, implementar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**de verdad; verdaderamente,
realmente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

conceptos; concepto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inversión, cerco, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

principio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

profundamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

misiones; misión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calendario, agenda, calendarizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

compromiso, promesa, acuerdo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en este momento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tentado; tentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**por este, por este medio, por la
presente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**bucear; zambullirse, tirarse de
cabeza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resistencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aspirar a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con sobrepeso

Zen habits (c) readings.world

**rodeado; circundar, envolver,
cercar, rodear**

Zen habits (c) readings.world

desorganización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sedentary
sedɒntɛɹi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

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clutter
klʌtɜ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

smoker
smoʊkɜ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deeply
dipli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mindfulness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trusted
tɹʌstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unstuck
ʌnstʌk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

outcome
aʊtkʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rut
rʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

transformed
tɹʌnsfɔɹmd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustrations
fɹʌstɹeɹʃʌnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticism
kɹɪtɪsɪzɪzʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obstacle
ɒbstʌkl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

conscious
kənʃʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

emerged
ɪmɜdʒd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unimaginable
ʌnɪmædʒɪnəbl

Zen habits (c) readings.world

mission
mɪʃʌn

Zen habits (c) readings.world

initial resistance

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fumador, fumadora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

desorden, revoltijo, enredo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sedentario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**de confianza; confianza, crédito,
fiar, consorcio, trust**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

atención plena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

profundamente; a fondo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rutina; surco, bache

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**resultado, consecuencia, desenlace,
objetivos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desatascado; despegar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

críticas; crítica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rustraciones; frustración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**transformado; transformar,
transformar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**surgió; emerger, aparecer, surgir,
aparecer, aflorar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

consciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obstáculo, óbice, traba, estorbo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resistencia inicial

Zen habits (c) readings.world

misión

Zen habits (c) readings.world

inimaginable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Overcoming
οὐνᾶκλιση

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

struggled
στῆλγλιδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

marathon
μελθαν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lbs
παυνδζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

failure
φειλζᾶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sore
σορ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Struggle
στῆλγλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dozen
δῶζαν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

junk
τζῆγκ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trial
τῆαῖλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enthusiasm
ινθουζιᾶζλμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

multiplying
μῆλτῆπλαση

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inevitably
ινενῆτῆβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blaming
βλειμιση

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rid
ριδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

multiple
μῆλτῆρλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

accountability
ἄκᾶυτῆβλιῆτι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

decreasing
δῆκῆιση

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inevitablemente, indefectiblemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**lucha, forcejeo, brega, luchar,
esforzarse con denuedo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

superación; vencer, superar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**culpando; culpar, responsabilizar,
echar la culpa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

docena, decenas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**luchado; lucha, forcejeo, brega,
luchar, esforzarse con denuedo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cabalgar; librar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

chatarra; trastos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

maratón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

múltiples; múltiple, múltiplo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

proceso, juicio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

libras; libra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**rendición de cuentas;
responsabilidad, competencia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entusiasmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**fallo, fracaso, fiasco, fracasado,
avería**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**disminuyendo; disminuir, mermar,
disminución**

Zen habits (c) readings.world

multiplicando; multiplicar

Zen habits (c) readings.world

dolorido; doloroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

greatly
ɡreɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sprint
spraɪnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

random
rændəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Gut
ɡʌt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

actionable
ækʃənəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

meditate
medɪteɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stretch
stretʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exceedingly
ɪksɪdɪŋli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

appendix
æpendɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

childish
tʃaɪldɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

repeatedly
ripi:tɪdli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

massively
mæsɪvli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

weasel
wɪzəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

make excuses

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rationalizations
ræʃnəlɪzɪʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beg
bɛɡ

Zen habits (c) readings.world

ridiculously
raɪdɪkjʊləsli

Zen habits (c) readings.world

Syndrome
sɪndrəʊm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**rondón, fulano, aleatorio,
pseudorandómico, cualquiera, al azar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

esprintar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**en gran medida; grandemente,
enormemente, sobremanera**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

meditar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Posible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tripa, panza, maría, destripar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apéndice

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**excesivamente; extremadamente,
sumamente, sobremanera, asaz**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**estirar, estirarse, dar, extenderse,
estirón, estiramiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

masivamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reiteradamente, repetidamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**para niños, infantil, infantiloides,
pueril**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

racionalizaciones; racionalización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

poner excusas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**comadreja, mustela, turón,
checkmostela**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

síndrome

Zen habits (c) readings.world

ridículamente

Zen habits (c) readings.world

pedir limosna; pedir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

meditating
mɛdɪteɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

barrier
bæriə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

gradually
ɡrædʒuəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triumph
tɹaɪʌmf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beginnings
bɪɡɪnɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

humble
hʌmbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bind
baɪnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

excuses
ɪkskʌʒɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

self
self

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vow
vaʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivator
məʊtɪveɪtə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

attempts
əˈtɛmpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unprepared
ʌnpɹɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pregnancy
ˈpregnənsɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dozens
ˈdɒzənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rebel
ˈɹɛbəl

Zen habits (c) readings.world

compassion
kəmˈpæʃən

Zen habits (c) readings.world

Selfish
ˈselfɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**gradualmente, poco a poco,
paulatinamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

barrera, límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

meditando; meditar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

humilde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Comienzo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triunfar; triunfo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

yo; uno mismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**excusas; excusar, perdonar, panish: ; atar, atar (tie), empastar (books),
t-needed
liar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**intentos; intentar, tentativa,
intento, ensayo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

voto, manda, promesa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

docenas; docena, decenas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

embarazo, gravidez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Prepararse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

egoísta

Zen habits (c) readings.world

compasión, conmiseración

Zen habits (c) readings.world

rebelde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vanity
væniːti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

inspire
ɪnˈspaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

ease
iːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

precious
preɪʃəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

philosopher
ˈfɪlɒsəfə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Seneca
seniˈkæ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Stoic
stɔɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overflow
oʊvəˈfləʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

squander
ˈskwɒndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frailty
ˈfræɪlti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fleeting
ˈfliːtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

snatches away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

denies
ˈdɪnaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

feudal
ˈfjuːdl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fades away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

superfluous
ˌsuːpəˈfluːəs

Zen habits (c) readings.world

begrudge
ˈbɪɡrʌdʒ

Zen habits (c) readings.world

Swiftly
ˈswɪftli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

facilidad; aliviar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

inspirar, infundir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

vanidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Séneca

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

filósofo, filósofa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

preciosos; precioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**malbaratar, despilfarrar, derrochar,
farrear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**; desbordamiento, aliviadero,
escape**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

estoico, estoica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apartar, sacar, tomar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fugaz; flota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

debilidad; fragilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se desvanece

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

feudal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

niega; negar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rápido; rápidamente

Zen habits (c) readings.world

envidiar

Zen habits (c) readings.world

superfluo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

incidentally
ινσιδεντιλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visualize
βιζουαλιζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

priority
πριαριτι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivated
μουτινειτιδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

invisible
ινβιζιβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

urges
αδζιζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unlimited
ανλιμιτιδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

meditation
μεδιτειη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cushion
κουβι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

heartbeat
χαρτιβι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mechanism
μεκανιζμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ideally
αιδιλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

priority
πριαριτι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stretching
στρετιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Proof
πριφ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rhythm
ριθμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trigger
τριγερ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

concept
κανσεπ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Prioridad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

ilimitado, sin límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

incidentalmente, casualmente, por cierto, a propósito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

estirar, estirarse, dar, extenderse, estirón, estiramiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

meditación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visualizar, imaginar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pruebas; prueba

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cojín, almohadón, colchón, amortiguante, banda, amortiguar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

prioridad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ritmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

latido del corazón, latido, ritmo cardiaco, inspiración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivado; motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gatillo, detonador, detonante, desencadenante, disparador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mecanismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

invisible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

concepto

Zen habits (c) readings.world

lo ideal; idealmente

Zen habits (c) readings.world

impulsos; impulso, impulsar, urgir, aguijonear, apresurar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pulse
pʌls

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

willpower
wɪlpaʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

relying
rɪlaɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

automatic
ɔtəmətɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

arises
əˈrɪzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

iambic

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Punch
pʌntʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

boom
bʊm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con
kən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

etc
ɛtsetʃəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

awhile
əˈwaɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reminders
rɪmaɪndəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

make coffee

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

teakettle

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

groove
ɡruːv

Zen habits (c) readings.world

snowfall
snoʊfəl

Zen habits (c) readings.world

array
əˈreɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

confiar; contar con, atenerse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

fuerza de voluntad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

pulso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

yámbico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**surge; surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**automático, automático, semi-
automática**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

boom, auge

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

, fusionar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

un puñetazo; ponche

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

un rato, algún tiempo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tc

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hacer café

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recordatorios; aviso, recordatorio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**atavío, galas, distribución, ristra,
gama, vector, arreglo**

Zen habits (c) readings.world

nieve; nevada

Zen habits (c) readings.world

**surco; ranura, acanaladura, canal,
estría**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

previous day

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

anymore
ɛnimɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

forge
fɔːdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

twist
twɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

barriers
bæɪɹɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stray
stɹeɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spikes
spaɪks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entice
ɪntaɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

incentives
ɪnsentɪvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

roadblocks
ɹoʊdbləks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rewards
ɹɪwɔːɹdz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enjoyable
ɛnʒɔɪəblɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rely
ɹaɪlɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

coffee maker

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sticky
stɪki

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivation
məʊtɪveɪʃən

Zen habits (c) readings.world

monthly
mənθli

Zen habits (c) readings.world

hook
hʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

forja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Ya no

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

el día anterior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desviarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obstáculos; barrera, límite

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

giro; torcer, sacar punta a, torcerse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

incentivos; incentivo, aliciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

atraer; incitar, tentar, engolosinar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

picos; clavo, pincho, púa, punta, espiga, clavos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disfrutar; agradable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recompensas; recompensa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obstáculos; barrera vial, barrera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pegajoso, adherente, adherible, peliagudo, escabroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cafetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

confiar; contar con, atenerse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gancho, garfio, enganchar

Zen habits (c) readings.world

mensual, mensualmente

Zen habits (c) readings.world

motivación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unsuccessfully
ʌnsʌksɛsfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

commitments
kɒmɪtmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vegan
veɡʌn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flowers
flaʊəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logs in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trackers
tɹækəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

attempt
ʌtɛmpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pie
paɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Catholic versions

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

simplify
sɪmplɪfaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

publicly
pʌblɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

GREASED
ɡɹɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trash
tɹæʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Burger
bɜːɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blogged

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivate
mouɪveɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

workout
wɜːkaʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

slope
sloʊp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**basura, caneca, basura, chusma,
papelera**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

intentar, tentativa, intento, ensayo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sin éxito; infructuosamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Hamburguesa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tarta, empanada, pastel

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**compromisos; compromiso,
promesa, acuerdo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en el blog

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Jesé (w:Reina-Valera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**vegetariano; vegano, vegano,
vegana**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

simplificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ramo, bonchote, racimo, grupo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entrenamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

públicamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Iniciar sesión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**pendiente, cuesta, desnivel,
inclinación, ojo chueco, chuequito**

Zen habits (c) readings.world

**agradecido; grasa, engrasar,
checklubricar**

Zen habits (c) readings.world

**rastreadores; rastreador,
rastreadora**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

metaphors
metafɔːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

stray
streɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

climbing up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

greasing
ɡreɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grease
ɡreɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

weekly
wɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mass
mæs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

via
vaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

log
lɒɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pledge
pledʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

non
nɑːn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cell
sel

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

skip
skɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miracles
ˈmɪr.ə.kl̩.ɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

outline
aʊtlaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

brief
briːf

Zen habits (c) readings.world

butt
bʌt

Zen habits (c) readings.world

Groundhog
ɡraʊndhɒɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

subiendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

semanalmente, cada semana, todas las semanas, semanario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

registro; tronco, leño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

célula; celda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contorno, esbozo, resumen, delinear, resumir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Marmota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perderte; extraviarse, perderse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grasa, engrasar, checklubricar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

a través de; vía, por; a través

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

No

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

milagros; milagro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

culo; dar un cabezazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

metáforas; metáfora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

engrase; grasa, engrasar, checklubricar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

montón, masa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

prometer, comprometerse, hipotecar, empenar, pignorar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

saltar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

breve, corto, conciso, sucinto, escueto, resumen, poner al tanto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Bunny
bʌni

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Bugs
bʌgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

reverse
rɪvɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cinch
sɪntʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

attempted
ˌæmptəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

begets
bɪɡets

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

requirements
rɪkwaɪmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

jot down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

kettle
kɛtl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beyond
bɪˈɒnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

streak
stri:k

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

solidify
səlɪdɪfaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

feedback
fɪdˈbæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tangled
tæŋɡld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

loops
lu:ps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unbelievably
ʌnbɪlɪvəbli

Zen habits (c) readings.world

addiction
ˌædɪkʃn

Zen habits (c) readings.world

finances
fɪnænsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

invertir; dar marcha atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

bichos; chinche, bicho, error, fallo, defecto, bug, manía

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

conejita; Conejito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

engendrar, concebir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

intentado; intentar, tentativa, intento, ensayo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fácil; certeza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pava; hervidor, tetera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Anotar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

requisitos; exigencia, requisito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

solidificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

raya, trazo, sarta, racha, ristra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

más allá de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bucle; lazo, lazada, gaza, recodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enredado; desorden, maraña, enredo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comentarios; valoración, comentario, reacción, impresión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

finanzas; finanza, financiar

Zen habits (c) readings.world

adicción, vicio, dependencia

Zen habits (c) readings.world

increíblemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

harmful
haɪmfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

pleasurable
pleɪzəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

loop
lu:p

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dose
doʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

combination
kəmˌbɪneɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

behavior
beɪˈheɪvɪjə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sweatiness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tiredness
taɪədnɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mildly
maɪdli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

setup
setʌp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

accomplishment
əkəmˌplɪʃmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Praise
praɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

embarrassment
ɪmˈbærəsmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enduring
endʒʊrɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bet
bet

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rewarding
rɪˈwɔːdɪŋ

Zen habits (c) readings.world

massage
ˈmɑːsɑːʒ

Zen habits (c) readings.world

Mandarin
ˈmændərɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bucle; lazo, lazada, gaza, recodo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**comportamiento, conducta,
proceder**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Suavemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**elogios; alabanza, loa,
enaltecimiento, elogio, adoración**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apostar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mandarín, chino mandarín

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

placentero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

combinación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fatiga, cansancio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logro, éxito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**perdurable; aguantar, perdurar,
tolerar, consentir, condescender**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

masaje, masajear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perjudicial, danino, nocivo, danoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dosis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sudor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

preparado; instalador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vergüenza, corte g

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gratificante; recompensa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

setups
setʌps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

more social

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

spotlight
spɒtlʌɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honestly
ɒnɪstli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

messages
mɪsɪdʒz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

actual
æktʃʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

socializing
səʃiəlaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Reward
rɪwɔːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

breakthrough
breɪkθruː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

joyful
dʒɔɪfʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unenjoyable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unlocked
ʌnlɒkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bald head

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beneath
bɪniθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rush
rʌʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

loosen
luːsn

Zen habits (c) readings.world

wind
wɑɪnd

Zen habits (c) readings.world

loosening
luːsnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

foco, proyector, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

más social

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

onfiguraciones; instalador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**real, existente, verdadero, efectivo,
actual**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

masajes; masaje, masajear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honestamente, francamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

un gran avance; brecha

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recompensa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

socializando; socializar, sociabilizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desbloqueado; abrir, abrir con
llave, desatrarcar, desbloquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Disfrutar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

alegre, gozoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Prisa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

por debajo; bajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Cabeza calva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aflojamiento; aflojar, soltar

Zen habits (c) readings.world

viento, aire

Zen habits (c) readings.world

aflojar, soltar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

darkness
dɑːknəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

unaware
ʌnəweɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sensations
ˈsensɪʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wander
wɑːndə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

feelings
ˈfiːlɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inspiring
ˈɪnspɑːrɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miracle
ˈmɪr.ə.kl̩

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

warts
wɔːrts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flab
flæb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

joy
dʒɔɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

awe
ɑː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miraculous
mɪ.ə.ˈkjuː.l̩.əs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

intrinsic
ɪnˈtrɪn.sɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

chao
tʃəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inextricably
ɪnˈek.stɪ.ɪ.k.ə.bli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mindfully
ˈmaɪn.dfl̩.i

Zen habits (c) readings.world

associated
ˌæsəʊ.sɪ.ɪ.ə.t̩.d

Zen habits (c) readings.world

blogs
blɒgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sensaciones; sensación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**inconsciente, desprevenido,
ignorante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

oscuridad, tinieblas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inspirador; inspirar, infundir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sentimientos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**vagar, divagar, errar, deambular,
enganar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Flacidez

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

verrugas; verruga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

milagro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

milagroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**pavor, temor, medrosía, asombro,
asombrar, abrumar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

alegría, júbilo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nextricablemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; caos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

intrínseca; intrínseco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logs

Zen habits (c) readings.world

**sociados; asociado, companero,
asociar, frecuentar, alternar**

Zen habits (c) readings.world

con atención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

simplifying
σιμπλιφαιιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

accountable
ακαυτηλαβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

triathlon
τριαθλιον

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivating
μουτανειτιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reflection
αφλεκσιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

autopilot
αυτουπαιλιτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

steroids
στεροειδς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blogging
βλογιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

clown
κλαυν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disgust
διςγαστ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

consciously
κανσιυςλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adjustments
αδζαστμαντς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crucial
κρυφιλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

brag
βραεγ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triathletes

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gloriously
γλεβιυςλι

Zen habits (c) readings.world

lean
λιν

Zen habits (c) readings.world

visualization
βιζυαλιζειφιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triatlón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

responsable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

simplificar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

piloto automático, autopiloto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reflexión, reflejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivador; motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

payaso, payasa, clown, clon

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Bloguear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esteroides; esteroide

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ajustes; ajuste, modificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

conscientemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**repugnar, dar asco, asquear, asco,
repugnancia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triatletas; triatleta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; fanfarronear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

es crucial; crucial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visualización

Zen habits (c) readings.world

Más delgado

Zen habits (c) readings.world

Gloriosamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

failures
feɪljəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exhausted
ɪgzɔːstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Session
seʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cyclists
saɪklɪsts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honking
hɒŋkɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Guam
gwam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

accomplish
əkəmplɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nauseated
nɔːziətɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

decent
dɪsənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

highway
haɪweɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zooming
zumiŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

transportation
tɹænspɔːteɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fool
fuːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

portions
pɔːʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

preservation
prezə'veɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flashed
flæʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lane
leɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

swear
swɛə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**; bobo, imbécil, necio, pendejo,
bufón, loco**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

porciones; porción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

preservación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flasheado; destello

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

camino, carril

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

jurar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**cumplir; efectuar, realizar, lograr,
completar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**tienes náuseas; dar náuseas a, dar
asco, asquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

decente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

carretera, autopista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zumbido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

transporte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**fracasos; fallo, fracaso, fiasco,
fracasado, avería**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**exhausto; agotar, cansar, tubo de
escape, gas de escape**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sesión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ciclistas; ciclista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**tocando la bocina; graznido;
bocinazo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Guam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miserably
mɪzəʔbli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

entire
ɪntaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

span
spæn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

discouraging
dɪskəɪdʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dismal
dɪzml

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

discourage
dɪskəɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vision
vɪʒn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disappointment
dɪsəpɔɪntmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Curious
kjʊɪəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustrating
fɹʌstɹeɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

briefly
brɪfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

consequently
kɔnsɪkwəntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

discouraged
dɪskəɪdʒd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sculpting
skʌptɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

oriented
ɔɪentɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mound
maʊnd

Zen habits (c) readings.world

clay
kleɪ

Zen habits (c) readings.world

inputs
ɪnpʊts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

luz, palmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**descorazonar, acobardar,
desalentar, persuadir, disuadir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**tienes curiosidad; curioso; extraño,
raro**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**por consiguiente;
consecuentemente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Orientar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**insumos; insumo, entrada,
introducir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**lúgubre; mísero, miserable, triste,
deprimente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

decepción, desilusión, chasco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

revemente; concisamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esculpir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

arcilla, barro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miserablemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desalentador; descorazonar,
acobardar, desalentar, persuadir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vista, visión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

frustrante; frustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desanimado; descorazonar,
acobardar, desalentar, persuadir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**túmulo, montículo, base, orbe,
apilar, amontonar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nutrients
nutɹiənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sunlight
sʌnlɑɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

enjoyment
ɛndʒɔɪmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tightly
taɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fixated
fɪkseɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

compassionate
kəmˈpæʃənət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

input
ɪnpʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

slim
slɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sculpt
skʌlpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nurture
nɜːtʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

toward
təˈwɔːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

attachment
ətætʃmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

outcomes
aʊtkʌmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grip
grɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

self-control
selfkəntrɔːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

guilt
ɡɪlt

Zen habits (c) readings.world

invisibility
ɪnvɪzəbɪləti

Zen habits (c) readings.world

sensation
senseɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**disfrutar; disfrute, gozo, regocijo,
holganza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

la luz del sol; luz del sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

nutrientes; nutriente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

compasivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obsesionado; fijar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con fuerza; herméticamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esculpir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**; flaco, delgado, adelgazarse,
enflaquecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insumo, entrada, introducir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**apego, carino, afición, atadura,
archivo adjunto, ejecución**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hacia, sobre, para

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**nutrir; cuidado, crianza, ternura,
levantamiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

autocontrol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**agarre; empuñar, agarrar, aferrar,
asir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**resultados; resultado,
consecuencia, desenlace, objetivos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sensación

Zen habits (c) readings.world

invisibilidad

Zen habits (c) readings.world

culpa, culpabilidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pause
pɔːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

panic
pæɪnɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

visible
vɪzəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rationally
ræʃənəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

amazingly
əmeɪzɪŋli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unbidden

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

delay
dɪleɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

manuscript
mænɪskɹɪpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

developers
dɪvɛləpɜːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

proofread
pruːfɹiːd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mailbox
meɪlbɔːks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

agile
ædʒəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

executing
ɛksəkjuːtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

illustrates
ɪləstreɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

systematize

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adjust
ədʒʌst

Zen habits (c) readings.world

sporadically
spɜːrəˈdɪkəli

Zen habits (c) readings.world

principles
prɪnsɪpəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**receso, checkdescanso, pausar,
interrumpir, suspender**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Imprevista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**extraordinariamente,
increíblemente, asombrosamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

racionalmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desarrolladores; desarrollador,
promotor, constructor**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

manuscrito, manuscrito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

retraso; aplazar, retrasar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ágil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Buzón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

panish: corregir pruebas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sistematizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ilustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**ejecutando; ejecutar, ajusticiar,
arrancar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

principios; principio

Zen habits (c) readings.world

**esporádicamente,
discontinuamente,
intermitentemente, a rachas**

Zen habits (c) readings.world

ajustar, arreglar, regular, adaptar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

repetition
ɹɛpɪtɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

intervals
ɪntɜːvəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

retention
ɹɪtɛnʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cramming
kræmɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

doses
doʊsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

concentration
kɒnsəntrɪeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deliberately
dɪlɪbɪrətli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

weaknesses
wiːknəsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

largely
lɑːdʒli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

assess
əˈsɛs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blossom
ˈblɒsəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plum
plʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

startled
stɑːrtld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sidewalk
saɪdwɔːk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reverie
ˈɹɛvəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

descend
dɪˈsɛnd

Zen habits (c) readings.world

gently
dʒɛntli

Zen habits (c) readings.world

hilly
hɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

retención, retentiva, recuerdo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

intervalos; intervalo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

concentración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dosis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**atiborrarse; atestar, atiborrar,
embutir, chancar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en gran medida; mayormente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**debilidades; debilidad, flaqueza,
punto débil, debilidad por**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**deliberadamente,
concienzudamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ciruela

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flor, floración, florecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**evaluar, estimar, determinar,
gravar, imponer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ensoñación; ensueño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

acera, andén

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**sorprendido; sobresaltarse,
alarmarse, espantarse, evitar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con colinas; montuoso

Zen habits (c) readings.world

suavemente; mansamente, suave

Zen habits (c) readings.world

descender, bajar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beautifully
bju:tʌfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

transient
tʀænʒənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

melting
meltɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impermanence

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

more precious

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unchanging
ʌntʃeɪndʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impermanent

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gorgeous
gɔ:rdʒəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fad
fæd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

indulge
ɪndʌldʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spouse
spaus

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sapling
sæplɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

captivated
kæptɪvətɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blossoms
blɔsəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

peaks
piks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

permanent
pəˈmænənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

characteristic
kæɪktəɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Embrace
embreɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cautivado; cautivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Impermanente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

bonito; bellamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flores; flor, floración, florecer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

guapa; guapísimo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**pasajero; transitorio, trotamundo,
transeúnte**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

picos; pico, cumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; moda, moda pasajera

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**fundiendo; fusión, fundición,
derretimiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

permanente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**darse un capricho; ceder, sucumbir,
mimar, consentir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impermanencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

característico, característica

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cónyuge, consorte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

más precioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abrazar, abrazo

Zen habits (c) readings.world

**arbolito; pimpollo, plantón,
virgulto, jovencito**

Zen habits (c) readings.world

inmutable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

weren

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

irritation
ιριτειζαν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

embracing
εμβρειαση

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

temporary
τεμπερειι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

upcoming
αρκλωνη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grief
γουιφ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

downstream
δαυνστριμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

float
φλουτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grasp
γουερπ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

throws in

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

circumstances
σακλμσταενσαζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flexible
φλεκςαβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

shouldn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mindset
μινδσετ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adapts
αδαπτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adopt
αδαπτ

Zen habits (c) readings.world

reminder
ριμινδερς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visual
βιζυαβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

abrazar, abrazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

irritación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

lo eran

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**duelo; pesar, pesadumbre, dolor,
sufrimiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Resultado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

temporal, provisional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**agarrar, asir, comprender,
asimiento, comprensión, alcance**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ío abajo; corriente abajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flexible, doblable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

circunstancias; circunstancia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

agregar, añadir, echar en, incluir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**se adapta; adaptar, ajustar,
adaptarse, adaptado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pensamiento; mentalidad, actitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Debería

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visual

Zen habits (c) readings.world

aviso, recordatorio

Zen habits (c) readings.world

adoptar, ahijar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

effortlessly
ɛfətɪslɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

write back

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

corollary
kɔɹɒləɹɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blindly
blaɪndli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

addicting
ədɪktɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

misstep
mɪssteɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disrupt
dɪsɹʌpt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

downward
daʊnwəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adjusted
ədʒʌstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contingency
kɒntɪndʒənsɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disruption
dɪsɹʌpʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

derail
dɪreɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Row
rəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spiral
spaɪrəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**poco profundo, superficial,
desinteresante, poco profundo (1**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adjustment
ədʒʌstmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

establish
ɪstæblɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hilera, fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**perturbar, trastornar, desorganizar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sin esfuerzo; fácilmente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

espiral, hélice

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hacia abajo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contestar, responder

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**poco profundo, superficial,
desinteresante, poco profundo (1**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**ajustado; ajustar, arreglar, regular,
adaptar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

corolario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ajuste, modificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**contingencia, eventualidad,
imprevisto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**ciegamente, a ciegas, a tientas, a
tiento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

establecer, instaurar, nombrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**quebranto, incidente, ruptura,
interrupción, desorden**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**adictivo; adicto, viciado, causar
adicción en, volver adicto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Zen habits (c) readings.world

descarrilar

Zen habits (c) readings.world

**un paso en falso; paso en falso,
desliz, tropiezo, marfilada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

couch
kaʊtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

involuntarily
ɪnvəʊləntəɪli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nearby
nɪəbaɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

acceptable
əkseptəbləl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

acceptance
əkseptəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lace up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

making noise

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disturbing
dɪstəɪbɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Yay
jeɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exertion
ɪgzɜːʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gratitude
grætɪtʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lace
leɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disturb
dɪstəɪb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disturbance
dɪstəɪbəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resisting
ɪzɪstɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastinating
prɒkræstɪneɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irritated
ɪrɪteɪtəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lacing up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perturbar, molestar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

haciendo ruido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

un sofá; sofá, canapé

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disturbio, estorbo, perturbación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inquietante; perturbar, molestar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

involuntariamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resistiendo; resistir, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sí

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cercano, próximo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastinando; hacer desidia, procrastinar, dejar para después

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esfuerzo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aceptable, asumible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irritado; irritar, enviscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gratitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aceptación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Atar (los cordones)

Zen habits (c) readings.world

encaje; cordón

Zen habits (c) readings.world

Atar (los cordones)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reasonable
ριζιληβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

initial
ιηιλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

smallest possible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

objections
λβδζεκιλνζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

viable
βαιβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flossing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

objection
λβδζεκιλν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

worthiness
ωεθινις

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unobjectionable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deserve
διζεβ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

audio
αδιου

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resists
ριζιςτις

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

laziness
λειζινης

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

indicator
ιηδλκειτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

proposition
προποζιτιλν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

minimum
μινιμλμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pose
πουζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rabbit hole

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pereza, desidia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

objeción, protesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

razonable, módico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

indicador; direccional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

merece la pena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inicial, iniciales

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

propuesta, proposición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inobjetable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

el más pequeño posible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mínimo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

merecer, meritarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

objeciones; objeción, protesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

postura, pose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

de sonido, de audio, audio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

viable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Hoyo de conejo

Zen habits (c) readings.world

se resiste; resistir, panish: t-needed

Zen habits (c) readings.world

Seda dental

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sunshine
sʌnʃaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

instant
ɪnstʌnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

virtual
vɜːtʃʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

captivates
kæptɪveɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

actuality
æktʃʊælɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

occupies
əkʊpaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recall
rɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Intro
ɪntrəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

somehow
sʌmhaʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bothered
bəðəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

clashes
klæʃɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

harm
hɑːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mismatch
mɪsmætʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sunsoaked

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rainsoaked

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gloomy
glʊmi

Zen habits (c) readings.world

Muddy
mʌdi

Zen habits (c) readings.world

otherwise
əðəwaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

virtual

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

instantáneo, inmediato

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sol, luz del sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ocupar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

actualidad; realidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cautivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**de algún modo, de alguna manera,
de alguna forma**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

introducción; intro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recordar, evocar, retirada

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

daño; dano, danar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**enfrentamientos; estruendo,
escaramuza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**molestado; molestar, agobiar,
cansón, joroba, rayos, caramba**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

empapado por la lluvia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

empapado por el sol

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desajuste

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

o no; de otro

Zen habits (c) readings.world

Fango

Zen habits (c) readings.world

lúgubre; lóbrego, sombrío

Zen habits (c) readings.world

1

Zen habits (c) readings.world

powerless
paʊərləs

Zen habits (c) readings.world

arise
əˈaɪz

Zen habits (c) readings.world

float
floʊt

Zen habits (c) readings.world

phenomenon
fɪˈnɑːmɪnən

Zen habits (c) readings.world

freezing rain

Zen habits (c) readings.world

subsequent
sʌbsɪkwənt

Zen habits (c) readings.world

smacked
smækt

Zen habits (c) readings.world

panicked
pænɪkt

Zen habits (c) readings.world

in confusion

Zen habits (c) readings.world

floats
floʊts

Zen habits (c) readings.world

shiver
ʃɪvə

Zen habits (c) readings.world

1

Zen habits (c) readings.world

phenomena
fɪˈnɑːmɪnə

Zen habits (c) readings.world

panicky
pæˈnɪki

Zen habits (c) readings.world

stems
stemz

Zen habits (c) readings.world

postpone
pəʊstpəʊn

Zen habits (c) readings.world

smoothly
smuːðli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

, realización (2)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

subsiguiente, posterior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

, realización (2)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fenómenos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

golpeado; dar una palmada

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impotente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pánico; aterrado, aterrorizado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**surgir, levantarse, provenir,
aparecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tallos; CTIM

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

n la confusión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flotador; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**posponer; aplazar, postergar,
atrasar, perecear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flotadores; flotar, carroza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fenómeno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sin problemas; suavemente

Zen habits (c) readings.world

Tiritando

Zen habits (c) readings.world

lluvia helada

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pace
peɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

stab
stæb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

downhill
dəʊnhɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cramping
kɹæmpɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nap
næp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

most triumphant

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

encouragement
enkəʊrɪdʒmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

neverfailing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

persistent
pəˈsɪstənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

marathons
mɛrəθənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

internal
ɪntəˈnəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sup
sʌp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

un
ʌn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gradual
ɡrædʒʊəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zone
zəʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dip
dɪp

Zen habits (c) readings.world

appreciation
əˈpʃi:ʃɪən

Zen habits (c) readings.world

de equipo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cuesta abajo; descenso, prueba de descenso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

apuñalamiento; apunalamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

paso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

el más triunfante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

siesta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calambres; calambre, rampa, acalambrarse, coartar, inmovilizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

persistente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nunca falla

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aliento; apoyo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Qué pasa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interno, interior

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

maratones; maratón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zona, dividir en zona

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gradual, paulatino

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ONU

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apreciación

Zen habits (c) readings.world

Zen habits (c) readings.world

mojar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

military
mɪlətəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

gruel
ɡruːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

backpack
bækpæk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bricks
briːks

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crawls
kraʊlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logs
lɒgz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Crab
kræb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

voluntarily
vɒləntɪəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miserable
mɪzəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

badass
bædæs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hell
hel

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

soak
səʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gloriousness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

multihued

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impatiently
ɪmpeɪʃntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

metaphor
meɪtəfɔː

Zen habits (c) readings.world

scenery
siːnəri

Zen habits (c) readings.world

impatient
ɪmpeɪʃnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mochila, checkbolsón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

extenuante; duro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

militar, ejército

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

registros; tronco, leño

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se arrastra; avanzar lentamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ladrillos; ladrillo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miserable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

voluntariamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cangrejo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**empapar, remojar, embeber,
saturar, esponjar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

infierno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**bastardo; choro, malvado, atrevido,
riesgoso, aventurero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impacientemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

multicolor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gloriosidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impaciente

Zen habits (c) readings.world

paisaje, decorado

Zen habits (c) readings.world

metáfora

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

redirect
ˌrɪdɪːkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

patience
peɪʃəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

physically
fɪzɪkəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

profound
prəʊfaʊnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reinvent
riːnvent

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plagues
pleɪɡz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

backseat
bækseɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

workouts
wɜːkaʊts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

creation
kriːʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

demoralizing
dɪmɔːlaɪzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

melt away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

melting away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

darn
dɑːn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

melted away

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Terribly
terəbli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

terrifying
terəfaɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

surefire

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

curiosity
kjʊɪəsəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

demonios

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Asiento trasero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**reenviar, redirigir, reorientar,
redireccionar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Derretirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entrenamientos; entrenamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

paciencia, solitario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

terriblemente; rematadamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

creación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

físicamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aterrador; aterrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desmoralizador; desmoralizar,
comer la moral**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

profundo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Seguro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Derretirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reinventar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

curiosidad

Zen habits (c) readings.world

Derretirse

Zen habits (c) readings.world

**plagas; plaga, peste, plagar,
molestar, atormentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

approach
əˈprɔʊtʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

prospect
ˈprɒspekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

distractions
dɪˈstrækʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

solvable
sɒlˈvəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recovery
rɪˈkʌvəri

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overwhelming
oʊvəˈweɪlmɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desire
dɪˈzaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drenched
dɪˈrentʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drown
draʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tackle
ˈtækl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

veggies
ˈvedʒiz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hug
hʌg

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drawer
draɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sweat
swet

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insurmountable
ɪnˈsʌməʊntəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overstuffed
oʊvəˈstʌft

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

scale
skeɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comforted
kɒmfəˈtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cajón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

desear, deseo, gana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

enfoque; acercarse, aproximarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sudor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

empapado; empapar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**prospecto; perspectiva, vista,
panorama, expectativa, prospectar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insalvable, insuperable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ahogarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

distracciones; distracción, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sobrecarga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**atacar; equipo, aparejo, entrada,
tacleada, placaje, afrontar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

soluble, solucionable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

escala

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**vegetales; vegetal, verdura,
vegetariano, vegetariana**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recuperación, repunte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**confortado; comodidad, consuelo,
confortar**

Zen habits (c) readings.world

abrazo, abrazar

Zen habits (c) readings.world

**avasallador; agobiar, abrumar,
checkagobiar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cowering
kaʊzɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

thunderstorm
θʌndəˈstɔːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

disruptions
dɪˈsɹʌpʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hunkered down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

outlining
aʊtlaɪnɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honeymoon
hʌnɪmʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

derailed
dɪˈreɪld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Thailand
taɪlənd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

putting off

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honey
hʌni

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

shattered
ˈʃætəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Busyness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crisis
kɹaɪsɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exhaustion
ɪgzɔːstʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Distraction
dɪˈstrækʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

optimistic
ɒptɪmɪstɪk

Zen habits (c) readings.world

percent
pɜːsɛnt

Zen habits (c) readings.world

overly
oʊvəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**interrupciones; quebranto,
incidente, ruptura, interrupción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**tormenta, tormenta eléctrica,
tronada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**acobardado; encogerse,
empequeñecerse, apocarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**luna de miel, viaje de novios, luna
de miel**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**esbozando; contorno, esbozo,
resumen, delinear, resumir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Agazapado, acucillado, acomodado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desanimar, aplazar, apagar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Tailandia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

descarrilado; descarrilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Ocupación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**destrozado; astillar, estrellar,
quebrantar, hacer añicos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**cariño; miel, dulzura, cariño,
tesoro, cielo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

distracción, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

agotamiento, cansancio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crisis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**demasiado; demasiadamente,
excesivamente**

Zen habits (c) readings.world

por ciento

Zen habits (c) readings.world

optimista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nicely
nɑːsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

rails
ɹeɪlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

crash
kræʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

encounters
ɪnkaʊntəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flinching
flɪntʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recover
ɪkʌvə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gravity
ɡrævəti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pause
pəʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bemoan
bɪməʊn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fate
feɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

landscape
lændskeɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

damn
dæm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bump
bʌmp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reflow

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sickness
sɪknəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

priorities
praɪərɪtɪz

Zen habits (c) readings.world

reassess
riːəsəs

Zen habits (c) readings.world

interruption
ɪntəˈrʌpʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

chocar; estruendo, estrépito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

rieles; barra

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

espléndidamente, bien

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recuperarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**acojonarse; encogerse,
estremecerse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

encuentros; encontrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

quejar, lamentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**; receso, checkdescanso, pausar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gravedad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**; maldecir, condenar, reprobar,
maldito, puto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

paisaje, apaisado, horizontal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

destino, azar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enfermedad, dolencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Refluyendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**chichón, tolondro, cototo,
checkbache**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interrupción, paréntesis

Zen habits (c) readings.world

reevaluar

Zen habits (c) readings.world

prioridades; prioridad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stride
straɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

disrupted
ˈdɪsɹʌptɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

mentality
mentælɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adopting
ˈɒdɒptɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gotten
ˈɡɒtən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

clinging
ˈklɪŋɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unhappiness
ˌʌnhæpɪnɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spouses
ˈspaʊsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

indecision
ˌɪndɪsɪʒən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

annoyance
ˈɒnɔɪəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

loneliness
ˈlʌnɪlɪnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

forgiving
fɔːɡɪvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dissatisfied
ˌdɪsætɪsfaɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Buddhist
ˈbʊdɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tortured
ˈtɔːtʃəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

captors
ˈkæptɜːz

Zen habits (c) readings.world

cranky
ˈkræŋki

Zen habits (c) readings.world

dye
daɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mentalidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**interrumpido; perturbar,
trastornar, desorganizar,
interrumpir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

andar a zancadas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**aferrándose; engancharse,
adherirse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Conseguido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adoptando; adoptar, ahijar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

indecisión, irresolución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cónyuges; cónyuge, consorte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

infelicidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perdonar, disculpar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

soledad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**disgusto, irritación, lata, molestia,
fastidio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**torturado; tortura, suplicio,
torturar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

budista, budista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insatisfecho; discontentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Muriendo

Zen habits (c) readings.world

gruñón; de mal genio, manoso

Zen habits (c) readings.world

aptores; secuestrador, captor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

explorations
εκσπλῶειϱανζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

expectation
εκσπεκτειϱαν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastinates
πρῶκρῆστανειτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

philosophical
φιλοσφικῶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

secure
σικϱῶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fearful
φῶρῶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

external circumstances

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hatred
ηειτῶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cling
κλιν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comforting
κῶμῶτιν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

conflict
κῶνϱικτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trap
τρῶπ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

devastating
δενῶστειτιν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

certainty
σῆταντι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cope
κῶπ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unpredictable
ἄπρῶιδικτῶ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tension
τενϱαν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unrealistic
ἄπρῶιστικ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

demoledor; devastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

circunstancias externas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

exploraciones; exploración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

seguridad; certeza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

odio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**expectativas; expectación,
expectativa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**hacer frente; arreglárselas con,
poder con, dar abasto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aferrarse; engancharse, adherirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**hacer desidia, procrastinar, dejar
para después**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impredecible

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**confortante; comodidad, consuelo,
confortar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

filosófica; filosófico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tensión, tensionar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**conflicto, discrepancia, discrepar,
estar renido, coincidir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**seguro, resguardado, confiable,
aplomado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

no es realista; irreal

Zen habits (c) readings.world

trampa

Zen habits (c) readings.world

**miedoso, temeroso, terrible,
checkespantoso, checktremendo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

melt
mɛlt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

de puente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

resisted
ˌrɪzɪstɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unclenches

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

literally
lɪtərəli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

soften
sɒftən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

softens
sɒftənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

jaw
dʒɔ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

astonishing
əˈstɒnɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

behold
bɪˈhəʊld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Peak
pɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

heartbreak
ˈhɑːtbreɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

poignant
pɔɪnjənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

external
ɪkˈstɜːnl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

purposely
pəˈpɜːslɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

immersed
ɪmɜːst

Zen habits (c) readings.world

apparently
əˈpɪərəntli

Zen habits (c) readings.world

mystical
ˈmɪstɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esistido; resistir, panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

, pilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**material fundido, derretirse,
fundirse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; ablandar, suavizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

literalmente, literal

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Desabrochar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**asombroso; asombrar, sorprender,
pasmarse**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mandíbula; maxilar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se ablanda; ablandar, suavizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desamor, corazón roto, corazón
destrozado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pico, cumbre

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**contemplar, mirar, observar, he
aquí, mirad**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**intencionadamente, aposta, a
propósito**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

externa; externo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**conmover; puntiagudo, punzo-
cortante, claro, elocuente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

místico

Zen habits (c) readings.world

**evidentemente, obviamente, por lo
visto, aparentemente**

Zen habits (c) readings.world

inmerso; sumergir, sumergirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

numerous
numɚʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

specialness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

protection
pɹɪtɛkʃʌn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

threatened
θɹeɪtɛnd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticized
kɹɪtɪsaɪzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

demands
dɪmændz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

awkward
ɔkwɚd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

clumsy
klʌmzi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sweaty
sweti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Gross
grɔʊs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

honored
ənəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unique
junik

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pedestal
pɛdɪstəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

glory
glɔɹi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

defensiveness
dɪfɛnsɪvɪnɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

selfishness
sɛlfɪʃnɪs

Zen habits (c) readings.world

criticizing
kɹɪtɪsaɪzɪŋ

Zen habits (c) readings.world

rejection
ɹɪdʒɛkʃʌn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

protección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Especialidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

numerosos; numeroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**demandas; demanda, exigencia,
exigir, demandar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticado; criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

amenazado; amenazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sudoroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

patoso, torpe, desmanado, bruto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**torpe, desmanado, embarazoso,
delicado, incómodo, tímido**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

único, senero

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**honrado; honor, privilegio, honrar,
ajustarse, acatar, respetar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

asqueroso; repulsivo, gruesa, bruto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

A la defensiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gloria

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pedestal, peana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rechazo

Zen habits (c) readings.world

criticando; criticar, culpar, juzgar

Zen habits (c) readings.world

egoísmo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

judgment
dʒʌdʒmɒnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

defend
dɪfend

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

nest
nɛst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

banishing
bæɪnɪʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

erasing
ɪˈeɪsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grumble
ɡrʌmbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

replaying
rɪˈpleɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

assert
əˈsɜːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

acknowledge
əˈknɒlɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desires
dɪˈzaɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

simultaneously
saɪmʌlteɪniəsli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

forth
fɔːθ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

immerse
ɪmɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

oneself
wʌnsɛlf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

textures
ˈtɛkstʃəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

thrum

Zen habits (c) readings.world

tensions
tɛntʃnz

Zen habits (c) readings.world

stability
stəˈbɪləti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

defender

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

juicio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; refunfunar, rezongar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

épocas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

destierro; desterrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reconocer, acusar recibo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**asegurar, aseverar, afirmar, ejercer;
confirmar, sostener**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reproduciendo; repetir, repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adelante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

simultáneamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deseos; desear, deseo, gana

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

texturas; textura, textura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sí mismo, uno mismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inmersión; sumergir, sumergirse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

estabilidad

Zen habits (c) readings.world

tensiones; tensión, tensionar

Zen habits (c) readings.world

Zumbido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

chaotic
κεἰατἰκ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

stable
στεἰβαλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

embraced
εμβῤεἰστ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flurry
φλῤῆἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flux
φλῤῆκς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flowing through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

continually
κἄντἰνῤῥῤῥἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

debris
δἄβῤῆἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

everflowing

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abandoned
ἄβᾶνδἄνδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interrupted
ἰντῤῥῤῥἰδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

quicken
κῤῥἰκἄν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fantasies
φᾶντᾶσις

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exploration
εἰσπῤῥῤῥῤῥἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

itinerary
ἰτἰνῤῥῤῥῤῥἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

illusion
ἰλῤῥῤῥἰ

Zen habits (c) readings.world

minimally
μἰνἰμἄλῤῥἰ

Zen habits (c) readings.world

dreading
δῤῥῤῥἰ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abrazado; abrazar, abrazo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Estable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

caótico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fluir/correr por

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fundente, flujo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ráfaga, frenesí

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

siempre fluyendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**escombros, restos, basura,
cachureo, niqenaque, ruina**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

continuadamente, continuamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Rápido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**interrumpido; interrumpir,
interrupción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abandonado; abandonar, dejar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

itinerario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exploración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Fantasía

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

temiendo; temer, pavor, temor

Zen habits (c) readings.world

mínimamente

Zen habits (c) readings.world

ilusión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stance
stæns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

openness
ουρανησ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

freedom
φιδλμ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trust
tʌst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visualized
νιζωλαιζδ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

objectives
αβζεκτινζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

emerge
ιμεδζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flow through

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fantasizing
φαντασαιζιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Grocery
γρουσζι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

kale
κειλ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lettuce
λετλς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Bitter
βιτς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stir
στις

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

more palatable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drastic
δραστηκ

Zen habits (c) readings.world

shock
ζακ

Zen habits (c) readings.world

buds
βαδζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

libertad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

apertura; abierto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

postura, posición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

objetivos; objetivo, objetivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

visualizado; visualizar, imaginar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**confiar; confianza, crédito, fiar,
consorcio, trust**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fantaseando; fantasear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fluir a través de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**emerger, aparecer, surgir, aparecer,
aflorar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lechuga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

col rizada, kale

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comida; abacería

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Más apetitoso/sabroso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

remover, revolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

amargo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

brotos; brote

Zen habits (c) readings.world

conmoción, golpe

Zen habits (c) readings.world

drástico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adjusting
ατζαστιη

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

soymilk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

tempeh

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

quinoa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tofu
τουφου

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

undergo
υποδου

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

shocked
φακτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plunge
πλαντζ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adapt
αδαπτ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ultramarathon

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

progression
προγρεσιον

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

noticeable
νοτιζαβλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

barely
βελλι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bumps
βλμψ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drop-dead

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

supportive
σπαρτιβ

Zen habits (c) readings.world

Vegetarian
βεδζλατειαν

Zen habits (c) readings.world

resistant
ριζισταντ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tempeh

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Leche de soja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**ajustando; ajustar, arreglar, regular,
adaptar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**bajo; experimentar, sufrir,
soportar, padecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tofu

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

quinua, quínoa, quinoa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**adaptar, ajustar, adaptarse,
adaptado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**saltar; lanzarse, zambullirse, tirarse
de cabeza**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sorprendido; conmoción, golpe

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se nota; notable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

progresión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ultra maratón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

caer muerto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**golpes; chichón, tolondro, cototo,
checkbache**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apenas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resistente

Zen habits (c) readings.world

vegetariano, vegetariana

Zen habits (c) readings.world

alentador, de apoyo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resist
ˌrɪzɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

asparagus
ˌæspəˈræɡʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

goldfish
ˈɡoʊldfɪʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crackers
ˈkrækəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pizza
ˈpɪtsə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tempt
tempt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abandon
əˈbændən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

changer
ˈtʃeɪndʒə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

toughest
ˈtʌfəst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

significant
ˌsɪɡnɪfɪkənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enthused
ɪnˈθuːzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

scenario
ˌsɪnəˈriəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

thinking process

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con
kən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

appealing
əˈpiːlɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

buddy
ˈbʌdi

Zen habits (c) readings.world

unconsciously
ˌʌnkənˈʃəsli

Zen habits (c) readings.world

threaten
ˈθreɪtən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

peces de colores; pez rojo, pez dorado, pez de oro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

espárragos; espárrago

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

resistir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; tentar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pizza

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

galletas; galleta, galleta de agua

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

el más duro; resistente, severo, de mano dura, ni modo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cambiador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

abandonar, dejar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

escenario

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entusiasmado; entusiasmar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

significativo, importante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apetecible; suplicar, rogar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

estafar, timar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

proceso de pensamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; amenazar

Zen habits (c) readings.world

inconscientemente

Zen habits (c) readings.world

colega; amigote

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sodas
soʊdʌz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

implicitly
ɪmˈplɪsɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bad habits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

defensive
dɪˈfensɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

minimum amount

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cessation
səˈseɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

defensively
dɪˈfensɪvli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Threatens
θreɪtənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bad habit

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

persuasion
pəˈswerʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resentful
rɪˈzɛntfəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

understandable
ʌndəˈstændəbləl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticizes
kɪˈtɪsaɪzɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reconsider
rɪˈkɒnsɪdə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resend

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inspired
ɪnˈspaɪəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticize
kɪˈtɪsaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

homeschool

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

defensivamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**gaseosas; sosa, soda, gaseosa,
bebida**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reconsiderarlo; reconsiderar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

amenazas; amenazar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

implícitamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; reenviar, devolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mal hábito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

malos hábitos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inspirado; inspirar, infundir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

persuasión

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

a la defensiva; panish: t-needed

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

criticar, culpar, juzgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resentido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cantidad mínima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Estudiar en casa

Zen habits (c) readings.world

comprensible; entendible

Zen habits (c) readings.world

dejar de fumar; cese

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

extended
ɪkstendɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

opposed
əˈpəʊzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

widely
waɪdli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drone
dɹɒn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insists
ɪnˈsɪsts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

being patient

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

obnoxious
əbˈnɒksiəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lean out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

handstands
hændstændz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gorge
ɡɔːdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overcame
oʊvəˈkeɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vegetarianism
vedʒɪˈteəriənɪzəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overnight
oʊvəˈnaɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

struggle
ˈstrʌɡl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hectic
ˈhektɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

shame
ʃeɪm

Zen habits (c) readings.world

overstate
oʊvəˈsteɪt

Zen habits (c) readings.world

quagmire
kwæɡmaɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**comúnmente, generalmente,
frecuentemente, extensamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

oponerse; oponer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

extendido; extender, ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ser paciente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insiste; insistir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zángano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**parados de manos; hacer el pino,
parada de manos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Asomarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**asqueroso; desagradable,
detestable, odioso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vegetarianismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

uperado; vencer, superar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desfiladero; barranco

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**agitado; ajetreado, febril,
agobiante, frenético**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; lucha, forcejeo, brega, luchar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**de la noche a la mañana; de un día
para otro**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**empantanamiento; pantano,
ciénaga, tremedal, cenagal**

Zen habits (c) readings.world

exagerar

Zen habits (c) readings.world

vergüenza, pena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

more harmful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

compounded
ˌkɑmpəʊndəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

insidious
ɪnˈsiːdiəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

counter
ˈkaʊntə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tough
tʌf

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

slip
slɪp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

countless
ˈkaʊntləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lifetime
ˈlaɪftaɪm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

majority
məˈdʒɔrɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vast
væst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

maintain
meɪnteɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

burnt out

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dragging
ˈdræɡɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

octane
ˈɒktein

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stressful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ironically
ˌaɪrənɪkli

Zen habits (c) readings.world

eliminate
ɪlɪmɪneɪt

Zen habits (c) readings.world

overwhelm
ˌoʊvərwɛlm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insidiosa; insidioso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

compuesto

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

más perjudicial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resbalón; resbalar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

difícil; resistente, severo, de mano dura, ni modo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Contador

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mayoría, mayoría de edad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

para toda la vida; vida, eternidad, toda la vida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

incontables; incontable, innumerable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

quemar(se)

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mantener, sostener

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vasta; vasto, enorme

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tressfind

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

octano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

arrastrando; llevar a rastras

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

avasallar; agobiar, abrumar, checkagobiar

Zen habits (c) readings.world

eliminar, matar

Zen habits (c) readings.world

irónicamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disconnect
diʃkʌnekt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

overload
oʊvərlɔʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

mediums
miːdiəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

at the end of the day

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

breathing exercise

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

notifications
noʊtɪfɪkeɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tap
tæp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sidetracked
saɪdɪtrækt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

approaches
əˈprɔʊtʃɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

minimal
mɪnɪməl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

anticipating
æntɪsɪpeɪtɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gauge
ɡeɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

assessment
əˈsɛsmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

complexities
kəmˈpleksɪtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

additional
əˈdɪʃənəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

luckily
lʌklɪ

Zen habits (c) readings.world

justify
dʒʌstɪfaɪ

Zen habits (c) readings.world

doable
duːəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

medios

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sobrecargar, sobrecarga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

desconectar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

notificaciones; notificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Ejercicio de respiración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

al final del día

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enfoques; acercarse, aproximarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desviar la atención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Golpeando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

medida, medidor, medir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

nticipando; anticipar, prever

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mínimo, minimalista

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

adicional, extra, de más

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

complejidades; complejidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

evaluación, valoración

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Es factible

Zen habits (c) readings.world

legitimar, justificar, absolver

Zen habits (c) readings.world

afortunadamente, por suerte, por fortuna, dichosamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

justifications
dʒʌstɪfɪkeɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trustworthy
tɹʌstwɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contentment
kɒntentmənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plagued
pleɪɡd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

forum
fɔːrʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triggers
tɹɪɡəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Bull
bʊl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pure
pjʊə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

get tough

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

count down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

triggered
tɹɪɡəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

smokers
smoʊkəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

load
ləʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bliss
blɪs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

weaseling

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

elsewhere
elsweə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

notebook
noʊtbʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

llevar la cuenta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cargar; carga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

toro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

justificaciones; justificación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

euforia, dicha, beatitud

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pura; puro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**de fiar; fidedigno, fiable, de
confianza, confiable**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**comadreja, mustela, turón,
checkmostela**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ponerse duro, ponerse difícil

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

satisfacción

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

En otro sitio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cuenta atrás

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**plagado; plaga, peste, plagar,
molestar, atormentar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**un cuaderno; cuaderno,
computador portátil, notebook**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desencadenado; gatillo, detonador,
detonante, desencadenante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

foro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

, registro

Zen habits (c) readings.world

fumadores; fumador, fumadora

Zen habits (c) readings.world

**disparadores; gatillo, detonador,
detonante, desencadenante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

template
tɛmplət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

chewing
tʃjuːɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

socialize
soʊʃlaɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sadness
sædnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

replacements
rɪplɛɪsmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cold turkey

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lines up

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

eliminating
ɪlɪmɪneɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reduction
rɪdʌkʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

boredom
bɔːrdəm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

compulsive
kəmˈpʌlsɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mechanisms
mekəˈnɪzəmz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cop
kɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

squats
skwɒts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stressful
stɹɛsfl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

paperwork
peɪpəwɜːk

Zen habits (c) readings.world

savor
seɪvə

Zen habits (c) readings.world

dissatisfaction
dɪsætɪsfækʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

socializar, sociabilizar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

masticar, mascar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

plantilla, patrón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**cold turkey: acción de interrumpir
bruscamente el consumo de
sustancias de dependencia sin
ayuda especializada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**sustituciones; sustituto, sustituto,
reemplazo, suplente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tristeza, desgracia, infortunio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reducción, disminución, rebaja

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

eliminando; eliminar, matar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hacer cola; alinear; formar una fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mecanismos; mecanismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

compulsivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aburrimiento, tedio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irritante, estresoso, estresante

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cadillas; sentarse en cuclillas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

haciendo frente; afrontamiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**insatisfacción; descontento,
malcontento, disgusto, malestar**

Zen habits (c) readings.world

saborear

Zen habits (c) readings.world

papeleo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

worthwhile
wəθwaɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

tackle
tækl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

illuminate
ɪlʊmɪneɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

squashing
skwɑʃɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

counterarguments

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tremendous
tɪləˈmeɪndəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

squash
skwɑʃ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rebut
rɪˈbʊt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

roar
rɔː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

critical
kɪˈtɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

realistic
rɪˈlɪstɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

awesome
əˈsɔːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

torture
tɔːtʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Automation
ɔːtəˈmeɪʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

juggle
dʒʌɡl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crashing
kræʃɪŋ

Zen habits (c) readings.world

falter
fɔːltə

Zen habits (c) readings.world

more solid

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

iluminar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**; equipo, aparejo, entrada,
tacleada, placaje**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**de valor, que vale la pena, que
merece la pena**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tremendo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**contraargumentos;
contraargumento**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

apretujar, aplastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rugir, bramar, rugido, bramido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

refutar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calabaza; apretujar, aplastar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

impresionante; tremendo, piola

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

realista, realístico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**crítico, álgido, clave, trascendental,
coyuntural**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; hacer malabarismos, malabarear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

automatización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tortura, suplicio, torturar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

más sólido

Zen habits (c) readings.world

acilar; dudar

Zen habits (c) readings.world

chocando; estruendo, estrépito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

established
ɪstæblɪʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

newly
nuːli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

repetitions
ˌrepiˈtɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

maintenance
meɪntənəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

consistency
kɒnsɪstənsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

potential
pəˈtenʃl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rebuild
ˌriːbɪld

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sprints
sprɪnts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

oak
oʊk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

safely
seɪfli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

toss
tɒs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lapse
læps

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

firmly
fɜːmli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

automatically
ɔːtəˈmætɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Automated
ɔːtəˈmeɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mode
moʊd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lightly
laɪtli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

anniversaries
æˈnɪvɜːsɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con firmeza; firmemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

reconstruir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**establecido; establecer, instaurar,
nombrar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

automáticamente, solo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sprints; esprintar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recién; nuevamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

autómata

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

roble, encina, carrasca

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

repeticiones; repetición

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

modo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

seguro; seguramente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mantenimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

a la ligera; ligeramente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**tiro, lanzamiento, lanzar una
moneda al aire, echar un volado**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

consistencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aniversarios; aniversario

Zen habits (c) readings.world

lapso, desliz, prescripción

Zen habits (c) readings.world

potencial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spreadsheet
sprɛdʃi:t

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

exceptions
ɪk'sɛpʃənz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

advance
əd'væns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

violated
vaɪə'leɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

split
splɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

violate
vaɪə'leɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spared
spɛəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

defeat
dɪ'fi:t

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se
seɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

panel
pænl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

collapsing
kə'læpsɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

gear
ɡɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blogger
blɒɡə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

players
pleɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

propose
prə'pəʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

subtract
sʌb'trækt

Zen habits (c) readings.world

streaks
streɪks

Zen habits (c) readings.world

bonus
bəʊnʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**avanzar, progresar, avance,
progreso, adelanto, avance**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**excepciones; excepción, salvedad,
ofensa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

hoja de cálculo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

violar, vulnerar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**fisura, escisión, partir, dividir,
escindir, repartir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

iolado; violar, vulnerar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

, hacer una reverencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

vencer, derrotar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se salvó; palo, verga

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**equipo, engranaje, pertrecho,
aparejo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**colapsando; derrumbarse,
desplomarse, colapsar, colapso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

panel, vineta, entrepano

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**proponer, pedir la mano, pedir
matrimonio, proponer matrimonio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**jugadores; jugador, jugadora, actor,
instrumentista**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bloguero, bloguera, blogger

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bono, bonificación, prima

Zen habits (c) readings.world

**vetas; raya, trazo, sarta, racha,
ristra**

Zen habits (c) readings.world

substraer, restar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

plus
plʌs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

congratulations
kɒŋgrætʃəleɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

panicked
pæɪŋkt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interrelated
ɪntəˈrɪleɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

attachments
əˈtætʃmənts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fantasies
fæntəˈsiːz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

day trip

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logistical
lɒdʒɪstɪkəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grieving
ɡriːvɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unrhyming

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contemplated
kɒntəmpleɪtɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

life situation

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

zenhabitsbook

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

struggles
stɹʌɡlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pull together

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ego
iˈɡoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insufficient
ɪnsəˈfɪʃnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

central theme

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

libro zenhabits

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

una excursión de un día

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

lus; más, positivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**luchas; lucha, forcejeo, brega,
luchar, esforzarse con denuedo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

logística; logístico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

felicidades; felicitación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unirse, cooperar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

duelo; afligirse, acongojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en pánico; pánico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ego, yo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sin rima

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interrelacionarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insuficiente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contemplado; contemplar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**adjuntos; apego, carino, afición,
atadura, archivo adjunto**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tema central

Zen habits (c) readings.world

situación de la vida

Zen habits (c) readings.world

antías; fantasía

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fleetingness

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

beyond belief

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

relatively
ʝelativli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tropical
tɾopikali

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

optimism
optimizam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

house-hunting

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

central heating

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overjoyed
osvædʒvɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blankets
blæŋkɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unheard
ʌnhɛd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

humid
hjuːmɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

numb
nʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Venture
ventʃə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

scares
skeɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

crap
kræp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

diagnosed
daɪəgnəʊst

Zen habits (c) readings.world

Transitioning
tɹænziʃnɪŋ

Zen habits (c) readings.world

phase
feɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

relativamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Increíble

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

fugacidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

buscando casa

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

optimismo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tropical

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mantas; manta, capa, general

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

alegría

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Calefacción central

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

entumecido, entumido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

húmedo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

No se oye

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Mierda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

miedos; cicatriz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

aventurarse; aventura, arriesgar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

fase

Zen habits (c) readings.world

transición

Zen habits (c) readings.world

diagnosticado; diagnosticar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

scares
skɛɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

accountant
ˈaʊntənt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

York
jɔɪk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Ohio
oʊhaɪoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

actual loss

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

income
ɪŋkʌm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

newbies

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reinvention
ˌriːɪnvenʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unattached
ʌnətætʃt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

undergoing
ˌʌndəˈɡoʊɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

midst
mɪdst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wallow
wəloʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pity
pɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

overlap
oʊvərlæp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

publishing company

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sibling
sɪblɪŋ

Zen habits (c) readings.world

grandpa
ɡrændpɑ

Zen habits (c) readings.world

Joe
dʒoʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

York, Yórk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Contable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

miedos; asustar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ingresos, renta

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pérdida real

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Ohio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**sin ataduras; soltero y sin
compromiso, libre**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reinención

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**novatos; novato, usuario nuevo,
principiante**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Revolcándose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en medio; centro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**saliendo; experimentar, sufrir,
soportar, padecer**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

empresa editorial

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**solapamiento; solapar, traslapar,
superponerse, solapo**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**compasión, piedad, lástima, pena,
tener lástima**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Che, Pepe, Pepito, Juan

Zen habits (c) readings.world

abuelo, abuelito, yayo

Zen habits (c) readings.world

hermano, hermana, hermane

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

existence
egzɪstəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

siblings
sɪbrɪŋz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

sob
sɒb

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dazed
deɪzd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wrap
ræp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mom
mam

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grieve
ɡrɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

wounds
wʊndz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

heal
hiːl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

upturned

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

stormy
stɔːmi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recovered
riːkʌvəd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Stark
stɑːk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spur
spɜː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dissolve
dɪzɒlv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

most severe

Zen habits (c) readings.world

limb
lɪm

Zen habits (c) readings.world

divorce
dɪvɔːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; hdp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

Hermanos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

existencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mamá, mami

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

envolver; enrollar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**turcido; aturdimiento, aturdir,
encandilar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

curar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Herida

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

duelo; afligirse, acongojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

recuperado; recuperarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**borrascoso, tempestuoso,
tormentoso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

doblado; repunte

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

espolear; espuela

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

escueto, crudo, duro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

divorcio, divorciar, divorciarse

Zen habits (c) readings.world

miembro

Zen habits (c) readings.world

el más grave/ severo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

drastically
dɹæstɪkli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

amputation
æmpjʌteɪʃn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

paralysis
pəˈæliʃns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dementia
dɪmɛnʃɪə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

disorder
dɪsˈɔːdə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

diabetes
daɪˈbiːtɪz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bipolar
baɪˈpɒlə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Cancer
kænsə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lupus
lʊpəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unsolvable
ʌnˈsɒlvəbl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

emotional
ɪˈmoʊʃnəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

renewing
rɪˈnuːɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Charlotte
ʃɑːlɒt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beck
bɛk

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

considerately

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

imperfectly
ɪmpəˈfɪktli

Zen habits (c) readings.world

beings
biːɪŋz

Zen habits (c) readings.world

offense
ˈɒfɛns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

parálisis

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

amputación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

drásticamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

diabetes

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**desorden, disturbo, desenfreno,
trastorno**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

demencia, locura

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lupus

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cáncer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bipolar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**reanudar, renovar, reiniciar,
recomenzar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

emocional, emotivo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sin solución

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**con consideración;
consideradamente**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

a disposición de

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Carlota

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ofensa, insulto

Zen habits (c) readings.world

seres; ser, criatura, existencia

Zen habits (c) readings.world

imperfectamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

prescription
pɹɪskɹɪpʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

perspective
pɜːspɛktɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

understandably
ʌndəˈstændəbli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

retaliate
ɹɪˈtæliət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insulted
ɪnˈsʌltɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insults
ɪnˈsʌltz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Sean
ʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

externally
ɪkˈstɜːnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

internally
ɪntɜːnli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insult
ɪnˈsʌlt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

circumstance
sɜːkəmˈstæns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

exceptional
ɪkˈsepʃənəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

illustrate
ɪlˈlʌstreɪt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insulting
ɪnˈsʌltɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

saintly
seɪntli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

offensive
əˈfensɪv

Zen habits (c) readings.world

offenses
əˈfensɪz

Zen habits (c) readings.world

more peaceful

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

comprensiblemente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

perspectiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**recetas; receta, remedios
recetados, medicinas, prescripción**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**insultos; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**insultado; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tomar represalias; represaliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

internamente, interiormente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

externamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Juan

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

excepcional

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

circunstancia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insultar, insulto, ofensa, improperio

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Santo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**insultante; insultar, insulto, ofensa,
improperio**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

ilustrar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

más pacífico

Zen habits (c) readings.world

ofensas; ofensa, insulto

Zen habits (c) readings.world

ofensivo, ofensiva

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irresponsible
ɪrɪˈspɒnsəblɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inappropriate
ɪnəˈprɒpiət

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

row
rəʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mist
mɪst

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

assume
əˈsʊm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

imperfections
ɪmˈpɜːfɛkʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rage
reɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inconsiderate

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

foggy
ˈfɒɡi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

steer
stiː

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

automatic mode

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

kindnesses

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calmly
ˈkɑːmli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rowboat
rəʊˈbɔːt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rows
rəʊz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

became angry

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

awareness
əˈweɪnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

greatness
ˈɡreɪtnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

con calma; tranquilamente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

furia; rabia, furor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

irresponsable

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**un bote de remos; bote de remos,
barco a remos, bote a remos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desconsiderado, inconsiderado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inapropiado

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

filas; hilera, fila

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

niebla; brumoso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

remando

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

enojarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

buey

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

niebla; neblina

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

conciencia, conocimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

modo automático

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

suponer, dar por sentado, asumir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

grandeza

Zen habits (c) readings.world

ondades; amabilidad, bondad

Zen habits (c) readings.world

imperfecciones; imperfección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

characteristics
κε.ικ.τ.ε.ι.σ.τ.ι.κ.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

blame
β.λ.ε.ι.μ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contribution
κ.α.ν.τ.ι.λ.β.ι.ν.ι.α

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

mend
μ.ε.ν.δ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calmness
κ.α.μ.ν.η.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Flop
φ.λ.α.π

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

kindness
κ.α.ι.ν.δ.η.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resolve
ρ.ι.ζ.α.λ.ν

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

swallowing
σ.ω.α.λ.ο.υ.ν.η

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

appropriate
α.ρ.ο.σ.φ.ρ.ι.α.τ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

freelance
φ.ρ.ι.λ.α.ν.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

slob
σ.λ.α.β

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Workers
ω.ρ.κ.ε.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

openly
ο.υ.ρ.η.λ.ι

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

pride
π.ρ.ι.α.ι.δ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

endless
ε.ν.δ.η.ς

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

hustle
η.λ.α.λ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

procrastinated
π.ρ.ο.κ.ρ.α.ε.σ.τ.λ.α.ν.ε.ι.α.τ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**trabajadores; trabajador, obrero,
obrero**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

amabilidad, bondad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**características; característico,
característica**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**abiertamente, sin tapujos, con luz y
taquígrafos**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tomar la decisión de, resolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**culpar, responsabilizar, echar la
culpa**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**orgullo, soberbia, cachondez,
toriondez, verriñon, manada**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tragando; tragar, engullir

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contribución, aporte, cotización

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

interminable, sin fin, infinito

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**es apropiado; apropiado, adecuado,
aduenarse, designar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

; remiendo, remendar, reparar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**apresurarse; darse prisa, apurarse,
enganar, engrupir**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**trabajador autónomo, freelance,
trabajar por cuenta propia**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

calma

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**procrastinado; hacer desidia,
procrastinar, dejar para después**

Zen habits (c) readings.world

vago

Zen habits (c) readings.world

un fracaso; tumbarse, dejarse caer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

dig
dɪɡ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

dependency
dɪpɛndənsi

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

unloved
ʌnlʌvd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

self-knowledge

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Helen
hɛlən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

worthy
wɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

underlying
ʌndəˈlaɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

regimen
ˌrɛdʒɪmən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sabotaging
səˈbɒtɑːʒɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

chatter
tʃætə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perfection
pəˈfɛkʃən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

charitable
tʃəˈrɪtəbəl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

content
kəntɛnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

insecure
ɪnˈsɪkjə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

jealous
dʒɛləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

variations
vəˈrɪeɪʃənz

Zen habits (c) readings.world

instances
ɪnˈstɑːnsɪz

Zen habits (c) readings.world

selves
sɛlvz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

desamor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

dependencia

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

cavar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Digno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Helena, Elena

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

autoconocimiento

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sabotaje, sabotear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

régimen

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

subyacente; subyacer

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

caritativo, benéfico

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

perfección

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

cháchara; chacharear, parlotear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**celoso, enclado, envidioso,
checkenvidioso**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

inseguro

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

contenido; satisfecho

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

yo; uno mismo

Zen habits (c) readings.world

**instancias; caso, ejemplo, ocasión,
instancia**

Zen habits (c) readings.world

variaciones; variación

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

unlocking
ʌnlɒkɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

unworthy
ʌnwɜːði

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

boil down

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

filter
fɪltə

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

WONDERLAND
wʌndəˈlænd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

sufficient
sʌfɪʃnt

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

engage
ɪnˈgeɪdʒ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Empyrean

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bound together

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

encircled
ɪnˈsɜːklɪd

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

radiance
ˈreɪdɪəns

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

universe
ˈjuːnɪvɜːs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

spheres
sfɪəz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

divine
dɪvaɪn

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Heaven
heɪvən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

flash
flæʃ

Zen habits (c) readings.world

Dante
dænteɪ

Zen habits (c) readings.world

veil
veɪl

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

reducirse a

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

indigno

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

**desbloqueo; abrir, abrir con llave,
desatracar, desbloquear**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

suficiente

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

país de las maravillas

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

filtro, filtrar, filtrarse

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se encuentran unidos

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

empíreo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**participar; atraer, trabar
conversación con, trabar batalla**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

universo

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

resplandor, brillo, fulgor

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rodeado; rodear

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

el cielo; cielo, firmamento, paraíso

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

divino

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esferas; esfera, bola

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

velo, velar

Zen habits (c) readings.world

Dante

Zen habits (c) readings.world

destello

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

tie
taɪ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

boundless
baʊndləs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

humanity
hjuːmænɪti

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

envelop
ɪnˈvɛlɒp

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

strive
straɪv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivates
moʊtɪˈveɪts

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

extends
ɪkˈstendz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

bitterness
ˈbɪtərnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

transform
trænsfɔːm

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

softness
sɒftnəs

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Buddha
bʊdʌ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rebels
ˈreɪbəlz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

deepens
diːpnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

beholden
bɪˈhəʊldən

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irritating
ɪˈrɪteɪɪŋ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

lac
læk

Zen habits (c) readings.world

stints
stɪnts

Zen habits (c) readings.world

evolve
ɪvɒlv

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

la humanidad; humanidad

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

ilimitado, sin límites

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

, empastar (books), liar, acoplar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

motivar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

esforzándose

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

envolver

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

trasformar, transformar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

amargo, amargura, amargor, acíbar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

se extiende; extender, ampliar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

rebeldes; rebelde

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

Buda

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

suavidad, molicie

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

irritante; irritar, enviscar

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

en deuda; comprometido

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

**se profundiza; ahondar,
checkprofundizar**

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

progresar, evolucionar, desarrollar

Zen habits (c) readings.world

Período

Zen habits (c) readings.world

Cordón

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

essentially
ɛsɛnʃli

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

ensure
ɛnʃʊ

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

FlashCards-English-Spanish-Level-B1

temptations
tɛmptɛɪʃnz

Zen habits (c) readings.world

FlashCards-English-Spanish-Level-B1

http

Zen habits (c) readings.world

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simplicity
sɪmplɪsɪti

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zenhabits

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Tolstoy
tɔʊlstɔɪ

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WILLIAM
wɪljəm

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Adams
ædəmz

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Acknowledgements
æknɒlɪdʒmənts

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incomplete
ɪnkəmplit

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inspiration
ɪnspəreɪʃn

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deceased
dɪsɪst

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substantial
sʌbstænjəl

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owe
oʊ

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eternally
ɪtɜːnli

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weirdest
wɪədɪst

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reserved
rɪzɜːvd

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entaciones; tentación

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asegurar

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esencialmente, en esencia

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hábitos zen

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simplicidad, sencillez, llano

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adams; Adam, Adán

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Guillermo

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Tolstoi

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inspiración

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incompleto

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**agradecimientos; reconocimiento,
muestra de agradecimiento**

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deber, adeudar, estar en deuda

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**sustancial, is, enjundioso,
substancial**

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**fallecido; fallecimiento, deceso,
óbito, defunción, fallecer**

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reservado; reserva, reservar

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más raro; raro

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eternamente

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tiara
tiɑrɑ

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bless
blɛs

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guidance
ɡɑɪdnɑns

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corridor
kɔrɪdɔr

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Capitol
kæpɪtəl

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samovar

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edited
ɛdɪtɪd

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aid
eɪd

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uk

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edition
əˈdɪʃn

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typefaces
taɪpfeɪsɪz

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humanist
hjuːmənɪst

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Robert
rɒbɜrt

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dirección, orientación, consejo

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bendecido; bendito

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diadema, tiara

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samovar

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templo empo de Júpiter, Capitolino

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pasillo, corredor

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k; R.U, RU

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ayuda, auxilio

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editado; edición, editar

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humanista

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tipos de letra; familia tipográfica

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edición, tiraje

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Roberto